

Screening

Screened prior to eligibility assessment (n=)

Excluded (n=)
♦ Reasons (n=)

Enrolment

Assessed for eligibility (n=)

Excluded (n=)
♦ Not meeting inclusion criteria (n=)
♦ Declined to participate (n=)
♦ Other reasons (n=)

Randomised (n=)

Allocation

Allocated to experimental intervention RT (n=)
Week 1
♦ Performed baseline assessment t_0 (n=)
♦ Did not perform baseline assessment t_0 (give reasons) (n=)
Week 2-7
♦ Received allocated intervention (n=)
♦ Did not receive allocated intervention (give reasons) (n=)
Week 8
♦ Performed intermediate assessment t_1 (n=)
♦ Did not perform intermediate assessment t_1 (give reasons) (n=)

Allocated to control intervention OT (n=)
Week 1
♦ Performed baseline assessment t_0 (n=)
♦ Did not perform baseline assessment t_0 (give reasons) (n=)
Week 2-7
♦ Received allocated intervention (n=)
♦ Did not receive allocated intervention (give reasons) (n=)
Week 8
♦ Performed intermediate assessment t_1 (n=)
♦ Did not perform intermediate assessment t_1 (give reasons) (n=)

Crossover

Allocated to experimental intervention RT (n=)
Week 9-14
♦ Received allocated intervention (n=)
♦ Did not receive allocated intervention (give reasons) (n=)
Week 15
♦ Performed post assessment t_2 (n=)
♦ Did not perform post assessment t_2 (give reasons) (n=)
Week 20
♦ Performed follow-up assessment t_3 (n=)
♦ Did not perform follow-up assessment t_3 (give reasons) (n=)

Allocated to control intervention OT (n=)
Week 9-14
♦ Received allocated intervention (n=)
♦ Did not receive allocated intervention (give reasons) (n=)
Week 15
♦ Performed post assessment t_2 (n=)
♦ Did not perform post assessment t_2 (give reasons) (n=)
Week 20
♦ Performed follow-up assessment t_3 (n=)
♦ Did not perform follow-up assessment t_3 (give reasons) (n=)

Analysis

Analysed (n=)
♦ Excluded from analysis (give reasons) (n=)

Analysed (n=)
♦ Excluded from analysis (give reasons) (n=)