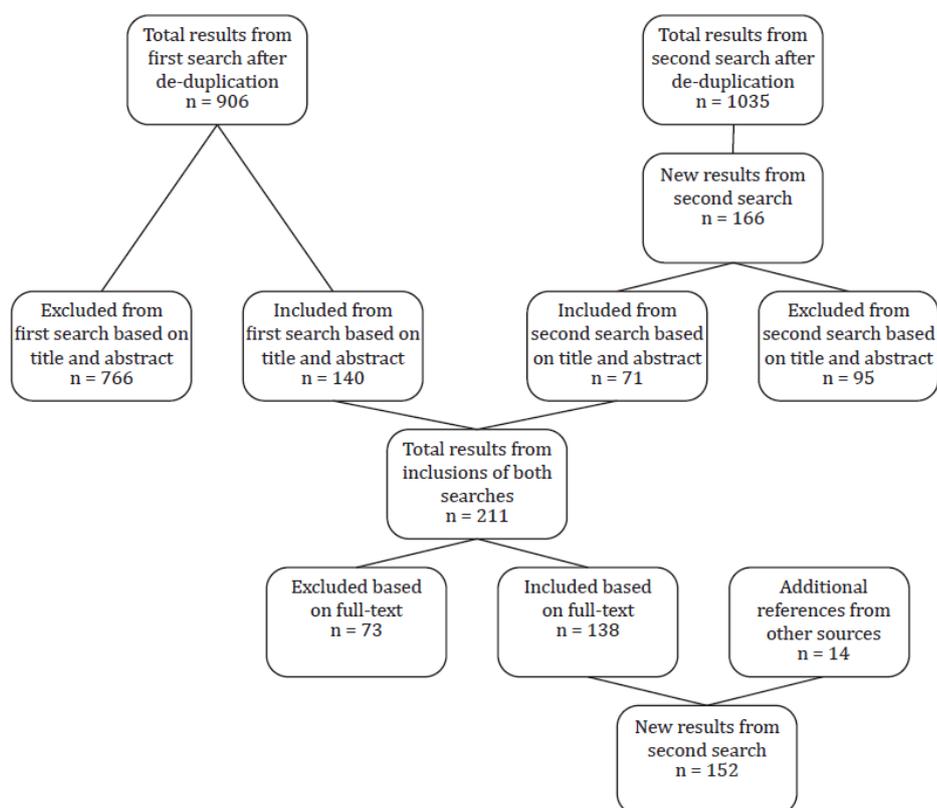


## SUPPLEMENTARY MATERIAL



Supplementary figure S1: Flowchart of systematic search.

### Search terms

#### Embase

('brown alga'/exp OR 'Himanthalia elongata extract'/de OR 'fucoidin'/de OR 'fucoxanthin'/de OR 'fucosterol'/de OR 'phloroglucinol'/de OR (phloroglucin\* OR ascophyllum\* OR ecklonia\* OR laminaria\* OR macrocystis\* OR sargassum\* OR undaria\* OR saringosterol\* OR fucosterin\* OR fucosterol\* OR fucoxanthin\* OR fucoidin\* OR fucoidan\* OR himanthal\* OR phaeophyt\* OR phaeophyc\* OR fucophycean\* OR fucophyceae\* OR oligomannate\* OR phloroglucinol\* OR phlorotannin\* OR alaria-esculenta OR ((brown\*) NEAR/3 (alga OR algae OR macroalga OR macroalgae)):ab,ti) AND ('allergy'/exp OR 'allergen'/exp OR 'leukocyte'/exp OR 'microglia'/de OR 'macrophage'/exp OR 'antigen presenting cell'/exp OR (allerg\* OR atop\* OR interdigitat\*-cell\* OR ((Langerhans OR antigen-present\*) NEAR/3 (cell\*)) OR histiocy\* OR kupffer\* OR microglia\* OR macrophage\* OR dendritic-cell\* OR mononuclear-cell\* OR giant-cell\* OR foam-cell\* OR osteoclast\* OR epithelioid-cell\* OR monocyte\* OR lymphocyte\* OR leukocy\* OR leucocyt\* OR granulocyt\* OR basophil\* OR eosinophil\* OR neutrophil\* OR promyelocyt\* OR ((white\*) NEAR/3 (cell\*)):ab,ti) AND ('in vivo study'/exp OR 'follow up'/de OR 'nutraceutical'/de OR 'nutrition'/exp OR (in-vivo\* OR clinic\* OR case\* OR cohort\* OR longitud\* OR prospect\* OR retrospect\* OR follow-up OR trial OR nutraceutic\* OR nutriceutic\* OR edible\* OR diet\* OR food\* OR nutrition\* OR nutrient\* OR oral\*):ab,ti) NOT ([Conference Abstract]/lim)

### Medline

((exp Phaeophyta/ OR Phloroglucinol/ OR (phloroglucin\* OR ascophyllum\* OR ecklonia\* OR laminaria\* OR macrocystis\* OR sargassum\* OR undaria\* OR saringosterol\* OR fucosterin\* OR fucosterol\* OR fucoxanthin\* OR fucoidin\* OR fucoidan\* OR himanthal\* OR phaeophyt\* OR phaeophyc\* OR fucophycean\* OR fucophyceae\* OR oligomannate\* OR phloroglucinol\* OR phlorotannin\* OR alaria-esculenta OR ((brown\*) ADJ3 (alga OR algae OR macroalga OR macroalgae))).ab,ti.) AND (exp Allergens/ OR exp Leukocytes/ OR Microglia/ OR exp Macrophages/ OR exp Antigen-Presenting Cells/ OR (allerg\* OR atop\* OR interdigitat\*-cell\* OR ((Langerhans OR antigen-present\*) ADJ3 (cell\*)) OR histiocy\* OR kupffer\* OR microglia\* OR macrophage\* OR dendritic-cell\* OR mononuclear-cell\* OR giant-cell\* OR foam-cell\* OR osteoclast\* OR epithelioid-cell\* OR monocyte\* OR lymphocyte\* OR leukocyt\* OR leucocyt\* OR granulocyt\* OR basophil\* OR eosinophil\* OR neutrophil\* OR promyelocyt\* OR ((white\*) ADJ3 (cell\*))).ab,ti.) AND (exp Cohort Studies/ OR exp Food/ OR exp Nutrition Therapy/ OR (in-vivo\* OR clinic\* OR case\* OR cohort\* OR longitud\* OR prospect\* OR retrospect\* OR follow-up OR trial OR nutraceutic\* OR nutriceutic\* OR edible\* OR diet\* OR food\* OR nutrition\* OR nutrient\* OR oral\*).ab,ti.) NOT (news OR congres\* OR abstract\* OR book\* OR chapter\* OR dissertation abstract\*).pt.

### Cochrane

((phloroglucin\* OR ascophyllum\* OR ecklonia\* OR laminaria\* OR macrocystis\* OR sargassum\* OR undaria\* OR saringosterol\* OR fucosterin\* OR fucosterol\* OR fucoxanthin\* OR fucoidin\* OR fucoidan\* OR himanthal\* OR phaeophyt\* OR phaeophyc\* OR fucophycean\* OR fucophyceae\* OR oligomannate\* OR phloroglucinol\* OR phlorotannin\* OR alaria-esculenta OR ((brown\*) NEAR/3 (alga OR algae OR macroalga OR macroalgae)):ab,ti) AND ((allerg\* OR atop\* OR (interdigitat\* NEXT/1 cell\*) OR ((Langerhans OR antigen-present\*) NEAR/3 (cell\*)) OR histiocy\* OR kupffer\* OR microglia\* OR macrophage\* OR dendritic-cell\* OR mononuclear-cell\* OR giant-cell\* OR foam-cell\* OR osteoclast\* OR epithelioid-cell\* OR monocyte\* OR lymphocyte\* OR leukocyt\* OR leucocyt\* OR granulocyt\* OR basophil\* OR eosinophil\* OR neutrophil\* OR promyelocyt\* OR ((white\*) NEAR/3 (cell\*)):ab,ti) AND ((in-vivo\* OR clinic\* OR case\* OR cohort\* OR longitud\* OR prospect\* OR retrospect\* OR follow-up OR trial OR nutraceutic\* OR nutriceutic\* OR edible\* OR diet\* OR food\* OR nutrition\* OR nutrient\* OR oral\*):ab,ti)

### Web of Science

TS=(((phloroglucin\* OR ascophyllum\* OR ecklonia\* OR laminaria\* OR macrocystis\* OR sargassum\* OR undaria\* OR saringosterol\* OR fucosterin\* OR fucosterol\* OR fucoxanthin\* OR fucoidin\* OR fucoidan\* OR himanthal\* OR phaeophyt\* OR phaeophyc\* OR fucophycean\* OR fucophyceae\* OR oligomannate\* OR phloroglucinol\* OR phlorotannin\* OR alaria-esculenta OR ((brown\*) NEAR/2 (alga OR algae OR macroalga OR macroalgae)))) AND ((allerg\* OR atop\* OR (interdigitat\* NEAR/1 cell\*) OR ((Langerhans OR antigen-present\*) NEAR/2 (cell\*)) OR histiocy\* OR kupffer\* OR microglia\* OR macrophage\* OR dendritic-cell\* OR mononuclear-cell\* OR giant-cell\* OR foam-cell\* OR osteoclast\* OR epithelioid-cell\* OR monocyte\* OR lymphocyte\* OR leukocyt\* OR leucocyt\* OR granulocyt\* OR basophil\* OR eosinophil\* OR neutrophil\* OR promyelocyt\* OR ((white\*) NEAR/2 (cell\*))) AND ((in-vivo\* OR clinic\* OR case\* OR cohort\* OR longitud\* OR prospect\* OR retrospect\* OR follow-up OR trial OR nutraceutic\* OR nutriceutic\* OR edible\* OR diet\* OR food\* OR nutrition\* OR nutrient\* OR oral\*)) AND DT=(Article OR Review)

### Google Scholar (top 100)

phaeophyte|phaeophycean|phaeophytes|phaeophyceans|"brown alga|algae"  
allergy|atopic|leukocytes|lymphocytes|granulocytes|langerhans|microglia|macrophages|histi  
ocytes|kupffer|"dendritic|giant|foam|white cells" nutraceutical|nutrition|food|diet

### **Glossary of Terms**

	increased (compared to controls)
	decreased (compared to controls)
	= no change (compared to controls)
AA	arachidonic acid
AAA	abdominal aortic aneurysm
ACC	acetyl-CoA carboxylase
AD	Atopic dermatitis
ADRB3	beta-3 adrenergic receptor
AE	aqueous extract
AF	Apo-9'-fucoxanthinone
AGE	advanced glycation end products
ALAT	alanine aminotransferase
ALP	alkaline phosphatase
ALT	alanine aminotransferase
ALT	alanine transaminase
ApoE	apolipoprotein E
AST	aspartate aminotransferase
AST	aspartate transaminase
BAT	brown adipose tissue
Ca	calcium
CACC	colitis associated colon cancer
CAP	controlled attenuation parameters
CAT	catalase
CCl4	carbon tetrachloride
CFA	complete Freund's adjuvant
CNS	central nervous system
conA	concanavalin A
COX-2	cyclooxygenase 2
COX2	cyclooxygenase 2
CP	cisplatin
CRP	C-reactive protein
CY	glycophosphamide
DNC	2,4-dinitrochlorobenzene
DNCB	2,4-dinitrochlorobenzene
DNP	2,4-dinitrophenol
DNP	anti-dinitrophenyl
DSS	dextran sodium sulfate
DSS	dextran sulfate sodium
EAE	experimental autoimmune encephalomyelitis
EH	enzyme modified Sargassum fusiforme extracts
ER	Endoplasmic Reticulum (ER)
ESR	erythrocyte sedimentation rate
EtOH	ethanol
F4/80	EGF-like module-containing mucin-like hormone receptor-like 1
Fc R	Fc epsilon receptor

FD	Fine dust
Fx	fucoxanthin
FxOH	fucoxanthinol
GFS	hot water extract with galactofucan sulfate
GGT	gamma glutamyl transferase
GLUT4	glucose transporter type 4
GPx	glutathione peroxidase
GSH	glutathione
HA	hyaluronidase
Hb	hemoglobin
Hc	hematocrit
HCD	high cholesterol diet
HDL	high-density lipoprotein
HFD	high fat diet
HMWF	high-molecular-weight fucoidan
HOMA-IR	homeostatic model assessment for insulin resistance
HSFx	high stability fucoxanthin
i.n.	intranasal
i.p.	intraperitoneal
ICAM-1	intracellular adhesion molecule 1
ICR	Institute of Cancer Research
IFA	incomplete Freund's adjuvant
IFN- $\gamma$	Interferon gamma
Ig	immunoglobulin
iNOS	inducible nitric oxide
KC	keratinocyte chemoattractant
LBP	lipopolysaccharide-binding protein
LD	<i>Borrelia burgdorferi</i>
LDH	lactate dehydrogenase
LDL	low-density lipoprotein
LDL	low-density lipoprotein
LFD	low-fat diet
LMF	low-molecular-weight
LMWF	low-molecular-weight fucoidan
LOX	lipoxigenase
LPS	lipopolysaccharide
LXR	liver X receptor
M1	pro-inflammatory macrophage (classically activated)
M2	anti-inflammatory macrophage (alternatively activated)
MAPK	mitogen-activated protein kinase
MBP	Myelin basic protein
MCP-1	monocyte chemotactic protein-1
MDA	malondialdehyde
mDC	myeloid dendritic cell
MeOH	methanol
MES	meroterpenoid-rich fraction of ethanolic extract from <i>Sargassum serratifolium</i>
MetS	metabolic syndrome
MIP-2	macrophage inflammatory protein 2
MLN	mesenteric lymph node
MMP-9	matrix metalloproteinase 9
MMWF	medium-molecular-weight fucoidan

MPO	myeloperoxidase
NAFLD	nonalcoholic fatty liver disease
NF- $\kappa$ B	nuclear factor- $\kappa$ B
NH	Sargassum fusiforme extracts
NK	natural killer cell
NO	nitric oxide
OVA	ovalbumin
OXA	oxazolone
oxLDL	oxidized low-density lipoprotein
PCA	passive cutaneous anaphylaxis
PCON	polycystic ovary syndrome
PCOS	polycystic ovary syndrome
pDC	plasmacytoid dendritic cell
PFF	phlorofucofuroeckol
PGC1 $\alpha$	peroxisome proliferator-activated receptor gamma coactivator 1-alpha
PGE2	prostaglandin E2
PHB	2,7-phloroglucinol-6,6-bieckol
PI-3K	phosphatidyl inositol-3 kinase
PLA2	phospholipase A2
PM	particulate matter
PMN	polymorphonuclear leukocytes
PON-1	serum paraoxonase-1
PPAR	peroxisome proliferator-activated receptor
PPB	pyrogallol-phloroglucinol-6,6'-bieckol
PREC	phlorotannin-rich extract of Ecklonia cava
QOL	quality of life
RAGE	receptor for advanced glycation end-products
RBC	red blood cells
ROS	reactive oxygen species
SDF-1	stromal cell-derived factor 1
SIRT1	sirtuin 1
SMCs	smooth muscle cells?
SOCS-3	suppressor of cytokine signaling 3
SOD	superoxide dismutase
TG	triglyceride
TIMP-1	tissue inhibitor of metalloproteinase 1
TPA	12-O-tetradecanoylphorbol-13-acetate
UCP-1	uncoupling protein 1
VCAM-1	vascular cell adhesion molecule 1
WAT	white adipose tissue
WBC	white blood cells
WL	wakame lipids
WSSV	White Spot Syndrome Virus