

# Essential Mineral Content (Fe, Mg, P, Mn, K, Ca, and Na) in Five Wild Edible Species of *Lactarius* Mushrooms from Southern Spain and Northern Morocco: Reference to Daily Intake

Alejandro R. López <sup>1,a</sup>, Marta Barea-Sepúlveda <sup>1,a</sup>, Gerardo F. Barbero <sup>1,\*</sup>, Marta Ferreiro-González <sup>1</sup>, José Gerardo López-Castillo <sup>2</sup>, Miguel Palma <sup>1</sup> and Estrella Espada-Bellido <sup>1,\*</sup>

## Supplementary Material



**Figure S1.** Map with the locations of the different sampling places of the studied mushrooms.

**Table S1.** Results of One-Way ANOVA test performed with a confidence level of 95% for quantified each essential metal in the *Lactarius* mushrooms collected in northern Morocco and southern Spain.

Essential metal	One-Way ANOVA
Fe	$F = 0.28$
	$p\text{-value} = 0.887$
Mg	$F = 2.17$
	$p\text{-value} = 0.122$
Mn	$F = 2.52$
	$p\text{-value} = 0.085$
Ca	$F = 1.09$
	$p\text{-value} = 0.398$
K	$F = 4.01$
	$p\text{-value} < 0.05$
P	$F = 3.72$
	$p\text{-value} < 0.05$
Na	$F = 7.72$
	$p\text{-value} < 0.05$