QUESTIONNAIRE IN ENGLISH

Improving HIV Disclosure to Sexual Partners via Assisted Partner Notification Services(ID-PaNoS): A Mixed-Method Study on Utilization, Barriers, and Facilitators

In this survey, you will sometimes be given statements and asked to choose the appropriate option. These questions do not have a right or wrong answer. We would like to know your opinion.

RESEARCH ASSISTANT INITIALS	……..

A. SOCIODEMOGRAPHICS MODULE

CODE	QUESTION	RESPONSES
DEM1	What is the sex of the respondent?	1. Female 2. Male
DEM2	How old are you?	_____Years
DEM3	What was the last level of education you completed?	1. Illiterate 2. Primary education incomplete. 3. Primary education completes 4. Secondary education incompletes 5. Secondary education/vocational completes 6. Post-secondary education.
DEM4	What is your religion?	1. Protestant 2. Muslim 3. Roman catholic 4. Sabbath

DEM5	What is your marital status?	1. Never married. 2. Married or cohabiting. 3. Divorced or separated. 4. Widowed.
DEM6	What type of sexual relationship?	1. Primary partner 2. casual partner 3. mixed type (both casual and primary partners)
DEM7	What kind of work do you do/ what kind of activities keep you busy during an average day, whether you earn money from them or not?	1. Unemployed. 2. Self-employed. 3. Employed/Retired.
DEM8	What is your residence?	1. Rural 2. Urban
DEM9	Do you have any current chronic illness apart from HIV?	0. No 1. Yes
DEM10	What is the name of that chronic illness	1. Hypertension 2. Diabetes 3. Both 4. others
DEM11	What is your current cART regimen?	1. Firstline 2. Secondline
B. GENERAL EXAMINATION		
SBP	Systolic blood pressure	_____, _____ Mean____
DBP	Diastolic blood pressure	_____, _____ Mean____

WGT	WEIGHT	_____
HGT	HEIGHT	_____
C. PARTICIPATION IN APNS		
Assisted HIV partner notification services (APNS) refers to when consenting HIV-positive clients are assisted by a trained provider to disclose their status or to anonymously notify their sexual and/or drug injecting partner(s) of their potential exposure to HIV infection.		
PNS1	Have you ever heard of APNS?	0. No 1. Yes If NO Skip PNS2-PNS17
PNS2	Have you participated in APNS to notify your sexual partner of your HIV status?	0. No 1. Yes If NO Skip PNS4-PNS17
PNS3	Have you participated in APNS to notify your sexual partner(s) of his/her/their exposure to HIV infection?	0. No 1. Yes
PNS4	What type of APNS did you participated?	1. Passive 2. Contract 3. Provider 4. Dual
PNS5	Was it done at the healthcare facility or in the community?	1. Healthcare Facility 2. Community
PNS6	Did health professionals who attended you communicate your HIV status issue to anyone else without your permission?	0. No 1. Yes
PNS7	Did you experience discrimination from health professionals working in ART clinics during the who process of APNS?	0. No 1. Yes

PNS8	Did you notify your HIV status to your sexual partner and referring their sexual partner	
PNS9	Do you know if your sexual partner was tested for HIV after APNS	0. No 1. Yes
PNS10	Do you know the HIV serostatus of your sexual partner?	0. No 1. Yes
PNS11	What was the status of your sexual partner after testing?	1. Negative 2. Positive 3. I don't know
PNS12	Did you receive counseling services for HIV testing and PNS in a convenient room/space to maintain your privacy?	0. No 1. Yes
PNS13	How many times have you received APNS?	1. Once 2. Many times
PNS14	Is there the need to receive the APNS more than once?	0. No 1. Yes
PNS15	Have you changed sexual partners since the last APNS you received APNS?	0. No 1. Yes
PNS16	How many sexual partners have you had since the last APNS you received APNS?	_____
PNS17	Were you able to passively notify them/he of your HIV status?	0. No 1. Yes
D. BARRIERS TO APNS		
BPN1	Did you fear Embarrassment?	0. No 1. Yes
BPN2	Did you fear autonomy and emotional support loss	0. No 1. Yes
BPN3	Did you fear stigma	0. No

		1. Yes
BPN4	Not knowing a partner	0. No 1. Yes
BPN5	Unwillingness of a partner notification of partner.	0. No 1. Yes
BPN6	Unfriendly services.	0. No 1. Yes
BPN7	Confidentiality	0. No 1. Yes
BPN8	Denial of HIV status.	0. No 1. Yes
E. CLINICAL RELATED FACTORS MODULE		
CRF1	How long you have been on ART medication?	____Months
CRF2	Did you receive pre-HIV test and post-HIV test counseling from the medical personnel?	2. No 3. Yes
CRF3	Did the medical personnel explain to you the importance of notifying your sexual partner and the methods which can be used?	0. No 1. Yes 2. Don't remember.
F. KNOWLEDGE ON DISCLOSURE/ NOTIFICATION HIV STATUS		
KDS1	Is it important to disclose your HIV status?	0. No 1. Yes 2. Don't know.
KDS2	Is it important to disclose your HIV status to your sexual partner?	0. No 1. Yes 2. Don't know.

KDS3	Disclosing HIV status to your sexual partner can prevent HIV transmission	0. No 1. Yes 2. Don't know.
KDS4	Tanzania's laws require the person with HIV to disclose his/her HIV status to his/her sexual partner.	0. No 1. Yes 2. Don't know.
KDS5	HIV disclosure to a sexual partner can improve one's adherence to his/her antiretroviral medications	0. No 1. Yes 2. Don't know.
KDS6	HIV disclosure to a sexual partner by person with HIV can help the couple to plan for safer sex.	0. No 1. Yes 2. Don't know.
G. KNOWLEDGE ON PRE-EXPOSURE PROPHYLAXIS(1)		
KPR1	Have you ever heard of PrEP before?	0. No 1. Yes If NO, Skip the next KPR 2-12 questions.
KPR2	If yes, do you know what PrEP is?	0. No 1. Yes
KPR3	Is PrEP used to prevent HIV infection?	0. No 1. Yes
KPR4	Who is eligible for PrEP?	0. People who are HIV-positive 1. People who are HIV-negative and at risk of HIV infection

		2. I don't know
KPR5	If you heard of PrEP before, have you ever used PrEP?	0. No 1. Yes If YES skip question question KPR 12
KPR6	Have you ever talked about PrEP with friends or relatives?	0. No 1. Yes
KPR7	Have you ever talked about PrEP with a health care worker?	0. No 1. Yes
KPR8	Do you have any friends, relatives or acquaintances using PrEP?	0. No 1. Yes
KPR9	Would you be more willing to advise your relative to use PrEP if you had more information?	0. No 1. Yes
KPR 10	Would you be more willing to use PrEP if it were available in pharmacy without medical prescription?	0. No 1. Yes
KPR11	What was the sources of PrEP information?	
KPR11a	Internet	0. No 1. Yes
KPR11b	TV	0. No 1. Yes
KPR11c	Informative brochures	0. No 1. Yes
KPR11d	Institutional channels (School, University, Ministry of Health, …)	0. No 1. Yes
KPR11e	Associations	0. No 1. Yes

KPR11f	Friends, relatives, acquaintances	0. No 1. Yes
KPR11g	Partner	0. No 1. Yes
KPR11 h	General practitioner	0. No 1. Yes
KPR11i	Specialist physician	0. No 1. Yes
KPR11j	other	……..
KPR12	What are Reasons for not using PrEP?	
KPR12a	Too expensive	0. No 1. Yes
KPR12b	Difficult to purchase	0. No 1. Yes
KPR12c	Fear of being discriminated	0. No 1. Yes
KPR12d	Fear of collateral effects	0. No 1. Yes
KPR12e	I think it is not effective	0. No 1. Yes
KPR12f	I'm not a subject at risk	0. No 1. Yes
KPR12g	Other	…….
H. MEDICATION ADHERENCE MODULE		
MEA1	In the last 30 days, on how many days did you miss at least one dose of any of your HIV medicine (write in number of days)	_____Days

MEA2	In the last 30 days, how good a job did you do at taking your HIV medications in the way you were supposed to?	1. Very poor 2. poor 3. Fair 4. Good 5. Very good 6. Excellent
MEA3	In the 30days, how often did you take your HIV medicines in the way you were supposed to?	1. Never 2. Rarely 3. Sometimes 4. Usually 5. Almost always 6. Always.
VLD1	What is the result of the most recent viral load count and CD4 count taken within 6months ago (to be taken from CTC card)	_____/_____
VLD2	Was that viral load taken after you disclosed your status?	0. No 1. Yes

I. ANXIETY

Over the last two weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid, as if something awful might happen	0	1	2	3

J. HIV RELATED STIGMA

I am going to ask you some more questions about HIV and the perceptions that other people might have. We are doing this to gather important information so we can better understand these issues and whether these issues need more attention among groups of women living with HIV.

Personalised stigma					
CODE	QUESTION	strongly disagree [1]	Disagree [2]	Agree [3]	strongly agree [4]
PST1	People I care about stopped calling after learning I have HIV	1	2	3	4
PST2	I have lost friends by telling them I have HIV	1	2	3	4
PST3	Some people avoid touching me once they know I have HIV	1	2	3	4
Disclosure concerns					
DCS1	Telling someone I have HIV is risky.	1	2	3	4
DCS2	I work hard to keep my HIV a secret	1	2	3	4
DCS3	I am very careful who I tell that I have HIV	1	2	3	4
Concerns about public attitudes					

CST1	People with HIV are treated like outcasts	1	2	3	4
CST2	Most people believe a person who has HIV is dirty	1	2	3	4
CST3	Most people are uncomfortable around someone with HI.	1	2	3	4
Negative self-image					
NST1	I feel guilty because I have HIV	1	2	3	4
NST2	People's attitudes about HIV make me feel worse about myself	1	2	3	4
NST3	I feel I'm not as good a person as others because I have HIV	1	2	3	4

K. DEPRESSION

Please indicate for each of the five statements which is closest to how you have been feeling over the last two weeks. Notice that higher numberers mean better well-begin

Example. If you have felt cheerful and in good spirits more than half of the time during the last two weeks, select number three.

Please respond to each item by marking one box per row, regarding how you felt in the last two weeks.		All of the time	Most of the time	More than half the time	Less than half the time	Some of the time	At no time
WHO1	I have felt cheerful in good spirits.	5	4	3	2	1	0
WHO2	I have felt calm and relaxed.						
WHO3	I have felt active and vigorous.						
WHO4	I woke up feeling fresh and rested.						
WHO5	My daily life has been filled with things that interest me.						

THANK YOU FOR YOUR PARTICIPATION IN THIS STUD

DODOSO LA KISWAHILI

Katika utafiti huu, wakati mwingine utapewa kauli na kuombwa kuchagua chaguo lililo sahihi. Maswali haya hayana jibu sahihi au kosa. Tunapenda kujua maoni yako.

APNS- Huduma saidizi ya utoaji taarifa kwa wapenzi

JINA LA MTAFITI MSAIDIZI		……
A. TAARIFA BINAFSI		
CODE	MASWALI	MAJIBU
DEM1	Jinsia ya mhojiwa ni ipi?	3. Mwanamke 4. Mwanaume
DEM2	Una miaka mingapi?	_____Miaka
DEM3	Nini kiwango cha mwisho cha elimu ulichomaliza?	1. Hawezi kusoma wala kuandika 2. Elimu ya msingi haijakamilika. 3. Elimu ya msingi imekamilika 4. Elimu ya sekondari haijakamilika 5. Elimu ya sekondari/mafunzo ya ufundi yamekamilika 6. Elimu ya baada ya sekondari.

DEM4	Dini yako ni ipi?	5. Mlokole 6. Muislamu 7. Mkatoliki 8. Msabato
DEM5	Ni hali gani ya ndoa yako? .	1. Sijawahi kuolewa. 2. Nimeolewa au kuishi Pamoja na mwenza. 3. Nimeachika au kutengana. 4. Mume/mke amefariki
DEM6	Uko na aina gani ya uhusiano wa kimapenzi?	1. Mpenzi wa rasmi 2. Mpenzi wa asiye rasmi 3. Aina mchanganyiko
DEM7	Unafanya kazi gani/ni shughuli gani zinakushughulisha wakati wa siku ya kawaida,na iwe unapata pesa kutokana nazo au la?	1. Sina kazi. 2. Nimejiajiri. 3. Nimeajiriwa/Nimepumzika.
DEM8	Makazi yako yapo wapi?	1. Kijijini 2. Mjini
DEM9	Je, una ugonjwa wowote wa muda mrefu kwa sasa mbali na VVU?	2. Hapana 3. Ndiyo
DEM10	What is the name of that chronic illness Ugonjwa huo wa muda mrefu ni upi?	1. Shinikizo la damu 2. Kisukari 3. Vyote viwili 4. Mengineyo
DEM11	Ni mpango gani wa dawa za kufubaza makali ya VVU (cART) unatumia kwa sasa?	3. Kwanza 4. Pili
J. UCHUNGUZI WA JUMLA		
SBP	Shinikizo la damu la systolic(sehemu ya juu)	_____, _____ Wastani____

DBP	Shinikizo la damu la Diastolic(sehemu ya chini)	_____, _____ Wastani____
WGT	UZITO	_____Kg
HGT	UREFU	_____M
K. USHIRIKI KATIKA APNS		
Huduma ya kutoa taarifa kwa mpenzi kuhusu hali ya VVU (APNS) hii inahusisha hali ambapo wateja wanaoishi na HIV wanaokubali au wanasaidiwa na mtoa huduma aliyefundishwa kufichua hali yao au kutoa taarifa kwa siri kwa mpenzi wao wa ngono na/au wa matumizi ya dawa za kulevya za kujichoma kuhusu uwezekano wao wa kuwa wambukizwa virusi vya HIV.		
PNS1	Je, umewahi kusikia kuhusu APNS?	2. Hapana 3. Ndio
PNS2	Je, umeshiriki katika APNS kuwajulisha wapenzi wako kuhusu hali yako ya VVU?	2. Hapana 3. Ndio
PNS3	Je, umeshiriki katika APNS kuwajulisha wapenzi wako kuhusu uwezekano wao wa kuambukizwa VVU?	2. Hapana 3. Ndio
PNS4	Ni aina gani ya APNS uliyoshiriki?	1. Passively/Mwenyewe 2. Mkataba 3. Mtoa huduma 4. Pamoja/dual
PNS5	Je, ilifanyika katika kituo cha afya au katika jamii?	1. Kituo cha Afya 2. Jamii
PNS6	Je, wataalamu wa afya waliokuhudumia walijulisha wengine kuhusu hali yako ya VVU bila idhini yako?	2. Hapana 3. Ndio
PNS7	Je, ulipata ubaguzi kutoka kwa wataalamu wa afya wanaofanya kazi katika kliniki za ART wakati wa mchakato mzima wa APNS?	2. Hapana 3. Ndio
PNS8	Je, umeshamjulisha mpenzi wako hali yako ya VVU na kuwatambulisha wapenzi wako?	2. Hapana 3. Ndio

PNS9	Je, unajua kama mpenzi wako alipimwa VVU baada ya kupata huduma ya APNS?	4. Hapana 5. Ndio
PNS10	Je, unajua hali ya VVU ya mpenzi wako?	2. Hapana 3. Ndio
PNS11	Ni hali gani ya kimaambukizi alikuwa nayo mpenzi wako baada ya kupimwa?	4. Hana maambukizi ya VVU 5. Ana VVU 6. Sijui
PNS12	Je, ulipata huduma za ushauri kwa ajili ya kupimwa VVU na APNS katika chumba/nafasi inayofaa ili kuhifadhi faragha yako?	2. Hapana 3. Ndio
PNS13	Ni mara ngapi umepata huduma ya APNS?	3. Mara moja 4. Zaidi ya mara moja
PNS14	Je, kuna haja ya kupokea APNS zaidi ya mara moja?	2. Hapana 3. Ndio
PNS15	| Je, umeshabadilisha wapenzi tangu PNS ya mwisho uliyopokea?	2. Hapana 3. Ndio
PNS16	Ni wapenzi wangapi umekuwa nao tangu APNS ya mwisho uliyopokea?	_____
PNS17	Je, ulifanikiwa kuwajulisha mwenyewe kuhusu hali yako ya maabukizi ya VVU?	2. Hapana 3. Ndio
L. VIKWAZO VYA APNS		
BPN1	Je, ulijisikia aibu?	2. Hapana 3. Ndio
BPN2	Je, ulijisikia kupoteza uhuru na msaada wa kihisia?	4. Hapana 5. Ndio
BPN3	Je, ulijisikia kunyanyasika?	2. Hapana 3. Ndio
BPN4	Je, hukujua mpenzi/wapenzi wa kuunganishwa na huduma?	2. Hapana 3. Ndio

BPN5	Je, hujataka kuwajulisha washirika?	2. Hapana 3. Ndio
BPN6	Huduma zisizofaa	2. Hapana 3. Ndio
BPN7	Faragha	2. Hapana 3. Ndio
BPN8	Hali ya kutokubaliana na hali ya kuwa na maambukizi ya VVU	2. Hapana 3. Ndio
M. SABABU ZINAZOHUSIANA NA SABABU ZA KITATIBU		
CRF1	Umekuwa ukitumia dawa za ART kwa muda gani sasa?	____Miezi
CRF2	Je, ulipata ushauri kabla na baada ya kupimwa VVU kutoka kwa watumishi wa afya?	6. No 7. Yes
CRF3	Je, watumishi wa afya walikuelezea umuhimu wa kuwajulisha washirika wako na mbinu ambazo zinaweza kutumika?	3. Hapana 4. Ndio 5. Sikumbuki.
N. MAARIFA KATIKA UTOAJI WA TAARIFA ZA MAAMBUKIZI		
KDS1	Je, ni muhimu kutoa taarifa juu ya hali yako ya maambuki ya VVU?	3. Hapana 4. Ndio 5. Sijui
KDS2	Je, ni muhimu kutoa taarifa juu ya hali yako ya maambuki ya VVU kwa mpenzi wako?	0. Hapana 1. Ndio 2. Sijui
KDS3	Kueleza hali yako ya maabukizi ya VVU kwa mpenzi wako kunaweza kuzuia maambukizi ya VVU	0. Hapana 1. Ndio 2. Sijui

KDS4	Sheria za Tanzania zinamtaka mtu aliyeambukizwa VVU kueleza hali yake ya maambukizi ya VVU kwa mpenzi wake	0. Hapana 1. Ndio 2. Sijui
KDS5	Utoaji wa taarifa juu ya maambukizi ya VVU kwa mpenzi wako kunaweza kusaidia katika kuboresha matumizi ya dawa za kupunguza makali ya VVU	0. Hapana 1. Ndio 2. Sijui
KDS6	Utoaji wa taarifa ya maambukizi ya VVU kwa mpenzi kutoka kwa mmoja wao aliyeambukizwa kunaweza kuwasaidia wanandoa/wapenzi kupanga ngono salama.	0. Hapana 1. Ndio 2. Sijui
MAARIFA JUU YA KINGA DHIDI YA MAAMBUKIZI YA VVU (PrEP)		
PrEP ni dawa ya kutumia ili kujikinga dhidi ya maambukizi ya Virusi Vya UKIMWI.		
KPR1	Je, umewahi kusikia kuhusu PrEP kabla?	0. Hapana 1. Ndio Ikiwa HAPANA, Ruka maswali yafuatayo ya KPR 2-12.
KPR2	Ikiwa ndiyo, unajua ni nini PrEP?	0. Hapana 1. Ndio
KPR3	Je, PrEP inatumiwa kuzuia maambukizi ya HIV?	0. Hapana 1. Ndio
KPR4	Nani anaye stahili kutumia PrEP	0. Watu wenye maambukizi ya 1. Watu wasio na VVU na walio katika hatari ya maambukizi ya VVU 2. Sijui
KPR5	Ikiwa umewahi kusikia kuhusu PrEP kabla, je, umewahi kutumia PrEP?	0. Hapana 1. Ndio

		Ikiwa NDIO, Ruka swali la KPR 12
KPR6	Je, umewahi kuzungumza kuhusu PrEP na marafiki au jamaa zako?	0. Hapana 1. Ndio
KPR7	Je, umewahi kuzungumza kuhusu PrEP na mfanyakazi wa huduma za afya?	0. Hapana 1. Ndio
KPR8	Je, una marafiki, jamaa au watu unaojua wanaotumia PrEP?	0. Hapana 1. Ndio
KPR9	Je, ungekuwa tayari kutumia PrEP zaidi kama ungekuwa na taarifa zaidi?	0. Hapana 1. Ndio
KPR 10	Je, ungekuwa tayari kutumia PrEP zaidi kama ingepatikana dukani bila hitaji la daktari?	0. Hapana 1. Ndio
KPR11	Ulipata taarifa kuhusu PrEP kupitia vyanzo vipi?	
KPR11a	Mtandao	0. Hapana 1. Ndio
KPR11b	TV	0. Hapana 1. Ndio
KPR11c	Vipeperushi	0. Hapana 1. Ndio
KPR11d	Chaneli za taasisi (Shule, Chuo Kikuu, Wizara ya Afya, …	0. Hapana 1. Ndio
KPR11e	Mashirika	0. Hapana 1. Ndio
KPR11f	Marafiki, jamaa, na watu unaojua	0. Hapana 1. Ndio
KPR11g	wenza	0. Hapana 1. Ndio
KPR11 h	Daktari wa kawaida	0. Hapana 1. Ndio

KPR11i	Daktari bingwa	0. Hapana 1. Ndio
KPR11j	Kingine (taja)	……..
KPR12	Ni sababu zipi zilikufanya kutotumia PrEP?	
KPR12a	Gharama kubwa sana	0. Hapana 1. Ndio
KPR12b	Ni ngumu kununua	0. Hapana 1. Ndio
KPR12c	Hofu ya kutengwa	0. Hapana 1. Ndio
KPR12d	Hofu ya madhara ya ziada	0. Hapana 1. Ndio
KPR12e	Nadhani haitoi matokeo bora	0. Hapana 1. Ndio
KPR12f	Siko katika hatari	0. Hapana 1. Ndio
KPR12g	Kingine (taja)	…….
O. MATUMIZI SAHIHI YA DAWA		
MEA1	Je, ndani ya siku 30 zilizopita, ni siku ngapi umekosa kutumia angalau dozi moja ya dawa zako za matatibu ya VVU? (Andika namba za siku kati ya 0 na 30)	_____Siku
MEA2	Je, ndani ya siku 30 zilizopita, ni kwa kiwango gani umefanya kazi nzuri ya kumeza dawa zako za matibabu ya VVU kama ulivyotakiwa?	1. Vibaya sana 2. Vibaya 3. Kawaida 4. Vizuri 5. Vizuri kiasi 6. Vizuri sana

MEA3	Je, ndani ya siku 30 zilizopita, ni mara ngapi umetumia dawa zako za matibabu ya VVU kwa vile ulivyotakiwa?	1. Sijawahi 2. Kwa nadra 3. Mara chache 4. Kawaida 5. Karibia mara zote 6. Mara zote
VLD1 (a+b)	Majibu ya kipimo cha wingi wa VVU na CD4 katika kipindi cha miezi 6 iliyopita yalikuweje? (Tazama jawabu kutoka kwenye kadi ya mgonjwa ya CTC?	_____/_____
VLD2	Kipimo cha wingi wa VVU kilifanyika kabla ya wewe kutoa taarifa juu ya hali yako ya maambuki?	2. Hapana 3. Ndio

P. HOFU/WASIWASI

Katika wiki mbili zilizopita, umekuwa ukisumbuliwa na matatizo yafuatayo mara ngapi?	Sio kabisa	Siku kadhaa	Zaidi ya nusu ya siku	Karibu kila siku
1.Kujisikia hofu au kuwa na wasiwasi.	0	1	2	3
2. Kutoweza kuzuia au kudhibiti wasiwasi	0	1	2	3
3. Kuwa na wasiwasi mwingi kuhusu mambo mbalimbali	0	1	2	3
4. Matatizo ya kupumzika au kuwa na utulivu	0	1	2	3
5.Kuwa na wasiwasi kiasi kwamba ni vigumu kutulia shemu moja.	0	1	2	3
6.Kukasirishwa haraka au kuwa na hasira kwa urahisi	0	1	2	3
7. Kujisikia hofu, kana kwamba jambo baya linaweza kutokea	0	1	2	3

K. UNYANYAPAA UNAOHUSIANA NA VVU

Ninakwenda kukuuliza maswali mengine kuhusu HIV na mitazamo ambayo watu wengine wanaweza kuwa nayo. Tunafanya hivi ili kukusanya taarifa muhimu ili kuelewa vyema masuala haya na ikiwa masuala haya yanahitaji umakini zaidi kati ya vikundi vya wanawake wanaoishi na HIV

UNYANYAPAA BINAFSI					
CODE	MASWALI	Sikubaliani sana [1]	Sikubaliani [2]	Ninakubaliana [3]	Ninakubaliana sana [4]
PST1	Watu ninaowajali wamesitisha kunipigia baada ya kujua nina VVU.	1	2	3	4
PST2	Nimepoteza marafiki kwa kuwaambia nina VVU	1	2	3	4
PST3	Watu wengine hujizuia kunigusa mara wanapojua nina VVU	1	2	3	4
UNYANYAPAA UNAOHUSIANA NA UTOAJI WA TAARIFA YA MAAMBUKIZI					
DCS1	Kuwambia mtu nina VVU ni hatari.	1	2	3	4
DCS2	Nafanya kazi kubwa kuficha hali yangu ya kuwa na VVU.	1	2	3	4
DCS3	Niko makini sana na ni nani ninayemwambia nina VVU	1	2	3	4
Hofu Kuhusu Mitazamo ya Umma					

CST1	Watu wenye HIV wanatendewa kama wahalifu	1	2	3	4
CST2	Watu wengi wanaamini mtu aliye na VVU ni mchafu	1	2	3	4
CST3	Watu wengi wanajisikia kutokuwa na amani kukaa karibu na mtu aliye na VVU	1	2	3	4
Taswira binafsi Mbaya					
NST1	Najisikia hatia kwa sababu nina VVU.	1	2	3	4
NST2	Mitazamo ya watu kuhusu VVU inanifanya nijihisi vibaya zaidi kuhusu nafsi yangu	1	2	3	4
NST3	Najisikia kama si mtu mzuri kama wengine kwa sababu nina VVU	1	2	3	4

L. Msongo wa Mawazo

Tafadhali eleza kwa kila moja ya taarifa hizi tano ambayo inakaribia jinsi ulivyohisi katika kipindi cha wiki mbili zilizopita. Kumbuka kwamba nambari kubwa zinamaanisha hali bora ya ustawi.

Mfano: Ikiwa umekuwa ukijihisi kuwa na furaha na kuwa katika hali nzuri zaidi ya nusu ya wakati katika wiki mbili zilizopita, chagua nambari tatu.

Tafadhali jibu kila kipengele kuhusu jinsi ulivyohisi katika kipindi cha wiki mbili zilizopita		Wakati wote	Mara nyingi	Zaidi ya nusu ya wakati	Chini ya nusu ya wakati	Wakati mwingine	Hakuna wakati
WHO1	Nimejihisi kuwa na furaha na katika hali nzuri.	5	4	3	2	1	0
WHO2	Nimejihisi kuwa mtulivu na kupumzika.						
WHO3	Nimejihisi kuwa na nguvu na uhai.						
WHO4	Nimeamka nikihisi niko safi na kupumzika.						
WHO5	Maisha yangu ya kila siku yamejaa mambo yanayonivutia						

ASANTE SANA KWA KUSHIRIKI KATIKA HII TAFITI