

Table S5. Correlation analyses between dietary intake and lipid profile

	Prediabetic						T2DM					
	TG (mg/dL)		HDL (mg/dL)		LDL (mg/dL)		TG (mg/dL)		HDL (mg/dL)		LDL (mg/dL)	
	r	p	r	p	r	p	r	p	r	p	r	p
Meat and meat products (g)	0.028	0.650	-0.051	0.409	0.086	0.037	0.027	0.513	-0.063	0.130	0.052	0.205
Eggs and egg dishes (g)	0.010	0.875	-0.088	0.032	0.049	0.429	0.032	0.439	-0.006	0.881	0.004	0.926
Milk and milk products (g)	0.069	0.262	0.104	0.092	-0.029	0.645	-0.138	0.025	0.048	0.248	-0.052	0.205

TG, triglycerides; HDL, HDL cholesterol; LDL, LDL cholesterol.