

Table S1. Results of the Mixed-Model ANOVA.

	Fixed Effects (Type III)	F
BDNF		
Row Factor	0.0086	7.358
Time	0.0499	3.999
Row Factor x Time	0.0529	3.893
Chi-square, df	0.4329, 1	
Cortisol		
Row Factor	0.0011	11.71
Time	0.0001	16.61
Row Factor x Time	<0.0001	35.90
Chi-square, df	30.42, 1	
Stroop “reading” interference		
Row Factor	0.6097	0.2634
Time	0.9457	0.004675
Row Factor x Time	0.9387	0.005959
Chi-square, df	2.282, 1	
Stroop “naming” interference		
Row Factor	0.3213	1.000
Time	0.0142	6.375
Row Factor x Time	0.0352	4.644
Chi-square, df	12.53, 1	