



Supplemental file Table S1. Activity Log

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Activities	(circle all that apply)								Description of Activities' detail	
example	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( Removing debris, carrying victims, shoveling Excavating with shovels, etc. )
8:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
8:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
9:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
9:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
10:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
10:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
11:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
11:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
12:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
12:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
13:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
13:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
14:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
14:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
15:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
15:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
16:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
16:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
17:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
17:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
18:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )

18:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
19:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
19:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
20:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
20:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
21:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
21:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
22:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
22:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
23:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
23:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
0:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
0:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
1:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
1:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
2:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
2:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
3:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
3:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
4:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
4:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
5:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
5:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
6:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )

6:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
7:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
7:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
8:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
8:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
9:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
9:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
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16:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
16:30	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )
17:00	moving	standby	nap	rest	meal	firefighting	emergency medical activities	rescue	logistical support	( )