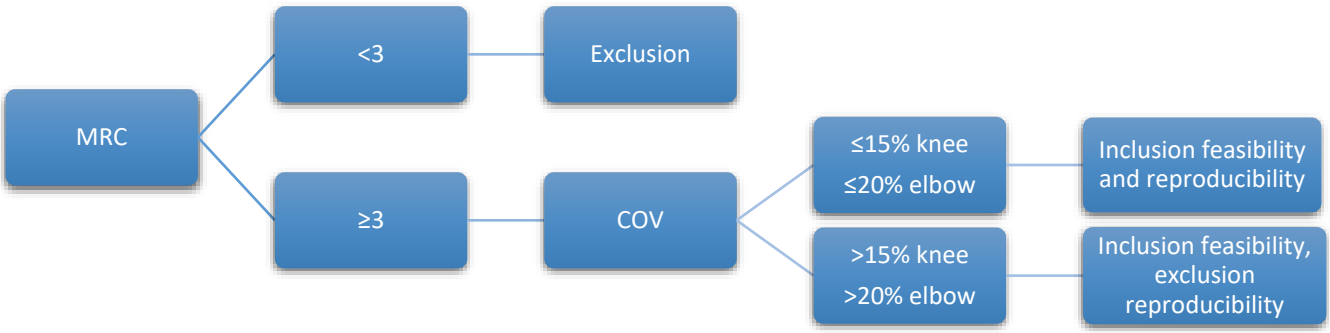

Figure S1. Flowchart inclusion.

Table S1. Reasons for unsuccessful measurements.

Measurement	Reason for unsuccessful measurement	
	Unable to move force conductor/start measurement	COV >15/20%
Isometric		
Knee extension	6/7 (86%)	1/7 (14%)
Knee flexion	6/8 (75%)	2/8 (25%)
Elbow extension	3/4 (75%)	1/4 (25%)
Elbow flexion	6/8 (75%)	2/8 (25%)
Isokinetic		
Knee extension	9/9 (100%)	0/9 (0%)
Knee flexion	10/16 (63%)	6/16 (37%)
Elbow extension	16/22 (73%)	6/22 (27%)
Elbow flexion	24/30 (80%)	6/30 (20%)
Total	80/104 (77%)	24/104 (23%)