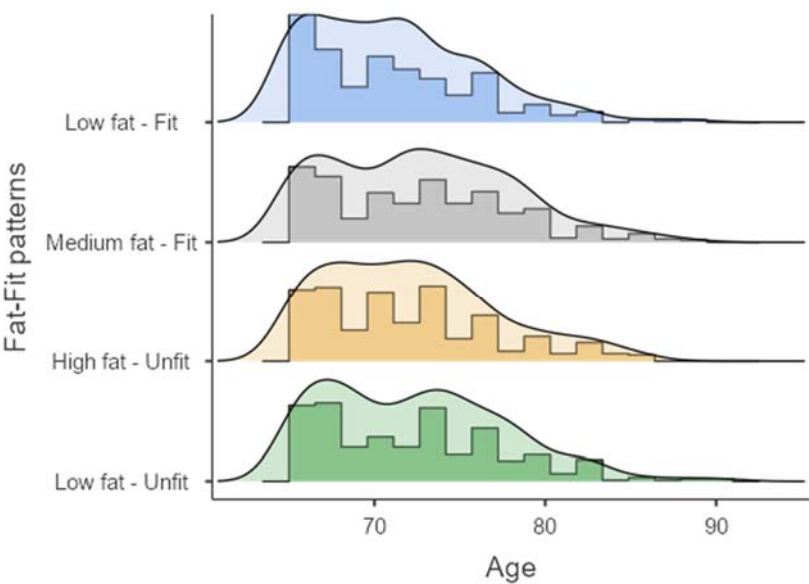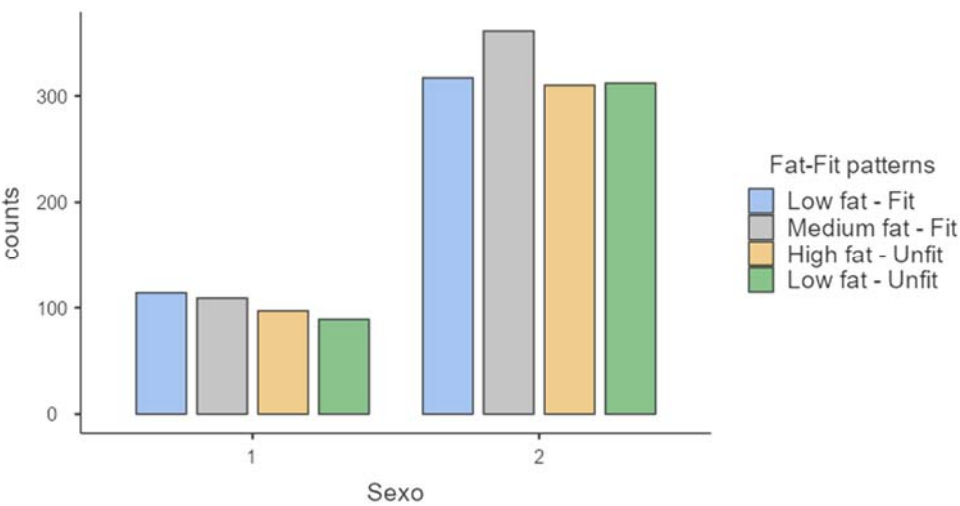**Electronic Supplementary Material 1. Distribution of age, sex, taking medication (polypharmacy), BMI and fat percentage in the Fat-Fit patterns**
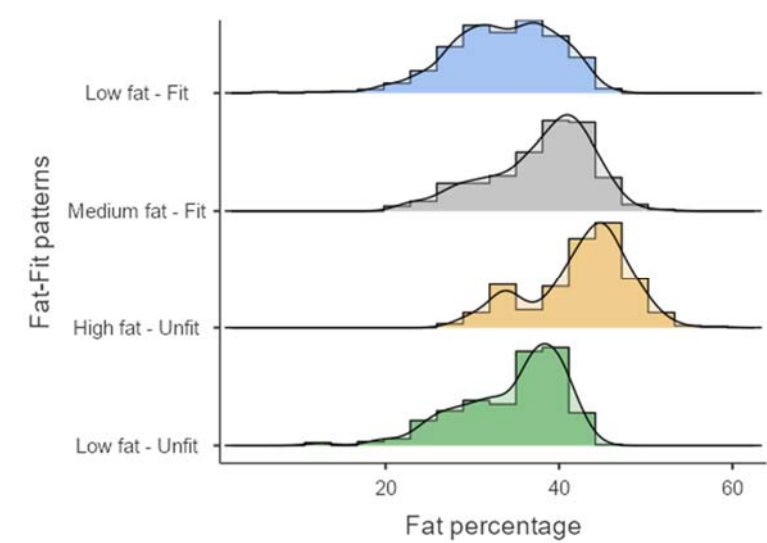
Figure S1. Distribution of age in the four Fat-Fit patterns

Figure S2. Distribution of sex in the four Fat-Fit patterns.

Figure S3. Distribution of fat percentage in the four Fat-Fit patterns.

Figure S4. Distribution of BMI in the four Fat-Fit patterns.