

Table S1. List of variables used in the construction of the clustering model by the K-means algorithm.

Variables	Description
Sociodemographic variables	<ul style="list-style-type: none"> - Literate or not; - Education level.
Biological variables	<ul style="list-style-type: none"> - Sex; - Age; - Ethnicity; - Body mass index (BMI); - Waist-hip ratio (WHR); - Systolic blood pressure (SBP) and Diastolic blood pressure (DBP); - Blood glucose; - Lipid profile: total cholesterol (TC), triglycerides (TG), high density lipoprotein (HDL), low density lipoprotein (LDL). - Diseases: dyslipidemia, arterial hypertension (SAH), diabetes (DM), stroke (CVA), cardiovascular disease (CVD).
Behavioral variables	<ul style="list-style-type: none"> - Smoker or not; - Smoking time in years and daily frequency; - Consumption of alcoholic beverages and weekly frequency; - Weekly frequency of physical exercises; - Food consumption profile (healthy diet - including weekly consumption of fish, nuts, fruits, vegetables / bad diet - fried foods, soft drinks, sausages, among others).