

Criteria Questions	Study				
	Cade et al., 2002	Lima et al., 2017	Martins et al., 2017	Ramos et al., 2012	Somarriba et al., 2013
Q1=Research question	Yes	Yes	Yes	Yes	Yes
Q2 =Study population	Yes	Yes	Yes	Yes	Yes
Q3= Study Population (elegíveis era de pelo menos 50%)	No	No	No	No	No
Q4=population/eligibility criteria	Yes	Yes	Yes	Yes	Yes
Q5=Sample size	Yes	No	No	No	No
Selection bias (Maximum = 5)	4	3	3	3	3
Q6= Exposure assessed prior to outcome measurement	No	No	No	No	No
Q7= Sufficient timeframe to see an effect	No	No	No	No	No
Q8= Different levels of the exposure of interest	No	No	No	No	No
Q9= Exposure measures and assessment	Yes	Yes	Yes	Yes	Yes
Q10= Repeated exposure assessment	No	No	No	No	No
Q11= Outcome measures	Yes	Yes	Yes	Yes	Yes
Q12= Blinding of outcome assessors	No	No	No	No	No
Measurement and outcome bias (maximum = 7)	2	2	2	2	2
Q13= Follow-up rate	No	Yes	No	No	No
Q14 = Statistical analyses	Yes	No	No	No	No
Data presentation (Maximum = 7)	1	0	2	0	0
Total score	7	6	5	5	5