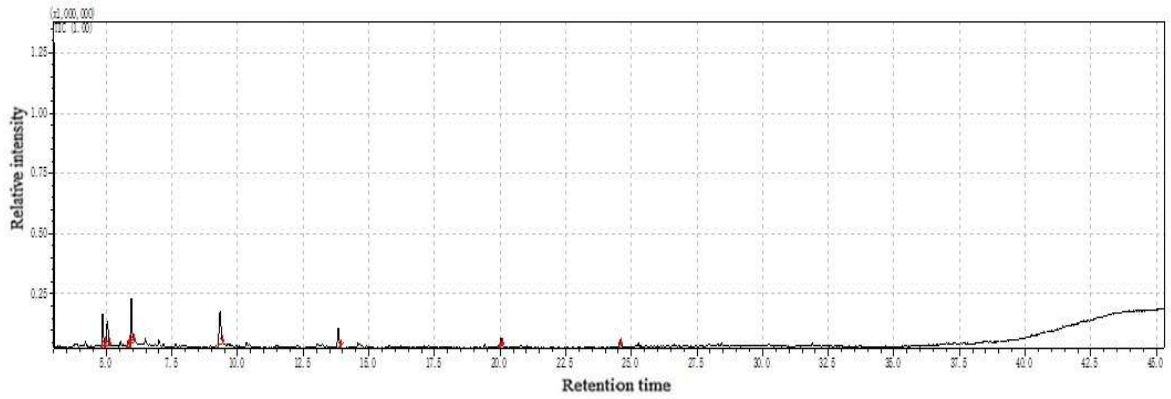
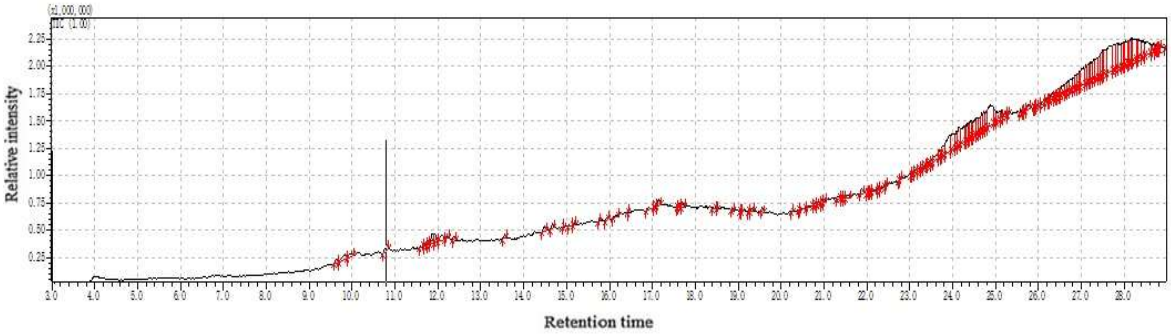
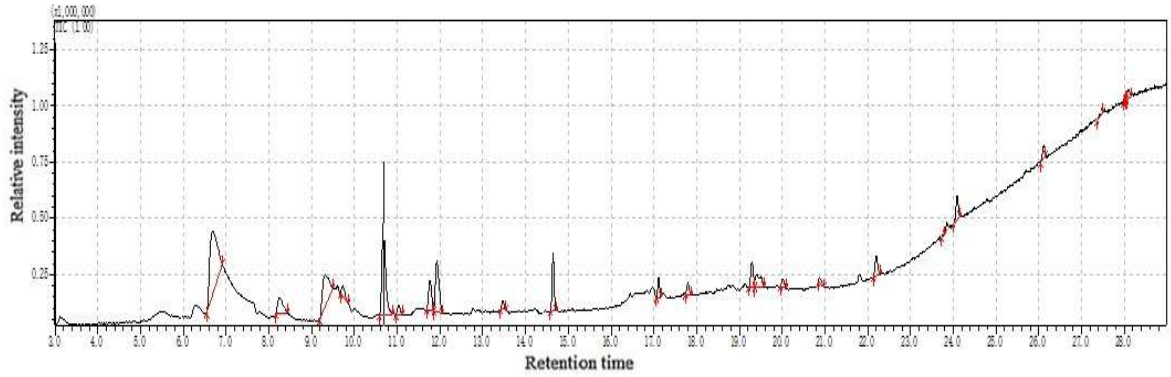


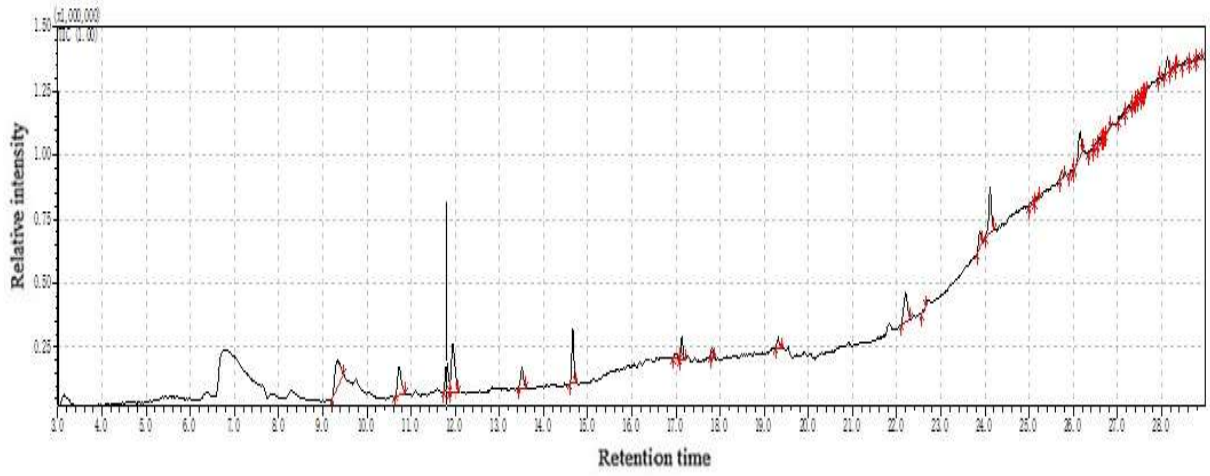
Supplementary Figure S1. GC-MS two-way data in chromatography for (90% Gongmi flour+10% *Gastrodia elata* Blume flour)



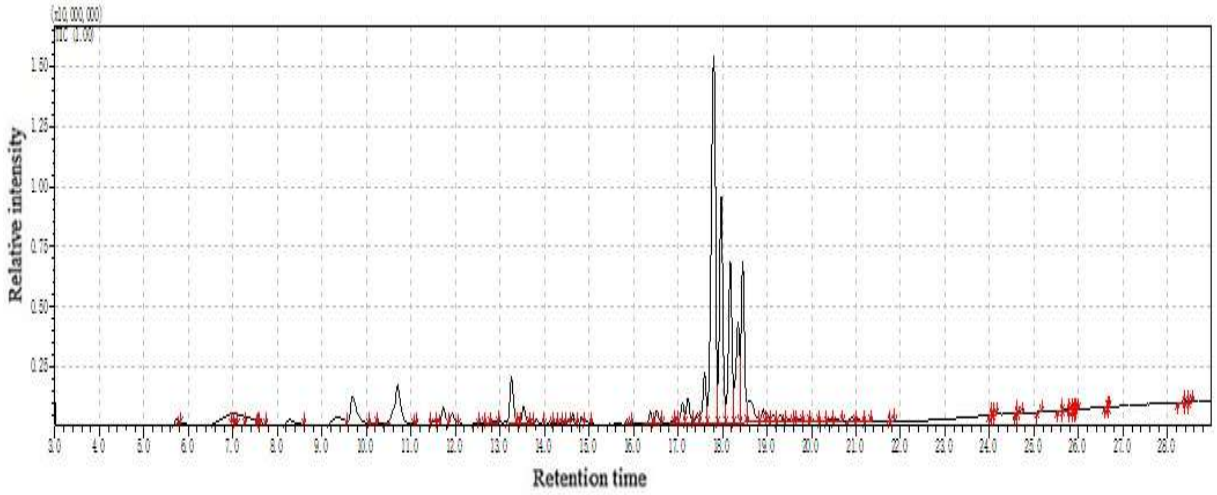
Supplementary Figure S2. GC-MS two-way data in chromatography for qingke flour



Supplementary Figure S3. GC-MS two-way data in chromatography for (90% qingke flour+10% Kudzu rootflour)



Supplementary Figure S4. GC-MS two-way data in chromatography for (90% highland barley flour +10% *Polygonatum sibiricum* Redouté flour)



Supplementary Figure S5. GC-MS two-way data in chromatography for (90% qingke flour+10% dried ginger flour)