

Table S1. Prescription of modified Gangsimtang.

Herbal name (in Chinese characters)	Herbal name in Latin	Scientific name of the origin plant	Starting amount (g) per day at Day 4	Changed amount (g) per day at Day 9
Tianhuafen (天花粉)	Trichosanthis Radix	<i>Trichosanthes kirilowii</i> Maximowicz	16	24
Maimendong (麥門冬)	Liriope Platyphylla	<i>Liriope platyphylla</i> Wang et Tang	12	12
RenCan (人參)	Ginseng Radix	<i>Panax ginseng</i> C. A. Meyer	12	12
Yuanzhi (遠志)	Polygalae Radix	<i>Polygala tenuifolia</i> Willdenow	8	8
Danggui (當歸)	Angelicae Gigantis Radix	<i>Angelica gigas</i> Nakai	8	8
Shudihuang (熟地黃)	Rehmanniae Radix Preparata	<i>Rehmannia glutinosa</i> Liboschitz ex Steudel	8	8
Fuling(茯苓)	Poria Sclerotium	<i>Poria cocos</i> Wolf	8	8
Wuweizi(五味子)	Schisandrae Fructus	<i>Schisandra chinensis</i> Baillon	8	8
Gancao(甘草)	Glycyrrhizae Radix et Rhizoma	<i>Glycyrrhiza uralensis</i> Fischer	8	8
Huangqi(黃芪)	Astragali Radix	<i>Astragalus membranaceus</i> Bunge	8	8
Gegen(葛根)	Peurariae Radix	<i>Pueraria lobata</i> Ohwi	(-)	8
Dazao(大棗)	Zizyphi Fructus	<i>Zizyphus jujuba</i> Miller var. <i>inermis</i> Rehde	6	6