

Table S2: Assessment of risk of bias of included studies by NOS (score: 0-16, with higher scores indicating low risk of bias). Each item is followed by its range.

<b>Reference</b>	<b>Clarity of stated aim (0-2)</b>	<b>Sample representativeness (0-2)</b>	<b>Sample Size (0-2)</b>	<b>Non-respondents (0-2)*</b>	<b>Ascertainment of the exposure (0-2)</b>	<b>Control of confounding factors (0-1)</b>	<b>Comparability (0-1)</b>	<b>Assessment of the outcome (0-2)</b>	<b>Statistical tests (0-2)</b>	<b>NOS score</b>
Borrione et al. (2013) [28]	2	1	1	0	2	1	1	1	2	11
Cardoso et al. (2021) [30]	2	2	1	0	2	1	1	1	2	12
Da Silva et al. (2016) [31]	2	0	0	0	2	0	1	1	0	6
Devrim et al. (2018) [32]	2	1	1	0	2	1	1	1	1	10
de Medeiros Eufrásio et al. (2021) [34]	2	1	2	0	2	0	1	1	2	11
Francisco et al. (2012) [23]	2	1	1	0	2	1	1	2	2	12
Francisco et al. (2013) [36]	2	1	1	0	2	1	1	2	2	12
Godoy-Izquierdo and Díaz (2021) [38]	2	1	1	0	2	1	0	1	2	10
Kong and Harris (2015) [40]	2	2	2	0	2	0	1	1	0	10
Krentz and Warschburger (2013) [41]	2	1	1	2	2	0	1	1	1	11
Pinto et al. (2019) [42]	2	0	0	0	2	0	0	1	0	5
Santarnecki and Dettore (2012) [45]	2	0	0	0	2	0	1	1	1	7
Torres-McGehee et al. (2012) [46]	2	1	2	1	2	1	1	1	2	13
Voelker et al. (2014) [48]	2	2	2	1	2	1	1	1	2	14
Voelker et al. (2017) [49]	2	1	1	0	2	0	0	1	2	9

\*As carried out previously [55], we assigned the score 0 to "iii. One or none of three" in the Non-respondents category of the NOS adapted scale [27].