

Supplementary Materials

Table S1. Characteristics of the sample stratified by the COVID-19 stressor types

| Sample demographics characteristic | Own Infection Experiences | | Experiences not COVID-19 Infection | | Loved Ones Serious Experiences | | Loved Ones' Positives and quarantine | |
|------------------------------------|---------------------------|---------------|------------------------------------|---------------|--------------------------------|---------------|--------------------------------------|---------------|
| | Yes | No | Yes | No | Yes | No | Yes | No |
| Female | 164 (61.2%) | 272 (68.9%) | 223 (64.8%) | 213 (66.8%) | 105 (64.8%) | 331 (66.1%) | 337 (64.1%) | 99 (72.3%) |
| Age (mean [<i>SD</i>]) | 45.76 (18.46) | 48.09 (21.35) | 42.84 (18.66) | 51.77 (20.90) | 51.16 (19.93) | 45.84 (20.21) | 46.89 (20.60) | 48.16 (18.90) |
| Marital status | | | | | | | | |
| Single | 98 (36.4%) | 157 (39.7%) | 148 (42.9%) | 107 (33.5%) | 48 (29.3%) | 207 (41.4%) | 210 (39.8%) | 45 (32.8%) |
| Married/ in a civil union | 140 (52%) | 166 (42%) | 155 (44.9%) | 151 (47.3%) | 85 (51.8%) | 221 (44.2%) | 239 (45.4%) | 67 (48.9%) |
| Divorced | 20 (7.4%) | 46 (11.6%) | 32 (9.3%) | 34 (10.7%) | 20 (12.2%) | 46 (9.2%) | 48 (9.1%) | 18 (13.1%) |
| Widowed | 11 (4.1%) | 26 (6.6%) | 10 (2.9%) | 27 (8.5%) | 11 (6.7%) | 26 (5.2%) | 30 (5.7%) | 7 (5.1%) |
| Level of education | | | | | | | | |
| Four years or less | 14 (5.2%) | 13 (3.3%) | 10 (2.9%) | 17 (5.3%) | 11 (6.7%) | 16 (3.2%) | 22 (4.2%) | 5 (3.6%) |
| Six years | 5 (1.9%) | 4 (1%) | 5 (1.4%) | 4 (1.2%) | 5 (3%) | 4 (0.8%) | 9 (1.7%) | 0 |
| Nine years | 30 (11.2%) | 24 (6%) | 27 (7.8%) | 27 (8.4%) | 12 (7.3%) | 42 (8.4%) | 40 (7.6%) | 14 (10.2%) |
| Twelve years | 78 (29%) | 115 (29%) | 106 (30.7%) | 87 (27.1%) | 52 (31.7%) | 141 (28.1%) | 153 (28.9%) | 40 (29.2%) |
| Bachelor's degree | 94 (34.9%) | 167 (42.1%) | 129 (37.4%) | 132 (41.1%) | 58 (35.4%) | 203 (40.4%) | 198 (37.4%) | 63 (46%) |
| Master's degree | 41 (15.2%) | 68 (17.1%) | 62 (18%) | 47 (14.6%) | 20 (12.2%) | 89 (17.7%) | 94 (17.8%) | 15 (10.9%) |
| Ph.D. or superior | 7 (2.6%) | 6 (1.5%) | 6 (1.7%) | 7 (2.2%) | 6 (3.7%) | 7 (1.4%) | 13 (2.5%) | 0 |
| Professional status | | | | | | | | |
| Full-time employee | 148 (55%) | 134 (33.8%) | 158 (45.8%) | 124 (38.6%) | 68 (41.5%) | 214 (42.6%) | 218 (41.2%) | 64 (46.7%) |
| Part-time worker | 13 (4.8%) | 18 (4.5%) | 17 (4.9%) | 14 (4.4%) | 7 (4.3%) | 24 (4.8%) | 26 (4.9%) | 5 (3.6%) |
| Unemployed | 20 (7.4%) | 28 (7.1%) | 36 (10.4%) | 12 (3.7%) | 11 (6.7%) | 37 (7.4%) | 37 (7%) | 11 (8%) |
| Student | 28 (10.4%) | 68 (17.1%) | 65 (18.8%) | 31 (9.7%) | 20 (12.2%) | 76 (15.1%) | 79 (14.9%) | 17 (12.4%) |
| Retired | 60 (22.3%) | 149 (37.5%) | 69 (20%) | 140 (43.6%) | 58 (35.4%) | 151 (30.1%) | 169 (31.9%) | 40 (29.2%) |
| Mental health disorders diagnosed | 34 (13%) | 41 (10.8%) | 36 (10.9%) | 39 (12.5%) | 18 (11.3%) | 57 (11.8%) | 59 (11.5%) | 16 (12.3%) |
| Belonging risk group | 113 (42%) | 158 (39.8%) | 130 (37.7%) | 141 (43.9%) | 79 (48.2%) | 192 (38.2%) | 217 (41%) | 54 (39.4%) |

Table S2. Characteristics of the sample stratified by the number of experienced COVID-19 stressors and stress responses to the most stressful experienced COVID-19-related event

| Variable | Number of experienced COVID-19 stressors | Stress responses to the most stressful COVID-19-related event |
|---------------------------|--|---|
| Sex | | |
| Male | 3.16 (2.13) | 49.50 (16.82) |
| Female | 2.79 (1.87) | 53.77 (17.43) |
| Age | $r = -0.06$ | $r = -0.05$ |
| Marital status | | |
| Single | 2.85 (1.79) | 51.66 (16.60) |
| Married/ in a civil union | 3.10 (2.07) | 52.22 (17.23) |
| Divorced | 2.61 (2.07) | 56.05 (18.54) |
| Widowed | 2.57 (2.05) | 50.85 (21.33) |
| Level of education | | |
| Four years or less | 3.63 (2.00) | 63.12 (14.30) |
| Six years | 4.67 (2.55) | 65.00 (18.29) |
| Nine years | 3.50 (2.68) | 61.62 (18.15) |
| Twelve years | 3.05 (2.24) | 54.05 (17.45) |
| Bachelor's degree | 2.62 (1.61) | 51.12 (16.46) |
| Master's degree | 2.71 (1.60) | 45.32 (16.21) |
| PhD or superior | 3.62 (1.80) | 48.69 (13.78) |
| Professional status | | |
| Full-time employee | 3.17 (2.06) | 53.30 (17.17) |
| Part-time worker | 3.45 (2.03) | 54.87 (16.18) |
| Unemployed | 3.48 (2.25) | 59.36 (18.10) |
| Student | 2.84 (1.57) | 51.67 (15.65) |
| Retired | 2.41 (1.83) | 48.66 (17.71) |
| Mental health disorders | | |
| Yes | 3.12 (2.16) | 60.89 (19.20) |
| No | 2.91 (1.95) | 51.21 (16.81) |
| Risk group | | |
| Yes | 3.16 (2.22) | 54.00 (18.63) |
| No | 2.76 (1.77) | 51.20 (16.34) |