

**Table S1.** The composition of experimental diets.

Component (g / kg diet)	NOR <sup>1</sup>	HF <sup>2</sup>	CEL	CEH
				
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Casein	-	170.73	170.73	170.73
Sucrose	-	121.95	121.95	121.95
Dextrose	-	155.00	155.00	155.00
Corn starch	-	201.71	199.71	197.71
Cellulose	-	60.98	60.98	60.98
Lard	-	229.50	229.50	229.50
Mineral mix <sup>2</sup>	-	42.68	42.68	42.68
Vitamin mix <sup>3</sup>	-	12.20	12.20	12.20
L-cystein	-	2.20	2.20	2.20
Choline bitartrate	-	3.05	3.05	3.05
<i>Chrysanthemum morifolium</i> extract (CE)	-	-	2.0	4.0
Total	-	1000	1000	1000
Energy density (kcal/g)	3.1	4.6	4.6	4.6
Carbohydrates (% as kcal)	58	41.5	41.5	41.5
Protein (% as kcal)	24	13.5	13.5	13.5
Fat (% as kcal)	18	45.0	45.0	45.0

<sup>1</sup> Normal chow diet (Harlan 2018S rodent diet, Harlan US); <sup>2</sup> AIN-93G mineral mix; <sup>3</sup> AIN-93 vitamin mix. NOR, normal diet; HF, 45% high fat diet; CEL, HF with 0.2% *Chrysanthemum morifolium* extract (CE); CEH, HF with 0.4% *Chrysanthemum morifolium* extract (CE).

**Table S2.** Primers used for quantitative real time polymerase chain reaction.

Name	GeneBank No.	Primer sequence (5'-3')
aP2	NM_053365	F: TCACCCCAGATGACAGGAAA R: CATGACACATTCCACCACCA
ACC	NM_022193	F: GAAAAGCGATTCCCATCCGC R: CATTCCATGCAGTGGTCCCT
ACLY	BC100618.1	F: GCCAGGGAGCTGGGTTAAT R: CACCACCAATGCCCATCTCT
Arg1	NM_017134.3	F: ACATCGGCTTGCAGATGTG R: GCCAATTCCCAGCTTGTCCA
β-actin	NM_031144	F: GGCAACCACACTTCTACAAT R: AGGTCTCAAACATGATCTGG
CD11c	XM_006230382.3	F: CAGAACCCGTCCACCCAATG R: GATGTCACAGCGGAAGTGCA
C/EBP-α	NM_012524	F: GCCAAGAAGTCGGTGGATAA R: CGGTCAATTGTCACTGGTCAA
CD36	NM_031561	F: CCTGTGAGTTGGCAAGAAC R: AATGAGCCCACAGTTCCGAT
CPT1α	NM_031559	F: TCGGCAGACCTATTTGCAC R: ATTTGGCGTAGCTGTCGATG
CPT1β	NM_013200	F: TGTACTAGCGAGTCCACGGC R: GGTGTTTTCGGAGGCTTC
DGAT2	NM_001012345	F: CGTGTGGCGCTATTTCGAG R: GGCCTTATGCCAGGAACTT
FAS	NM_017332	F: GCAGCACGCATGATGTAGCAC R: AGTTGCACACCACAAGGTCA
IL-6	NM_012589	F: ATAGTCCTCCTACCCCAAC R: TGCCGAGTAGACCTCATAGT
iNOS	NM_012611.3	F: TCCTGCCACCTGGAGTTCA R: TGGTCACCTCCAGCACAAGA
MCP1	NM_031530	F: ACTCACCTGCTGCTACTCAT R: CTACAGCTTCTTGGGACAC
NRF1	NM_01100708	F: CTGTGGCTGATGGAGAGGTG R: CACTGTTAAGGGCCATGGTG
PGC1-α	NM_031347	F: GCACCAAGAAACAGCTCCAA R: TTACTGAAGTTGCCATCCCG
PPARα	NM_013196	F: TACCTGTGAACACGATCTGA R: GCTAGTCTTCCTGCGAGTA
PPARγ	NM_001145366	F: TGTGGGGATAAAGCATCAGG R: CAAGGCACCTCTGAAACCGA
SCD1	NM_139192	F: GTGGCAGGGCAGGAAATAGT R: CAACACCACAAGAACCCACG
SIRT1	XM_008772947	F: AGGGAACCTCTGCCTCATCT R: GAGGTGTTGGTGGCAACTCT
SREBP-1c	AF286470	F: AGGAGGCCATTTGTTGCTT R: GTTTGACCTTAGGGCAGC
Tfam	NM_0311326	F: TGGGCTTAGAGAAGGAAGCC R: TGCTGACCGAGGTCTTTTG
TNF-α	NM_012675	F: CCCCTTTATCGTCTACTCCT R: ACTACTTCAGCGTCTCGTGT

aP2, adipocyte protein 2; ACC, acetyl-CoA carboxylase; ACLY, ATP citrate lyase; Arg1, arginase 1; CD11c, cluster of differentiation 11c; C/EBP-α, CCAAT/enhancer-binding protein-α; CD36, cluster of differentiation 36; CPT1, carnitine / palmitoyl-transferase 1; DGAT2, diacylglycerol O-acyltransferase; FAS, fatty acid synthase; IL-6, interleukin-6; iNOS, inducible nitric oxide synthase; MCP1, monocyte chemoattractant protein 1; NRF1, nuclear respiratory factor 1; PGC-1α, peroxisome proliferator-activated receptor gamma coactivator 1α; PPARα, Peroxisome proliferator-activated receptor α; PPARγ, peroxisome proliferator-activated receptor γ; SCD1, stearoyl-CoA desaturase 1; SIRT1, sirtuin 1; SREBP-1c, sterol regulatory element binding protein-1c; Tfam, transcription factor A; TNF-α, tumor necrosis factor-α.