

Young Schema Questionnaire-Revised (YSQ-R). Normative Data in an Australian Population

Means and Standard Deviations for Early Maladaptive Schemas (EMS) in Three Psychiatric and a Non-Clinical Group. Total Sample (N= 857).

EMS	Clinical Total		Non-Clinical		PTSD		Schema		Alcohol/Substance	
	Means	(SD)	Means	(SD)	Means	(SD)	Means	(SD)	Means	(SD)
Emotional Deprivation	3.21	(1.36)	2.75	(1.36)	3.15	(1.24)	3.60	(1.38)	3.02	(1.42)
Abandonment	2.85	(1.17)	2.20	(1.11)	2.78	(1.18)	3.33	(1.20)	2.59	(1.03)
Mistrust/Abuse	2.88	(1.22)	2.39	(1.11)	3.20	(1.29)	2.81	(1.15)	2.62	(1.13)
Social Isolation	3.43	(1.42)	2.86	(1.30)	3.64	(1.38)	3.84	(1.32)	2.97	(1.40)
Defectiveness	3.01	(1.38)	2.22	(1.33)	3.03	(1.39)	3.57	(1.33)	2.63	(1.29)
Failure	3.11	(1.45)	2.32	(1.22)	2.89	(1.40)	3.86	(1.43)	2.83	(1.33)
Dependence	2.75	(1.25)	2.06	(1.12)	2.63	(1.220)	3.23	(1.27)	2.53	(1.19)
Vulnerability to Harm	2.84	(1.18)	2.40	(1.14)	3.25	(1.240)	2.54	(1.13)	2.56	(1.02)
Enmeshment	2.01	(1.02)	1.78	(.97)	1.69	(0.82)	2.24	(1.11)	2.16	(1.06)
Subjugation	3.25	(1.26)	2.34	(1.12)	2.93	(1.25)	3.53	(1.26)	3.37	(1.21)
Self-Sacrifice	3.74	(1.15)	3.38	(1.16)	3.61	(1.11)	4.02	(1.22)	3.68	(1.12)
Unrelenting Standards	3.40	(1.37)	3.09	(1.06)	3.98	(1.32)	3.65	(1.25)	2.97	(1.29)
Entitlement	3.25	(1.39)	2.41	(0.97)	4.05	(1.33)	2.42	(1.08)	2.80	(1.22)
Insufficient Self Control	3.65	(1.18)	2.55	(1.07)	3.73	(1.15)	3.31	(1.13)	3.57	(1.16)
Approval Seeking	2.74	(1.12)	2.57	(1.16)	2.88	(1.12)	3.65	(1.30)	2.82	(1.10)
Negativity/Pessimism	3.47	(1.18)	2.97	(1.29)	3.53	(1.17)	3.50	(1.28)	3.52	(1.21)
Fear of Losing Control	3.21	(1.27)	2.32	(1.25)	2.97	(1.21)	3.21	(1.30)	3.15	(1.23)
Emotional Constriction	3.21	(1.25)	2.71	(1.36)	3.26	(1.25)	2.77	(1.18)	2.96	(1.20)
Punitiveness (Self)	3.19	(1.36)	2.67	(1.09)	3.47	(1.37)	3.22	(1.44)	2.91	(1.22)
Punitiveness (Other)	3.05	(1.16)	2.99	(1.16)	3.13	(1.17)	2.92	(1.11)	3.05	(1.17)

Note: Total Sample (N= 857), Clinical Total (N= 593), Non-Clinical (N= 264), PTSD = Post-Traumatic Stress Disorder (N= 218; The PTSD sample was predominantly Australian military veterans and first responders), Schema (N= 150; The Schema sample was predominantly patients diagnosed with borderline personality disorder), Alcohol/Substance Use (N= 225). Please use the following to cite this table DOI: <https://doi.org/10.3390/ijerph20031778>