Table S1. Bivariate analyses between plasma pro-NT and clinical/biochemical parameters

	Correlation coefficient	p-value
Age (years)	0.195	0.019
BMI (Kg/m2)	0.075	0.367
SBP (mm/Hg)	0.035	0.678
DBP (mm/Hg)	0.087	0.311
FBG 0′ (mg/dl)	-0.058	0.487
FBG 120′ (mg/dl)	-0.037	0.659
FBI 0′ (μUI/ml)	0.001	0.990
FBI 120′ (μUI/ml)	0.131	0.115
TC (mg/dl)	-0.035	0.672
HDL-C (mg/dl)	-0.063	0.447
LDL-C (mg/dl)	-0.019	0.824
TG (mg/dl)	0.166	0.046
AST (U/L)	0.030	0.727
ALT (U/L)	0.053	0.533
HOMA- β	0.017	0.842
HOMA-IR	-0.006	0.943
ISI	-0.075	0.371
SPISE	-0.14	0.091

Abbreviations: BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; FBG, fasting blood glucose; FSI, fasting serum insulin; TC, total cholesterol; TG, triglycerides; HDL-C, high-density lipoprotein; LDL-C, low-density lipoprotein; AST, alanine aminotransferase; ALT, aspartate aminotransferase; HOMA-IR, homeostatic model assessment of insulin resistance; HOMA- β, homeostatic model assessment for β-cell function; ISI, insulin-sensitivity index; SPISE, single-point insulin sensitivity estimator.