

SUPPLEMENTARY MATERIAL

Table S1. Outpatient cost categories and mean number of outpatient contacts per patient per intervention group with 95% confidence intervals.

Resource use (average unit price)	WA		HSEP		SEP	
	Mean contacts	(95% CI)	Mean cont acts	(95% CI)	Mean contacts	(95% CI)
Doctor contact (€ 328)	3.1	(2.6 - 3.7)	2.8	(2.2 - 3.2)	2.8	(2.4 - 3.3)
Nurse contact (€ 91)	0.4	(0.2 - 0.6)	0.3	(0.2 - 0.5)	0.8	(0.5 - 1.1)
Physiotherapist contact (€ 64)	3.7	(3.3 - 4.0)	6.2	(5.7 - 6.7)	37.7	(30.8 - 44.6)

Table S2. Cost-effectiveness analysis based on multiple imputation analysis for HSEP vs. WA, SEP vs. WA, and HSEP versus WA.

Comparison	Incremental cost (95% CI)	Incremental QALYs (95% CI)*	Cost-effectiveness ratio
HSEP vs. WA	€39.57 (-1,194.83–1,273.97)	0.01 (-0.04–0.06)	€7,960 per QALY
SEP vs. WA	€2,837.94 (1,112.64–4,563.25)	0.001 (-0.03–0.03)	€1,964,380 per QALY
SEP vs. HSEP	€2,798.37 (1,273.69–4,323.05)	-0.0001 (-0.03–0.03)	HSEP dominates**

* Based on regression analysis controlling for baseline HRQoL score. ** HSEP has lower costs and better health outcomes (although the latter is not statistically significant).