



Supplementary Table S1. MEDLINE search strategy (OVID interface).

1. Mindfulness/
 2. mindfulness.ti,ab,kw.
 3. (MBCT or mindfulness based cognitive therapy or MBI or mindfulness based intervention? or MBP or mindfulness based program* or mindful*).ti,ab,kw.
 4. or/1-3
 5. Caregivers/
 6. ((famil* or spous* or relative? or relation or relations or partner? or husband? or wife or wives or significant other? or child* or sibling? or grandchild*) adj5 (care* or caring or caregiv* or care giv*)).ti,ab,kw.
 7. 5 or 6
 8. dementia/ or alzheimer disease/ or dementia, vascular/ or cadasil/ or dementia, multi-infarct/ or frontotemporal lobar degeneration/ or frontotemporal dementia/ or "pick"/ or huntington disease/ or lewy body disease/
 9. dementia.ti,ab,kw.
 10. alzheimer?.ti,ab,kw.
 11. (cognit* or neurocognit* or dement* or cadasil or frontotemporal or fronto temporal or pick? or huntington? or lewy-body or Parkinson? or primary progressive aphasia or carasil or Creutzfeldt Jakob or CJD or sundown* or Korsakoff or binswanger? or klüber bucy or primary progressive nonfluent aphasia).ti,ab,kw.
 12. or/8-11
 13. 4 and 7 and 12
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