

Supplement S2. Item statistics

Table S1. Item and composite statistics for vulnerability and resilience indicators

	scale range	T1			T2			T3		
		<i>M</i>	<i>SD</i>	α	<i>M</i>	<i>SD</i>	α	<i>M</i>	<i>SD</i>	α
<i>Vulnerability indicators</i>										
Burdens	0 - 8	1.38	.93	.86	2.26	1.07	.84	1.82	1.01	.85
				[.85, .86]			[.83, .85]			[.85, .86]
Appropriateness of protection measures				.38			.18			.17
				[.35, .41]			[.14, .23]			[.12, .26]
	0 - 8	1.79	2.13		2.10	2.42		1.97	2.23	
	0 - 8	2.86	2.44		2.56	2.44		3.10	2.51	
	0 - 8	2.54	2.54		3.02	2.70		2.66	2.47	
	0 - 8	2.25	2.17		2.28	2.11		2.81	2.24	
Psychosomatic complaints	0 - 8	1.77	1.26	.75	1.93	1.44	.79	1.52	1.29	.79
				[.74, .76]			[.78, .80]			[.78, .80]
Aggression as perpetrator	0 - 8	.60	.74	.80	.61	.78	.77	.48	.72	.81
				[.79, .81]			[.76, .78]			[.80, .82]
Aggression as victim	0 - 8	.55	.64	.70	.55	.70	.70	.48	.65	.72
				[.68, .71]			[.69, .72]			[.70, .73]
Craving for internet activities	0 - 8	1.93	1.09	.60	2.27	1.21	.59	1.90	1.14	.61
				[.58, .62]			[.57, .61]			[.59, .63]
Pandemic-related fears	0 - 8	1.19	1.05	.84	2.67	1.40	.84	1.85	1.15	.82
				[.84, .85]			[.83, .85]			[.81, .83]
Pandemic-related behaviors	0 - 8	.57	.92	.81	1.51	1.48	.81	.49	.87	.80
				[.80, .82]			[.80, .82]			[.79, .81]
Alcohol consumption (AUDIT-C)	0 - 12	2.65	2.04	.64	2.52	2.28	.66	2.58	2.21	.68
				[.62, .66]			[.65, .68]			[.66, .69]
Internet Use (CIUS-5)	0 - 20	4.52	3.78	.78	4.90	4.31	.82	3.79	3.84	.82
				[.77, .80]			[.81, .82]			[.81, .83]
Perceived stress (PSS-4)	0 - 16	5.86	2.78	.76	7.09	3.06	.79	6.05	3.04	.80
				[.75, .77]			[.78, .80]			[.79, .81]
Depressive symptoms (PHQ-2)	0 - 6	1.34	1.23	.73	1.89	1.51	.80	1.47	1.37	.78
				[.71, .74]			[.78, .81]			[.77, .80]
Anxiety symptoms (GAD-2)	0 - 6	1.25	1.32	.75	1.83	1.61	.80	1.42	1.45	.80
				[.73, .77]			[.79, .81]			[.79, .81]
News consumption*	0 - 8	5.04	2.11		6.75	1.61		5.59	2.05	
Alcohol loss of control*	0 - 8	.43	1.13		.75	1.56		.61	1.37	
Overall stress*	0 - 8	4.00	2.07		4.59	2.30		3.91	2.14	
Loneliness*	0 - 8	1.85	2.08		3.24	2.52		2.44	2.20	
Overall anxiety*	0 - 8	1.94	1.90		3.57	2.30		2.49	2.08	
<i>Resilience indicators</i>										
Stress recovery	0 - 8	5.03	1.65	.75	4.60	1.88	.82	4.92	1.83	.81
				[.73, .77]			[.81, .83]			[.80, .82]
Crises as a chance	0 - 8	4.10	1.95	.74	4.09	2.04	.78	4.07	2.05	.81
				[.72, .76]			[.77, .79]			[.79, .82]
Coping during crises	0 - 8	4.49	1.18	.74	4.22	1.16	.71	4.38	1.17	.73
				[.73, .75]			[.70, .73]			[.72, .74]
Self-efficacy (ASKU)	1 - 5	4.37	.72	.89	4.04	.89	.90	4.18	.83	.91
				[.88, .89]			[.90, .91]			[.91, .92]
Optimism*	0 - 8	5.69	1.72		4.33	1.92		5.03	1.82	
Life satisfaction*	0 - 8	5.77	1.64		4.66	1.94		5.41	1.71	

Note. Sample mean (*M*), standard deviation (*SD*), Cronbach's Alpha with 95% confidence interval (α) for indicators at three measurement occasions of January 2020 (T1), mid of March to mid of April 2020 (T2) and June 2020 (T3). There was no missing data. * = single-item indicator.

Table S2. Item statistics for social cohesion indicators

<i>Social cohesion indicators</i>	scale range	T1			T2			T3		
		<i>M</i>	<i>SD</i>	NA	<i>M</i>	<i>SD</i>	NA	<i>M</i>	<i>SD</i>	NA
Belonging family	1-100	6.36	2.05	-	6.15	2.30	-	6.40	2.06	-
Belonging friends	1-100	6.04	1.87	-	5.03	2.40	-	5.86	1.99	-
Belonging neighborhood	1-100	3.65	2.43	-	3.15	2.55	-	3.41	2.54	-
Belonging Berlin	1-100	3.35	2.38	-	2.57	2.40	-	2.95	2.42	-
Belonging Germany	1-100	2.99	2.44	-	2.39	2.44	-	2.55	2.40	-
Belonging Europe	1-100	3.02	2.51	-	2.47	2.51	-	2.60	2.48	-
Belonging World	1-100	2.67	2.52	-	2.28	2.51	-	2.37	2.48	-
Trust family	0 - 8	6.98	1.64	-	7.02	1.65	-	7.05	1.64	-
Trust friends	0 - 8	6.70	1.43	-	6.60	1.57	-	6.70	1.50	-
Trust neighbors	0 - 8	4.10	1.89	-	4.07	2.05	-	3.97	2.08	-
Trust fellow citizens	0 - 8	3.32	1.55	-	3.14	1.71	-	3.00	1.66	-
Trust media	0 - 8	5.24	2.12	-	5.45	2.24	-	5.32	2.29	-
Trust police	0 - 8	5.29	1.96	-	5.37	2.08	-	5.26	2.17	-
Trust senate	0 - 8	4.12	1.93	-	4.37	2.15	-	4.27	2.18	-
Trust chancellor	0 - 8	5.37	2.06	-	5.63	2.21	-	5.46	2.28	-
Trust government	0 - 8	4.72	1.97	-	5.09	2.15	-	4.87	2.18	-
Trust health system	0 - 8	5.88	1.76	-	6.01	1.84	-	6.06	1.82	-
Trust science	0 - 8	6.62	1.47	-	6.63	1.68	-	6.61	1.72	-
Interaction frequency partner	0 - 8	3.74	.70	925	3.68	.88	938	3.72	.74	927
Interaction quality partner	-4 - 4	2.33	1.89	925	2.20	1.94	938	2.37	1.89	927
Interaction frequency family	0 - 8	2.60	1.22	97	1.87	1.56	175	2.47	1.26	97
Interaction quality family	-4 - 4	2.62	1.57	97	2.00	1.81	175	2.69	1.54	97
Interaction frequency friends	0 - 8	2.50	.98	81	1.09	1.04	196	2.24	1.01	62
Interaction quality friends	-4 - 4	2.97	1.26	81	1.85	1.77	196	2.88	1.35	62
Interaction frequency colleagues	0 - 8	3.17	1.09	517	1.55	1.49	728	2.20	1.35	632
Interaction quality colleagues	-4 - 4	1.57	1.59	517	.84	1.58	728	1.29	1.64	632
Interaction frequency supervisors	0 - 8	2.65	1.21	731	1.24	1.38	915	1.72	1.32	845
Interaction quality supervisors	-4 - 4	.95	1.81	731	.43	1.51	915	.70	1.67	845
Interaction frequency others	0 - 8	2.19	1.03	173	1.02	.91	453	1.51	1.00	397
Interaction quality others	-4 - 4	.83	1.45	173	.11	1.43	453	.39	1.46	397
Prosocial frequency self -partner	0 - 4	3.25	.84	914	3.21	.89	924	3.17	.90	915
Prosocial frequency partner - self	0 - 4	3.06	1.01	931	3.08	1.01	922	3.05	1.02	922
Prosocial frequency self -family	0 - 4	2.73	1.06	52	2.67	1.13	61	2.60	1.10	51
Prosocial frequency family - self	0 - 4	2.34	1.12	69	2.27	1.19	79	2.34	1.14	58
Prosocial frequency self -friends	0 - 4	2.37	1.02	73	2.08	1.12	79	2.15	1.05	60
Prosocial frequency friends - self	0 - 4	2.11	1.04	94	1.89	1.14	92	2.05	1.07	62
Prosocial frequency self -neighbors	0 - 4	1.19	1.03	154	1.17	1.09	158	1.03	1.02	148
Prosocial frequency neighbors - self	0 - 4	.96	.98	229	.91	1.03	190	.86	.98	164
Prosocial frequency self -colleagues	0 - 4	1.99	1.07	537	1.65	1.15	652	1.66	1.11	636
Prosocial frequency colleagues - self	0 - 4	1.60	1.01	558	1.34	1.06	648	1.38	1.04	639
Prosocial frequency self - supervisors	0 - 4	1.49	1.19	768	1.20	1.16	844	1.20	1.14	834
Prosocial frequency supervisors - self	0 - 4	1.17	1.04	784	1.04	1.05	838	1.02	1.01	841
Prosocial frequency self -others	0 - 4	1.04	.93	536	.75	.91	694	.75	.86	602
Prosocial frequency others - self	0 - 4	.67	.78	649	.46	.72	740	.52	.73	644
Prosocial efforts	0 - 8	3.19	1.70	-	3.13	1.83	-	3.01	1.78	-
Political participation	0 - 8	2.95	2.37	-	1.75	2.18	-	1.98	2.18	-
Social participation	0 - 8	3.93	2.60	-	1.29	1.76	-	2.94	2.47	-

Note. Sample mean (*M*), standard deviation (*SD*), and not available data cases (NA) for indicators at three measurement occasions of January 2020 (T1), mid of March to mid of April 2020 (T2) and June 2020 (T3).