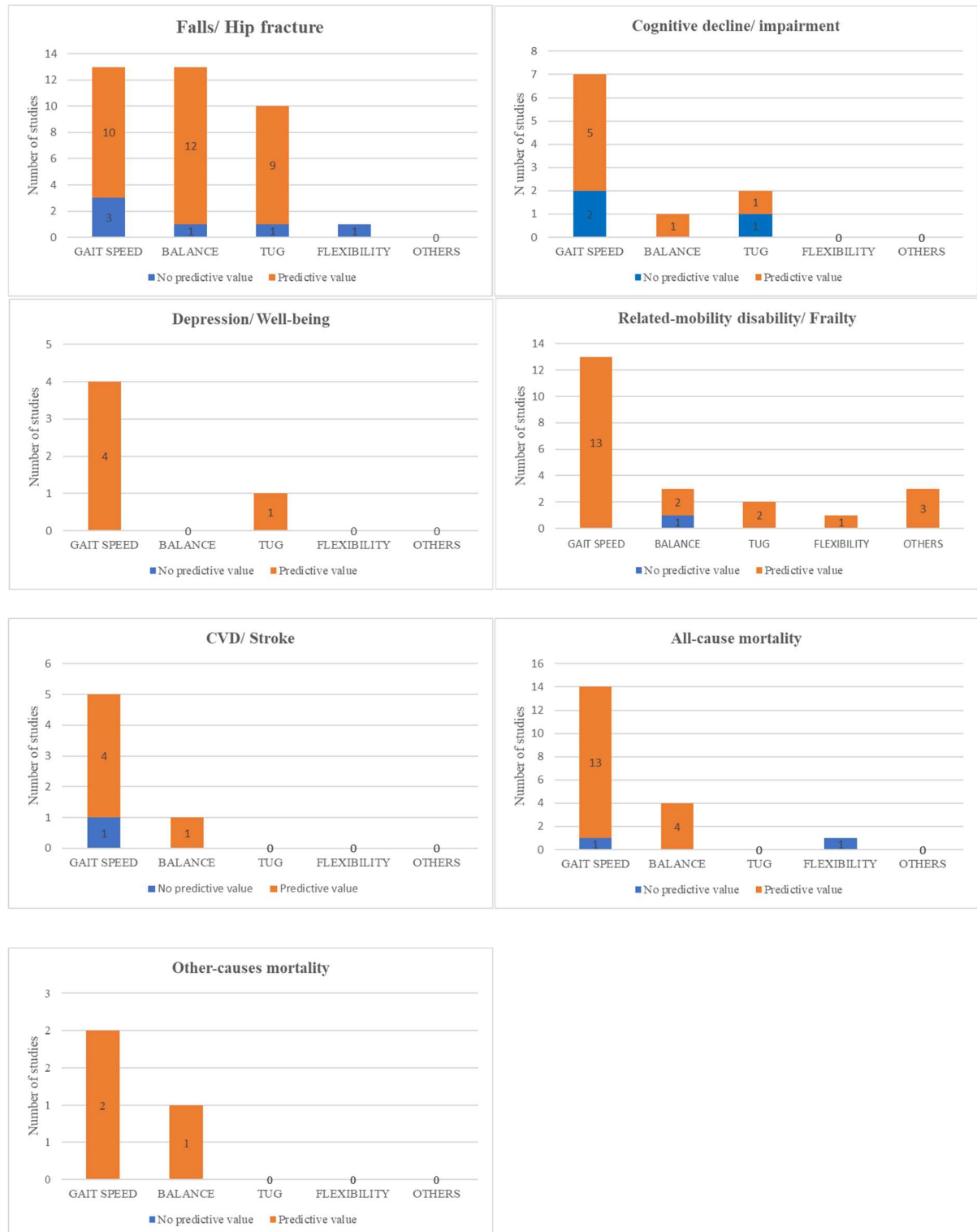


Supplementary Figure S1. Number of studies reporting predictive validity or lack of predictive validity of the included motor fitness and flexibility tests for different health outcomes.



CVD, Cardiovascular Disease; TUG, Timed Up&Go test; “Other” includes: maximum step length, speed of movement and stair mounting test.