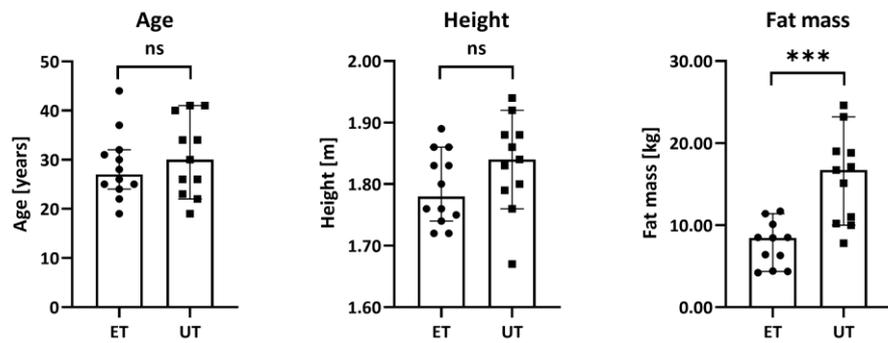


Figure S1

A



B

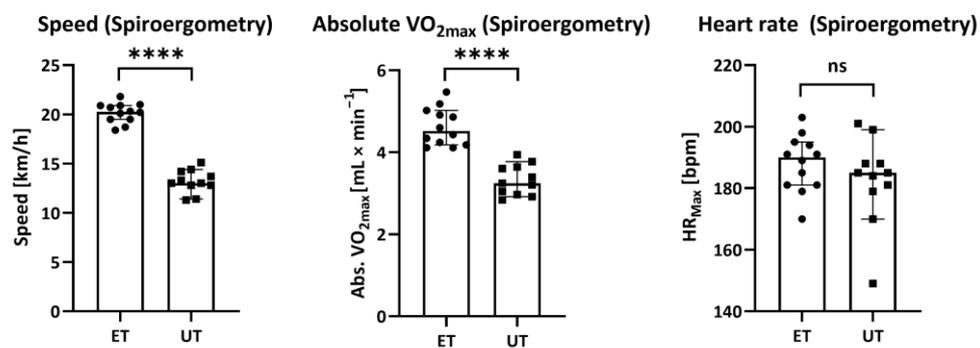


Figure S1. Additional participants' details. **(A)** Physiological parameters, i.e. age, height and fat mass, for all volunteers that were grouped into ET ($n = 12$) or UT ($n = 11$). **(B)** Data further describing the speed, absolute VO_{2max} as well as the heart rate during spiroergometry for all participants. Data have been statistically analyzed by an unpaired, non-parametric, two-tailed t -test (Mann–Whitney test). ***: $p \leq 0.001$; ****: $p \leq 0.0001$.