



Figure S1. Impact of olive oil supplement on **A.** Leukocytes ($10^9 \cdot L^{-1}$), **B.** Lactate ($mmol \cdot L^{-1}$), **C.** IL8 ($pg \cdot mL^{-1}$), **D.** IL6 ($pg \cdot mL^{-1}$) during and after intense exercise.