

Table S3. Correlation analyses between dietary intake and anthropometric measurements

	Prediabetic						T2DM					
	Weight (kg)		WC (cm)		BF (%)		Weight (kg)		WC (cm)		BF (%)	
	r	p	r	p	r	p	r	p	r	p	r	p
Meat and meat products (g)	0.142	0.001	0.127	0.002	0.017	0.783	0.052	0.209	0.055	0.180	0.046	0.270
Cereals and cereal products (g)	-0.006	0.922	-0.018	0.775	-0.127	0.003	-0.037	0.372	-0.063	0.128	-0.147	0.018
Fruit (g)	0.102	0.099	0.038	0.535	0.053	0.393	0.134	0.030	0.057	0.171	0.043	0.306

WC, waist circumference; BF, body fat.