

Table S1. The quality of observational studies was assessed using the Newcastle-Ottawa Scale (NOS)

Study	Selection	Comparability	Outcome
Wolf, <i>et al.</i> ¹⁶	****	*	**
Faggioli, <i>et al.</i> ¹⁷	****	*	*
Veldenz, <i>et al.</i> ¹⁸	****	*	***
Kurvers, <i>et al.</i> ¹⁹	****	*	* **
Lindholt, <i>et al.</i> ²⁰	****	**	*
Speelman, <i>et al.</i> ²¹	****	**	***
Badger, <i>et al.</i> ²²	****	*	***
Shang, <i>et al.</i> ²³	**	*	*
Farsad, <i>et al.</i> ²⁴	*	*	*
George, <i>et al.</i> ²⁵	****	**	***
Hendy, <i>et al.</i> ²⁶	****	**	***
Huang, <i>et al.</i> ²⁷	***	*	*
Joly, <i>et al.</i> ²⁸	**	*	***
Lindquist, <i>et al.</i> ²⁹	****	**	***
Nakayama, <i>et al.</i> ³⁰	***	**	***
Woloszko, <i>et al.</i> ³¹	****	**	***
Behr, <i>et al.</i> ³²	****	**	***
Forsythe, <i>et al.</i> ³³	***	**	***
MARS investigators ³⁴	****	**	***
Nyronning, <i>et al.</i> ³⁵	****	*	***
Tzirakis, <i>et al.</i> ³⁶	**	*	*
Hirata, <i>et al.</i> ³⁷	***	**	*
Zhu, <i>et al.</i> ³⁸	***	**	***