

Supplementary Table S1: PACE+ variables and descriptive information

PACE+ variables	Responses	Yes, n (%)
How long does it usually take you to travel to school from your home?	Less than 5 minutes	62(30.1)
	5-15 minutes	0 (0.0)
	15-30 minutes	10(4.9)
	30 minutes to 1 hour	68(33.0)
	More than 1 hour	66(32.0)
How many hours a day, in your free time, do you usually spend watching TV, videos (including YouTube or similar services), DVDs, and other entertainment on a screen? Weekdays / Weekend.	None at all	12(5.8)
	About half an hour a day	17(8.3)
	About 1 hour a day	18 (8.7)
	About 2 hours a day	34 (16.5)
	About 3 hours a day	46 (22.3)
	About 4 hours a day	30 (14.6)
	About 5 hours a day	22 (10.7)
	About 6 hours a day	11 (5.3)
About 7 or more hours a day)	16 (7.7)	
How many hours a day, in your free time, do you usually spend playing games on a computer, games console, tablet (like iPad), smartphone or other electronic device (not including moving or fitness games)? Weekdays / Weekend	None at all	86 (41.7)
	About half an hour a day	38 (18.4)
	About 1 hour a day	32 (15.5)
	About 2 hours a day	21 (10.2)
	About 3 hours a day	12 (5.8)
	About 4 hours a day	9 (4.4)
	About 5 hours a day	5 (2.4)
	About 6 hours a day	1 (0.5)
About 7 or more hours a day)	2(1.0)	

Supplementary Table S2: GPAQ variables and descriptive information

GPAQ variables	Yes, n (%)	No, n (%)	Mean (SD)
Does your work involve vigorous-intensity activity that causes large increases in breathing or heart rate like [carrying or lifting heavy loads, digging or construction work] for at least 10 minutes continuously	3(1.4)	204 (98.6)	N/A
In a typical week, on how many days do you do vigorous-intensity activities as part of your work? (days/week)	N/A	N/A	3(2.0)
How much time do you spend doing vigorous-intensity activities at work on a typical day? (hours/day)	N/A	N/A	1.7(1.2)
Does your work involve moderate-intensity activity, that causes small increases in breathing or heart rate such as brisk walking [or carrying light loads] for at least 10 minutes continuously?	29(14.0)	178(86.0)	N/A
In a typical week, on how many days do you do moderate-intensity activities as part of your work? (days/week)	N/A	N/A	2.8(2.0)
How much time do you spend doing moderate-intensity activities at work on a typical day? (hours/day)	N/A	N/A	2.5 (2.6)
Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places?	113 (54.6)	94(45.4)	N/A
In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places? (days/week)	N/A	N/A	4.4 (2.0)
How much time do you spend walking or bicycling for travel on a typical day? (hours/day)	N/A	N/A	0.5 (0.8)