Supplementary Material

Promising, but Not Completely Conclusive—The Effect of L-Theanine on Cognitive Performance Based on the Systematic Review and Meta-Analysis of Randomized Placebo-Controlled Clinical Trials

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Table S1 List of excluded studies and exclusion reason

Primary exclusion reason	Reference number
Full text article not available, abstract	[1] – [6]
Not a human clinical study or not a double blind randomised controlled trial with L-theanine	[7] – [19]
Does not correspond to the PICO requirements	[20] – [63]

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