

# Treatment of Gastrointestinal Disorders—Plants and Potential Mechanisms of Action of their Constituents

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**Table S1.** Abbreviations.

Abbreviations
A2 receptor – adenosine 2 receptor
A7r5 cells – rat thoratic aorta smooth muscle cell line
AGHR – acyl ghrelin
AQPs1–9 – aquaporins 1–9
ATC system – Anatomical Therapeutic Chemical Classification System
$\alpha_2$ -adrenergic receptor – alfa 2-adrenergic receptor
$\beta_2$ -adrenergic receptor – beta 2-adrenergic receptor
BK (= KCa1.1 = KCNMA1) channel – big potassium channel, calcium-activated potassium channel subfamily M alpha 1
C57BL/6N – inbred strain of laboratory mouse
CA3–CA1 – CA1–CA4 regions of the cornu Ammonis (CA), hippocampus
Caco-2 cells – cell line derived from a colorectal adenocarcinoma patient
CALHM1 – calcium homeostasis modulator protein 1
cAMP – cyclic adenosine monophosphate
CCK – cholecystokinin
C-fibers – group C nerve fibers
CFTR – cystic fibrosis transmembrane conductance regulator protein
cGMP – cyclic guanosine monophosphate
ClC-2 – chloride channel 2
CNS – central nervous system
COX-1 – cyclooxygenase 1
CYP 450 – cytochrome P450
D <sub>1</sub> , D <sub>2</sub> , D <sub>3</sub> receptor – dopamine receptor D <sub>1</sub> , D <sub>2</sub> , D <sub>3</sub>
DBGI – Disorders of Brain-Gut Interactions
DRG – dorsal root ganglion
EMA – European Medicines Agency
ENaC – epithelial sodium channel
eNOS – endothelial nitric oxide synthase
ENS – enteric nervous system
EP <sub>3</sub> receptor – prostaglandin EP <sub>3</sub> receptor
EU – European Union
FC – functional constipation
FDI – functional diarrhoea
FDY – functional dyspepsia

FFAR2, FFAR3 – free fatty acid receptors 2 and 3  
 FGIDs – functional gastrointestinal disorders  
 FH – functional heartburn  
 FRT cells – Fischer rat thyroid epithelial cell line  
 G cells – gastrin cells  
 GAS – gastrin  
 GHR – ghrelin  
 GI – gastrointestinal  
 GIT – gastrointestinal tract  
 GLP-1 – glucagon-like peptide-1  
 GPR40 receptor – G protein-coupled receptor 40  
 H<sub>1</sub>, H<sub>2</sub> receptors – histamine receptors H<sub>1</sub>, H<sub>2</sub>  
 HEK293, HEK tsA201 cells – human embryonic kidney cell line  
 HET-1A cells – normal oesophageal epithelium cell line  
 HGT-1 cells – human gastric cancer cell line  
 HMPC – Committee on Herbal Medicinal Products  
 5-HT – 5-hydroxytryptamine (serotonin)  
 hTRPV1 – human transient receptor potential channel (TRPV1)  
 HT-29 cells – human colorectal adenocarcinoma cell line  
 5-HT<sub>2C</sub>, 5-HT<sub>3</sub>, 5-HT<sub>3A</sub>, 5-HT<sub>4</sub> receptors  
 – 5-hydroxytryptamine (serotonin) receptors 5-HT<sub>2C</sub>, 5-HT<sub>3</sub>, 5-HT<sub>3A</sub>, 5-HT<sub>4</sub> subtypes  
 IC<sub>50</sub> (M) – inhibitory concentration 50% (molar concentration)  
 ICAM-1 – intercellular adhesion molecule 1  
 ICCs – interstitial cells of Cajal  
 ICR – Institute of Cancer Research  
 IFN- $\gamma$  – interferon gamma  
 IgA, IgG, IgM – immunoglobulins A, G, M  
 IL-1 $\beta$ , IL-2, IL-6, IL-8, IL-12 – interleukins 1 $\beta$ , 2, 6, 8, 12  
 iNOS – inducible nitric oxide synthase  
 IP<sub>3</sub> – inositol triphosphate  
 IP<sub>3</sub>R – inositol triphosphate receptor  
 K<sup>+</sup>-ATPase – ATP-sensitive potassium channel  
 K2P2.1 (KCNK2, TREK-1), K2P4.1 (KCNK4, TRAAK), K2P10.1 (KCNK10, TREK-2),  
 K2P18.1 (KCNK18, TWIK) – potassium channels (potassium channel subfamilies K  
 member 2, 4, 10, 18)  
 K<sub>ATP</sub> cascade – ATP-sensitive potassium channel cascade  
 KCNQ (KCNQ1, KCNQ2, KCNQ3) – potassium voltage-gated channels subfamily Q  
 member 1, 2, 3  
 KCNQ1/KCNE3 complex – complex of potassium voltage-gated channel subfamily Q  
 member 1 and potassium voltage-gated channel subfamily E regulatory subunit 3  
 Kv7 – voltage-gated potassium channels family Kv7  
 LCFA – long chain fatty acid  
 LOX-5 – lipoxygenase 5  
 LTB<sub>4</sub> – leukotriene 4  
 M<sub>1</sub>, M<sub>2</sub> and M<sub>3</sub> receptors (mAChRs) – muscarinic acetylcholine receptors M<sub>1</sub>, M<sub>2</sub> and M<sub>3</sub>  
 MOT – motilin  
 mRNA – messenger ribonucleic acid  
 nAChRs ( $\alpha$ 3 $\beta$ 4 nAChRs,  $\alpha$ 4 $\beta$ 2 nAChRs,  $\alpha$ 7 nAChRs) – nicotinic acetylcholine receptors  
 type  $\alpha$ 3 $\beta$ 4,  $\alpha$ 4 $\beta$ 2,  $\alpha$ 7  
 Nav1.2, Nav1.3, Nav1.5, Nav1.6, Nav1.7 channels – voltage-gated sodium channels 1.2,  
 1.3, 1.5, 1.6, 1.7

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NF- $\kappa$ B – nuclear factor-kappa B  
NICE – The National Institute for Health and Care Excellence  
NK-1 receptor – neurokinin-1 receptor  
NVDs – nausea and vomiting disorders  
OATP – organic-anion-transporting polypeptide  
p-CREB – phosphorylated cAMP-responsive element-binding protein  
PGE<sub>2</sub> – prostaglandin E<sub>2</sub>  
P-gp – P-glycoprotein, permeability glycoprotein  
PIEZO2-type mechanoreceptor  
– piezo type mechanosensitive ion channel component 2  
PKA – cAMP-protein kinase A  
PLA2 – phospholipases A2  
PLC $\beta$ 2 – phospholipase C  $\beta$ 2  
PPAR (PPAR $\alpha$ , PPAR $\gamma$ ) – peroxisome proliferator-activated receptors  $\alpha$ ,  $\gamma$   
PPIs (H<sup>+</sup>/K<sup>+</sup>-ATPase inhibitors) – proton pump inhibitors  
PYY – peptide YY  
SCFA – short-chain fatty acid  
SSRI – selective serotonin reuptake inhibitor  
T84 cells – human colonic adenocarcinoma cell line  
TAS2R – bitter taste receptor  
T-cell – type of lymphocyte  
TG – trigeminal ganglion  
TMEM16A (ANO1) – transmembrane 16 (Anoctamin 1) protein mediates calcium-activated chloride channel (CaCC)  
TNF- $\alpha$  – tumour necrosis factor alpha  
TRP channels (superfamilies TRPA1, TRPC1, TRPC5, TRPM5, TRPM7, TRPM8, TRPV1)  
– transient receptor potential (TRP) channels  
TU – traditional use  
TXB<sub>2</sub> – thromboxane B<sub>2</sub>  
VGNC – voltage-gated sodium channel  
WEU – well established use

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**Table S2.** List of constituents mentioned in the manuscript and their activities.

Constituents	Test	Activities	References
aloe-emodin	in vivo	CFTR channel activation	[277]
	ex vivo	$\beta_2$ -adrenergic receptor inhibitor	[279]
anethole	in vitro	TRPA1 activator	[174]
anisaldehyde	in vitro	TRPA1 activator	[173]
anthraglycosides	in vivo	variable action on AQP <sub>s</sub> expression	[268–275]
arylalkanones	in vitro	anti-inflammatory activity	[45]
	in vivo	anti-inflammatory activity	[45]
	human	anti-inflammatory activity	[45]
biochanin A	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[69]
(-)- $\alpha$ -bisabolol	in vitro	TRPA1 activator	[167]
boldine	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[99]
	in vivo	mucus production increase	[223]
borneol	in vitro	TRPM8 agonist	[187]
caffeine	in vitro	increase of gastric acid production through TAS2R	[64]
	in vitro	increase of gastric acid production through A2 receptor antagonism	[66]
camphor	in vitro	TRPV1 biphasic agonist	[137]
	in vitro	TRPA1 activator	[176]
	in vitro	TRPM8 agonist	[186]
capsaicin	human	TRPV1 biphasic agonist	[122]
carnosic acid	in vitro	TRPA1 activator	[178]
carnosol	in vivo	decrease in the gastric lesion index	[18]
	in vitro	TRPA1 activator	[178]
carvacrol	in vitro	TRPA1 activator	[165]
	in vitro	TRPM7 inhibitor	[171]
	in vitro	K2P2.1 activator	[199]
	in vitro	Nav1.2, Nav1.3, Nav1.6, Nav1.7, and Nav1.8 inhibitor	[209]
carvone	in vitro	TRPV1 biphasic agonist	[137]
catechin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[21]
	in vitro	CFTR channel inhibitor	[234]
1,4-cineole	in vitro	TRPA1 activator	[166]
	in vitro	TRPM8 agonist	[166]
1,8-cineole	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[97]
	in vitro	TRPV1 biphasic agonist	[137]
	in vitro	TRPM8 agonist	[166]
	in vitro	? Nav1.7 inhibitor	[210]
	in vitro	TRPA1 agonist	[161]
cinnamaldehyde	in vitro	K2P2.1 activator	[199]
	in vitro	TRPV1 biphasic agonist	[137]

	in vitro	TRPA1 activator	[175]
citronellal	in vivo	inhibitor of $\alpha 3\beta 4$ nAChR	[82]
	in vitro	TRPV1 biphasic agonist	[137]
citronellol	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[97]
	in vitro	K2P2.1 activator	[199]
<i>p</i> -cumenol	in vitro	K2P2.1 activator	[199]
curcumin	in vivo	TRPV1 antagonist	[142]
	ex vivo	TRPV1 antagonist	[142]
	in vitro	TRPM8 inactive (human)	[188]
	in vitro	TRPM8 antagonist (rat)	[163]
	in vitro	KCa1.1 activator	[202]
	in vivo	$\alpha 2$ -adrenergic receptor antagonist	[220]
cyanidin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
<i>p</i> -cymene	in vitro	K2P2.1 activator	[199]
cynaropicrin	ex vivo	competitive antagonist of AChR	[84]
delphinidin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
4,5-dicaffeoylquinic acid	in vitro	TRPV1 biphasic agonist	[137]
<i>di</i> -1,6- <i>O</i> -galloyl- $\beta$ -D-glucose	in vitro	TMEM16A inhibitor	[232]
ellagic acid	in vitro	PPAR $\gamma$ activator	[238]
emodin	in vivo	histamine release from mast cells (H <sub>1</sub> receptor, H <sub>2</sub> receptor)	[264–266]
	ex vivo	$\beta 2$ -adrenergic receptor inhibitor	[279]
(–)-epicatechin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[21]
	in vitro	CFTR channel inhibitor	[234]
(–)-epicatechin gallate	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[21]
	in vitro	TMEM16A inhibitor	[232]
(–)-epigallocatechin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[21]
(–)-epigallocatechin gallate	in vitro	TMEM16A inhibitor	[232]
eriodictyol	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
	in vitro	TRPV1 antagonist	[137]
essential oils	in vitro	anti-inflammatory activity	[45]
	in vivo	anti-inflammatory activity	[45]
	human	anti-inflammatory activity	[45]
eugenol	in vivo	inhibitor of $\alpha 3\beta 4$ nAChR	[82]
	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[97]
	in vitro	TRPV1 biphasic agonist	[137]
	in vitro	TRPA1 activator	[168]
	in vitro	TRPM8 agonist	[161]
	in vitro	K2P2.1 activator	[199]
	in vitro	Nav1.5 inhibitor	[212]
	ex vivo	TMEM16A inhibitor	[230,231]
	in vitro	anti-inflammatory activity	[45]
flavonoids	in vivo	anti-inflammatory activity	[45]

	human	anti-inflammatory activity	[45]
galanolactone	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
gallic acid	in vitro	increase of gastric acid production	[65]
genistein	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[70]
gentiopicroside	human	w/o increase in plasma level of PYY	[37]
	ex vivo	L-type calcium channel inhibitor	[93]
geranial	in vitro	TRPV1 biphasic agonist	[137]
geraniol	in vitro	TRPM8 agonist	[185]
	in vitro	K2P2.1 activator	[199]
geranyl acetate	in vitro	TRPA1 activator	[172]
gingerol (unspecified)	in vivo	5-HT production decrease	[107]
	in vivo	5-HT receptor expression decrease	[107]
	in vivo	NK-1 receptor expression decrease	[301]
	in vivo	substance P production decrease	[301]
	in vivo	dopamine production decrease	[301]
	in vivo	D <sub>2</sub> receptor expression decrease	[301]
	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
6-gingerol	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
	in vitro	TRPV1 biphasic agonist	[133]
	in vitro	TRPA1 activator	[169]
	in vitro	TRPC5 inhibitor	[169]
	in vitro	Nav1.8 inhibitor	[206]
	ex vivo	M <sub>3</sub> receptor antagonist	[298]
	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
8-gingerol	ex vivo	M <sub>3</sub> receptor antagonist	[298]
	in vivo	L-type calcium channel inhibitor	[304]
	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
10-gingerol	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
	in vivo	carboxylesterase inhibitor	[111]
	in vivo	$\alpha_2$ -adrenergic receptor antagonist	[219]
	in vivo	M <sub>3</sub> receptor antagonist	[298]
	in vitro	competitive antagonist of 5-HT <sub>3A</sub> receptor	[100]
glabridin	in vivo	KCa1.1 activator	[201]
	human	butyrylcholinesterase inhibitor	[111]
	in vitro	TRPM8 antagonist	[171]

	in vivo	$\alpha_2$ -adrenergic receptor antagonist	[219]
hesperidin	in vivo	antagonist of 5-HT <sub>2C</sub> receptor	[110]
	in vivo	agonist of 5-HT <sub>4</sub> receptor	[112]
	in vivo	mucus production increase	[203]
hispidulin	in vitro	TRPM8 antagonist	[171]
chlorogenic acid	ex vivo	competitive antagonist of AChR	[87]
chrysophanol	ex vivo	$\beta_2$ -adrenergic receptor inhibitor	[279]
iridoids (aglycones)	in vitro	anti-inflammatory activity	[45]
	in vivo	anti-inflammatory activity	[45]
	human	anti-inflammatory activity	[45]
isocohumulone	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[67]
isohumulone	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[67]
isoliquiritigenin	in vivo	L-type calcium channel inhibitor	[92]
	in vivo	antagonist of 5-HT <sub>2C</sub> receptor	[110]
	in vivo	TRPA1 activator	[171]
	in vitro	TRPC5 inhibitor	[195]
	in vitro	Nav1.7 inhibitor	[205]
	in vitro	Nav1.8 inhibitor	[206]
isopulegole	in vitro	TRPM8 agonist	[185]
kaempferol	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
	in vitro	TRPC5 inhibitor	[194]
LCFA	in vitro	GPR40 receptor activation	[281]
licochalcone A	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[100]
	in vitro	TRPM8 antagonist	[171]
linalool	in vivo	inhibitor of $\alpha_3\beta_4$ nAChR	[82]
	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[98]
	in vitro	TRPA1 activator	[177]
	in vitro	TRPM8 agonist	[185]
liquiritigenin	in vitro	non-competitive antagonist of 5-HT <sub>3A</sub> receptor	[100]
	in vitro	TMEM16A inhibitor	[217]
liquiritin	in vitro	TRPV1 antagonist	[140]
loganic acid	human	w/o increase in plasma level of PYY	[37]
luteolin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
	in vitro	TMEM16A inhibitor	[233]
luteolin-7-glucoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
marrubenol	ex vivo	L-type calcium channels inhibitor	[90]
menthol	in vitro	negative allosteric modulator of $\alpha_4\beta_2$ nAChR	[78]
	in vitro	competitive antagonist of $\alpha_7$ nAChR	[79]
	ex vivo	L-type calcium channel inhibitor	[91]
	in vitro	negative allosteric modulator of 5-HT <sub>3</sub> receptor	[96]

	in vitro	TRPV1 antagonist	[141]
	in vitro	TRPA1 activator	[164]
	in vivo	TRPM8 agonist	[184]
	in vitro	K2P2.1 activator	[199]
	in vitro	Nav1.8 inhibitor	[207]
menthone	in vitro	TRPM8 agonist	[166]
myrcene	in vitro	TRPV1 biphasic agonist	[137]
	in vitro	TRPA1 activator	[165]
naringenin	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[69]
	in vitro	TRPV1 antagonist	[137]
oleanolic acid	in vitro	TRPV1 biphasic antagonist	[139]
oleic acid	in vivo	PGE <sub>2</sub>	[262]
	in vivo	PPAR $\alpha$ or PPAR $\gamma$ activation	[284–286]
6-paradol	in vitro	TRPV1 biphasic agonist	[134]
	in vitro	TRPA1 activator	[170]
pelargonidin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
polysaccharides (fermentable)	in vivo	SCFAs as FFAR2, and FFAR3 agonists	[256–261]
	in vitro	SCFAs as CIC-2 activators	[262]
polysaccharides (non-digestible)	in vivo	PIEZO2 activator	[253,254]
procyanidin B2	in vitro	CFTR channel inhibitor	[234]
protopine	ex vivo	competitive antagonist of AChR	[83]
	in vitro	Nav1.5, and Nav1.7 inhibitor	[211]
quercetagenin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
quercetin	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
	ex vivo	competitive antagonist of AChR	[86]
	in vitro	TRPV1 antagonist	[137]
	in vitro	TRPM7 inhibitor	[191]
	in vitro	TRPC5 inhibitor	[194]
	in vitro	TMEM16A inhibitor	[233]
	in vitro	KCNQ1 modulator	[237]
quercetin-3-galactoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
quercetin-3-gluco-rhamnoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
quercetin-3-glucoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
quercetin-3-rhamnoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
quinine (hydrochloride)	human	no CCK excretion	[34–36]
	human	increase in plasma level of PYY	[35]
	human	various plasma level of GLP-1	[33,35,40,41]
resveratrol	in vitro	increase of gastric acid production through PPAR $\gamma$ activation	[69]
rhein	in vivo	CFTR channel activation	[276]



ricinoleic acid	in vivo	Na <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[278]
	ex vivo	β <sub>2</sub> -adrenergic receptor inhibitor	[279]
	in vitro	Na <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[287]
	in vitro	active electrolytes absorption decrease	[288]
	in vivo	intestinal mucosa impairment	[289]
	ex vivo	eNOS activation	[277]
	ex vivo	chloride anion secretion	[291]
	in vivo	EP <sub>3</sub> agonist	[279]
6-shogaol	in vivo	? PGE <sub>2</sub>	[279,280]
	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
	in vitro	TRPV1 biphasic agonist	[134]
	in vitro	TRPA1 activator	[169]
	in vitro	TRPC5 inhibitor	[169]
	in vitro	Nav1.8	[206]
	in vivo	α <sub>2</sub> -adrenergic receptor antagonist	[219]
	ex vivo	M <sub>3</sub> receptor antagonist	[298]
	ex vivo	? TRPA1 activator	[299]
	in vivo	α <sub>2</sub> -adrenergic receptor antagonist	[219]
8-shogaol	in vivo	α <sub>2</sub> -adrenergic receptor antagonist	[219]
10-shogaol	ex vivo	TRPA1 activator	[134]
sweroside	human	w/o increase in plasma level of PYY	[37]
swertiamarin	human	w/o increase in plasma level of PYY	[37]
tannic acid ( <i>penta</i> -1,2,3,4,6- <i>O</i> -galloyl-β- <i>D</i> -glucose)	ex vivo	L-type calcium channel inhibitor	[94]
	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[23]
taxifolin	in vitro	TMEM16A inhibitor	[232]
	in vitro	CFTR channel inhibitor	[235]
	in vitro	KCNQ1/KCNE3 inhibitor	[236]
	in vitro	KCNQ2/3 activator	[236]
	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[22]
thymol	in vitro	K2P2.1 activator	[199]
ursolic acid	ex vivo	competitive antagonist of AChR	[84]
	in vitro	TRPV1 (biphasic) antagonist	[137,139]
	in vivo	mucus production increase	[224]
verbascoside	in vitro	H <sup>+</sup> /K <sup>+</sup> -ATPase inhibitor	[20]
	in vitro	anti-inflammatory activity	[45]
	in vivo	anti-inflammatory activity	[45]
	human	anti-inflammatory activity	[45]
	ex vivo	competitive antagonist of AChR	[69]
vitexin	in vitro	TRPV1 antagonist	[137]

zingerone	in vitro	antagonist of 5-HT <sub>3A</sub> receptor	[101]
	in vivo	antagonist of 5-HT <sub>3A</sub> receptor	[102–104]
	human	antagonist of 5-HT <sub>3A</sub> receptor	[105–107]
	in vitro	TRPV1 biphasic agonist	[133]
	in vitro	TRPA1 activator	[169]
	in vitro	TRPC5 inhibitor	[169]

*Abbreviations:* A2 receptor – adenosine 2 receptor; AQP – aquaporins;  $\alpha_2$ -adrenergic receptor – alfa 2-adrenergic receptor;  $\beta_2$ -adrenergic receptor – beta 2-adrenergic receptor; BK (= KCa1.1 = KCNMA1) channel – big potassium channel, calcium-activated potassium channel subfamily M alpha 1; CCK – cholecystokinin; CFTR – cystic fibrosis transmembrane conductance regulator protein; CIC-2 – chloride channel 2; D<sub>2</sub> receptor – dopamine receptor D<sub>2</sub>; eNOS – endothelial nitric oxide synthase; EP<sub>3</sub> receptor – prostaglandin EP<sub>3</sub> receptor; FFAR2, FFAR3 – free fatty acid receptors 2 and 3; GLP-1 – glucagon-like peptide-1; GPR40 receptor – G protein-coupled receptor 40; 5-HT<sub>2C</sub>, 5-HT<sub>3</sub>, 5-HT<sub>3A</sub>, 5-HT<sub>4</sub> receptors – 5-hydroxytryptamine (serotonin) receptors 5-HT<sub>2C</sub>, 5-HT<sub>3</sub>, 5-HT<sub>3A</sub>, 5-HT<sub>4</sub> subtypes; K2P2.1 (KCNK2, TREK-1), – potassium channels (potassium channel subfamilies K member 2); KCNQ (KCNQ1, KCNQ2, KCNQ3) – potassium voltage-gated channels subfamily Q member 1, 2, 3; KCNQ1/KCNE3 complex – complex of potassium voltage-gated channel subfamily Q member 1 and potassium voltage-gated channel subfamily E regulatory subunit 3; LCFA – long chain fatty acid; M<sub>3</sub> receptor (mAChR) – muscarinic acetylcholine receptor M<sub>3</sub>; nAChRs ( $\alpha_3\beta_4$  nAChRs,  $\alpha_4\beta_2$  nAChRs,  $\alpha_7$  nAChRs) – nicotinic acetylcholine receptors type  $\alpha_3\beta_4$ ,  $\alpha_4\beta_2$ ,  $\alpha_7$ ; Nav1.2, Nav1.3, Nav1.5, Nav1.6, Nav1.7, Nav1.8 channels – voltage-gated sodium channels 1.2, 1.3, 1.5, 1.6, 1.7, 1.8; NK-1 – neurokinin-1 receptor; PGE<sub>2</sub> – prostaglandin E<sub>2</sub>; PIEZO2-type mechanoreceptor – piezo type mechanosensitive ion channel component 2; PPAR (PPAR $\alpha$ , PPAR $\gamma$ ) – peroxisome proliferator-activated receptors  $\alpha$ ,  $\gamma$ ; H<sup>+</sup>/K<sup>+</sup>-ATPase inhibitors (PPIs) – proton pump inhibitors; PYY – peptide YY; SCFA – short-chain fatty acid; TAS2R – bitter taste receptor; TMEM16A (ANO1) – transmembrane 16 (Anoctamin 1) protein mediates calcium-activated chloride channel (CaCC); TRP channels (superfamilies TRPA1, TRPC5, TRPM8, TRPV1) – transient receptor potential (TRP) channels.