

Supplement S8. Quality of evidence by the GRADE approach

(1) BMI

Comparison		Direct evidence (pairwise meta-analysis)	Indirect evidence	Network meta-analysis
AT	Acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	HM	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	HM + AT	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
AT	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)

Acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Placebo	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Cupping + acupressure	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
Chuna	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

Chuna + AT	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	Cupping + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Cupping	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Cupping	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

Cupping + acupressure	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	None	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
HM	HM + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
HM	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
HM + AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
HM + AT	None	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
HM + AT	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM + acupressure	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
HM + acupressure	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
None	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

(2) Body weight

Comparison		Direct evidence (pairwise meta- analysis)	Indirect evidence	Network meta- analysis
AT	Acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
AT	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
AT	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Moxa	Low Risk of bias (-1) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	None	Low Risk of bias (-1) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Placebo	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Chuna + acupressure	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)

Chuna	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Cupping + acupressure	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
Chuna	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
Chuna	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
Chuna + AT	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + acupressure	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
Chuna + acupressure	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)

Chuna + acupressure	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
Cupping	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Cupping	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	Moxa	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Cupping + acupressure	None	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
HM	Moxa	-	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)
HM	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
HM	Placebo	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Moxa	None	Very low Risk of bias (-1) Inconsistency (-2) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Moxa	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
None	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

(3) Height

Comparison		Direct evidence (pairwise meta-analysis)	Indirect evidence	Network meta-analysis
Acupressure	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Moxa	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Acupressure	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
Acupressure	Placebo	Low Risk of bias (-1) Imprecision (-1)	-	-
Chuna	Chuna + acupressure	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Moxa	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	None	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Moxa	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	None	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	Moxa	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)

HM	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Moxa	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
Moxa	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
None	Placebo	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

(4) Total effective rate

Comparison		Direct evidence (pairwise meta-analysis)	Indirect evidence	Network meta-analysis
AT	Acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	Cupping + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	Fenfluramine	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	HM	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
AT	HM + AT	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
AT	None	Moderate Risk of bias (-1)	-	Moderate Risk of bias (-1)
Acupressure	Chuna	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

Acupressure	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	Fenfluramine	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	HM	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Acupressure	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Acupressure	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Acupressure	None	Moderate Risk of bias (-1)	-	Moderate Risk of bias (-1)
Chuna	Chuna + AT	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Chuna + acupressure	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	Cupping + acupressure	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna	Fenfluramine	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna	None	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

Chuna + AT	Chuna + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	Cupping + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + AT	Fenfluramine	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + AT	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + AT	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	Fenfluramine	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Chuna + acupressure	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Chuna + acupressure	None	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	Cupping + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	Fenfluramine	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)

Cupping	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Cupping	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	Fenfluramine	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	HM	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Cupping + acupressure	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Cupping + acupressure	HM + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Cupping + acupressure	None	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
Fenfluramine	HM	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)
Fenfluramine	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Fenfluramine	HM + acupressure	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
Fenfluramine	None	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	HM + AT	-	Moderate Risk of bias (-1)	Moderate Risk of bias (-1)
HM	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM	None	Moderate Risk of bias (-1)	Low Risk of bias (-1) Imprecision (-1)	Moderate Risk of bias (-1)
HM + AT	HM + acupressure	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM + AT	None	-	Low Risk of bias (-1) Imprecision (-1)	Low Risk of bias (-1) Imprecision (-1)
HM + acupressure	None	Low Risk of bias (-1) Imprecision (-1)	-	Low Risk of bias (-1) Imprecision (-1)