

Supplemental Table S1. Baseline clinical characteristics of participants who taking the nutraceutical according to the tertiles of serum uric acid at baseline.

Variables	I Tertile (n=15)	II Tertile (n=16)	III Tertile (n=16)	<i>p</i> ANOVA	<i>p</i> Post-Hoc Analysis
SUA (mg/dL, range)	3.8-4.4	4.7-5.3	5.4-6.5		
Age (years)	49±7	53±10	54±9	0.25	-
Weight (Kg)	72±13	81±10	86±11	0.009	I vs II 0.039 I vs III 0.002
BMI (Kg/m ²)	28.5±4	29.2±3	29.7±3	0.58	-
WHR	0.89±0.1	1.49±2.1	0.97±0.1	0.33	-
Glucose (mg/dL)	89±7	92±9	95±4	0.045	I vs III 0.013
TC (mg/dL)	189±28	191±39	185±34	0.89	-
TG (mg/dL)	87±40	110±50	107±47	0.31	-
HDL-C (mg/dL)	56±13	51±14	51±10	0.40	-
LDL-C (mg/dL)	115±26	118±36	113±32	0.90	-
AST (IU/L)	19±5	21±6	22±8	0.51	-
ALT (IU/L)	20±11	26±15	25±11	0.34	-
γGT (UI/L)	24±20	26±20	26±14	0.96	-
Creatinine (mg/dL)	0.67±0.1	0.87±0.1	0.89±0.1	<0.001	I vs II <0.001 I vs III <0.001
Prevalence					
Gender (Male, %)	13	69	81	<0.001	-
Physical activity (%)	53	50	44	0.59	-
Smokers (%)	13	38	31	0.27	-
Obesity (%)	28	37	31	0.16	-
NAFLD S3 (%)	40	69	38	0.16	-
Hypertension (%)	20	25	56	0.034	-
Hyperlipidemia (%)	20	56	60	0.030	-
Antihypertensive drugs (%)	13	19	56	0.009	-
Beta-blockers (%)	7	6	6	0.96	-
Diuretics (%)	0	0	31	0.005	-
Lipid-lowering agents (%)	7	13	31	0.07	-
Antiplatelet agents (%)	7	13	13	0.60	-
Urate-lowering drugs (%)	0	0	0	-	-

Note. BMI = body mass index, WHR = waist to hip ratio, TC = total cholesterol, TG = triglycerides, HDL-C = high density lipoprotein cholesterol, LDL-C = low density lipoprotein cholesterol, AST = aspartate aminotransferase, ALT = alanine aminotransferase, γ GT = gamma glutamyltransferase, SUA = serum uric acid.

Supplemental Table S2. Changes in clinical parameters after 6 weeks of participants who taking the nutraceutical according to the tertiles of serum uric acid at baseline.

Variables	I Tertile (n=15)	II Tertile (n=16)	III Tertile (n=16)	<i>p</i> ANOVA	<i>p</i> Post-Hoc Analysis
SUA (mg/dL, range)	3.8-4.4	4.7-5.3	5.4-6.5		
Weight (Kg)	-2.0 \pm 2.6	-3.6 \pm 1.6	-3.5 \pm 2.4	0.12	-
BMI (Kg/m ²)	-0.8 \pm 1.0	-1.3 \pm 0.6	-1.2 \pm 0.8	0.20	-
WHR	0.002 \pm 0.04	-0.54 \pm 2.1	-0.02 \pm 0.04	0.39	-
Glucose (mg/dL)	0.7 \pm 7	-1.0 \pm 8	-1.4 \pm 5	0.65	-
TG (mg/dL)	4 \pm 38	10 \pm 46	-5 \pm 51	0.66	-
HDL-C (mg/dL)	-2.6 \pm 6	-3.7 \pm 4	-2.9 \pm 7	0.84	-
LDL-C (mg/dL)	-8 \pm 26	-13 \pm 15	-1 \pm 15	0.23	-
AST (IU/L)	-1.3 \pm 3	-2.4 \pm 5	0.2 \pm 9	0.52	-
ALT (IU/L)	-0.1 \pm 3	-4.9 \pm 8	-2.9 \pm 4	0.42	-
γ GT (UI/L)	-3.5 \pm 8	-7.8 \pm 11	-6.7 \pm 9	0.06	I vs II 0.01
Creatinine (mg/dL)	-0.01 \pm 0.08	-0.03 \pm 0.05	0.03 \pm 0.06	0.05	II vs III 0.01
SUA (%)	5.1 \pm 12	-3.0 \pm 9	-4.9 \pm 16	0.07	I vs III 0.03

Note. BMI = body mass index, WHR = waist to hip ratio, TC = total cholesterol, TG = triglycerides, HDL-C = high density lipoprotein cholesterol, LDL-C = low density lipoprotein cholesterol, AST = aspartate aminotransferase, ALT = alanine aminotransferase, γ GT = gamma glutamyltransferase, SUA = serum uric acid.