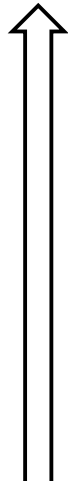


Supplementary Figure S2. Cut points of gait speed at usual pace and risk of adverse outcomes found in the selected studies and systematic reviews/meta-analysis.



<1.3m/s	Hip fracture [1]; Depressive symptoms [2]; CVD risk [3]; All-cause mortality [3,4]
<1.2m/s	Mobility disability [5]; IADL [6]; All-cause mortality [6]
<1.1m/s	Mobility disability [7,8]; IADL [9,10]; CVD risk [11]; All-cause mortality [11–13]; Other-causes mortality [11]
<1.0m/s	Mobility disability [14–16]; IADL [16,17]; Cognitive decline/impairment/Alzheimer [16, 18]; CVD risk [4]; Hospitalization/Institutionalization [15,16]; All-cause mortality [16]; Other-causes mortality [19]
<0.9m/s	IADL [9]; CVD risk [11]; All-cause mortality [11]; Other-causes mortality [11]
<0.8m/s	Falls [20]; IADL [21]; Frailty [22]; Cognitive decline/Dementia [23, 24]; Depressive symptoms [25]; CVD risk [21]; Hospitalization [26]; All-cause mortality [22,23,26,27]
<0.7m/s	Falls [16,28,29]; Cognitive decline [30]; All-cause mortality [28]
<0.6m/s	Falls [31,32]; IADL [15]
<0.5m/s	Depressive symptoms [33]
<0.4m/s	Hip fracture [34]

CVD, Cardiovascular disease risk; IADL, Instrumental Disability in Daily Activities.

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