

Table S1: Search history.

Databases	Search history
PubMed	((functional movement screen[Title/Abstract] OR (FMS[Title/Abstract])) OR (functional movement screen*[Title/Abstract])) AND (((functional movement patterns[Title/Abstract] OR (movement quality[Title/Abstract])) OR (injury risk[Title/Abstract])) OR (injury prediction[Title/Abstract])) OR (injury prevention[Title/Abstract])) OR (injur*[Title/Abstract])) AND(((exercise[Title/Abstract] OR (physical activity[Title/Abstract])) OR (functional training[Title/Abstract])) OR (functional strength training[Title/Abstract])) OR (movement training[Title/Abstract]))
Embase	#4 #1 AND #2 AND #3 #3 'exercise' OR 'physical activity' OR 'functional training' OR 'functional strength training' OR 'movement training':ab,ti #2 'functional movement patterns' OR 'movement quality' OR 'injury risk' OR 'injury prediction' OR 'injury prevention' OR injur*:ab,ti #1 'functional movement screen' OR 'FMS' OR 'functional movement screen*':ab,ti
Scopus	TITLE-ABS ("functional movement screen" OR fms OR "functional movement screen*") AND TITLE-ABS ("functional movement patterns" OR "movement quality" OR "risk injury" OR "injury prediction" OR "injury prevention" OR injur*) AND TITLE-ABS (exercise OR "physical activity" OR "functional training" OR "functional strength training" OR "movement training")