

Table S1. Geometry classification of Left Ventricle on Echocardiogram

Left Ventricular Mass Index	Relative Wall Thickness	Relative Wall Thickness
	≤ 0.42	> 0.42
$< 115 \text{g/m}^2$ (male) or $< 95 \text{g/m}^2$ (female)	Normal	Concentric Remodelling
$\geq 115 \text{g/m}^2$ (male) or $\geq 95 \text{g/m}^2$ (female)	Eccentric Hypertrophy	Concentric Hypertrophy