Table S1. Multivariate linear regression of school start time on sleeping hours.

Predictor Variables	**Unit**	**Coefficient**	**95% CI**	***p*-Value**
School Start Time	15 minutes	4.6	3.4, 5.9	<0.0001
Race/Ethnicity	Category			
Non-Hispanic White		0	-	-
Non-Hispanic Black		-11.8	-19.0, -4.6	0.0014
Hispanic		-1.5	-5.8, 2.8	0.4892
Other/Multi-Racial		-11.6	-16.1, -7.1	<0.0001
Mother's Education	Dummy			
Less than college		0	-	-
Some college or above		9.5	6.2, 12.7	<0.0001
Urbanicity	Category			
Urban		0	-	-
Suburban		-3.9	-10.4, 2.6	0.2371
Rural		7.2	3.1, 11.3	0.0008
Free and reduced lunch	5%	0.41	-1.0, 0.2	0.1712