

Influence of Sociodemographic, Premorbid, and Injury-Related Factors on Post-traumatic Stress, Anxiety, and Depression after Traumatic Brain Injury – Online Supplement S2

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Table of Contents

Literary Review	2
Additional Information on Methods and Results	10
Additional Information on Methods	10
Regression Models	10
Descriptive Analyses	14
Additional Information on Results.....	16
Regression Models	16
Correlations between PROM scores across Psychopathological Domains	18
Correlations between Three-Month and Six-Month PROM Scores	18
Endorsement of Psychopathological Symptoms.....	18
Analyses without exclusions.....	22
References	32

Literary Review

Table S1. Literary review on factors associated with psychopathological outcomes in adult civilians after TBI (adapted from [1]).

Factor	PTSD	Anxiety	Depression
Age	<p>Increased risk of new-onset depression and PTSD in older adults [2]</p> <p>Anxiety-related disorders (including PTSD) were associated with <i>female sex</i> and <i>lower functional recovery</i>. No significant effect of age, employment, marital status, and length of LOC [3]</p> <p>age-group*sex was associated with six-month PTSD in young adults after mild TBI; compared with <i>females 30-39y., males 18-29y. and males 30-39y</i> had decreased PTSD symptomatology [4]</p> <p>Age at injury, gender, and years of education did not differ significantly between participants with and without injury-related PTSD after moderate to severe TBI [5]</p> <p>Age at injury and years of education had no significant association with PTSD after TBI [6]</p>	<p>Significant anxiety and depression in patients aged 50 and above [7]</p> <p><i>Female gender, lower education, unemployment</i> were associated with depression after TBI. <i>Unemployment and older age</i> were associated with anxiety after TBI [8]</p> <p>Anxiety was associated with <i>lower functional recovery</i>. No significant effect of age, female sex, employment, marital status, and length of LOC [3]</p> <p>Younger age was related to more severe GAD [9]</p> <p>Middle age, lower education, and preinjury mental health treatment were risk factors for later anxiety after moderate to severe TBI [10]</p>	<p>Increased risk of new-onset depression and PTSD in older adults [2]</p> <p>Significant anxiety and depression in patients aged 50 and above [7]</p> <p>Risk of MDD after TBI was associated with <i>history of MDD</i> prior to injury and older age [11]</p> <p>Depression was associated with <i>lower functional recovery</i>. No significant effect of age, female sex, employment, marital status, and length of LOC with depression after TBI [3]</p> <p>No significant association of MDD with <i>gender, age, education level, working status, or marital status</i> after severe TBI [12]</p>
Sex/Gender	<p>Worse outcomes in women than men (<i>depression, PTSD</i>) [13]</p> <p>Higher PTSD risk in men compared to women after TBI [14]</p> <p>Anxiety-related disorders (including PTSD) were associated with female sex and <i>lower functional recovery</i>. No significant effect of age, employment, marital status, and length of LOC [3]</p>	<p>Higher risk for anxiety and depressive disorders after TBI in females, those <i>without employment, and those with psychiatric history</i> before TBI [18]</p> <p>Women reported <i>more MDD symptoms and more GAD symptoms</i> than men after TBI [19]</p> <p>Anxiety was associated with <i>lower functional recovery</i>. No significant effect of age, female</p>	<p>Higher risk for anxiety and depressive disorders after TBI in females, those <i>without employment, and those with psychiatric history</i> before TBI [18]</p> <p>Women reported more MDD symptoms and more GAD symptoms than men after TBI [19]</p> <p>Female gender, lower education, unemployment were associated with depression after TBI.</p>

Factor	PTSD	Anxiety	Depression
	<p>A less favorable PTSD trajectory was associated with female gender, <i>TBI severity (i.e., mild TBI)</i>, and <i>admission to ICU</i> [15]</p> <p>Female gender, <i>LOC</i> and <i>intentional injury cause</i> (e.g., assault) predicted PTSD after TBI [16]</p> <p>No significant TBI:sex interaction for PTSD symptoms, nor <i>anxiety</i> and <i>depression</i> [17]</p> <p>age-group*sex was associated with six-month PTSD in young adults after mild TBI; compared with <i>females 30-39y.</i>, <i>males 18-29y.</i> and <i>males 30-39y</i> had <i>decreased PTSD symptomatology</i> [4]</p> <p><i>Age at injury</i>, gender, and <i>years of education</i> did not differ significantly between participants with and without injury-related PTSD after moderate to severe TBI [5]</p>	<p>sex, <i>employment</i>, <i>marital status</i>, and length of <i>LOC</i> [3]</p> <p>No significant TBI:sex interaction for <i>PTSD symptoms</i>, nor for anxiety and <i>depression</i> [17]</p>	<p><i>Unemployment</i> and <i>older age</i> were associated with <i>anxiety</i> after TBI [8]</p> <p>Higher depression after TBI was associated with <i>more severe TBI</i> and female gender. <i>Depression severity</i> was associated with <i>injury cause</i> [20]</p> <p>No significant association of MDD with gender, <i>age</i>, <i>education level</i>, <i>working status</i>, or <i>marital status</i> after severe TBI [12]</p> <p>No significant TBI:sex interaction for <i>PTSD symptoms</i>, nor <i>anxiety</i> and depression [17]</p> <p><i>Depression</i> was associated with <i>lower functional recovery</i>. No significant effect of <i>age</i>, female sex, <i>employment</i>, <i>marital status</i>, and length of <i>LOC</i> [3]</p>
Education	<p>Association of lower educational level with greater <i>depression</i>, <i>anxiety</i>, PTSD severity [17]</p> <p>PTSD after TBI was associated with lower education, <i>premorbid mental disorder</i>, and <i>injury cause</i> (i.e., assault, violence). <i>No significant effect</i> of duration of <i>LOC</i> [21]</p> <p>Reduced odds for PTSD screening after TBI were associated with more years of education and in <i>married</i> individuals. <i>Higher odds</i> for <i>PTSD</i> screening after TBI were associated with <i>prior psychiatric history</i> and <i>TBI cause</i> [22]</p> <p><i>Age at injury</i>, <i>gender</i>, and years of education did not differ significantly between</p>	<p>Association of lower educational level with greater <i>depression</i>, anxiety, <i>PTSD</i> severity [17]</p> <p><i>Middle age</i>, lower education, and <i>preinjury mental health treatment</i> were risk factors for later anxiety after moderate to severe TBI [10]</p> <p>Significant associations of lower education with higher anxiety and <i>depression</i> after TBI rarely reported (3/20 studies in review) [18]</p>	<p>Association of lower educational level with greater depression, <i>anxiety</i>, <i>PTSD</i> severity [17]</p> <p><i>Female gender</i>, lower education, <i>unemployment</i> were associated with depression after TBI. <i>Unemployment</i> and <i>older age</i> were associated with <i>anxiety</i> after TBI [8]</p> <p>Significant associations of lower education with higher <i>anxiety</i> and depression after TBI rarely reported (3/20 studies in review) [18]</p> <p>No significant association of MDD with <i>gender</i>, <i>age</i>, education level, <i>working status</i>, or <i>marital status</i> after severe TBI [12]</p>

Factor	PTSD	Anxiety	Depression
	<p>participants with and without injury-related PTSD after moderate to severe TBI [5]</p> <p><i>Age at injury</i> and years of education had no significant association with PTSD after TBI [6]</p>		<p>MDD after TBI was associated with lower education and <i>premorbid mental disorder</i>. <i>No significant effect of injury cause</i> (i.e., assault, violence) and duration of LOC [21]</p>
Employment	<p>Anxiety-related disorders (including PTSD) were associated with <i>female sex</i> and <i>lower functional recovery</i>. No significant effect of <i>age</i>, employment, <i>marital status</i>, and length of LOC [3]</p>	<p>Anxiety was associated with <i>lower functional recovery</i>. No significant effect of <i>age</i>, <i>female sex</i>, employment, <i>marital status</i>, and length of LOC [3]</p> <p><i>Female gender</i>, <i>lower education</i>, <i>unemployment</i> were associated with <i>depression</i> after TBI. Unemployment and <i>older age</i> were associated with anxiety after TBI [8]</p> <p>Higher risk for anxiety and <i>depressive disorders</i> after TBI in <i>females</i>, those without employment, and those <i>with psychiatric history before TBI</i> [18]</p> <p>Stable employment was associated with no anxiety or <i>depression</i> after TBI [23]</p>	<p><i>Depression</i> was associated with <i>lower functional recovery</i>. No significant effect of <i>age</i>, <i>female sex</i>, employment, <i>marital status</i>, and length of LOC with depression after TBI [3]</p> <p><i>Female gender</i>, <i>lower education</i>, unemployment were associated with depression after TBI. <i>Unemployment</i> and <i>older age</i> were associated with anxiety after TBI [8]</p> <p>Higher risk for anxiety and depressive disorders after TBI in <i>females</i>, those without employment, and those <i>with psychiatric history before TBI</i> [18]</p> <p>Stable employment was associated with no anxiety or depression after TBI [23]</p> <p>No significant association of MDD with <i>gender</i>, <i>age</i>, <i>education level</i>, working status, or <i>marital status</i> after severe TBI [12]</p>

Factor	PTSD	Anxiety	Depression
Living situation/ Marital status	<p>Anxiety-related disorders (including PTSD) were associated with <i>female sex</i> and <i>lower functional recovery</i>. No significant effect of <i>age, employment, marital status</i>, and length of LOC [3]</p> <p>Living alone was an independent predictor of <i>depression</i> and/or PTSD after TBI. <i>Depression</i> and <i>PTSD</i> were associated with a significantly <i>decreased functional outcome</i> [24]</p> <p>Reduced odds for PTSD screening after TBI were associated with <i>more years of education</i> and in married individuals. <i>Higher odds</i> for <i>PTSD</i> screening after TBI were associated with <i>prior psychiatric history</i> and <i>TBI cause</i> [22]</p>	<p>Anxiety was associated with <i>lower functional recovery</i>. No significant effect of <i>age, female sex, employment, marital status</i>, and length of LOC [3]</p>	<p><i>Depression</i> was associated with <i>lower functional recovery</i>. No significant effect of <i>age, female sex, employment, marital status</i>, and length of LOC with depression after TBI [3]</p> <p>Living alone was an independent predictor of depression and/or <i>PTSD</i> after TBI. <i>Depression</i> and <i>PTSD</i> were associated with a significantly <i>decreased functional outcome</i> [24]</p> <p>Participants that were either single or no longer married had worse depression prognoses [25]</p> <p>No significant association of MDD with <i>gender, age, education level, working status</i>, or marital status after severe TBI [12]</p>
Premorbid psychological problems	<p>PTSD after TBI was associated with <i>lower education, premorbid mental disorder</i>, and <i>injury cause</i> (i.e., assault, violence). <i>No significant effect</i> of duration of LOC [21]</p> <p><i>Reduced odds</i> for <i>PTSD</i> screening after TBI were associated with <i>more years of education</i> and in <i>married</i> individuals. Higher odds for PTSD screening after TBI were associated with prior psychiatric history and <i>TBI cause</i> [22]</p> <p>The most important risk factor associated with <i>depression</i> and PTSD was lifetime history of any psychiatric disorder [26]</p>	<p>Pre-injury mental health treatment as a risk factor for developing higher and more persistent levels of anxiety during 10 years after TBI [27]</p> <p>Higher risk for anxiety and <i>depressive disorders</i> after TBI in <i>females</i>, those <i>without employment</i>, and those with psychiatric history before TBI [18]</p> <p><i>Middle age, lower education</i> and preinjury mental health treatment were risk factors for later anxiety after moderate to severe TBI [10]</p>	<p>MDD after TBI was associated with <i>lower education</i> and premorbid mental disorder. <i>No significant effect</i> of <i>injury cause</i> (i.e., assault, violence) and duration of LOC [21]</p> <p>Higher risk for anxiety and depressive disorders after TBI in <i>females</i>, those <i>without employment</i>, and those with psychiatric history before TBI [18]</p> <p>Risk of MDD after TBI was associated with history of MDD prior to injury and <i>older age</i> [11]</p> <p>The most important risk factor associated with depression and <i>PTSD</i> was lifetime history of any psychiatric disorder [26]</p>

Factor	PTSD	Anxiety	Depression
TBI cause	<p>Road traffic accidents and other injury causes (vs falls) were associated with greater PTSD symptom severity and <i>higher anxiety</i> [17]</p> <p>PTSD after TBI was associated with <i>lower education, premorbid mental disorder, and injury cause</i> (i.e., assault, violence). <i>No significant effect</i> of duration of LOC [21]</p> <p><i>Female gender, LOC</i> and intentional injury cause (e.g., assault) predicted PTSD after TBI [16]</p> <p><i>Reduced odds</i> for PTSD screening after TBI were associated with <i>more years of education</i> and in <i>married</i> individuals. Higher odds for PTSD screening after TBI were associated with <i>prior psychiatric history</i> and TBI cause [22]</p> <p>Injury cause (i.e., assault) significantly associated with PTSD scores after TBI [28]</p>	<p>Road traffic accidents and other injury causes (vs falls) were associated with <i>greater PTSD symptom severity</i> and higher anxiety [17]</p> <p>The <i>relationship</i> between <i>injury severity</i> and anxiety after TBI was moderated by TBI cause [10]</p>	<p><i>Higher depression</i> after TBI was associated with <i>more severe TBI</i> and <i>female gender</i>. Depression severity was associated with injury cause [20]</p> <p>MDD after TBI was associated with <i>lower education</i> and <i>premorbid mental disorder</i>. No significant effect of injury cause (i.e., assault, violence) and duration of LOC [21]</p>
TBI severity	<p>No clear effect of TBI severity on development of the PTSD [29]</p> <p><i>Anxiety disorders</i> were <i>more likely</i> to develop in those with <i>mild TBI</i>. PTSD has been reported to be associated with TBI, regardless of injury severity [30]</p> <p>The evidence for an association of an <i>increased severity of the TBI</i> with an <i>increased risk of psychiatric disorders</i> was <i>mixed</i> for all disorders (including GAD and MDD), except for PTSD (i.e., increased risk of PTSD with milder TBI) [31]</p>	<p>Increased anxiety and <i>depression</i> in <i>females</i> and patients with more severe TBI [33]</p> <p>Anxiety disorders were more likely to develop in those with mild TBI. PTSD has been reported to be associated with TBI, <i>regardless of injury severity</i> [30]</p> <p>The evidence for an association of an increased severity of the TBI with an increased risk of psychiatric disorders was mixed for all disorders (including GAD and MDD), except for PTSD (i.e., <i>increased risk of PTSD</i> with <i>milder TBI</i>) [31]</p>	<p>Increased <i>anxiety</i> and depression in <i>females</i> and patients with more severe TBI [33]</p> <p>The evidence for an association of an increased severity of the TBI with an increased risk of psychiatric disorders was mixed for all disorders (including GAD and MDD), except for PTSD (i.e., <i>increased risk of PTSD</i> with <i>milder TBI</i>) [31]</p> <p>Higher depression after TBI was associated with more severe TBI and <i>female gender</i>. <i>Depression severity</i> was associated with <i>injury cause</i> [20]</p>

Factor	PTSD	Anxiety	Depression
	<p>TBI severity was <i>related</i> to the degree of <i>depression</i> and <i>anxiety</i>, but unrelated to PTSD [32].</p> <p>A less favorable PTSD trajectory was associated with <i>female gender</i>, TBI severity (mild TBI), and <i>admission to ICU</i> [15]</p>	<p>TBI severity was related to the degree of <i>depression</i> and anxiety, but <i>unrelated</i> to <i>PTSD</i> [32].</p> <p>The relationship between injury severity and anxiety after TBI was <i>moderated</i> by <i>TBI cause</i> [10]</p>	<p>TBI severity was related to the degree of depression and <i>anxiety</i>, but <i>unrelated</i> to <i>PTSD</i> [32].</p>
LOC	<p>Anxiety-related disorders (including PTSD) were associated with <i>female sex</i> and <i>lower functional recovery</i>. No significant effect of <i>age</i>, <i>employment</i>, <i>marital status</i>, and length of LOC [3]</p> <p><i>Female gender</i>, LOC, and <i>intentional injury cause</i> (e.g., assault) predicted PTSD after TBI [16]</p> <p>PTSD after TBI was associated with <i>lower education</i>, <i>premorbid mental disorder</i>, and <i>injury cause</i> (i.e., assault, violence). No significant effect of duration of LOC [21]</p> <p>Debatable effect of LOC in the relationship of PTSD and TBI [34]</p>	<p>Anxiety was associated with <i>lower functional recovery</i>. No significant effect of <i>age</i>, <i>female sex</i>, <i>employment</i>, <i>marital status</i>, and length of LOC [3]</p>	<p><i>Depression</i> was associated with <i>lower functional recovery</i>. No significant effect of <i>age</i>, <i>female sex</i>, <i>employment</i>, <i>marital status</i>, and length of LOC with depression after TBI [3]</p> <p>MDD after TBI was associated with <i>lower education</i> and <i>premorbid mental disorder</i>. No significant effect of <i>injury cause</i> (i.e., assault, violence) and duration of LOC [21]</p>
Extracranial injuries	<p>There was a significant negative association between extracranial injuries and PTSD symptoms [35].</p> <p>Patients suffering from extracranial injuries after TBI reported significantly worse PTSD and <i>MDD symptoms</i> [28]</p> <p>Presence of physical injuries increases the risk of developing of PTSD after TBI [36]</p>	<p>Higher risk for <i>more severe MDD</i> and GAD for those being <i>more severely disabled</i>, having experienced major extracranial injuries, <i>an intensive care unit stay</i>, and being <i>female</i> [9]</p>	<p>Higher risk for more MDD and <i>GAD</i> for those being <i>more severely disabled</i>, having experienced major extracranial injuries, <i>an intensive care unit stay</i>, and being <i>female</i> [9]</p> <p>Patients suffering from extracranial injuries after TBI reported significantly worse PTSD and MDD symptoms [28]</p> <p>Everyday functioning including depression was influenced by concomitant extracranial injuries after mild TBI [38]</p>

Factor	PTSD	Anxiety	Depression
	There was no relationship of extra-cranial injury severity with <i>MDD</i> or PTSD after mild to moderate TBI [37]		There was no relationship of extra-cranial injury severity with MDD or <i>PTSD</i> after mild to moderate TBI [37]
Clinical care pathways	<p>A less favorable PTSD trajectory was associated with <i>female gender</i>, <i>TBI severity</i> (mild TBI), and admission to ICU [15]</p> <p>Higher risk to develop PTSD for injury patients (including TBI) admitted to an ICU [39]</p>	Higher risk for more severe MDD and GAD for those being <i>more severely disabled</i> , having experienced <i>major extracranial injuries</i> , an ICU stay , and being <i>female</i> [9]	Higher risk for more MDD and GAD for those being <i>more severely disabled</i> , having experienced <i>major extracranial injuries</i> , an ICU stay , and being <i>female</i> [9]
Functional recovery	<p>Anxiety-related disorders (including PTSD) were associated with <i>female sex</i> and lower functional recovery. <i>No significant effect of age, employment, marital status, and length of LOC</i> [3]</p> <p>Lower functional status was associated with greater odds of PTSD after moderate to severe TBI [5]</p> <p><i>Living alone</i> was an independent <i>predictor of depression and/or PTSD</i> after TBI. <i>Depression and PTSD</i> were associated with a significantly decreased functional outcome [24]</p> <p>Inconclusive results on the relationship between psychiatric conditions such as <i>depression</i> and PTSD with (long-term) outcome and recovery after mild TBI [40]</p>	<p>Anxiety was associated with lower functional recovery. <i>No significant effect of age, female sex, employment, marital status, and length of LOC</i> [3]</p> <p>Changes in functional status predicted <i>depression</i> and anxiety after TBI [41]</p> <p>Participants showing poorer functional outcome showed higher levels of anxiety [42]</p>	<p>Depression was associated with lower functional recovery. <i>No significant effect of age, female sex, employment, marital status, and length of LOC with depression</i> after TBI [3]</p> <p>Changes in functional status predicted depression and <i>anxiety</i> after TBI [41]</p> <p><i>Living alone</i> was an independent <i>predictor of depression and/or PTSD</i> after TBI. Depression and <i>PTSD</i> were associated with a significantly decreased functional outcome [24]</p> <p>Inconclusive results on the relationship between psychiatric conditions such as depression and <i>PTSD</i> with (long-term) outcome and recovery after mild TBI [40]</p>

Note. TBI = traumatic brain injury, PTSD = Post-traumatic Stress Disorder, GAD = Generalized Anxiety Disorder, MDD = Major Depressive Disorder, ISS = total injury severity score, ICU = intensive care unit, LOC = loss of consciousness; **bold** entries = association between respective factor and the psychopathological outcome, *italic* entries = association between respective factors and other psychopathological outcomes.

Additional Information on Methods and Results

Additional Information on Methods

Regression Models

Analyzing Psychopathological Screening Diagnoses. As a first step, binomial logistic regression (LR) models are employed, which have been frequently used to model outcomes after TBI [1,2]. Screening diagnoses (PTSD/GAD/MDD present vs. absent) based on the respective aforementioned clinical cutoffs (i.e., PCL-5 ≥ 31 ; GAD-7 ≥ 10 ; PHQ-9 ≥ 10) serve as dependent variables that are tested with regard to the influence of the aforementioned sociodemographic, premorbid, and injury-related factors as well as previously proposed interactions (i.e., sex:age, sex:LOC) [3]. Specifically, the LR models predict the probability of above-threshold levels of psychopathology. The overall model fit was assessed using Nagelkerke's R^2 [4] and area under the curve (AUC) [5]. Nagelkerke's R^2 can range from 0–1, with higher values indicating better model fit, and suggests the superior fit of the estimated model relative to an intercept-only null model. The AUC is used to evaluate the ability of the model to identify individuals above vs. below the clinical screening thresholds with regard to PTSD, GAD, and MDD. On the factor level, multicollinearity was examined based on the variance inflation factor (VIF) [6] and all VIFs were below the proposed cutoff of ten, indicating the absence of pronounced multicollinearity. Finally, OR with 95%-confidence intervals (CI) were calculated as an indicator of the association of the respective factor with the model outcome.

Upon further exploration, we found substantial overdispersion in all PROM scores, indicating that the observed variances exceeded the respective means. Additionally, the residuals for the average PROM scores were non-normally distributed, as evidenced by the observation of histograms and QQ-plots alongside Shapiro-Wilk tests ($p < .001$; see Figure S1, A–C). Therefore, we concluded that central assumptions for linear regression analyses were violated and the use of alternative non-linear models based on Negative Binomial (NB) distributions was more appropriate [7,8].

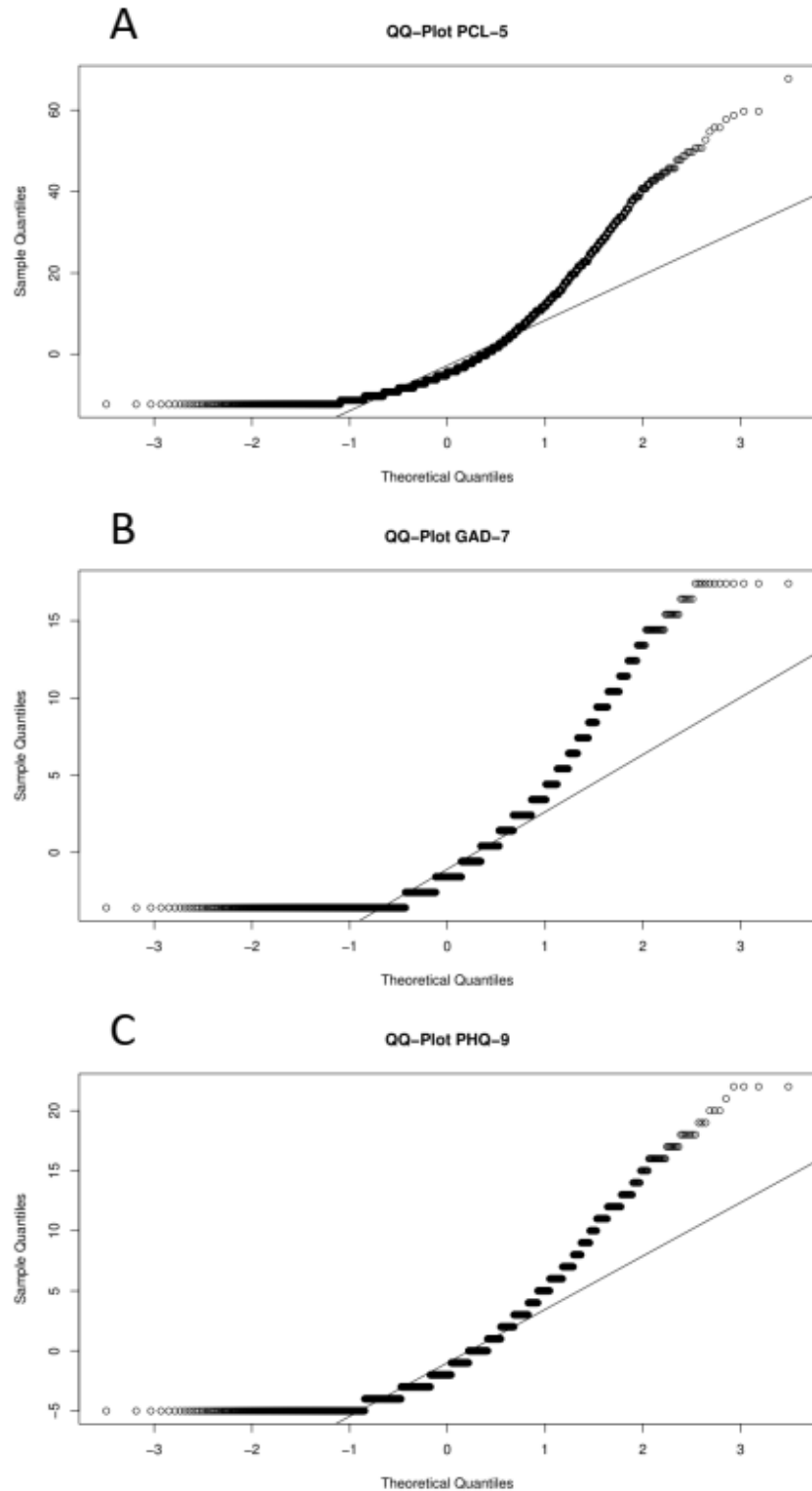


Figure S1. PCL-5, Posttraumatic Stress Disorder Checklist for DSM-5; GAD-7, Generalized Anxiety Disorder Scale 7; PHQ-9, Patient Health Questionnaire 9. The plots show the distribution of residuals for the PCL-5 score (A), the GAD-7 score (B), and the PHQ-9 score (C). Deviations from line indicate non-normal distribution.

Analyzing Count Data. Non-linear NB models are used to analyze non-negative count data [9] which can serve as targets in health research (e.g., number of clinical symptoms, days of hospitalization). For the current study, individuals' PROM scores were transposed to reflect the endorsement of clinical symptoms related to PTSD, GAD, or MDD in correspondence to the respective diagnostic criteria [10–12]. Based on previous recommendations, the response categories 2 (*moderately bothered*) to 4 (*extremely bothered*) in the PCL-5 [13] and 1 (*bothered on several days*) to 3 (*bothered nearly every day*) in the GAD-7 and the PHQ-9 [14] were collapsed. This resulted in the dichotomized coding of symptom endorsement (0 = symptom absent, 1 = symptom present) which was summarized into symptom counts for PTSD (0-20), GAD (0-7), and MDD (0-9). The respective distribution of these newly obtained count data was inspected using histograms (see Figure S2, A–C) and revealed a substantial proportion of individuals who did not indicate any clinical symptoms of PTSD (35.81%), GAD (33.40%), or MDD (19.86%).

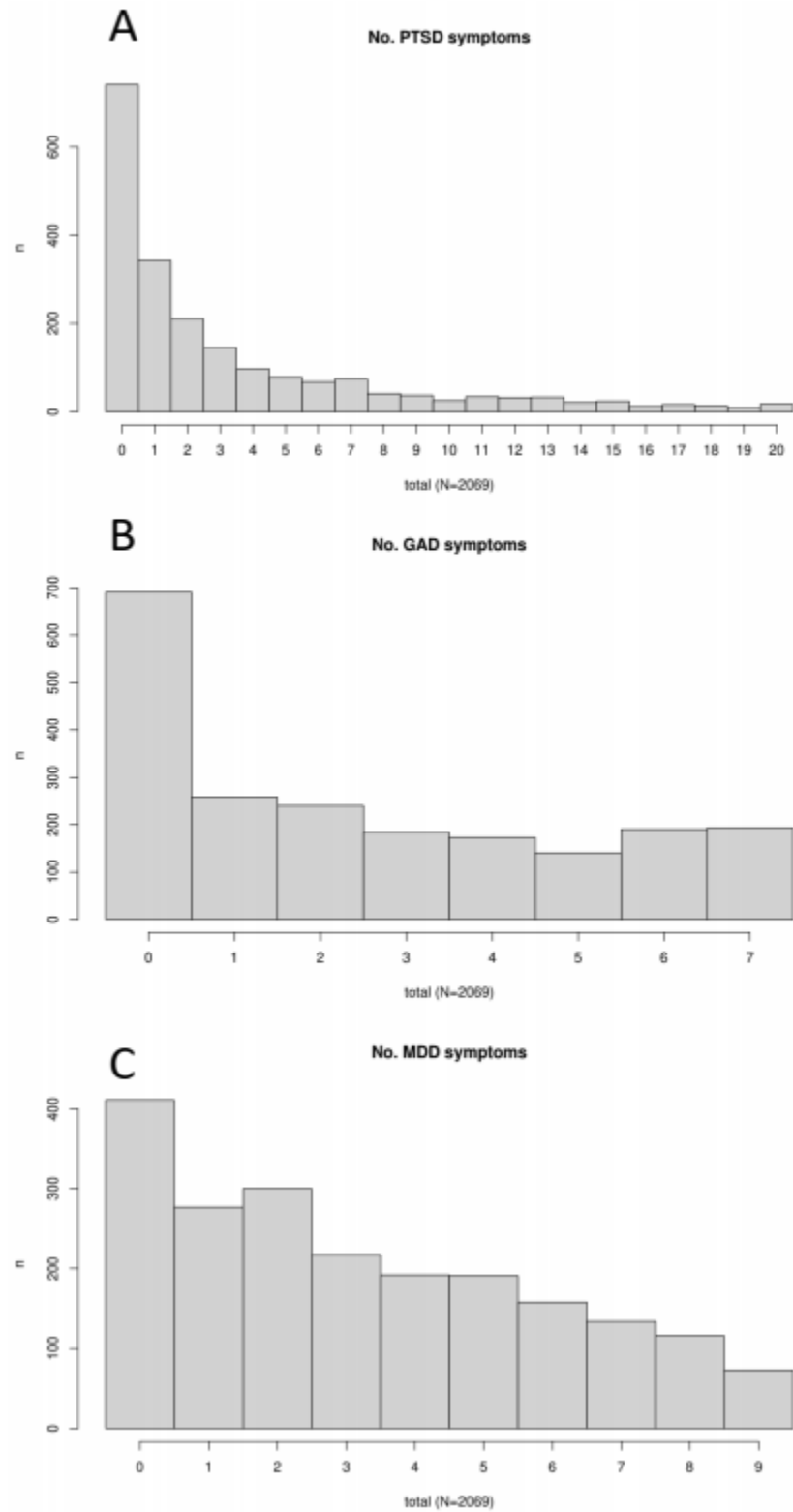


Figure S2. PTSD, Posttraumatic Stress Disorder; GAD, Generalized Anxiety Disorder; MDD, Major Depressive Disorder. The graphs show the distribution of symptoms of PTSD (A), GAD (B), and MDD (C) across the total sample. The size of bar graph indicates the number of cases.

Occurrence and Frequency of Psychopathological Symptoms. In order to account for these subgroups of individuals who did not experience psychopathological symptoms while also controlling for overdispersion and non-normally distributed residuals, the subsequent regression analyses employed univariate zero-inflated negative binomial regressions (ZINB) [3,15–17]. ZINB models assumed an underlying NB distribution in the data and comprised (1) a *zero*-part that estimated which factors were associated with the occurrence or absence of symptoms associated with PTSD, GAD, or MDD, and (2) a *count*-part focused on non-zero values that analyzed the effect of the factors on the frequency of symptoms associated with PTSD, GAD, or MDD. By employing maximum likelihood estimations, this method enabled the detection of factors that distinctly contributed to the occurrence and/or the frequency of psychopathological symptoms after TBI. For more details, see Lambert (1999) [18].

Three univariate ZINB models were fitted which each targeted another psychopathological symptom count (PTSD, GAD, MDD) as the respective outcome variable. The factors included in these models comprised the aforementioned sociodemographic, premorbid, and injury-related factors. Multicollinearity between factors was examined based on the calculation of the VIF [6]. All VIFs were below the proposed cutoff of 10, indicating the absence of pronounced multicollinearity. The goodness-of-fit for all univariate ZINB models was evaluated by means of likelihood ratio tests with the log-likelihood (LogLik) serving as the statistical readout. Full-null model comparisons were carried out, where significant results ($p < .05$) would indicate superior fit of the respective regression model over the intercept-only model. Finally, the association of the individual factors with the respective model outcomes were evaluated based on OR with 95%-CI for the zero-part and rate ratios (RR) with 95%-CI in the count-part of the ZINB models. were calculated as an indicator of the association of the respective factor with the model outcome.

Intensity of Psychopathology. In addition to the models on the psychopathological symptoms, we investigated the effect of the aforementioned sociodemographic, premorbid, and injury-related factors on the intensity of individuals' psychopathological screenings using standard NB models [9,15]. Three univariate NB models were estimated with each PROM score (i.e., PCL-5, GAD-7, PHQ-9) serving as the respective outcome. These models included all aforementioned factors as well as previously proposed interactions (i.e., sex:age, sex:LOC) [3]. The corresponding model fit was estimated using likelihood ratio tests. Full-null model comparisons based on the log-likelihood (LogLik) value with statistical testing were conducted, where significant results ($p < .05$) would indicate that the tested model would outperform an intercept-only null model with regard to data description. Finally, the associations of the individual factors with the respective model outcomes were evaluated based on RR with 95%-CI.

Descriptive Analyses

Descriptive statistics were calculated for the sociodemographic, premorbid, injury-related, and psychopathological characteristics and include information on the sample size, missing data, counts, mean, standard deviation, skewness (*SK*), and kurtosis (*KU*). Preparatory data inspection aimed to identify potentially confounding inherent differences across

language groups with regard to psychopathological outcomes. Descriptive analyses revealed values of *SK* and *KU* outside of the acceptable ranges (i.e., $SK=\pm 1$; $KU=\pm 2$) [19] in all PROM scores (PCL-5: $SK=1.67$, $KU=5.74$; GAD-7: $SK=1.65$, $KU=5.48$; PHQ-9: $SK=1.42$, $KU=4.76$), suggesting that data distributions were largely skewed and asymmetrical. Hence, statistical comparisons of the PCL-5, GAD-7, and PHQ-9 total scores across language groups were conducted by applying non-parametrical Kruskal-Wallis tests alongside Bonferroni-corrected post-hoc Mann-Whitney U-tests suited for non-normally distributed data. Overall, we found significant differences between language subsamples in PCL-5 scores ($H(15)=56.48$, $p<.001$), GAD-7 scores ($H(15)=78.45$, $p<.001$), and PHQ-9 scores ($H(15)=37.48$, $p=.001$). Post-hoc tests revealed few significant differences with small to moderate effects ranging from 0.14 (PCL-5: Dutch—Italian) to 0.36 (PCL-5: French—Latvian). This indicated a reasonably low risk of confounding effects between the language groups. Therefore, no further exclusions were made from the total sample in the main analyses.

Additional Information on Results

Regression Models

The goodness-of-fit of ZINB models was examined using rootograms (see Figure S3, A–C). These rootograms revealed good model fit for PTSD symptoms. The model fit for symptoms of GAD and MDD overall was satisfactory with a tendency for over- or underfit particularly on the extreme ends of the count distribution. All ZINB models were superior to the respective intercept-only null models ($\text{LogLik} < .001$, $df=47$). Moreover, rootograms were compiled also to examine the goodness-of-fit of NB models on PROM scores, including the excess zeros (see Figure S3, D–F). Overall satisfactory fit was found with the majority of estimated deviations being within the threshold of ± 2 . A slight underestimation of zero values was observed for PCL-5 scores. This was expected since NB models are used to handle overdispersion but are not tailored to estimate excess zeros. Null-model comparisons showed that all NB models outperformed the respective intercept-only models at ($\text{LogLik} < .001$, $df=24$).

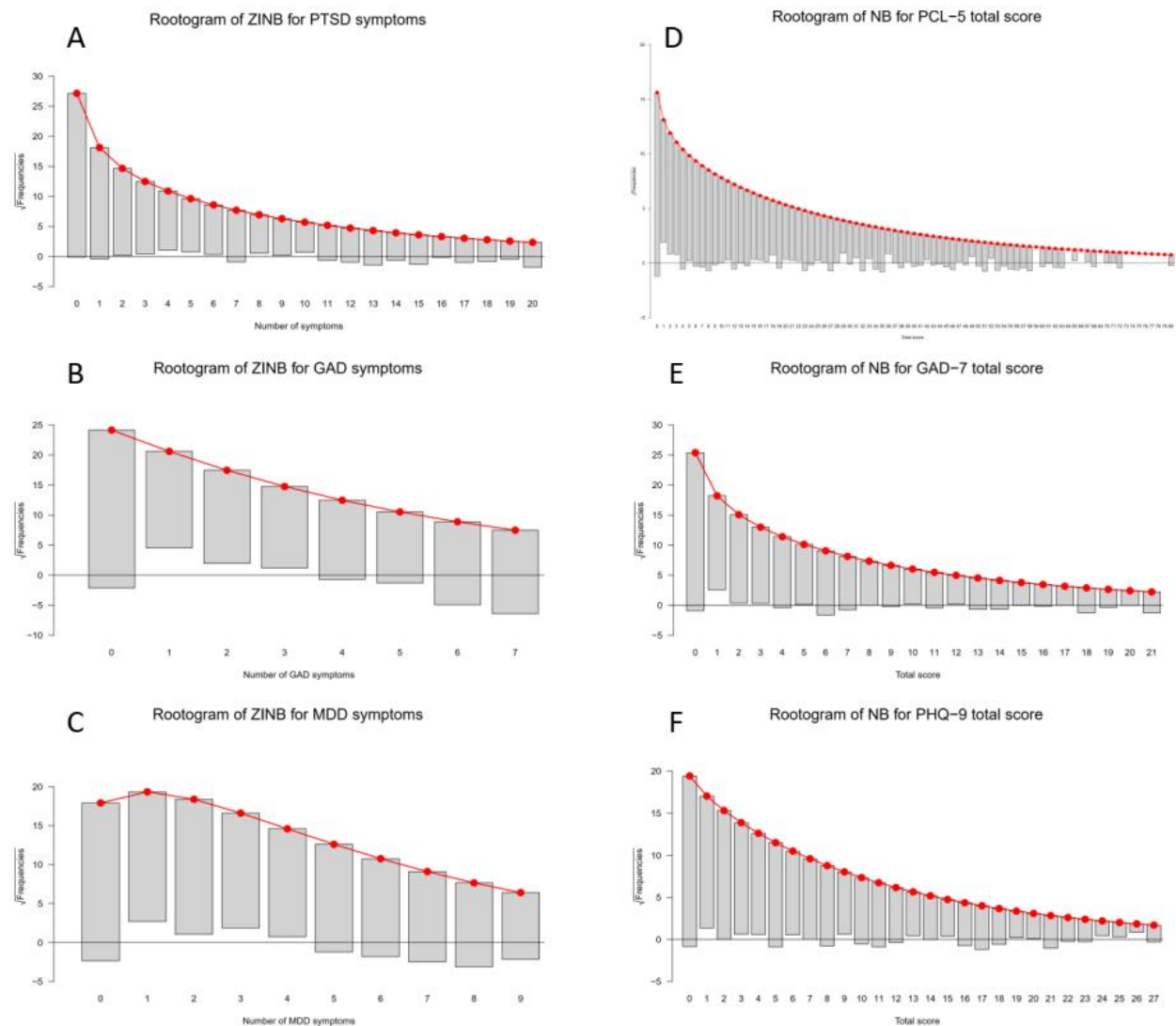


Figure S3. ZINB, Zero-Inflated Negative Binomial Model; PTSD, Posttraumatic Stress Disorder; GAD, Generalized Anxiety Disorder; NB, Negative Binomial Model; MDD, Major Depressive Disorder; PCL-5, Posttraumatic Stress Disorder Checklist for DSM-5; GAD-7, Generalized Anxiety Disorder Scale 7; PHQ-9, Patient Health Questionnaire 9. The Goodness-of-fit (observed and expected counts on a square-root scale) of the ZINBs for symptoms of PTSD (A), GAD (B), and MDD (C), as well as the NBs for PCL-5 scores (D), GAD-7 scores (E), and PHQ-9 scores (F). Frequencies exceeding ± 2 indicate highly over- or underestimated deviations between observed and expected counts.

Correlations between PROM scores across Psychopathological Domains

Individuals in the study sample indicated an average PCL-5 total score of 12.25 ($SD=13.64$), a GAD-7 total score of 3.59 ($SD=4.49$), and a PHQ-9 total score of 5.00 ($SD=5.30$) at six months post TBI. All paired Spearman rank correlations were significant ($p<.001$) with large effect sizes ($\rho=0.71$ – 0.77 ; see Table S2) [20].

Table S2. Correlational Analyses for psychopathological PROMs at three and six months after TBI

	GAD-7 (6M)	PHQ-9 (6M)	PCL-5 (3M)	GAD-7 (3M)	PHQ-9 (3M)
PCL-5 (6M)	0.707	0.725	0.730	-	-
GAD-7 (6M)	-	0.768	-	0.691	-
PHQ-9 (6M)	-	-	-	-	0.725

Note. PCL-5, Posttraumatic Stress Disorder Checklist for DSM-5; GAD-7, Generalized Anxiety Disorder Scale 7; PHQ-9, Patient Health Questionnaire 9; 6M, six-months assessment; 3M, three-months assessment. Correlations were analyzed using Spearman rank correlations with respective effect sizes (ρ). All correlations were significant ($p<.001$).

Correlations between Three-Month and Six-Month PROM Scores

The majority of individuals in the final sample had also completed three-month assessments with the PCL-5 ($n=1630$, 78.78%), the GAD-7 ($n=1618$, 78.20%), and the PHQ-9 ($n=1626$, 78.59%). In those subjects, the three-month PCL-5 total score was 12.92 ($SD=13.57$), the GAD-7 total score was 3.63 ($SD=4.46$), and the PHQ-9 total score was 5.20 ($SD=5.21$), indicating an overall slightly more pronounced psychopathology compared to in the six-months assessments. All subsequent paired Spearman rank correlations were significant ($p<.001$) with large effects ($\rho=0.69$ – 0.73 , see Table S2) [20].

Endorsement of Psychopathological Symptoms

After the count data transformation described in the section above, the data indicated that most individuals in the study sample experienced some degree of symptoms of PTSD (64.19%), GAD (66.60%), or MDD (80.14%). Individuals on average experienced 3.32 ($SD=4.57$, $Mdn=3$) out of 20 PTSD symptoms, 2.5 ($SD=2.46$, $Mdn=2$) out of seven GAD symptoms, and 3.25 ($SD=2.7$, $Mdn=3$) out of nine MDD symptoms. Figure S1 depicts the distributions of individual symptoms in the total sample for PTSD (panel A), GAD (panel B), and MDD (panel C). Symptoms of PTSD were experienced by 7.88% (*taking risks*) to 34.85% (*trouble remembering*) of all individuals. GAD symptoms were reported by 23.73% (*feeling afraid*) to 43.89% (*nervous*) of all cases. With regard to MDD, the rate of symptom endorsement varied between 12.76% (*suicidal ideation*) and 64.09% (*feeling tired*).

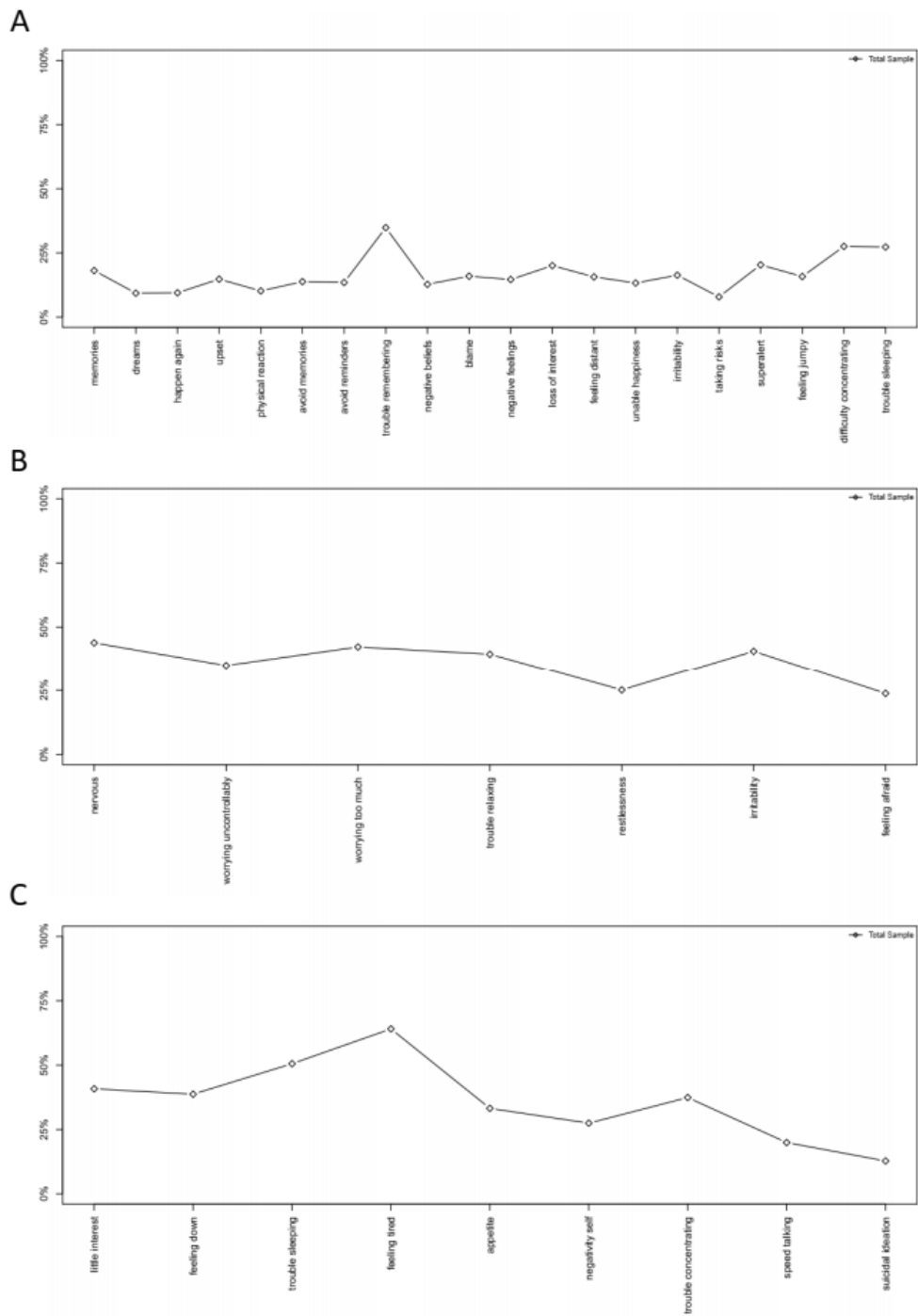


Figure S4. Distribution of individual psychopathological symptoms in the total sample. (A) Post-traumatic Stress Disorder symptoms (PCL-5 item score ≥ 2), (B) Generalized Anxiety Disorder symptoms (GAD-7 item score ≥ 1), (C) Major Depressive Disorder symptoms (PHQ-9 item score ≥ 1). The full list of PROM items is provided in Table S3.

Table S3. Abbreviations and Original Wordings of Items in the PROMs.

PROM	Abbreviation	Wording
PCL-5	<i>memories</i>	1. Repeated, disturbing, and unwanted memories of the stressful experience
PCL-5	<i>dreams</i>	2. Repeated, disturbing dreams of the stressful experience
PCL-5	<i>happen again</i>	3. Suddenly feeling or acting as if the stressful experience were actually happening again (as if you were actually back there reliving it)
PCL-5	<i>upset</i>	4. Feeling very upset when something reminded you of the stressful experience
PCL-5	<i>physical reaction</i>	5. Having strong physical reactions when something reminded you of the stressful experience (for example, heart pounding, trouble breathing, sweating)
PCL-5	<i>avoid memories</i>	6. Avoiding memories, thoughts, or feelings related to the stressful experience
PCL-5	<i>avoid reminders</i>	7. Avoiding external reminders of the stressful experience (for example, people, places, conversations, activities, objects, or situations)
PCL-5	<i>trouble remembering</i>	8. Trouble remembering important parts of the stressful experience
PCL-5	<i>negative beliefs</i>	9. Having strong negative beliefs about yourself, other people, or the world (for example, having thoughts such as: I am bad, there is something seriously wrong with me, no one can be trusted, the world is completely dangerous)
PCL-5	<i>blame</i>	10. Blaming yourself or someone else for the stressful experience or what happened after it
PCL-5	<i>negative feelings</i>	11. Having strong negative feelings such as fear, horror, anger, guilt, or shame
PCL-5	<i>loss of interest</i>	12. Loss of interest in activities that you used to enjoy
PCL-5	<i>feeling distant</i>	13. Feeling distant or cut off from other people
PCL-5	<i>unable happiness</i>	14. Trouble experiencing positive feelings (for example, being unable to feel happiness or have loving feelings for people close to you)
PCL-5	<i>irritability</i>	15. Irritable behavior, angry outbursts, or acting aggressively
PCL-5	<i>taking risks</i>	16. Taking too many risks or doing things that could cause you harm
PCL-5	<i>superalert</i>	17. Being “superalert” or watchful or on guard
PCL-5	<i>feeling jumpy</i>	18. Feeling jumpy or easily startled
PCL-5	<i>difficulty concentrating</i>	19. Having difficulty concentrating
PCL-5	<i>trouble sleeping</i>	20. Trouble falling or staying asleep
GAD-7	<i>nervous</i>	1. Feeling nervous, anxious or on edge
GAD-7	<i>worrying uncontrollably</i>	2. Not being able to stop or control worrying
GAD-7	<i>worrying too much</i>	3. Worrying too much about different things
GAD-7	<i>trouble relaxing</i>	4. Having trouble relaxing
GAD-7	<i>restlessness</i>	5. Being so restless that it is hard to sit still
GAD-7	<i>irritability</i>	6. Becoming easily annoyed or irritable
GAD-7	<i>feeling afraid</i>	7. Feeling afraid, as if something awful might happen
PHQ-9	<i>little interest</i>	1. Little interest or pleasure in doing things
PHQ-9	<i>feeling down</i>	2. Feeling down, depressed, or hopeless
PHQ-9	<i>trouble sleeping</i>	3. Trouble falling or staying asleep, or sleeping too much
PHQ-9	<i>feeling tired</i>	4. Feeling tired or having little energy
PHQ-9	<i>appetite</i>	5. Poor appetite or overeating

PHQ-9	<i>negativity self</i>	6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down
PHQ-9	<i>trouble concentrating</i>	7. Trouble concentrating on things, such as reading the newspaper or watching television
PHQ-9	<i>speed talking</i>	8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual
PHQ-9	<i>suicidal ideation</i>	9. Thoughts that you would be better off dead or of hurting yourself in some way

Analyses without exclusions**Table S4.** Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the PTSD screening diagnosis in the respective logistic regression (LR) model for all participants who completed PCL-5 assessments at six months post TBI (N = 2116).

Factor Reference	b	SE	z	p	OR	95% CI
age	-0.01	0.01	-1.53	0.13	0.99	0.97–1.00
female male	0.66	0.67	0.99	0.32	1.94	0.52–7.07
none/primary school college/university	0.74	0.28	2.66	0.01	2.09	1.20–3.58
secondary/high school college/university	0.24	0.22	1.11	0.27	1.27	0.83–1.94
part-time full-time employed	0.27	0.29	0.93	0.35	1.31	0.73–2.27
in training full-time employed	-0.37	0.40	-0.93	0.35	0.69	0.31–1.47
unemployed full-time employed	0.51	0.30	1.67	0.10	1.66	0.90–2.98
retired full-time employed	-0.01	0.36	-0.04	0.97	0.99	0.48–2.00
living alone with someone	-0.27	0.25	-1.07	0.28	0.77	0.46–1.23
premorbid psychiatric history	0.87	0.25	3.53	<0.001	2.40	1.46–3.86
road traffic accident incidental fall	0.57	0.23	2.51	0.01	1.77	1.14–2.78
other injury cause incidental fall	0.92	0.28	3.23	<0.001	2.51	1.43–4.37
complicated mild uncomplicated mild TBI	-0.24	0.25	-0.96	0.34	0.78	0.48–1.28
moderate/severe uncomplicated mild TBI	-0.93	0.36	-2.59	0.01	0.40	0.19–0.80
LOC	0.65	0.29	2.22	0.03	1.91	1.10–3.45
extracranial injuries (ISS)	0.00	0.01	-0.07	0.94	1.00	0.98–1.02
admission to ward emergency room	-0.13	0.29	-0.47	0.64	0.88	0.50–1.54
intensive care unit emergency room	-0.19	0.39	-0.48	0.63	0.83	0.38–1.79
moderate disability good recovery	1.34	0.23	5.74	<0.001	3.82	2.42–6.06
severe disability good recovery	1.65	0.33	5.01	<0.001	5.20	2.71–9.88
age:female age:male	0.00	0.01	-0.29	0.77	1.00	0.98–1.02
LOC:female LOC:male	-0.63	0.44	-1.44	0.15	0.53	0.22–1.26

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower, upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

Table S5. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the GAD screening diagnosis in the respective logistic regression (LR) model for all participants who completed GAD-7 assessments at six months post TBI (N = 2122).

Factor Reference	b	SE	z	p	OR	95% CI
age	0.00	0.01	-0.04	0.97	1.00	0.98–1.02
female male	1.33	0.63	2.11	0.03	3.78	1.09–13.01
none/primary school college/university	0.72	0.27	2.67	0.01	2.05	1.20–3.46
secondary/high school college/university	0.37	0.21	1.80	0.07	1.45	0.97–2.16
part-time full-time employed	-0.22	0.29	-0.75	0.45	0.80	0.44–1.40
in training full-time employed	-0.25	0.39	-0.64	0.52	0.78	0.35–1.64

unemployed full-time employed	0.30	0.30	1.02	0.31	1.35	0.75–2.39
retired full-time employed	-0.17	0.33	-0.51	0.61	0.84	0.44–1.62
living alone with someone	0.06	0.22	0.27	0.78	1.06	0.68–1.63
premorbid psychiatric history	0.96	0.23	4.25	<0.001	2.62	1.67–4.07
road traffic accident incidental fall	0.63	0.21	3.00	<0.001	1.88	1.25–2.85
other injury cause incidental fall	0.39	0.29	1.32	0.19	1.47	0.82–2.58
complicated mild uncomplicated mild TBI	0.17	0.25	0.69	0.49	1.19	0.72–1.97
moderate/severe uncomplicated mild TBI	-0.11	0.34	-0.32	0.75	0.90	0.46–1.74
LOC	0.29	0.27	1.08	0.28	1.34	0.80–2.33
extracranial injuries (ISS)	-0.02	0.01	-2.16	0.03	0.98	0.96–1.00
admission to ward emergency room	-0.27	0.29	-0.92	0.36	0.76	0.43–1.36
intensive care unit emergency room	0.11	0.38	0.29	0.77	1.12	0.53–2.36
moderate disability good recovery	1.46	0.23	6.50	<0.001	4.32	2.79–6.75
severe disability good recovery	1.79	0.30	5.95	<0.001	5.96	3.30–10.73
age:female age:male	-0.01	0.01	-1.19	0.23	0.99	0.97–1.01
LOC:female LOC:male	-0.56	0.40	-1.39	0.16	0.57	0.26–1.26

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower, upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

Table S6. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the MDD screening diagnosis in the respective logistic regression (LR) model for all participants who completed PHQ-9 assessments at six months post TBI (N = 2125).

Factor Reference	b	SE	z	p	OR	95% CI
age	-0.01	0.01	-0.73	0.47	0.99	0.98–1.01
female male	1.44	0.53	2.72	0.01	4.21	1.49–11.88
none/primary school college/university	0.69	0.23	2.98	<0.001	1.99	1.26–3.11
secondary/high school college/university	0.19	0.18	1.06	0.29	1.21	0.85–1.71
part-time full-time employed	-0.12	0.26	-0.45	0.65	0.89	0.53–1.46
in training full-time employed	0.32	0.31	1.04	0.30	1.38	0.75–2.51
unemployed full-time employed	0.91	0.26	3.54	<0.001	2.49	1.50–4.13
retired full-time employed	0.20	0.29	0.71	0.48	1.22	0.70–2.14
living alone with someone	0.38	0.19	2.06	0.04	1.47	1.01–2.10
premorbid psychiatric history	0.95	0.21	4.60	<0.001	2.58	1.72–3.85
road traffic accident incidental fall	0.28	0.18	1.57	0.12	1.32	0.93–1.88
other injury cause incidental fall	0.42	0.24	1.74	0.08	1.53	0.94–2.45
complicated mild uncomplicated mild TBI	-0.37	0.22	-1.71	0.09	0.69	0.45–1.05
moderate/severe uncomplicated mild TBI	-0.46	0.29	-1.58	0.11	0.63	0.36–1.12
LOC	0.28	0.23	1.23	0.22	1.33	0.85–2.11
extracranial injuries (ISS)	-0.01	0.01	-1.52	0.13	0.99	0.97–1.00
admission to ward emergency room	-0.17	0.24	-0.73	0.47	0.84	0.53–1.35
intensive care unit emergency room	-0.10	0.33	-0.31	0.75	0.90	0.47–1.73
moderate disability good recovery	1.62	0.20	8.18	<0.001	5.04	3.43–7.45
severe disability good recovery	2.24	0.26	8.56	<0.001	9.42	5.65–15.79

age:female age:male	-0.01	0.01	-1.57	0.12	0.99	0.97–1.00
LOC:female LOC:male	-0.74	0.34	-2.14	0.03	0.48	0.24–0.94

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower, upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

Table S7. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the occurrence and frequency of PTSD symptoms in the respective zero-inflated negative binomial (ZINB) model for all participants who completed PCL-5 assessments at six months post TBI (N = 2116).

Factor Reference	Zero Part						Count Part					
	b	SE	z	p	OR	95% CI	b	SE	z	p	RR	95% CI
age	-0.01	0.02	-0.49	0.62	0.99	0.96–1.02	-0.01	0.00	-1.63	0.10	0.99	0.99–1.00
female male	-1.63	1.03	-1.58	0.11	0.20	0.03–1.47	0.39	0.29	1.35	0.18	1.47	0.84–2.58
none/primary school college/university	-0.50	0.55	-0.91	0.36	0.61	0.21–1.78	0.42	0.13	3.34	<.001	1.53	1.19–1.96
secondary/high school college/university	-0.65	0.38	-1.73	0.08	0.52	0.25–1.09	0.01	0.09	0.08	0.93	1.01	0.85–1.20
part-time full-time employed	0.08	0.41	0.20	0.84	1.09	0.49–2.42	-0.01	0.13	-0.11	0.91	0.99	0.77–1.27
in training full-time employed	-0.80	0.77	-1.04	0.30	0.45	0.10–2.03	-0.27	0.17	-1.65	0.10	0.76	0.55–1.05
unemployed full-time employed	-1.58	1.56	-1.02	0.31	0.21	0.01–4.36	0.15	0.14	1.07	0.28	1.16	0.88–1.53
retired full-time employed	-0.50	0.58	-0.86	0.39	0.61	0.20–1.89	-0.07	0.15	-0.45	0.66	0.94	0.70–1.25
living alone with someone	-0.01	0.39	-0.02	0.99	0.99	0.47–2.12	0.07	0.10	0.70	0.49	1.07	0.88–1.31
premorbid psychiatric history	-1.67	0.88	-1.90	0.06	0.19	0.03–1.05	0.26	0.11	2.29	0.02	1.30	1.04–1.62
road traffic accident incidental fall	-0.75	0.37	-2.04	0.04	0.47	0.23–0.97	0.25	0.09	2.73	0.01	1.28	1.07–1.53
other injury cause incidental fall	-0.97	0.63	-1.54	0.12	0.38	0.11–1.30	0.27	0.13	2.13	0.03	1.31	1.02–1.69
complicated mild uncomplicated mild TBI	-0.13	0.40	-0.31	0.75	0.88	0.40–1.94	-0.10	0.11	-0.97	0.33	0.90	0.73–1.11
moderate/severe uncomplicated mild TBI	-0.02	0.90	-0.02	0.98	0.98	0.17–5.73	-0.38	0.15	-2.56	0.01	0.69	0.51–0.92
LOC	-0.49	0.38	-1.29	0.20	0.61	0.29–1.29	0.19	0.11	1.72	0.08	1.21	0.97–1.50
extracranial injuries (ISS)	-0.01	0.02	-0.43	0.67	0.99	0.94–1.04	0.00	0.00	-0.07	0.95	1.00	0.99–1.01
admission to ward emergency room	-0.77	0.36	-2.14	0.03	0.46	0.23–0.94	-0.19	0.12	-1.52	0.13	0.83	0.65–1.06
intensive care unit emergency room	-1.00	0.77	-1.30	0.19	0.37	0.08–1.66	-0.12	0.17	-0.70	0.48	0.89	0.64–1.23
moderate disability good recovery	-2.42	1.26	-1.92	0.06	0.09	0.01–1.06	0.61	0.10	6.08	<.001	1.83	1.51–2.23
severe disability good recovery	-15.92	1692.90	-0.01	0.99	NA*	NA*	0.62	0.14	4.56	<.001	1.86	1.42–2.42
age:female age:male	0.03	0.02	1.65	0.10	1.03	0.99–1.06	0.00	-0.65	0.52	1.00	0.99–1.01	
LOC:female LOC:male	0.55	0.64	0.85	0.39	1.73	0.49–6.06	-0.19	0.18	-1.01	0.31	0.83	0.58–1.19

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower bound – upper bound), RR = rate ratios, TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$. *not calculated due to insufficient variability. The zero part estimates the association of factors with the absence of symptoms of PTSD; the count part estimates the association of factors with the average number of symptoms of PTSD.

Table S8. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the occurrence and frequency of GAD symptoms in the respective zero-inflated negative binomial (ZINB) model for all participants who completed GAD-7 assessments at six months post TBI (N = 2122).

Factor Reference	Zero Part						Count Part					
	b	SE	z	p	OR	95% CI	b	SE	z	P	RR	95% CI
age	0.02	0.01	2.68	0.01	1.02	1.01–1.03	0.00	0.00	1.10	0.27	1.00	1.00–1.01
female male	0.09	0.51	0.18	0.86	1.09	0.40–2.85	0.34	0.14	2.34	0.02	1.40	1.06–1.86
none/primary school college/university	-0.55	0.23	-2.41	0.02	0.58	0.36–0.87	0.15	0.06	2.47	0.01	1.16	1.03–1.31
secondary/high school college/university	0.02	0.16	0.11	0.91	1.02	0.74–1.35	0.04	0.05	0.75	0.45	1.04	0.94–1.14
part-time full-time employed	0.01	0.22	0.04	0.97	1.01	0.65–1.51	-0.03	0.07	-0.54	0.59	0.97	0.85–1.10
in training full-time employed	0.20	0.29	0.70	0.48	1.23	0.69–2.12	-0.11	0.09	-1.25	0.21	0.90	0.76–1.06
unemployed full-time employed	-1.15	0.40	-2.92	<0.001	0.32	0.14–0.66	0.00	0.07	0.03	0.97	1.00	0.87–1.15
retired full-time employed	-0.06	0.24	-0.24	0.81	0.94	0.59–1.46	-0.13	0.08	-1.70	0.09	0.88	0.75–1.02
living alone with someone	0.02	0.17	0.11	0.92	1.02	0.71–1.39	-0.01	0.05	-0.19	0.85	0.99	0.90–1.10
premorbid psychiatric history	-1.00	0.30	-3.37	<0.001	0.37	0.22–0.66	0.17	0.06	3.05	<0.001	1.19	1.06–1.32
road traffic accident incidental fall	-0.16	0.16	-1.02	0.31	0.85	0.62–1.14	0.11	0.05	2.39	0.02	1.12	1.02–1.23
other injury cause incidental fall	0.36	0.21	1.71	0.09	1.43	0.92–2.08	0.16	0.07	2.31	0.02	1.17	1.02–1.34
complicated mild uncomplicated mild TBI	-0.21	0.17	-1.22	0.22	0.81	0.57–1.11	-0.05	0.06	-0.82	0.41	0.95	0.86–1.07
moderate/severe uncomplicated mild TBI	-0.06	0.27	-0.23	0.82	0.94	0.57–1.60	-0.08	0.08	-1.01	0.31	0.92	0.79–1.08
LOC	0.12	0.18	0.68	0.50	1.13	0.80–1.61	0.00	0.06	0.02	0.98	1.00	0.89–1.12
extracranial injuries (ISS)	0.00	0.01	0.09	0.93	1.00	0.99–1.02	0.00	0.00	-1.60	0.11	1.00	0.99–1.00
admission to ward emergency room	0.02	0.19	0.08	0.94	1.02	0.69–1.43	-0.02	0.06	-0.38	0.71	0.98	0.86–1.10

intensive care unit emergency room	-0.21	0.29	-0.72	0.47	0.81	0.44–1.33	0.03	0.09	0.29	0.77	1.03	0.87–1.21
moderate disability good recovery	-0.77	0.19	-4.13	<0.001	0.46	0.31–0.64	0.25	0.05	5.04	<0.001	1.28	1.16–1.41
severe disability good recovery	-1.27	0.33	-3.79	<0.001	0.28	0.14–0.50	0.27	0.07	3.81	<0.001	1.31	1.14–1.50
age:female age:male	0.00	0.01	-0.50	0.62	1.00	0.98–1.01	0.00	0.00	-1.21	0.23	1.00	0.99–1.00
LOC:female LOC:male	-0.54	0.31	-1.72	0.09	0.58	0.32–1.07	-0.19	0.09	-2.12	0.03	0.83	0.69–0.99

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower bound – upper bound), RR = rate ratios, TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$. The zero part estimates the association of factors with the absence of symptoms of GAD; the count part estimates the association of factors with the average number of symptoms of GAD.

Table S9. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the occurrence and frequency of MDD symptoms in the respective zero-inflated negative binomial (ZINB) model for all participants who completed GAD-7 assessments at six months post TBI (N = 2125).

Factor Reference	Zero Part							Count Part					
	b	SE	z	p	OR	95% CI	b	SE	z	p	RR	95% CI	
age	0.01	0.01	1.03	0.30	1.01	0.99–1.03	0.00	0.00	-1.30	0.19	1.00	0.99–1.00	
female male	-1.14	0.77	-1.49	0.14	0.32	0.07–1.43	0.16	0.14	1.15	0.25	1.18	0.89–1.55	
none/primary school college/university	-0.29	0.30	-0.97	0.33	0.75	0.41–1.35	0.17	0.06	2.85	<.001	1.18	1.05–1.33	
secondary/high school college/university	0.16	0.21	0.74	0.46	1.17	0.77–1.77	0.05	0.05	1.01	0.31	1.05	0.96–1.14	
part-time full-time employed	0.08	0.31	0.24	0.81	1.08	0.58–1.99	-0.05	0.06	-0.76	0.45	0.95	0.84–1.08	
in training full-time employed	0.47	0.35	1.32	0.19	1.59	0.80–3.19	0.03	0.08	0.33	0.74	1.03	0.88–1.20	
unemployed full-time employed	-0.55	0.49	-1.14	0.25	0.57	0.22–1.49	0.09	0.07	1.31	0.19	1.09	0.96–1.25	
retired full-time employed	0.03	0.32	0.10	0.92	1.03	0.55–1.93	0.01	0.07	0.14	0.88	1.01	0.88–1.16	
living alone with someone	-0.08	0.23	-0.36	0.72	0.92	0.58–1.45	0.13	0.05	2.81	.001	1.14	1.04–1.25	
premorbid psychiatric history	-1.10	0.48	-2.28	.002	0.33	0.13–0.86	0.26	0.05	4.71	<.001	1.29	1.16–1.44	
road traffic accident incidental fall	-0.03	0.21	-0.15	0.88	0.97	0.64–1.47	0.08	0.04	1.78	0.07	1.08	0.99–1.18	
other injury cause incidental fall	0.32	0.27	1.18	0.24	1.38	0.81–2.36	0.07	0.06	1.16	0.25	1.08	0.95–1.22	
complicated mild uncomplicated mild TBI	-0.14	0.22	-0.61	0.54	0.87	0.56–1.35	-0.05	0.05	-0.84	0.40	0.96	0.86–1.06	

Online Supplement S2 – Literary Review, Additional Methods and Results

moderate/severe uncomplicated mild TBI	-0.14	0.39	-0.36	0.72	0.87	0.41–1.87	-0.13	0.07	-1.76	0.08	0.88	0.76–1.01
LOC	0.13	0.24	0.55	0.58	1.14	0.72–1.80	0.03	0.06	0.54	0.59	1.03	0.92–1.15
extracranial injuries (ISS)	-0.01	0.01	-0.85	0.40	0.99	0.96–1.02	0.00	0.00	-1.25	0.21	1.00	0.99–1.00
admission to ward emergency room	0.07	0.25	0.30	0.77	1.08	0.66–1.74	-0.01	0.06	-0.21	0.84	0.99	0.88–1.11
intensive care unit emergency room	-0.03	0.39	-0.07	0.94	0.97	0.45–2.11	-0.01	0.08	-0.14	0.89	0.99	0.84–1.16
moderate disability good recovery	-1.65	0.36	-4.58	<.001	0.19	0.09–0.39	0.40	0.05	8.35	<.001	1.49	1.36–1.64
severe disability good recovery	-3.59	2.10	-1.71	0.09	0.03	0.00–1.69	0.52	0.07	7.84	<.001	1.68	1.48–1.92
age:female age:male	0.01	0.01	0.50	0.61	1.01	0.98–1.03	0.00	0.00	-0.44	0.66	1.00	0.99–1.00
LOC:female LOC:male	0.32	0.49	0.66	0.51	1.38	0.53–3.62	-0.11	0.09	-1.25	0.21	0.90	0.75–1.06

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, OR = odds ratio, 95% CI = 95% confidence interval (lower bound – upper bound), RR = rate ratios, TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$. The zero part estimates the association of factors with the absence of symptoms of MDD; the count part estimates the association of factors with the average number of symptoms of MDD.

Table S10. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the intensity of PCL-5 scores in the respective negative binomial (NB) model for all participants who completed PCL-5 assessments at six months post TBI (N = 2116).

Factor Reference	b	SE	z	p	RR	95% CI
age	0.00	0.00	-1.27	0.20	1.00	0.99–1.00
female male	0.51	0.22	2.33	0.02	1.67	1.07–2.62
none/primary school college/university	0.36	0.10	3.72	<0.001	1.43	1.18–1.73
secondary/high school college/university	0.08	0.07	1.18	0.24	1.09	0.95–1.25
part-time full-time employed	-0.06	0.10	-0.56	0.58	0.95	0.78–1.15
in training full-time employed	-0.15	0.13	-1.19	0.23	0.86	0.67–1.11
unemployed full-time employed	0.19	0.12	1.56	0.12	1.21	0.96–1.54
retired full-time employed	0.00	0.11	-0.04	0.97	1.00	0.80–1.23
living alone with someone	0.07	0.08	0.88	0.38	1.07	0.92–1.25
premorbid psychiatric history	0.36	0.10	3.60	<0.001	1.43	1.18–1.74
road traffic accident incidental fall	0.28	0.07	4.10	<0.001	1.33	1.16–1.53
other injury cause incidental fall	0.27	0.10	2.75	0.01	1.31	1.08–1.60
complicated mild uncomplicated mild TBI	-0.04	0.08	-0.52	0.61	0.96	0.82–1.12
moderate/severe uncomplicated mild TBI	-0.28	0.12	-2.45	0.01	0.75	0.60–0.95
LOC	0.18	0.08	2.17	0.03	1.20	1.01–1.42
extracranial injuries (ISS)	0.00	0.00	-0.23	0.82	1.00	0.99–1.01
admission to ward emergency room	0.03	0.09	0.28	0.78	1.03	0.86–1.22
intensive care unit emergency room	0.12	0.13	0.96	0.34	1.13	0.88–1.46
moderate disability good recovery	0.64	0.08	8.09	<0.001	1.90	1.63–2.21
severe disability good recovery	0.68	0.12	5.80	<0.001	1.98	1.58–2.50
age:female age:male	-0.01	0.00	-1.53	0.13	0.99	0.99–1.00
LOC:female LOC:male	-0.20	0.14	-1.43	0.15	0.82	0.62–1.08

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, RR = rate ratio, 95% CI = 95% confidence interval (lower bound – upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

Table S11. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the intensity of GAD-7 scores in the respective negative binomial (NB) model for all participants who completed GAD-7 assessments at six months post TBI (N = 2122).

Factor Reference	b	SE	z	p	RR	95% CI
age	-0.01	0.00	-1.60	0.11	0.99	0.99–1.00
female male	0.51	0.25	2.05	0.04	1.67	1.01–2.78
none/primary school college/university	0.46	0.11	4.20	<0.001	1.58	1.27–1.97
secondary/high school college/university	0.08	0.08	0.94	0.35	1.08	0.92–1.26
part-time full-time employed	-0.07	0.11	-0.63	0.53	0.93	0.75–1.17
in training full-time employed	-0.28	0.14	-1.96	0.05	0.75	0.57–1.01
unemployed full-time employed	0.23	0.14	1.67	0.09	1.26	0.97–1.65

retired full-time employed	-0.06	0.13	-0.51	0.61	0.94	0.73–1.20
living alone with someone	0.04	0.09	0.49	0.62	1.04	0.88–1.25
premorbid psychiatric history	0.51	0.11	4.71	<0.001	1.67	1.35–2.07
road traffic accident incidental fall	0.25	0.08	3.15	<0.001	1.28	1.10–1.50
other injury cause incidental fall	0.10	0.11	0.86	0.39	1.10	0.88–1.39
complicated mild uncomplicated mild TBI	0.10	0.09	1.04	0.30	1.10	0.92–1.32
moderate/severe uncomplicated mild TBI	-0.11	0.13	-0.84	0.40	0.89	0.69–1.16
LOC	0.00	0.10	-0.01	0.99	1.00	0.82–1.21
extracranial injuries (ISS)	-0.01	0.00	-1.85	0.06	0.99	0.99–1.00
admission to ward emergency room	-0.04	0.10	-0.42	0.67	0.96	0.78–1.17
intensive care unit emergency room	0.12	0.15	0.82	0.41	1.13	0.84–1.51
moderate disability good recovery	0.67	0.09	7.41	<0.001	1.95	1.64–2.32
severe disability good recovery	0.86	0.13	6.62	<0.001	2.37	1.84–3.07
age:female age:male	0.00	0.00	-1.15	0.25	1.00	0.99–1.00
LOC:female LOC:male	-0.07	0.16	-0.41	0.68	0.94	0.68–1.28

Note. b = model estimate, SE = standard error, z = z-value, p = p-value, RR = rate ratio, 95% CI = 95% confidence interval (lower bound – upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

Table S12. Coefficients and effect sizes of the sociodemographic, premorbid, and injury-related factors associated with the intensity of PHQ-9 scores in the respective negative binomial (NB) model for all participants who completed GAD-7 assessments at six months post TBI (N = 2125).

Factor Reference	b	SE	z	p	RR	95% CI
age	0.00	0.00	-1.80	0.07	1.00	0.99–1.00
female male	0.54	0.20	2.74	0.01	1.72	1.16–2.57
none/primary school college/university	0.30	0.09	3.52	<0.001	1.36	1.14–1.61
secondary/high school college/university	0.04	0.06	0.55	0.58	1.04	0.91–1.17
part-time full-time employed	-0.06	0.09	-0.64	0.52	0.94	0.79–1.13
in training full-time employed	-0.11	0.11	-0.92	0.36	0.90	0.72–1.13
unemployed full-time employed	0.28	0.11	2.56	0.01	1.32	1.07–1.63
retired full-time employed	0.09	0.10	0.94	0.35	1.10	0.90–1.34
living alone with someone	0.21	0.07	3.03	<0.001	1.23	1.08–1.42
premorbid psychiatric history	0.45	0.09	5.24	<0.001	1.57	1.33–1.86
road traffic accident incidental fall	0.12	0.06	1.86	0.06	1.12	0.99–1.27
other injury cause incidental fall	0.07	0.09	0.75	0.45	1.07	0.90–1.28
complicated mild uncomplicated mild TBI	-0.06	0.07	-0.88	0.38	0.94	0.81–1.09
moderate/severe uncomplicated mild TBI	-0.20	0.11	-1.89	0.06	0.82	0.66–1.01
LOC	0.07	0.08	0.87	0.39	1.07	0.92–1.25
extracranial injuries (ISS)	0.00	0.00	-1.02	0.31	1.00	0.99–1.00
admission to ward emergency room	-0.01	0.08	-0.18	0.86	0.99	0.84–1.16
intensive care unit emergency room	0.02	0.12	0.21	0.83	1.02	0.81–1.29
moderate disability good recovery	0.81	0.07	11.34	<0.001	2.24	1.95–2.58
severe disability good recovery	1.05	0.10	10.26	<0.001	2.85	2.34–3.50
age:female age:male	-0.01	0.00	-1.61	0.11	0.99	0.99–1.00

LOC:female LOC:male	-0.21	0.13	-1.65	0.10	0.81	0.63–1.04
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Note. b = model estimate, SE = standard error, z = z-value, p = p-value, RR = rate ratio, 95% CI = 95% confidence interval (lower bound – upper bound), TBI = traumatic brain injury, LOC = loss of consciousness, ISS = total injury severity score; bold p-values are significant at $\alpha = 0.05$.

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