



**Table S1.** Socio-demographic and occupational characteristics of the completer and intention to treat sample and group comparison.

	Completer N = 48	Intention to Treat N = 71	Comparison Completer to ITT p
<b>Gender, n (%)</b>			0.47
Women	23 (47.9)	32 (45.1)	
Men	25 (52.1)	39 (54.9)	
<b>Age, years, n (%)</b>			0.31
26-40	8 (16.7)	17 (23.9)	
41-50	16 (33.3)	19 (26.8)	
51-60	24 (50)	35 (49.3)	
<b>Marital status, n (%)</b>			0.61
Single	11 (22.9)	18 (25.4)	
Married	23 (47.9)	32 (45.1)	
Widowed	-	1 (1.4)	
Divorced	11 (22.9)	16 (22.5)	
Seperated	2 (4.2)	3 (4.2)	
Missing	1 (2.1)	1 (1.4)	
<b>Children, n (%)</b>			0.63
Yes	30 (62.5)	43 (60.6)	
No	18 (37.5)	28 (39.4)	
<b>Migration background, n (%)</b>			0.73
Yes	5 (10.4)	8 (11.3)	
No	43 (89.6)	63 (88.7)	
<b>Education, n (%)</b>			0.06
Primary School	3 (6.3)	9 (12.7)	
Middle School	19 (39.6)	25 (35.2)	
Secondary school	26 (54.2)	37 (52.1)	
<b>Professional qualification, n (%)</b>			0.74
Apprenticeship	18 (37.5)	27 (28.0)	
Master (craftsmen)	7 (14.6)	8 (11.3)	
University	19 (39.6)	27 (38.0)	
None	1 (2.1)	1 (1.4)	
Other	3 (6.3)	5 (7.0)	
<b>Professional group, n (%)</b>			0.09
Skilled worker	2 (4.2)	6 (8.5)	
Employee with simple tasks	2 (4.2)	4 (5.6)	
Employee with qualified tasks	24 (50.0)	30 (42.3)	
Employee with high qualified tasks/ leadership	14 (29.2)	19 (26.8)	
Employee in extensive leading position	5 (10.4)	8 (11.3)	
Other	1 (2.1)	4 (5.6)	
<b>Employment status, n (%)</b>			0.55
Full-time	36 (75.0)	51 (71.8)	
Part-time	12 (25.0)	19 (26.8)	

**Table S2.** Number of ICD-10 coded mental and behavioral disorders of completer and intention to treat sample.

	Completer Sample N = 48	Intention to Treat Sample N=71
<b>Number mental and behavioral disorders, n (%)</b>		
One	32 (66.7)	45 (63.4)
Two	12 (25.0)	16 (22.5)
Three	4 (8.3)	6 (8.5)
Missing	-	4 (5.6)
<b>Main psychiatric diagnoses, n (%)</b>		
<b>Mood affective disorders</b>	30 (62.5)	40 (56.3)
Mild depressive episode	5 (10.4)	6 (8.5)
Moderate depressive episode	10 (20.8)	15 (21.1)
Recurrent depressive disorder, current episode mild	4 (8.3)	6 (8.5)
Recurrent depressive disorder, current episode moderate	10 (20.8)	12 (16.9)
Recurrent depressive disorder, current episode severe without psychotic symptoms	1 (2.1)	1 (1.4)
<b>Neurotic, stress-related and somatoform disorders</b>	13 (56.3)	22 (63.3)
Panic disorder	1 (2.1)	2 (2.8)
Generalized anxiety disorder	1 (2.1)	3 (4.2)
Mixed anxiety and depressive disorder	1 (2.1)	1 (1.4)
Adjustment disorders	5 (10.4)	7 (9.9)
Other reactions to severe stress	2 (4.2)	2 (2.8)
Undifferentiated somatoform disorder	2 (4.2)	3 (4.2)
Somatoform autonomic dysfunction	1 (2.1)	2 (2.8)
Persistent somatoform pain disorder	-	1 (1.4)
<b>Behavioral syndromes associated with physiological disturbances and physical factors</b>	3 (6.3)	3 (4.2)
Eating disorder, unspecified	1 (2.1)	1 (1.4)
Psychological and behavioral factors associated with disorders or diseases classified elsewhere	2 (4.2)	2 (2.8)
<b>Disorders of adult personality and behavior</b>	2 (4.2)	2 (2.8)
Other specified disorders of adult personality and behavior	2 (4.2)	2 (2.8)
<b>Total psychiatric diagnoses, n (%)</b>		
Mood (affective) disorders	39 (60.9)	55 (57.9)
Neurotic, stress-related and somatoform disorders	17 (26.5)	29 (30.5)
Behavioral syndromes associated with physiological disturbances and physical factors	4 (6.3)	7 (7.4)
Disorders of adult personality and behavior	4 (6.3)	4 (4.2)

**Table S3.** Symptoms at admission and discharge.

	T1					
	Completer Sample (N=48) M(SD)	ITT Sample (N=71) M(SD)	Completer Women (n=23) M(SD)	ITT Women (n=32) M(SD)	Completer Men (n=25) M(SD)	ITT Men (n=39) M(SD)
<b>PHQ-15</b>	10.81 (5.61)	11.7 (5.8)	12.74 (5.43)	14.47 (5.98)	9.04 (5.27)	9.44 (4.63)
<b>PHQ-15*</b>	10.73 (5.56)	11.44 (5.56)	12.57 (5.38)	13.91 (5.68)	9.04 (5.27)	7.62 (4.08)
<b>PHQ-9</b>	11.06 (6.19)	11.03 (5.4)	12.25 (5.97)	11.88 (5.40)	9.96 (5.50)	10.33 (5.35)

<b>GAD-7</b>	9.94 (5.18)	8.55 (4.7)	10.74 (4.85)	9.56 (4.70)	9.20 (5.45)	7.72 (4.66)
<b>MBI EE</b>	4.63 (.95)	4.7 (.94)	4.87 (.77)	5.00 (.75)	4.42 (1.07)	4.50 (1.02)
<b>MBI Z</b>	3.93 (.99)	4.0 (.99)	4.00 (.86)	4.02 (8.3)	3.86 (1.11)	3.98 (1.11)
<b>MBI PF</b>	4.30 (.83)	4.3 (.75)	4.31 (.74)	4.23 (.70)	4.27 (.93)	4.36 (.80)

**T2**

	<b>Completer Sample (N=48) M(SD)</b>	<b>ITT Sample (N=71) M(SD)</b>	<b>Completer Women (n=23) M(SD)</b>	<b>ITT Women (n=32) M(SD)</b>	<b>Completer Men (n=25) M(SD)</b>	<b>ITT Men (n=39) M(SD)</b>
<b>PHQ-15</b>	9.85 (6.19)	10.99 (6.26)	10.30 (5.80)	12.59 (6.76)	9.44 (6.62)	9.44 (4.63)
<b>PHQ-15*</b>	9.73 (6.12)	10.76 (6.03)	10.04 (5.67)	12.09 (6.39)	9.44 (6.62)	9.44 (4.63)
<b>PHQ-9</b>	8.29 (6.27)	9.15 (5.88)	8.17 (5.75)	8.94 (5.33)	8.40 (6.83)	9.33 (6.35)
<b>GAD-7</b>	7.13 (5.69)	7.70 (5.46)	6.17 (4.50)	7.47 (5.16)	8.00 (6.57)	7.9 (5.75)
<b>MBI EE</b>	4.05 (1.35)	4.33 (1.28)	4.14 (1.16)	4.48 (1.15)	3.97 (1.52)	4.2 (1.38)
<b>MBI Z</b>	3.70 (1.32)	3.85 (1.23)	3.70 (1.19)	3.68 (1.13)	3.72 (1.44)	4.00 (1.30)
<b>MBI PF</b>	4.41 (.94)	4.38 (.83)	4.62 (.71)	4.45 (.72)	4.23 (1.09)	4.32 (.92)

PHQ-15 (Patient Health Questionnaire Somatization Module);\* without Menstruation Item; PHQ-9 (Patient Health Questionnaire Depression Module); GAD-7 (General Anxiety Disorder Short Scale); Varying sample sizes; significant p-values are marked in bold.

**Table S4.** Symptom change of the total sample, women, men.

	<b>Completer Sample T1-T2</b>			<b>Completer Women T1-T2</b>			<b>Completer Men T1-T2</b>		
	<b>T</b>	<b>p</b>	<b>d</b>	<b>T</b>	<b>p</b>	<b>d</b>	<b>T</b>	<b>p</b>	<b>d</b>
<b>PHQ-15</b>	1.57	0.12	0.23	3.65	<.001	<b>0.76</b>	-0.43	0.67	-0.09
<b>PHQ-15*</b>	1.61	0.11	0.23	3.59	<.05	<b>0.75</b>	-0.43	0.67	-0.09
<b>PHQ-9</b>	3.6	<.001	<b>0.53</b>	4.62	<.001	<b>0.96</b>	1.32	0.20	0.26
<b>GAD-7</b>	3.4	<b>0.001</b>	<b>0.49</b>	4.36	<.001	<b>0.91</b>	1.02	0.32	0.20
<b>MBI EE</b>	3.8	<.001	<b>0.55</b>	3.26	<.05	<b>0.68</b>	2.13	< <b>0.05</b>	<b>0.43</b>
<b>MBI C</b>	1.50	0.14	0.22	1.51	.15	0.32	0.65	0.52	0.13
<b>MBI PF</b>	-1.20	0.24	-0.17	-2.70	<.05	<b>-0.56</b>	0.41	0.68	0.08
	<b>ITT Sample T1-T2</b>			<b>ITT Women T1-T2</b>			<b>ITT Men T1-T2</b>		
	<b>T</b>	<b>p</b>	<b>d</b>	<b>T</b>	<b>p</b>	<b>d</b>	<b>T</b>	<b>p</b>	<b>d</b>
<b>PHQ-15</b>	1.64	0.10	0.20	3.21	< <b>0.05</b>	<b>0.57</b>	-0.39	0.70	-0.06
<b>PHQ-15*</b>	1.53	0.12	0.19	3.21	< <b>0.05</b>	<b>0.57</b>	-0.39	0.70	-0.06
<b>PHQ-9</b>	3.49	< <b>0.001</b>	<b>0.41</b>	4.12	< <b>0.001</b>	<b>0.73</b>	2.54	0.20	0.21
<b>GAD-7</b>	1.59	0.12	0.19	2.84	< <b>0.05</b>	<b>0.50</b>	1.28	0.81	-0.40
<b>MBI EE</b>	3.61	< <b>0.001</b>	<b>0.43</b>	3.03	< <b>0.05</b>	<b>0.54</b>	0.57	< <b>0.05</b>	<b>0.33</b>
<b>MBI C</b>	.82	0.42	0.10	1.56	0.13	0.28	0.51	0.94	-0.01
<b>MBI PF</b>	-1.20	0.24	-0.14	-2.60	< <b>0.05</b>	<b>-0.46</b>	0.23	0.68	0.07

PHQ-15 (Patient Health Questionnaire Somatization Module);\* without Menstruation Item; PHQ-9 (Patient Health Questionnaire Depression Module); GAD-7 (General Anxiety Disorder Short Scale); Varying sample sizes; significant p-values are marked in bold.