Table S1. Horticultural food plants used in the Mediterranean Basin as traditional herbal medicine are listed in a complete table with detailed information from the reviewed articles

Species	Plant part(s used	Preparation	Administration	Uses	Ailments category	References
***Allium ascalonicum* L. (Amaryllidaceae**						
	Bulbs	Raw	Oral	To purify the blood	Cardiovascular system	[36]
	Bulbs	Raw	Oral	Female infertility	Reproductive system	[37]
***Allium cepa* L. (Amaryllidaceae**						
	Bulbs	Cooked	Oral	Anti-inflammatory	Anti inflammatory	[38,39]
	Bulbs	Infusion	Oral	Antiseptic	Antibacterial	[40–45]
	Bulbs	Decoction	Oral	To lower blood pression	Cardiovascular system	[43,46–50]
	Bulbs	Raw	Oral	To lower cholesterol	Cardiovascular system	[51–53]
	Leaves	Decoction	Oral	Heart diseases	Cardiovascular system	[21]
	Bulbs	Raw	Topical	Haemostatic, nosebleeds	Cardiovascular system	[7,47,54–57]
	Bulbs	Raw, cooked	Oral	Galactagogue	Endocrine system	[43,58,59]
	Bulbs	Raw, juice	Oral	Diabetes	Endocrine system	[51–53,60–63]
	Bulbs	Raw	Topical	Foothbaths against sweating	Endocrine system	[52,57]
	Bulbs	Infusion	Oral	Antispasmodic	Gastrointestinal system	[43]
	Bulbs	Cooked, maceration	Oral	Laxative	Gastrointestinal system	[36,52,59,62–64]
	Bulbs	Decoction	Oral	Diarrhoea	Gastrointestinal system	[65]
	Bulbs	Decoction	Oral	Digestive	Gastrointestinal system	[38,66]
	Bulbs, leaves	Decoction	Oral	Stomach ulcer, stomach pain	Gastrointestinal system	[43,54,67,68]
	Bulbs	Raw	Oral	Anthelmintic	Gastrointestinal system	[52,54,65,66,68–70]
	Bulbs	Juice, Decoction	Oral	To improve hepatic function	Gastrointestinal system	[61,71]

Bulbs	Decoction	Oral	Carminative	Gastrointestinal system	[54,62,68]
Bulbs	Decoction	Oral	Bile lithotriptic	Gastrointestinal system	[69]
Bulbs	Decoction	N.R.	Haemorroids	Gastrointestinal system	[72,73]
Bulbs	Raw	Topical	Burns	Integumentary system	[72,74–77]
Bulbs	Fried	Topical	Furuncles healing abscesses	Integumentary system	[78]
Bulbs	Raw	Topical	Oral application with honey for bronchitis and sore throat	Respiratory system	[78]
Bulbs	Raw, oleolite, cooked	Topical	Corns, warts, abscesses, bruises, wound healing, rhagades, whitlows	Integumentary system	[23,36,39,41–43,48,50,52,54,59,76,77,79–95]
Bulbs	Raw	Topical	Herpes simplex	Integumentary system	[96]
Bulbs	Raw	Topical	Greasy skin	Integumentary system	[91]
Bulbs	Raw	Topical	Insect bites	Integumentary system	[43,47,50,53,55,58,62,65,70,75,76,97–100]
Bulbs	Raw	Topical	Hair loss	Integumentary system	[41,52,79,101]
Bulbs	Raw	Topical	Nail infections	Integumentary system	[46]
Bulbs	Macerate	Oral	Rheumatism, arthritis	Muscoskeletal system	[40,41,62,64,102]
Bulbs	Raw	Topical	Contusion	Muscoskeletal system	[42,91]
Bulbs	Decoction, poultice	Topical	Stiff neck, back pains	Muscoskeletal system	[81,103]
Bulbs	Decoction	Topical	Calcanean spurs	Muscoskeletal system	[50]
Bulbs	Raw	Topical	Headache	Nervous system	[65]
Bulbs	Maceration in milk	Oral	Alcholism	Other	[104]
Bulbs	Raw	Topical	Fever	Other	[54,68]
Bulbs	N.R.	Oral	Uterine pains	Reproductive system	[54,68]

Bulbs, seeds	Infusion, aerosol	Oral	Cough, bronchitis, cold, flu, sore throat, loss of voice, sinusitis, catarrh, pulmonary diseases	Respiratory system	[12,28,33,38,40,41,43,44,47,48,50,51,53,54,60,62,64,65,67–69,71–73,75,76,79,83,85,86,88,89,101,105–113]
Bulbs	Raw	Topical	Styes, eyes inflammations	Sensorial system	[65,82,101]
Bulbs	Juice	Topical	Otitis	Sensorial system	[43,68,79,81,84]
Bulbs	Decoction	Topical	Toothache	Teeth	[21,50,66,90]
Bulbs	Maceration	Oral	Prostatitis, prostate cancer	Urinary system	[61,82]
Bulbs	Decoction, maceration	Oral	Urinary disease, diuretic, kidney stones	Urinary system	[43,48,49,52,54,62,64,66,68,69,74,77,79,94,95,97,100,101,104,108,111,112]
Bulbs	Raw	Inhalation	Vertigo, syncope	Sensorial system	[114,115]
Bulbs	Poultice	Topical	Skin abcesses	Integumentary system	[114,115]
Bulbs	juice	Topical	Eyes inflammations	Sensorial system	[114]
Bulbs	Decoction	Oral	Anthelmintic	Gastrointestinal system	[114]
Bulbs	Raw	Oral	antiparasites	Gastrointestinal system	[114]
Bulbs	Raw	Oral	Fever	Other	[114]
Seeds	Whit honey	Oral	Asthma	Respiratory system	[114]
N.R	N.R	N.R	Cancer	other	[116]
Bulbs	Decoction with honey and chick pea	Oral	Hemiplegia	Nervous system	[57]
Bulbs	Raw or boiled	Oral	Diuretic	Urinary system	[57]
Bulbs	Maceration in Marsala wine	Oral	Liver protector	Gastrointestinal system	[57]

	Bulbs	Decoction mixed with honey	Oral	Hypogligemic	Endocrine system	[57]
	Bulbs	Raw or boiled	Oral	Hypogligemic	Endocrine system	[57]
	Bulb	Raw poultice cataplasm	topical	Abcscesses	Integumentary system	[57]
	Bulb	Puoltice on head	topical	Antiseptic	Antibacterial	[57]
	Bulb	Puoltice on head	topical	Sunstroke	Integumentary system	[57]
	Bulb	Raw poultice cataplasm	Topical	Sunburns	Integumentary system	[57]
	Bulb	Raw poultice cataplasm	Topical	Cicatrizant	Integumentary system	[57]
	Bulb	Raw	Oral	Hoarsness	Respiratory system	[57]
	Bulb	Ointment	topical	Otitis	Sensorial system	[57,117]
	Bulb	Tincture in wine	Topical	Emollient for intestine	Gastrointestinal system	[57]
	Bulb	Decction, ointment	Topical	Rhagads, Hair loss	Integumentary system	[57]
	Seeds	Raw	Oral	Menstrual pains	Reproductive system	[118]
	Scapa	Decoction	Oral	Gastrointestinal diseases	Gastrointestinal system	[118]
	Bulb	Paste	Oral	Renal colic	Urinary system	[118]
	Bulb	raw	Topical	Anuria in children	Urinary system	[118]
	Bulb	crushed and salt	Topical	Spraion, edema, bruies	Integumentary system	[119]
***Allium porrum* L. (A. ampeloprasum L. (Amaryllidaceae**						
	Bulbs	Raw	Topical	Abscesses, warts, pimples, chillblains	Integumentary system	[82,109,111]
	Whole plant	Raw	Topical	Haemorroids	Gastrointestinal system	[48]

	Whole plant	Raw	Oral	Anthelminthic	Gastrointestinal system	[120]
	Whole plant	Raw	Oral	To lower cholesterol	Cardiovascular system	[46]
	Bulbs	Decoction, juice	Oral	Diabetes	Endocrine system	[46,121]
	Leaves	Juice	Topical	Ear ache	Sensorial system	[82]
	Bulbs	Boiled	Oral	Diuretic	Urinary system	[107]
	Roots	Steaming	Oral	Stomach ache	Gastrointestinal system	[68]
	Whole plant	Raw	Topical	Vaginitis	Reproductive system	[120]
	Roots	Steaming	Topical	Varicose veins	Cardiovascular system	[68]
	Whole plant	Raw	Topical	Rheumatism	Muscoskeletal system	[122]
	Whole plant	Raw	Oral	Cough	Muscoskeletal system	[122]
	Bulbs	Raw	Oral	Diabetes	Endocrine system	[118]
	Scapa	Decoction	Oral	Blurred vision	Sensorial system	[118]
***Allium sativum* L. (Amaryllidaceae**						
	Bulbs, leaves	Decoction, raw	Oral	Anti-inflammatory	Anti inflammatory	[41,79,101]
	Bulbs	Decoction	Oral	Antiseptic	Antibacterial	[21,40,41,43,64,66,101,111,123–124]
	Bulbs	Macerate, tincture	Oral	To lower blood pression	Cardiovascular system	[21,23,33,36,38,40–43,46,47,53,54,60,64,66,69,71–73,75–77,79–82,88,90–93,100,101,104,108,113,123,125–129]
	Bulbs	Tincture	Topical	Arteriosclerosis	Cardiovascular system	[104]
	Bulbs	Raw	Oral	To lower cholesterol	Cardiovascular system	[42,51,64,79]
	Fruits, leaves	Decoction, Infusion, powder and mask	Oral/Topic	Hypertension	Cardiovascular system	[130]
	Bulbs	Raw	Oral	Hypertension	Cardiovascular system	[57,114,115,117,131]
	Bulbs	Decoction	Oral	Hypertension	Cardiovascular system	[114,117]
	Bulbs	raw	Oral	Antiatherosclerosis	Cardiovascular system	[57]
	Bulbs	N.R.	N.R.	Cardiotonic	Cardiovascular system	[57]

Bulbs	mixed with vinegar and bran	Topical	Hemostatic	Cardiovascular system	[57]
Bulbs	Tincture	Oral	Diabetes	Endocrine system	[41,46,79,101]
Fruits, leaves	Decoction, Infusion, powder and mask	Oral/Topic	Diabetes	Endocrine system	[130]
Leaves	Paste	Oral	Diabetes	Endocrine system	[118]
Bulbs	Raw, infusion	Oral	Anthelmintic	Gastrointestinal system	[23,33,36,38,43,47,48,50,52–55,57,59,60,64,69,70,73,76,77,79,85,88,90–93,95,97,99–101,108–114,117,124,126,127,129,132,133]
Bulbs	Boiled	Oral	Antispasmodic	Gastrointestinal system	[43,127]
Bulbs	Raw	Oral	Laxative	Gastrointestinal system	[69]
Bulbs	Boiled	Oral	Gastritis	Gastrointestinal system	[43,51,66,69,87,124]
Bulbs	Raw	Oral	Carminative	Gastrointestinal system	[69]
Bulbs	Raw	Oral	Diarrhoea	Gastrointestinal system	[50]
Bulbs	Raw	Oral	Haemorroids	Gastrointestinal system	[50,57,123]
Fruits, leaves	Decoction	Oral	Hemorrhoids, intestinal parasites	Gastrointestinal system	[130]
Bulbs	Raw	Oral	Antitoxic	Gastrointestinal system	[114]
Bulbs	Raw	Oral	Intestinal Pains	Gastrointestinal system	[114]
Bulbs	raw	Oral	Antibacteria, antiviral for colon	Gastrointestinal system	[57]
Bulbs	N.R.	N.R.	Cholagogue	Gastrointestinal system	[57]
Bulbs	Raw, cooked	Oral	Apetizer	Gastrointestinal system	[117]
Bulbs	Raw :Necklace made of garlic cloves is worn around the neck	Topical	Anthelmintic	Integumentary system	[78]

Bulbs	Raw, tincture	Topical	Corns, warts, abscesses, bruises, wound healing, rhagades, chillblains	Integumentary system	[28,36,42,48,50,68–70,72,76,77,85,93,105,132,134]
Bulbs	Raw	Topical	Crushed as skin anti-inflammatory, antibacterial and depurative	Integumentary system	[52,76,85,93,104]
Bulbs	Raw	Topical	Hair loss	Integumentary system	[43,53]
Bulbs	Raw	Topical	To strenghten the nails	Integumentary system	[76]
Bulbs	Raw	Topical	Insect, scorpion and snake bites	Integumentary system	[39,43,52,72,75,76,89,91–93,99,114,115,132,134,135]
Bulb	Raw	Topical	Mouth ulcers	Integumentary system	[50,76,88]
Fruits, leaves	Mask	Topic	Hair loss and dandruff	Integumentary system	[130]
Bulbs	Boiled in oil	Topical	Skin infection, antifungal	Integumentary system	[114]
Bulbs	mixed with vinegar and bran	Topical	Antivenom for insect or scorpions sting	Integumentary system	[57]
Bulbs	Juice or pulp with olive oil	Topical	Warts and corns	Integumentary system	[57]
Bulbs	Raw, rubbed	Topical	Alopecia	Integumentary system	[57,117]
bulb	crusher	Topical	For bee bites	Integumentary system	[119]
Bulbs	Tincture	Topical	Rheumatism	Muscoskeletal system	[10,48,50,59,64,66,69,71,85,89,104,132]
Bulbs	Raw	Topical	Distorsioni	Muscoskeletal system	[136]
Whole plant	cataplasm boiled in milk	Topical	Stiffneck	Muscoskeletal system	[57]
Bulbs	Maceration in petroleum	Topical	Antiartritic, antirheumatic	Muscoskeletal system	[57]

Bulbs	Raw	Oral	Headache	Nervous system	[44]
Stems	Fumigation	Inhalation	Migraine, headache	nervous system	[114]
Bulbs	Raw with vinegar and lemon	Inhalation? Oral?	Dizzines, loss of consciousness	Nervous system	[57]
Bulbs	N.R.	N.R.	Cardiac analeptic	Nervous system	[57]
Bulbs	Raw	Topical	Anti-pyretic	Other	[79,108,137]
Bulbs	Decoction / Raw	Oral	Fever	Other	[114]
Bulbs	Raw, decoction, tincture	Oral	Asthma, cough, cold, sore throat	Respiratory system	[10,48,50,61,62,68,69,80,82,84,87,88,100,104,106,132,138]
Bulbs	Raw	Oral	Prophylaxis against tubercolosis	Respiratory system	[10,54]
Fruits, leaves	Decoction, Infusion, powder and mask	Oral/Topic	Respiratory diseases, influenza, cough	Respiratory system	[130]
Bulbs	raw	Oral	Antibacterial, antiviral for respiratory tract	Respiratory system	[57]
Bulb, Flowers	Raw	Oral	cold and flu	Respiratory system	[118,131]
Bulbs	Raw	Topical	Otitis	Sensorial system	[79,108,137]
Bulbs	Raw	Topical	Eyes inflammations	Sensorial system	[80]
Fruits, leaves	Decoction, Infusion, powder and mask	Oral/Topic	Eye and ear diseases	Sensorial system	[110,130]
Bulbs	Boiled in oil	Topical	Stye	Sensorial system	[114]
Bulbs	Raw poultice cataplasm	Topical	Hordeolum	Sensorial system	[117]

	Bulbs, leaves	Decoction, raw	Topical	Toothache, gingival inflammations	Teeth	[10,39,47,54,57,64,91,104,132]
	Bulbs	burned and grounded with pepper and honey	Topical	Dental decay	Teeth	[57]
	Bulbs	Raw, cooked	Oral	Diuretic, kidney stones	Urinary system	[10]
	Fruits, leaves	Decoction	Oral	Kidney disorders	Urinary system	[130]
***Allium schoenoprasum* L. (Amaryllidaceae**						
	Leaves	Raw	Oral	Antiseptic	Antibacterial	[111]
	Leaves	Raw	Oral	Anti-inflammatory	Anti inflammatory	[111]
	Leaves	Raw	Oral	Blood pressure regulator	Cardiovascular system	[47]
	Leaves	Raw	Oral	Laxative	Gastrointestinal system	[111]
	Pods	Raw	N.R	Cold	Other	[122]
	Leaves	Raw	Oral	Diuretic	Urinary system	[47,111]
***Anethum graveolens* L. (Apiaceae**						
	Fruits	Raw	Oral	Galactagogue	Endocrine system	[60,127,139]
	Aerial parts	Infusion	Oral	Hepatic diseases	Gastrointestinal system	[140]
	Aerial parts	Infusion	Oral	Hemorrhoids	Gastrointestinal system	[10,118]
	Aerial parts	Tincture	Oral	Carminative	Gastrointestinal system	[10,54,60,139,141]
	Fruits	N.R.	Oral	Intestinal diseases	Gastrointestinal system	[51]
	Aerial parts	Infusion	Oral	Dyspepsia	Gastrointestinal system	[40,141]
	Aerial parts	Infusion	Oral	Hiccup	Gastrointestinal system	[118,141]
	Whole plant, fruits	Infusion	Oral	Gastrointestinal disorders, constipation and pains	Gastrointestinal system	[130]

	Fruits	Infusion	Oral	Carminative, stomachic	Gastrointestinal system	[57]
	Aerial parts		Oral	stomachache	Gastrointestinal system	[142]
	Aerial parts	Infusion	Oral	Insomnia, sedative	Nervous system	[10,40,54]
	Leaves	raw	Oral	Headhace	Nervous system	[118]
	Leaves	Solution	Oral	To heal drunkenness	Other	[76]
	Aerial parts	Infusion	Oral	Dysmenhorrea	Reproductive system	[40]
	Fruits	Infusion	Oral	Galactagogue	Reproductive system	[57,142]
	Aerial parts	Infusion	Oral	Diuretic	Urinary system	[40,57,118,140,141]
	Whole plant and fruits	Infusion	Oral	Kidney disorders	Urinary system	[130]
	Fruits	Infusion	Oral	Lithotriptic	Urinary system	[57]
	Leaves, Stems	N.R.	Oral	Kidney stone	Urinary system	[110]
***Apium graveolens* L. (Apiaceae**						
	Seeds	Decoction	Oral	Anti-inflammatory	Anti inflammatory	[66]
	Aerial parts	Decoction	Oral	To lower blood pressure	Cardiovascular system	[143]
	Aerial parts	cooked	Oral	Hypertension	Cardiovascular system	[130]
	Whole plant	Infusion	Oral	Hypercholesterolemia	Cardiovascular system	[118]
	Fruits	Raw	Oral	Galactagogue	Endocrine system	[144]
	Roots, Leaves	Decoction	Oral	Diabetes	Endocrine system	[40,118]
	Leaves, seeds	Infusion	Oral	Diabetes	Endocrine system	[110]
	Roots, Leaves	Decoction	Oral	Abdominal pains	Gastrointestinal system	[131,145]
	Aerial parts	Decoction	Oral	Digestive, gastric ulcer	Gastrointestinal system	[48,54,63,99,146]
	Stems	Juice, Decoction	Oral	Carminative	Gastrointestinal system	[68,77,138,147]

Aerial parts	Raw	Oral	Laxative	Gastrointestinal system	[148]
Aerial parts	Raw	Oral	Liver disorders	Gastrointestinal system	[40]
Aerial parts	cooked	Oral	Ulcer	Gastrointestinal system	[130]
Aerial parts	Infusion	Oral	Aperitive, Carminative	Gastrointestinal system	[57]
Roots	Decoction	Oral	Antihelmintic	Gastrointestinal system	[57]
Leaves	Decoction	Oral	Antiscorbutic	immune system	[57]
Leaves	Raw	Topical	Skin diseases, burns	Integumentary system	[65,68,99,145]
Leaves	Poultice	Topical	Mastitis	Integumentary system	[103]
Aerial parts	mask	Topical	skin diseases	Integumentary system	[130]
Aerial parts	Infusion	Topical	Chilblains	Integumentary system	[57]
Aerial parts	Ointment with goat grase	Topical	Measles	Integumentary system	[57]
Leaves	raw, minced	Topical	Lenitive fore sores and bruises	Integumentary system	[57]
Leaves, seeds	infusion	Oral	Ringworms	Integumentary system	[110]
Seeds, stems	Decoction, juice	Oral	Rheumatism	Muscoskeletal system	[40,111,118,147,149]
Leaves	Poultice	Topical	Sciatica	Muscoskeletal system	[150]
Aerial parts	Raw	Oral	Afrodisiac	Nervous system	[38]
Aerial parts	Decoction	Topical	Sedative	Nervous system	[68,118,149]
Aerial parts	Decoction	Oral	Aphrodisiac	reproductive system	[114]
Leaves	Decoction	Oral	Uterotonic	reproductive system	[57]
Whole plant	Infusion	Oral	prostatitis	Reproductive system	[131]
Aerial parts	raw	Topical	Bronchytis, rhinopharingitis	Respiratory system	[63]
Aerial parts	Juice	Topical	Eyewash	Sensorial system	[147]
Aerial parts	Raw	Oral	Diuretic, kidney stones	Urinary system	[40,43,54,65,71,77,91,99,107,128,134,143,148]
Leaves	Decoction	Oral	kidney stones	Urinary system	[114,115]
Fruits	Decoction	Oral	Bladder infections	Urinary system	[114]

	Aerial parts	Infusion	Oral	Diuretic	Urinary system	[57]
	Whole plant	Infusion	Oral	renal colic	Urinary system	[118]
***Armoracia rusticana* G. Gaertn. B. Mey and Scherb (Brassicaceae**						
	Leaves	Raw	Topical	Varicose veins	Cardiovascular system	[54]
	Roots	Raw	Oral	Stomach ulcers	Gastrointestinal system	[54]
	Leaves	Raw	Topical	Bruises	Integumentary system	[80]
	Roots	Decoction, syrup	Oral	Rheumatism	Muscoskeletal system	[10,54,67]
	Roots	Raw	Oral	Menstruations	Reproductive system	[54]
	Roots	Decoction	Oral	Pulmonary infections	Respiratory system	[10,54]
	Roots	Raw	Oral	Kidney diseases	Urinary system	[54]
***Asparagus officinalis* L. (Asparagaceae**						
	Roots	Decoction	Oral	Palpitations	Cardiovascular system	[64,147]
	Shoots	Decoction	Topical	Haemorroids	Gastrointestinal system	[137]
	Shoots	Decoction	Oral	Hepatoproctector	Gastrointestinal system	[62,64,137]
	Shoots	Decoction	Oral	Nausea	Gastrointestinal system	[150]
	Roots	Decoction	Oral	Rheumatism	Muscoskeletal system	[102,147,150]
	Roots	Decoction	Oral	Treatment of female infertility	Reproductive system	[151]
	Roots	Decoction	Oral	Asthma	Respiratory system	[147]
	Roots	Decoction	Oral	Diuretic, urinary antiseptic, incontinence	Urinary system	[48,57,63,64,71,91,127,137,150,152]
***Beta vulgaris* L. (Amaranthaceae**						
	Leaves	Decoction	Oral	Anaemia	Cardiovascular system	[46,48,51,64,101]
	Whole plant	Juice	Oral	Cardiovascular disorders	Cardiovascular system	[130]
	Leaves, roots	Raw	Oral	Galactogogue	Endocrine system	[47,80]
	Leaves	Boiled	Oral	Digestive	Gastrointestinal system	[41,43,53,64,79,97]

	Roots	Decoction	Oral	Gastritis	Gastrointestinal system	[53]
	Leaves	Boiled	Oral	Laxative	Gastrointestinal system	[56,60,66,107,127,129]
	Leaves	Compresses	Topical	Haemorrhoids	Gastrointestinal system	[76]
	Leaves	Boiled, ironed, cataplasm	Topical	Abscesses, burns, wounds, lenitive	Integumentary system	[55,66,67,153,154]
	Leaves	N.R.	Topical	Joint pains, contusions	Muscoskeletal system	[154]
	Roots	Juice	Oral	Anti-pyretic	Other	[78]
	Leaves	Decoction	Oral	To facilitate childbirth	Reproductive system	[111]
	Roots	Raw	Oral	Vaginitis	Reproductive system	[80]
	Leaves, roots	Decoction	Oral	Cough, common cold	Respiratory system	[47,63]
	Leaves	Boiled, ironed	Topical	Sore throat	Respiratory system	[128]
	Leaves	Decoction, raw	Oral	Diuretic, cystitis	Urinary system	[47,53]
***Brassica napus* L. (Brassicaceae**						
	Leaves	Raw	Topical	Vulnerary	Integumentary system	[88]
	Seed	Decoction	Topical	Revulsive	Integumentary system	[57]
	Seed	raw	Oral	Anti-pyretic	Other	[57]
	Leaves	Juice	Oral	Cough	Respiratory system	[61]
	Seed	raw	Oral	improve visual acuteness	sensoria system	[57]
	Leaves	Juice	Oral	Kidney stones	Urinary system	[61]
***Brassica oleracea* L. (Brassicaceae**						
	Leaves	Roasted, boiled	Topical	Legs swelling and varicose veins	Cardiovascular system	[10,65,109]
	Leaves	Macerate	Topical	Varices, varicose ulcers, haemorroids	Cardiovascular system	[52,82]

Flowers, Leaves	Decoction	Oral	Anemia	Cardiovascular system	[115]
Leaves	Raw	Topical	Laxative	Gastrointestinal system	[70]
Leaves	N.R.	Topical	Belly ache	Gastrointestinal system	[155]
Leaves	Decoction	Oral	Stomach hyperacidity	Gastrointestinal system	[104]
Leaves	Poultice	Topical	Carminative	Gastrointestinal system	[69]
Leaves	Boiled, roasted	Topical	Pimples, acne, corns, abscesses, bruises, burns, wounds, chillblain	Integumentary system	[18,33,38,43,46,48,50,53,76,96,104,133,138,154,156]
Leaves	Roasted	Topical	Mastitis	Integumentary system	[76,89,92,93]
Leaves	Boiled, roasted	Topical	Rheumatism, contusion, joint pain, tendinitis	Muscoskeletal system	[42,43,65,73,89,91–93,99,102,104,111,113,129,133,157,158]
Leaves	Raw	Topical	To extract water from knees	Muscoskeletal system	[78,90]
Leaves	Raw	Topical	Back pain	Muscoskeletal system	[78]
Leaves	Raw	Topical	The cataplasms as anti-inflammatory for muscle tears and as lenitive on swollen feet	Muscoskeletal system	[95,107]
Leaves	Poultice	Topical	To reinforce bone, rheumatism	Muscoskeletal system	[54,121]
Leaves	Raw	Topical	Headache	Nervous system	[10,69,138]
Leaves	Raw	Oral	Insomnia	Nervous system	[5]
Leaves	Poultice, raw	Topical	Respiratory tract infection	Respiratory system	[68,138,157]
Leaves	Decoction, syrup, juice	Oral	Cough, asthma	Respiratory system	[61,104,110,133]
Leaves	Decoction	Oral	Bronchitis	Respiratory system	[110]
Leaves	Boiled	Oral	Diuretic	Urinary system	[95]

	Flowers, Leaves	Decoction	Oral	Renal diseases	Urinary system	[115]
	Leaves	Maceration	Oral	Ulcer		[130]
***Brassica rapa* L. (Brassicaceae**						
	Roots	Juice	Oral	Cough	Respiratory system	[61,64,79]
	Whole plant	Bouillon	Oral	Diabetes	Endocrine system	[130]
***Calendula officinalis* L. (Asteraceae**						
	Flowers	Decoction	Oral	Phlebitis	Cardiovascular system	[40]
	Flowers	Decoction	Oral	Stomach ulcer	Gastrointestinal system	[40]
	Flowers	Infusion	Oral	Diarrhoea, stomach pain, intestinal problems	Gastrointestinal system	[78]
	Flowers	Decoction	Oral	Liver disorders	Gastrointestinal system	[40]
	Flowers	Raw	Topical	Wounds, pimples, eczema	Integumentary system	[40]
	Flowers	Oleolite, ointment whit lard	Topical	Burns, sunburns, wounds, eczema, bruises	Integumentary system	[78]
	Aerial parts	Infusion, oleolite	Oral/Topical	Skin cancer, Burn wound Care	Integumentary system	[118]
	Flowers	Ointment whit lard	Topical	Contusions, painful areas (knees, shoulders, joints	Muscoskeletal system	[78]
	Flowers	liquor	Oral	N.R.	N.R.	[78]
	Flowers	Raw	Oral	Insomnia	Nervous system	
	Flowers	Raw	Oral, topical	To increase vaginal secrections	Reproductive system	
	Flowers	Decoction	Oral	Dysmenhorrea	Reproductive system	[40]
	Flowers	Raw	Oral	Urinary disease	Urinary system	[54]

***Capsicum annuum* L. (Solanaceae**	Fruits	Macerate, in olive oil, drops	Topical	Otitis		[57,76,81]
	Fruits	Raw	Oral	Hypotensive	Cardiovascular system	[43,104,143]
	Fruits	Raw	Oral	Blood circulation	Cardiovascular system	[53,107]
	Fruits	Raw	Oral	Cardiotonic	Cardiovascular system	[40,127]
	Fruits	Raw	Oral	To lower cholesterol	Cardiovascular system	[40]
	Fruits	Raw	Oral	Epistaxis	Cardiovascular system	[68]
	Fruits	Raw	Oral	Diabetes	Endocrine system	[53]
	Fruits	Raw	Oral	Heartburn	Gastrointestinal system	[43]
	Fruits	Raw	Oral	Digestive, gastritis	Gastrointestinal system	[33,43,57,91,143]
	Fruits	Raw	Oral	Intestinal antiseptic	Gastrointestinal system	[39]
	Fruits	tincture	Topical	Haemorroids	Gastrointestinal system	[57]
	Fruits	Raw	Oral	Antiscorbutic	Immune sytstem	[57]
	Fruits	Tincture	Topical	Hair loss	Integumentary system	[57,104]
	Fruits	Boiled	Topical	Chilblains	Integumentary system	[57,138]
	Fruits	Cataplasmwith olive oil	Topical	Alopecia	Integumentary system	[57]
	Fruits	Macerate in water or oil	Topical	Rheumatism	Muscoskeletal system	[57]
	Fruits	Tincture, macerate, raw	Oral, topical	Rheumatism, muscle pain	Muscoskeletal system	[46,51,52,62,63,82,91,95,102,104,134,152]
	Fruits and Seeds	Spice, cataplasm	Oral/topical	Analgesic, rheumatism	Muscoskeletal system	[142]
	Fruits	Raw	Oral	Headache	Nervous system	[53]
	Fruits, leaves	Dried powder in olive oil or water	Oral	Headache	Nervous system	[57]

	Fruits	Raw	Oral	Cold, lung disorders	Respiratory system	[53]
***Capsicum frutescens* L. (Solanaceae**	Fruits	Tincture	Oral	To cure alcholism	Other	[71]
	Fruits	Macerated in alchol	Oral	Cough	Respiratory system	[48]
	Fruits	Tincture	Topical	Rheumatism	Muscoskeletal system	[48,71]
***Carum carvi* L. (Apiaceae**	Fruits	Decoction	Oral	Antiseptic	Antibacterial/ integumental system	[57,159,160]
	Fruits	Decoction	Oral	To lower blood pression	Cardiovascular system	[21,114]
	Fruits, leaves	infusion	Oral	Cardiac diseases	Cardiovascular system	[130]
	Seeds	Infusion	Oral	Blood diseases	Cardiovascular system	[114]
	Fruits	Decoction	Oral	stimulation peripheral circulation	Cardiovascular system	[57]
	Fruits	Decoction	Oral	Galactagogue	Endocrine system	[57,114,144]
	Fruits, leaves	infusion	Oral	Diabetes	Endocrine system	[130]
	Seeds	Infusion	Oral	Diabetes	Endocrine system	[114,115]
	Fruits	Decoction	Topic	Galactagogue	endocrine system	[57]
	Fruits	Decoction	Oral	Stomach spasm, digestive	Gastrointestinal system	[10,16,40,78,115,154,161]
	Fruits	Decoction	Oral	Carminative, intestinal spasms	Gastrointestinal system	[10,57,78,115,135,160,161]
	Fruits	Decoction	Oral	antidhiarrheal, protect intestines and stomach	Gastrointestinal system	[78,115]
	Fruits, leaves	infusion	Oral	Gastrointestinal disorders, vomiting, constipation,ulcer	Gastrointestinal system	[130]

	Fruits, leaves	Powder	Oral	intestinal parasites	Gastrointestinal system	[161]
	Seeds	Infusion	Oral	antiflatulent	Gastrointestinal system	[78,115,161]
	fruit	Infusion in milk	Oral	Stomachic, spasmolitic, carminative	Gastrointestinal system	[114]
	Fruits	Decoction	Oral	Gastralgia	Gastrointestinal system	[57]
	Fruits	Decoction	Oral	stimulation of gastric secretion	Gastrointestinal system	[57]
	Fruits, leaves	Powder	Topical	Hair loss and dandruff	Integumentary system	[130]
	Fruits	Fumigation	Topical	Rheumatism	Muscoskeletal system	[102]
	Fruits, leaves	powder	topic	Rheumatism	Muscoskeletal system	[130]
	Fruits	Decoction	Oral	Rheumatism	Muscoskeletal system	[57]
	Seeds	Infusion in milk	Oral	Sleep disorders in newborns	Nervous system	[161]
	Seeds	Infusion	Oral	Stimulant, heart analeptic	Nervous system	[57,114]
	Fruits, leaves	infusion	Oral	Fever	other	[130]
	Seeds	Infusion	Oral	Fever	Other	[114]
	Fruits, leaves	infusion	Oral	Gynecological disorders	Reproductive system	[130]
	Seeds	Infusion	Oral	Amenorrhea	Reproductive system	[161]
	Seeds	Infusion	Oral	Aphrodisiac	Reproductive system	[161]
	Fruits	Decoction	Oral	Uterotonic	Reproductive system	[57]
	Fruits, leaves	infusion	Oral	Respiratory diseases, influenza, cough	Respiratory system	[130]
	Fruits	Decoction	Oral	Cough	Respiratory system	[57]
	Seeds	Infusion	Oral	Kidney	Urinary system	[114,115]
	Fruits	Decoction	Oral	Infant enuresis	Urinary system	[57]
***Cicer arietinum* L. (Fabaceae**						
	Seeds	Cooked	Oral	Anemia	Cardiovascular system	[64,79]

	Whole plants and Seeds	Decoction, infusion, powder mixed with oil olive	Oral	Diabetes	endocrine system	[130]
	Seeds	Roasted	Oral	Diarrhoea	Gastrointestinal system	[63]
	Fruit	N/P	Oral	Heartburn	Gastrointestinal system	[48]
	Seeds	Cooked	Oral	Anthelmintic	Gastrointestinal system	[103]
	Seeds	Maceration	Oral	Jaundice	Gastrointestinal system	[161]
	Seeds	Infusion	Oral	Anti-Diarrhoea	Gastrointestinal system	[114]
	Seeds	cataplasm of powder	topical	Mature pimples, with *Cucumis sativus* like emollient face mask	Integumentary system	[161]
	Seeds	cataplasm	topical	Mature pimples	Integumentary system	[161]
	Seeds	Tincture	Topical	Ringworm, warts	Integumentary system	[118]
	Seeds	Infusion	Oral	Tonic, stimulant	Nervous system	[114]
	Roots	Fumigation	Topical	Toothache and sore gums	Teeth	[161]
	Seeds	Cooked	Oral	Kidney stones	Urinary system	[36]
	Seeds	Maceration	Oral	Kidney stones, Nephralgia	Urinary system	[118]
***Cichorium endivia* L. (Asteraceae**						
	Leaves	Boiled	Topical	Toothache	Teeth	[97]
	Leaves	Decoction	Oral	Diabetes	Endocrine system	[121]
	Leaves	Decoction	Oral	Hoarseness	Respiratory system	[107,132]
	N.R.	N.R.	N.R.	Jaundice	Gastrointestinal system	[60]
	N.R.	N.R.	N.R.	Liver disorders	Gastrointestinal system	[60]
	N.R.	N.R.	N.R.			
Citrullus lanatus L. (Cucurbitaceae						
	Fruit	Juice	Oral	Diarrhoea	Gastrointestinal system	[48]

	Seeds	Raw	Oral	To prevent prostate cancer	Urinary system	[46]
	Fruit	Juice	Topical	Ear ache	Sensorial system	[46]
***Coriandrum sativum* L. (Apiaceae**						
	Fruits	decoction	Oral	Galactagogue	Endocrine system	[60,144]
	Fruits	decoction	Oral	Lipolytic	Endocrine system	[139]
	Whole plants and Seeds	Decoction	Oral	Diabetes	Endocrine system	[139]
	Fruits	decoction	Oral	Carminative	Gastrointestinal system	[57,60,64,72,79,101,118,141]
	Fruits	decoction	Oral	Gastric pains, dyspepsia	Gastrointestinal system	[57,139]
	Whole plants and Seeds	Decoction	Oral	Gastrointestinal disorders, constipation	Gastrointestinal system	[130]
	Fruits, Leaves	Decoction	Oral	intestinal pains	Gastrointestinal system	[115,162]
	Fruits, Leaves	Decoction	Oral	Gastric and intestinal pains, Diarrhoea, stomachic,carminative	Gastrointestinal system	[114,117]
	Fruits, Leaves	Decoction, spice	Oral	Gastric ulcers	Gastrointestinal system	[117]
	Fruits	Decoction	Oral	Digestive, carminative	Gastrointestinal system	[57]
	Roots	Raw	Oral	Heart disorders	Gastrointestinal system	[117]
	Whole plants and Seeds	powder and mask	topical	Skin diseases, hair loss and dandruff	Integumentary system	[130]
	Fruits, Leaves	Compresses, decoction	Topical, oral	Rheumatism	Muscoskeletal system	[102,114,141]
	Whole plants and Seeds	Ointment	Topical	Muscular and rheumatic pains	Muscoskeletal system	[114]

	Fruits	decoction	Oral	Epilepsy	Nervous system	[63]
	Fruits, Leaves	Raw	Oral	Aphrodisiac	Nervous system	[139,149]
	Fruits, Leaves	Raw	Oral	Headache	Nervous system	[149]
	Fruits, Leaves	Raw	Oral	Sedative	Nervous system	[60]
	Whole plants and Seeds	Decoction	Oral	insomnia	Nervous system	[115,130]
	Fruits, Leaves	Decoction	Oral	insomnia, sedative	Nervous system	[114]
	Whole plants and Seeds	Decoction	Oral	Sexual disorders	Reproductive system	[130]
	Fruits, Leaves	Infusion	Oral	Cough	Respiratory system	[72,141]
	Fruits, Leaves	Decoction	Oral	Kidney stones	Urinary system	[115]
	Fruits, Leaves	Decoction	Oral	Bladder ailments	Urinary system	[114]
***Crocus sativus* L. (Iridaceae**						
	Flowers	Decoction, powder	Oral	Hypertension, cardiac diseases	Cardiovascular system	[130]
	Flowers	Decoction, powder	Oral	Diabetes	Endocrine system	[130]
	Pistils	Decoction	Oral	Digestive, dyspepsia	Gastrointestinal system	[40,109]
	Pistils	Decoction	Oral	Laxative	Gastrointestinal system	[114]
	Flowers	Decoction, powder	Oral	Intestinal parasites, Diarrhoea, pain, gastrointestinal disorders	Gastrointestinal system	[130]
	Flowers	Decoction, powder	Topical	Scars	Integumentary system	[130]

	Flowers	Decoction, powder	Oral	Rheumatism	Muscoskeletal system	[130]
	Pistils	Decoction	Oral	Sedative	Nervous system	[40,109]
	Pistils	Decoction	Oral	Tonic	Nervous system	[114]
	Flowers	Decoction, powder	Oral	Insomnia	Nervous system	[130]
	Flowers	Decoction, powder	Oral	Cancer	Other	[130]
	Pistils	Liquor	Oral	Dysmenhorrea	Reproductive system	[40,48]
	Pistils	Decoction	Oral	Abortive	Reproductive system	[107]
	Pistils	Raw	Oral	Sterility	Reproductive system	[114]
	Pistils	Decoction	Oral	Aphrodisiac, menstrual pains, labour pain	Reproductive system	[114]
	Flowers	Decoction, powder	Oral	Sexual diseases	Reproductive system	[130]
	Pistils	Decoction	Oral	Cough	Respiratory system	[40]
	Flowers	Decoction, powder	Oral	Flu	Respiratory system	[130]
	Flowers	Decoction, powder	topical	Eye diseases	Sensorial system	[130]
	Pistils	Infusion, oil	Topical	Gengivitis, toothache	Teeth	[40,48,63,109]
	Flowers	Decoction, powder	Oral	kidney diseases	Urinary system	[130]
***Citrullus colocynthis* (L. Schrad. (Cucurbitaceae**						
	Sees	Decoction	oral	Hypotensive	cardiovascular system	[57]
	Fruit, stem, Roots and Seeds	Decoction	Oral	Diabetes	Endocrine system	[130]
	Fruit, stem, Roots and Seeds	Decoction	Oral	Gastrointestinal disorders, hemorrhoids, pains,	Gastrointestinal system	[130]
	Pulp	Extract	oral	Purgative	Gastrointestinal system	[57]

	Fruit dry	Mixed with honey	oral	Haemorroids	Gastrointestinal system	[57]
	Fruit, stem, Roots and Seeds	Mask	topical	Skin and bladder diseases	Integumentary system	[130]
	Pulp	Warmed	Topical	Impetigo, wounds	integumentary system	[57]
	Fruit, stem, Roots and Seeds	Decoction	Oral	Reumatism	Muscoskeletal system	[130]
	Fruits	Crushed and warmed in water and oil	Topical	Rheumathic pains	muscoskeletal system	[57]
	Fruit, stem, Roots and Seeds	Decoction	Oral	Cancer	Other	[130]
	Fruit, stem, Roots and Seeds	Decoction	Oral	Sexual disorders	Reproductive system	[130]
	Pulp	Extract	oral	Hemmenagogue, abortive	Reproductive system	[57]
	Fruit dry	Mixed with honey	oral	Gynecological diseases	Reproductive system	[57]
	Fruit, stem, roots, seeds	Decoction	Oral	kidney disorders	Urinary system	[130]
***Cucumis melo* L. (Cucurbitaceae**						
	Fruits	Raw	Oral	Vasoregulator	Cardiovascular system	[68]
	Seeds	Infusion	Oral	Intestinal refreshing	Gastrointestinal system	[65]
	Seeds	Decoction	Oral	Digestive	Gastrointestinal system	[114]
	Pulp	Raw	Oral	Laxative	Gastrointestinal system	[114]
	Fruits	Syrup from baked fruit	Oral	Common cold	Respiratory system	[48,63]
	Seeds	Raw	Oral	To prevent prostate cancer	Urinary system	[46]

***Cucumis sativus* L. (Cucurbitaceae**						
	Fruit	Raw	Oral	Antiseptic	Antibacterial	[100]
	Fruits	Raw	Oral	To lower cholesterol	Cardiovascular system	[48]
	Fruits, Seeds	Raw	Oral	Colon inflammation	Gastrointestinal system	[52,65,104]
	Fruit, Seeds	Raw	Topical	Haemorrhoids	Gastrointestinal system	[65,107]
	Seeds	Decoction	Oral	Anthelmintic	Gastrointestinal system	[52,65]
	Fruit	Raw, liquor	Oral	Digestive	Gastrointestinal system	[43,48,138]
	Fruits	Macerated in alchol	Oral	Abdominal pains	Gastrointestinal system	[63]
	Fruit	Raw	Topical	Skin diseases	Integumentary system	[10,52–54,65,68,76,104,138]
	Fruit	Mask		Emollient face mask with *Cicer arietinum* powder	Integumentary system	[161]
	Fruit	Mask	topical	Fever	Other	[130]
	Fruit	Liquor	Oral	Dysmenhorrea	Reproductive system	[48]
	Fruit	Raw	Oral	Catarrh	Respiratory system	[103]
	Fruit	Raw	Oral	Diuretic	Urinary system	[53]
***Cucurbita maxima* Duchesne (Cucurbitaceae**						
	Seeds	Raw	Oral	Anthelminthic	Gastrointestinal system	[43,50,52,77,90,117,155]
	Fruit	Raw	Topical	Belly ache, constipation	Gastrointestinal system	[50,84,155]
	Seeds	Decoction in lard	Topical	Antiseptic	Integumentary system	[44]
	Seeds	Cooked	Topical	Anti-inflammatory	Muscoskeletal system	[107]
	Seeds	Raw	Oral	Tonic	Other	[111]
	Seeds	Raw	Oral	Prostatite	Urinary system	[53]
	Seeds	Raw	Inhalation	Migraine	Nervous system	[37]
	Seeds	decoction	oral	Diuretic	Urinary system	[114]

	Seeds	decoction	oral	Vermifuge,stomach and intestinal pains	Gastrointestinal system	[114]
	Seeds		oral	preostate disorders	Reproductive system	[117]
***Cucurbita moschata* L. (Cucurbitaceae**						
	Fruit	Raw	Topical	Dysmenhorrea	Reproductive system	[138]
	Fruit	Raw	Topical	Bronchitis	Respiratory system	[56]
	Seeds	Raw	Oral	Anthelmintic	Gastrointestinal system	[129,138]
	Fruit	Raw, mash, decoction	Oral	Diuretic	Urinary system	[118]
	Fruit	Raw, mash, decoction	Oral	Carmintive	Gastrointestinal system	[118]
***Cucurbita pepo* L. (Cucurbitaceae**						
	Seeds	Raw	Oral	Anthelmintic	Gastrointestinal system	[65,71,91,134]
	Seeds	Raw	Oral	Laxative	Gastrointestinal system	[134]
	Fruit	Raw	Oral	Digestive	Gastrointestinal system	[43,105,142]
	Leaves	Decoction	Oral	Diarrhoea	Gastrointestinal system	[105]
	Seeds	Raw	Oral	Anthelminthic	Gastrointestinal system	[46,54,115]
	Fruits	Cooked	Oral	Antihaemorrhoidal	Gastrointestinal system	[107]
	Pulp	Squashed	Topical	Laxative	Gastrointestinal system	[57]
	Seeds	peeled, in maceration in water	Oral	Anthelmintic	Gastrointestinal system	[57]
	Fruit	Raw	Topical	Burns	Integumentary system	[103,150]
	Flowers	Ointments	Topical	Dermatological issues	Integumentary system	[45,121]
	Pulp	Squashed	Topical	Burns, mastitis	Integumentary system	[57]
	Leaves	mask on shaved head	topical	Tinea	Integumentary system	[57]
	Pulp	Squashed	Topical	Sunstroke, typhoid	Integumentary system	[57]
	Fruit	Raw	Topical	Headache	Nervous system	[43]

	Seeds	died or peeled Seeds	Oral	Prostatic problems	Reproductive system	[57]
	Leaves	Decoction	Oral	Sore throat, cough	Respiratory system	[105]
	Fruits	Boiled	Topical	Parotitis	Sensorial system	[105]
	Seeds	Raw	Topical	Toothache	Teeth	[150]
	Leaves	Decoction	Oral	Kidney inflammations	Urinary system	[46]
	Seeds	Raw	Oral	Prostatitis, to prevent prostate cancer	Urinary system	[54,69]
	Seeds	Raw	Oral	Diuretic	Urinary system	[115]
Cuminum cyminum L. (Apiaceae						
	Fruits	Infusion	Oral	Blood pressure regulator	Cardiovascular system	[68]
	Fruits	Infusion	Oral	Adipsic in newborns	Endocrine system	[44]
	Fruits	Infusion	Oral	Diabetes	Endocrine system	[40]
	Fruits	powder and water	Oral	Galactagogue	Endocrine system	[161]
	Fruits	Cataplasm	Topical	Galactagogue	Endocrine system	[114]
	Fruits	Decoction	Oral	Stomach and colon pains, carminative	Gastrointestinal system	[21,40,63,64,68,73,79,112,114,123,130,141,160, 161]
	Fruits	Decoction, maceration and powder	Oral	Ulcer, constipation	Gastrointestinal system	[130]
	Fruits	powder and water	Oral	Gastrointestinal diseases , Diarrhoea,antispasmodic, vermifuge	Gastrointestinal system	[161]
	Fruits	powder and water	Oral	Stomachic, digestive,	Gastrointestinal system	[161]

Fruits	infusion mixed in milk	Oral	Gastric and intestinal pains, carminative, antiemetic, Diarrhoea, stomachic	Gastrointestinal system	[114]
Fruits	Decoction	Oral	antiemetic, Diarrhoea, stomachic	Gastrointestinal system	[114]
Fruits	Decoction	Oral	Vermifuge	Gastrointestinal system	[114]
Fruits	unripe fruit	oral	Infant's aerophagia	Gastrointestinal system	[57]
Fruits	decoction, Liquor	oral	Intestinal colic, gastralgia	Gastrointestinal system	[57]
Fruits	decoction	oral	Carminative, digestive,biter tonic	Gastrointestinal system	[57]
Fruits	Cataplasm	Topical	Skin care	Integumentary system	[68]
Fruits	Infusion	Oral	Rheumatism	Muscoskeletal system	[102,130]
Fruits	Decoction	Oral	Sedative	Nervous system	[64,79]
Fruits	Decoction, maceration and powder	Oral	Migraine	Nervous system	[130]
Fruits	powder and water	Oral	Sudorific	Nervous system	[161]
Fruits	powder and water	Oral	Menstrual pains	Nervous system	[161]
Fruits	Decoction	Oral	Spasmolitic	Nervous system	[114]
Fruits	Decoction, maceration and powder	Oral	Fever	Other	[130]
Fruits	Infusion	Oral	Emmenagogue	Reproductive system	[114,130]
Fruits	unripe fruit	oral	Contraceptive, abortive	Reproductive system	[57]
Fruits	Decoction	Oral	Respirtory infections	Respiratory system	[68,130]

	Fruits	Cataplasm	Topical	Mumps	Respiratory system	[161]
	Fruits	Fumigation with honey	Inhalation	Infant catarrh	Respiratory system	[57]
	Fruits	Decoction	Topical	Gingivitis	Teeth	[64,79]
	Fruits	Decoction	Oral	Urinary disease	Urinary system	[40,64,68,130]
	Fruits	powder and water	Oral	Diuretic	Urinary system	[161]
	Fruits	decoction	oral	Diuretic	Urinary system	[57]
***Curcuma longa* L. (Zingiberaceae**	Roots	N.R.	Topical	Sores	Integumentary system	[51]
	Roots	powder	Oral	Gastrointestinal disorders, liver diseases and insomnia	Gastrointestinal system	[130]
	Roots	powder	Oral	Insomnia	Nervous system	[130]
	Rhizome	powder	Oral	General health	other	[163]
	Rhizome	powder	Oral	Gynecological diseaes	reproductive system	[163]
	Rhizome	powder	Oral	Muscoskeletal diseases	Muscoskeletal system	[163]
	Fruits	Decoction	Oral	Cough	Respiratory system	[117]
***Cynara cardunculus* L. subsp. *cardunculus* (Asteraceae**						
	Leaves	Decoction	Oral	Hypercolesterolemia	Cardiovascular system	[39,77,79]
	Stems, roots	Decoction	Oral	Vasoregulator	Cardiovascular system	[68]
	Flowers	Raw / boiled	Oral	Depurative of blood	Cardiovascular system	[57]
	Leaves	Decoction	Oral	Source of Fe	Cardiovascular system	[57]
	Flowers	Decoction	Oral	Cardiac analeptic	Cardiovascular system respiratory system	[57]
	Leaves	Decoction	Oral	Diabetes	Endocrine system	[63,143]
	Roots	Decoction	Oral	Hypoglicemic	Endocrine system	[57]
	Leaves	Decoction	Oral	Choleretic-cholagogic	Gastrointestinal system	[28,68,77,88,109,143,148,151]

	Bracts, stems	Tincture, decoction	Oral	Lack of apetite, digestive, ulcers	Gastrointestinal system	[41,60,64,68,71,79]
	Stems	Decoction	Oral	Antispasmodic	Gastrointestinal system	[49,60]
	Whole plant	Decoction	Oral	Liver disorders	Gastrointestinal system	[57,130]
	Flowers, Roots	Decoction	Oral	Haemorrhoids	Gastrointestinal system	[57]
	Leaves before flowering	Decoction	Oral	Stomach ache	Gastrointestinal system	[57]
	Stems, Roots	Decoction	Topical	Burns	Integumentary system	[60]
	Leaves	Decoction	Oral	Antireumathic	Muscoskeletal system	[76,93]
	Leaves, roots	Decoction	Oral	Diuretic	Urinary system	[77]
	Flowers	Decoction	Oral	Kidney stones	Urinary system	[57]
***Cynara cardunculus* L. subsp. *scolymus* (L. Hayek (Asteraceae**						
	Leaves	Decoction	Oral	Vasoregulator, arterosclerosis	Cardiovascular system	[40,74,139]
	Bracts, leaves	Decoction	Oral	To lower cholesterol	Cardiovascular system	[40,48,52,77,139]
	Bracts, leaves, peduncles	Decoction	Oral	Diabetes	Endocrine system	[40,63,69,131,139]
	Bracts, leaves, roots	Decoction	Oral	Choleretic-cholagogic	Gastrointestinal system	[40,48,52,53,57,58,62,65,69–76,74,77,92,93,100,107,125,129,131,134,138,139,143]
	Leaves	Decoction	Oral	Digestive, stomachic	Gastrointestinal system	[7,57,69,72,93,108,139]
	Leaves	Decoction	Oral	Gastralgia	Gastrointestinal system	[57]
	Leaves, flowers	Decoction	Oral	Anorexia, apetizing	Gastrointestinal system	[118]
	Leaves, tubers	Infusion	Oral	hepatitis	Gastrointestinal system	[110]
	Leaves	Decoction	Topical	Face skin care	Integumentary system	[57]

	Aerial parts	Decoction	N.R.	Cervical syndrome	Muscoskeletal system	[40]
	Leaves	Decoction	Oral	Rheumatism	Muscoskeletal system	[102,110]
	Bracts, leaves	Decoction	Oral	Diuretic	Urinary system	[40,48,77,111,118]
	Flowers	Raw	Oral	Kidney Stones	Urinary system	[57]
	Leaves	Decoction	Oral	Gallstones	Urinary system	[57]
***Daucus carota* L. (Apiaceae**						
	Roots	Cooked	Oral	Blood pressure regulator	Cardiovascular system	[64,79]
	Roots	Cooked / Raw	Oral	Diabetes	Endocrine system	[161]
	Roots	Raw	Oral	Diarrhoea	Gastrointestinal system	[43,107,161]
	Roots	Decoction	Oral	Gallstones	Gastrointestinal system	[53]
	Roots	Raw	Oral	Laxative	Gastrointestinal system	[134]
	Fruits	Infusion	Oral	Carminative	Gastrointestinal system	[57,66,148,164]
	Roots	Cooked	Oral	Diarrhoea	Gastrointestinal system	[57,161]
	Seeds	Decoction	Oral	Stomach disorders	Gastrointestinal system	[114,115]
	Seeds	Decoction	Oral	Helmintiasis	Gastrointestinal system	[114]
	Leaves	Decoction	Topical	Dermatitis	Integumentary system	[65,164]
	Roots, leaves	Raw, decoction	Topical	Skin diseases	Integumentary system	[39,52,57,76,87,96,99,147,165]
	Roots, seeds	Raw	topic	sunburns	Integumentary system	[110]
	Roots	Cooked / Raw	Oral	emmenagogue	reproductive system	[161]
	Roots	Decoction	Oral	Orchitis	Reproductive system	[57]
	Seeds	Raw	Oral	Aphrodisiac	Reproductive system	[57]
	Roots	Raw	Oral	Cough	Respiratory system	[43,57,68]
	Roots	Boiled	Topical	Hoarsness, aphonia	Respiratory system	[52,74,137]
	Roots	Raw	Oral	Preventive for asthma	Respiratory system	[111]

	Roots	Juice and honey	Oral	Expectorant, cough, bronchitis	Respiratory system	[57]
	Leaves	infusion, powder	Oral	Loss of voice	Respiratory system	[57]
	Roots	Raw	Oral	Eye protector	Sensorial system	[69,80,161]
	Roots	Raw, cooked	Oral	Diuretic	Urinary system	[68,148,161]
	Roots	Raw	Oral	urinary tract diseases	Urinary system	[68,134,148]
	Roots	Raw and cooked	Oral	colics, remineralizant,depurative	Urinary system	[161]
***Eruca vescicaria* L. (Brassicaceae**	Leaves	Raw	Oral	Cough	Respiratory system	[110]
	Leaves	Raw	Oral	Appetizer	Gastrointestinal system	[131]
***Foeniculum vulgare* L. (Apiaceae**						
	Seeds	Decoction	Oral	Anemia, cardiac disorders,	Cardiovascular system	[130]
	Seeds	Decoction	Oral	Diabetes	Endocrine system	[130]
	Bulbs	Raw	Decoction	Colon diseases	Gastrointestinal system	[41,64,79]
	Seeds	Decoction	Oral	Ulcer, vomit	Gastrointestinal system	[130]
	Whole plant	Raw, Decoctio, Mash, Powder	Oral	Gastrointestinal disorders	Gastrointestinal system	[118]
	Seeds	Decoction		digestive	Gastrointestinal system	[131]
	Seeds	Powder and mask	Topical	skin disease, hair loss and dandruff	Integumentary system	[130]
	Whole plant	Raw, decoction, mash, powder	Topical	Rheumatism	Muscoskeletal system	[118]
	Seeds	Decoction	Oral	Migraine	Nervous system	[130]
	Seeds	Decoction	Oral	Obesity	other	[130]

	Seeds	Decoction	Oral	Respiratory disorders, cough	Respiratory system	[130]
	Aerial parrt	Heating	inhalation in eyes	Eyes blurry and itching	sensorial system	[131]
	Seeds	Decoction	Oral	Kidney disorders	urinary system	[130]
***Fragaria spp. (F. moschata DuchesneF. vesca* L., *F.* x *ananassa* Duchesne (Rosaceae**						
	Fruits	Raw	Oral	Hypertension	Cardiovascular system	[166]
	Leaves	Raw	Topical	Haemostatic	Cardiovascular system	[90]
	Aerial parts	Raw	Oral	Heart diseases	Cardiovascular system	[54,105]
	Rhizome	Decoction	Oral	Breast engorgements	Endocrine system	[103]
	Fruits	Raw	Oral	Diabetes	Endocrine system	[54]
	Leaves, rhizome	Decoction	Oral	Diarrhoea	Gastrointestinal system	[55,65,74,136,166]
	Fruits	Raw	Oral	Laxative	Gastrointestinal system	[53]
	Fruits	Raw	Oral	Intestinal discomfort	Gastrointestinal system	[38]
	Leaves, fruits	Raw	Topical	Pimples, acne, wounds	Integumentary system	[107,154]
	Leaves, rhizome	Decoction	Oral	Rheumatism, arthritis, gotta	Muscoskeletal system	[48,102,147]
	Leaves	Decoction	Oral	Sedative	Nervous system	[46,150,165]
	Leaves	Infusion	Oral	Tonic	Other	[167]
	Leaves, rhizome	Decoction	Topical	Cough, cold, throat diseases	Respiratory system	[65,67,75,76]
	Leaves, rhizome, fruits	Decoction	Oral	Diuretic	Urinary system	
***Helianthus annuus* L. (Asteraceae**						
	Leaves, fruits	Decoction	Oral	To lower cholesterol	Cardiovascular system	[40,57,137]

	Leaves, fruits	Decoction	Oral	Hypotensive	Cardiovascular system	[57,137]
	Leaves	Maceration in alchool	Oral	Diabetes	Endocrine system	[57]
	Leaves, fruits	Decoction	Oral	Spasmolytic	Gastrointestinal system	[137]
	Seeds	Oil	Oral	Dietetic, promoting digestion,	Gastrointestinal system	[57]
	Flowers	Infusion	Topical	Skin inflammations, wounds	Integumentary system	[48,57,103]
	Seeds	Oil	Oral	Mild sedative	Nervous system	[57]
,	Leaves, fruits	Decoction	Oral	Anti-pyretic	Other	[137]
	Flowers	Maceration in warm oil on the head	Topical	Sunstroke	other	[57]
	Fruits, Leaves, seeds	Mash, raw, oil	Oral, Topical	Respirtory tract diseases, flu, bronchitis	Respiratory system	[118]
	Fruits	Raw	Oral	Prostate	Urinary system	[40]
	Seeds	Oil	Oral	Diuretic	Urinary system	[57]
***Helianthus tuberosus* L. (Asteraceae**						
	Tubers	Ras	Oral	Diabetes	Endocrine system	[168]
***Hibscus sabdariffa* L. (Malvaceae**						
	Flowers	Decoction	Oral	Anemia, blood pressure regulator	Cardiovascular system	21,64]
	Flowers	Decoction	Oral	Antimicrobial		[21]
	Flowers	Decoction	Oral	Colds, flu	other	[117]
***Lactuca sativa* L. (Asteraceae**						

	Leaves	Juice	Oral	Hypotensive	Cardiovascular system	[104,138]
	Leaves	Decoction	Oral	Galactagogue	Endocrine system	[52,161]
	Leaves	Decoction	Oral	Abdominal pains, laxative	Gastrointestinal system	[43,65,100,108]
	Leaves	Decoction	Oral	Digestive, stomachic	Gastrointestinal system	[77,100,143,161,169]
	Leaves	Decoction	Oral	Laxative	Gastrointestinal system	[75,138]
	Leaves	Cataplasm	Topical	Stomach hyperacidity	Gastrointestinal system	[169]
	Leaves	Boiled	Topical	Belly ache	Gastrointestinal system	[108]
	Leaves	Raw	Oral	Food-borne diseases	Gastrointestinal system	[161]
	Leaves	Boiled	Topical	Wounds, acne, erythemas, herpes simplex	Integumentary system	[43]
	Seeds	N.R.	Topical	Hair strenghtening	Integumentary system	[51]
	Leaves	Decoction	Topical	Anti-oedematous	Muscoskeletal system	[103]
	Leaves	Decoction, raw	Oral	Sedative	Nervous system	[43,47,65,97,107,136,161,169]
	Leaves	Raw	Oral	Anti-poison	other	[161]
	Leaves	Decoction	Topical	Vaginal diseases	Reproductive system	[43]
	Leaves	Decoction	Oral	Cough, sore thoat, cold	Respiratory system	[43,93,97,100,104]
	Leaves	Decoction	Topical	Conjunctivitis	Sensorial system	[43,77,108]
	Leaves	Boiled	Topical	Gengival abscesses and toothache	Teeth	[36,53,75,76,97,104,108]
	Leaves	Decoction	Oral	Diuretic	Urinary system	[43,52,110,161]
	Leaves	Decoction	Oral	Kidney stones	Urinary system	[43]
***Lagenaria siceraria* (Molina Standl.** **(Cucurbitaceae**						
	Fruits	Juice	Topical	Sinusitis	Respiratory system	[46,105]
	Fruits	Bouillon	Oral	Diabetes	Endocrine system	[130]

	Fruits	Bouillon	Oral	Migraine	Nervous system	[130]
	Fruits	Bouillon	Oral	influenza	Respiratory system	[130]
	Seeds	Decoction	oral	Respiratory ailments	Respiratory system	[114]
	Seeds	raw	oral	Cancer	Other	[118]
	Leaf	Boiled, cataplasm	Topical	Analgesic	Muscoskeletal system	[142]
	Seeds	Cooked	Oral	Galactagogue	Endocrine system	[43,144]
	Seeds	Cooked	Oral	Anti anemic	Cardiovascular system	[64,68,130,143]
***Lens culinaris* Medik. (Fabaceae**	Seeds	Cooked	Oral	Sedative	Nervous system	[103]
	Seeds	Cooked	Topical	Burns	Integumentary system	[64]
***Lepidium sativum* L. (Brassicaceae**						
	Leaves, seeds	Raw	Oral	Galactogogue	Endocrine system	[149]
	Leaves, seeds	Infusion	Oral	Digestive	Gastrointestinal system	[79]
	Leaves, seeds	Raw	Oral	Carminative	Gastrointestinal system	[149]
	Seeds	N.R.	Oral	Stomach ache	Gastrointestinal system	[51]
	Seeds	Infusion	Oral	Digestive, diarrhoea, ulcers	gastrointestinal system	[114]
	Aerial parts	Infusion	Oral	Gastrointestinal diseases	Gastrointestinal system	[118,170]
	Leaaves	Raw	Oral	Apetizing	Gastrointestinal system	[110]
	Seeds	Powder	Topical	Skin diseases	Integumentary system	[114,149]
	Leaves, seeds	Cataplasm	Topical	Fractures	Muscoskeletal system	[79]
	Seeds	Infusion	Oral	Bone care	Muscoskeletal system	[114]
	Leaves, seeds	Raw	Oral	As aphrodisiac	Nervous system	[51,149]
	Seeds	Infusion, raw	Oral	migraine, tonic, calefacient	Nervous system	[114,149]

	Seeds	Raw, decoction	Oral	General health	other	[163]
	Seeds	Infusion	Oral	Fever	other	[114]
	Seeds	Powder	Oral	Sexual impotence	Reproductive system	[114]
	Seeds	Infusion	Oral	Sterility, labour pains, galactagogue	Reproductive system	[114]
	N.R.	N.R.	N.R.	Respiratory ailments	Respiratory system	[60]
	Seeds	Infusion	Oral	Asthma, flu, colds	Respiratory system	[114]
	Seeds	Paste	Oral	Nephralgia, kidney stones	Urinary system	[60,118]
***Levisticum officinale* W.D.J.Koch (Apiaceae**						
	Aerial parts	Raw	Oral	Urinary infections	Urinary system	[54]
	Leaves	Infusion	Oral	Diuretic	Urinary system	[78]
	Leaves	Maceration in schnapps	Oral	Stomach wellnes	Gastrointestinal system	[78]
***Lupinus albus* L.**						
	Seeds	Raw	Oral	To lower blood pression	Cardiovascular system	[109,171,172]
	Seeds	Raw, decoction	Oral	Diabetes	Endocrine system	
	Seeds	Tincture	Oral	Anthelmintic	Gastrointestinal system	[57]
	Seeds	extract	Topical	Skin parasites	Integumentary system	[57]
	Seeds	Flour and water	Topical	Face mask	Integumentary system	[57]
	Seeds	Cataplasm	Topical	Rheumatism	Muscoskeletal system	[102]
	Seeds	Raw	Topical	Anti lice	Other	[89]
***Ocimum basilicum* L.**						
	Leaves	Infusion	Oral	Antibacterial	Antibacterial	[67,99]
	Leaves	Infusion	Oral	Anti-inflammatory	Anti-inflammatory	[66,99]

Leaves	Infusion	Oral	Hypotensive	Cardiovascular system	[141,143]
Leaves	Infusion	Oral	To lower cholesterol	Cardiovascular system	[141]
Leaves	Infusion	oral	Tachycardia	Cardiovascular system	[161]
Seeds	Infusion	Oral	Heart diseases	Cardiovascular system	[114,115]
Leaves	Infusion	Oral	Galactagogue	Endocrine system	[64,79,99,141,161]
Leaves	Infusion	Oral	Diabetes	Endocrine system	[118,141]
N.R.	N.R.	N.R.	Carminative	Gastrointestinal system	[60,161]
Leaves	Infusion	Oral	Antispasmodic	Gastrointestinal system	[40,61,101,111,161,171,173]
Leaves	Liqueur, infusion, decoction, raw	Oral	Digestive	Gastrointestinal system	[33,41,47,54,59–61,64,65,75,83,91,129,136,138,141,161]
Leaves	Infusion	Oral	Hepatoprotective	Gastrointestinal system	[100]
Leaves	Infusion	Oral	Irritable bowel syndrome	Gastrointestinal system	[100]
Leaves	Infusion	Oral	Nausea, vomit, stomach ache	Gastrointestinal system	[79,88,109,117,124]
Whole plants and Leaves	Decoction, powder		Ulcer, gastrointestinal disorders, vomiting and constipation	Gastrointestinal system	[130]
Leaves, seeds	Infusion	oral	Hemorrhoids	Gastrointestinal system	[115,161]
Leaves	Infusion	Oral	Antelmintic	Gastrointestinal system	[114]
Aerial parts	Raw, as spices	Oral	Digestive, stomach ache, intestinal troubles	Gastrointestinal system	[57]
Leaves	Infusion	Topical	Aphtae, stomatitis	Integumentary system	[133,161]
Leaves	Raw, decoction	Topical	Hair loss, for washing hair	Integumentary system	[43,109,125,161,172]
Leaves	Raw	Topical	Pimples, skin inflammation	Integumentary system	[43,54,76]

Leaves	Raw infusion	topical	after bees puncture	Integumentary system	[110,161]
Flowers	Decoction	Oral	Dermatosis	Integumentary system	[57]
Aerial parts	Raw , rubbed	Topical	For insect bites, lenitive for the skin	Integumentary system	[57]
Leaves	Cataplasm, smashed	Topical	Scorpion stings	Integumentary system	[118]
Aerial parts	Raw, as spices	Oral	Mouth diseaes	Integumentary system	[170]
Whole plants and Leaves	Decoction, powder		Rheumatism	Muscoskeletal system	[102,130]
Leaves	Raw, infusion	Oral	Sedative, antidepressive	Nervous system	[40,42,47,54,60,61,64,65,79,99,104,111,117,124, 138,141,62,171]
Whole plant	Smell	Topical	Headache	Nervous system	[42,54,61,76,79,92,93,161]
Leaves	Infusion	oral	Insomnia	Nervous system	[161]
Aerial parts	Infusion	Oral	Neurotonic in insomnia and Hysteria	Nervous system	[57]
Areal part	Decoction	Oral	Epilepsy	Nervous system	[117]
Leaves	Infusion	Oral	Fever	Other	[40,54,126]
Leaves	Cataplasm	topical	With *Citrus × limon (L.* on the forehead to reduce fever	other	[161]
Flowers	Decoction, vaginal wsh	Topical	sterility	Reproductive system	[57]
Leaves	Infusion	Oral	Cough, cold	Respiratory system	[10,40,54,109,120,124,141]
Leaves, flowers	Infusion	Topical	Respiratory ailments	Respiratory system	[65,89,97,119,131,161,169]
Leaves	Infusion	Oral	Ear inflammation	Sensorial system	[10]
Leaves	instillation	topical	Eye infection	Sensorial system	[161]
Leaves	Infusion, gargarism, mouth wash	Topical	Mouth inflamation	teeth	[57]

	Leaves	Infusion	Oral	Urinary infections	Urinary system	[42,161]
	Leaves	Infusion	Oral	Diuretic	Urinary system	[40,52,134]
***Petroselinum* Hill sp. pl. (P. *crispum* (Mill A. W. Hill, P. *segetum* (L. Koch. (Apiaceae**						
	Aerial parts	Raw	Oral	To lower cholesterol	Cardiovascular system	[52]
	Leaves, roots	Juice, decoction	Oral	Hypertension	Cardiovascular system	[40,48,68,130,148,161]
	Aerial parts	Decoction	Oral	Anemia	Cardiovascular system	[141,161]
	Aerial parts	Raw	Oral	Galactogogue	Endocrine system	[41,79,144,171]
	Aerial parts	Infusion	Oral	Diaphoretic	Endocrine system	[133]
	Leaves	Raw	Topical	To stop the milk flow	Endocrine system	[47,65,75,77,138,161]
	Whole plant, leaves and fruits	Decoction, infusion	Oral	Diabetes	Endocrine system	[48,117,130,161]
	Leaves	raw, crushed	Topic	Stop lactation	Endocrine system	[57]
	Leaves	Infusion	Oral	Galactogogue	Endocrine system	[117]
	Aerial parts	Raw, decoction	Oral	Cholagogue	Gastrointestinal system	[52,71,161]
	Aerial parts	Decoction	Oral	Laxative	Gastrointestinal system	[117,147,169]
	Seeds	Decoction, raw	Oral	Stomach hyperacidity	Gastrointestinal system	[44,104,109,62]
	Aerial parts	Raw	Oral	Spasmolytic	Gastrointestinal system	[41,84,131]
	Leaves	Raw, decoction	Topical	Anthelminthic	Gastrointestinal system	[43,147,161]
	Leaves	Raw, juice, decoction	Oral	Stomach ache	Gastrointestinal system	[79,88,117]
	Whole plant, leaves and fruits	Decoction, infusion	Oral	Gastrointestinal disorders vomiting, ulcer	Gastrointestinal system	[117,130]

Leaves and Fruits	Decoction	Oral	Carminative, stomachic	Gastrointestinal system	[114]
Leaves	Raw, decoction	Topical	Insect bites	Integumentary system	[47,52,58,65,71,92,99,109,124,128,133,137,161,174]
Leaves	Juice, raw	Topical	Wounds, pimples, mastitis, burns	Integumentary system	[65,68,70,99,129,130,137]
Leaves	Juice	Topical	Dark spots, bruises, Tonic, detergent	Integumentary system	[97,147,161]
Aerial parts	Chewed	Topical	Mouth ulcers	Integumentary system	[50]
Roots	Squashed whit vinegar	topical	Bruises	Integumentary system	[57]
Leaves	Macerate	Topical	Antireumatic, contusion, sciatica	Muscoskeletal system	[52,102–104,150]
Roots, leaves	Decoction, oleolite	oral	Rheumatism	Muscoskeletal system	[57,161]
Aerial parts	Raw	Topical	Headache	Nervous system	[50,57,96]
Whole plant, leaves and fruits	Decoction, infusion, maceration, powder and mask	Topical / Oral	Sedative	Nervous system	[130,161]
Aerial parts	Raw	Inhalation	To sniff during car trips against sickness	Other	[111]
Aerial parts	Raw	Oral	Antimalarial	Other	[171]
Aerial parts	Raw	Oral	Flu	Other	[40,65]
Whole plant, leaves and fruits	Decoction, infusion, maceration, powder and mask	Topical / Oral	Fever	Others	[130]
Aerial parts	Decoction	Oral	Abortive	Reproductive system	[28,36,43,47,48,50,53,58,63,70,75,76,90,92,97,99,107,108,128,138]

Aerial parts	Decoction	Oral	Dysmenorrhea	Reproductive system	[48,62,71,117,147]
Aerial parts	Decoction	Oral	To regulate and facilitate menstruation, gynecological disorders, emmenagogue	Reproductive system	[43,48,52,61,65,130,133,147,161]
Leaves	Decoction, raw	Oral	Placentary retention	Reproductive system	[146]
Leaves	decoction, cherry stem and maize stigma	topic	Gonorrhea	Reproductive system	[57]
Leaves	Decoction, raw	Topical	Mouth/throat inflammations	Respiratory system	[65,92,109]
Whole plant, leaves and fruits	Decoction, infusion	Oral	Respiratory diseases, expectorant	Respiratory system	[114,130,161]
Leaves	Juice	Topical	Eye inflammation	Sensorial system	[57,87,88,170]
Leaves	Raw	Topical	Toothache	Teeth	[109]
Aerial parts, Roots	Decoction, raw	Oral	Urinary tract inflammations, nephrolitic, diuretic	Urinary system	[36,40,47,48,51,54,61,66–68,77,80,91,100,112,141,165,169,173]
Whole plant, leaves and fruits	Decoction, infusion	Oral	Kidney disorders	Urinary system	[130,131]
Stem	Decoction	Oral	Kidney stones, nocturnal incontinence	Urinary system	[161]
Leaves, fruits	Decoction	Oral	Diuretic, dysuria, Renal stones, nephritic colics	Urinary system	[57]
Leaves	Infusion	Oral	Cystitis	Urinary system	[117]

***Phaseolus vulgaris* L. (Fabaceae**						
	Seeds	Decoction	Oral	Hypotensive	Cardiovascular system	[78,99,103]
	Seeds	Flour	Topical	Thyroid problems	Endocrine system	[55]
	Pericarp	Infusion	Oral	Diabetes	Endocrine system	
	Seeds	Cooked	Topical	Warts, skin imflammation	Integumentary system	[43,54,65,97,107,138]
	Seeds	Raw	Topical	Dog's bite	Integumentary system	[81]
	Seeds	Cooked	Oral	Bronchitis	Respiratory system	[36]
	Seeds	Decoction	Oral	Diuretic	Urinary system	[99]
***Pimpinella anisum* L. (Apiaceae**						
	Fruits	Decoction	Oral	Cardiac stimulant	Cardiovascular system	[114,161]
	Fruits, flowers	Decoction	Oral	Galactogogue	Endocrine system	[57]
	Fruits	Decoction	Oral	Diabetes	Endocrine system	[114,115]
	Fruits	Decoction	Oral	Carminative	Gastrointestinal system	[21,51,57,78,110,114,115,117,141,160–162]
	Fruits	Decoction	Oral	Digestive, stomachic	Gastrointestinal system	[51,78,114,115,141,160,161]
	Seeds	Maceration, powder and infusion	Oral	Gastrointestinal disorders, vomiting,constipation	Gastrointestinal system	[114,115,130]
	Fruits, leaves	Decoction	Compresses	Rheumatism	Muscoskeletal system	[102]
	Fruits	Decoction	Oral	Sedative	Nervous system	[21,130]
	Seeds	Maceration, powder and infusion	Oral	Cancer	Other	[130]
	Seeds	powder	Topical /Oral	Anti poison	other	[161]
	Fruits	Decoction	Oral	Fever	other	[57]
	Fruits	Decoction	Oral	Aphrodisiac	Reproductive system	[161]
	Fruits	Decoction	Oral	Cough	Respiratory system	[21,114,141,161]
	Fruits	Decoction	Oral	Antiasthmatic	Respiratory system	[57]

	Fruits	powder	chewing gum	Toothache	Teeth	[114]
	Fruits	Decoction	Oral	Diuretic	Urinary system	[114,115,161]
***Pisum sativum* L. (Fabaceae**						
	Seeds	Cooked	Oral	Galactagogue	Endocrine system	[144]
	Seeds, fruits	Decoction	Oral	Constipation	Gastrointestinal system	[110]
***Raphanus sativus* L. subsp. *sativus* (L. Domin (Brassicaceae**						
	Roots	Decoction	Oral	Stomach ache	Gastrointestinal system	[91]
	Roots	Raw	Oral	Hypotensive	Cardiovascular system	[47]
	Roots	Raw	Oral	Anemia	Cardiovascular system	[61]
	Roots	Raw	Oral	Galactagogue	Endocrine system	[144]
	Roots	Raw	Oral	Diarrhoea	Gastrointestinal system	[77]
	Roots	Raw	Oral	Digestive	Gastrointestinal system	[47]
	Leaves	Infusion	Oral	Gastrointestinal diseases	Gastrointestinal system	[118]
	Roots, Leaves	Decoction	Oral	Apetizing	Gastrointestinal system	[110]
	Roots	Poultice	Topical	Greasy skin	Integumentary system	[91]
	Roots	Raw	Topical	To remove spots from the face. To fade freckles	Integumentary system	[77,148,175]
	Seeds	Poultice	Topical	Rheumatism	Muscoskeletal system	[102]
	Roots	Decoction	Oral	Cough	Respiratory system	[48,54,91,148]
	Roots	Juice	Oral	Sore throat	Respiratory system	[76]
	Roots	Decoction	Oral	Asthma, bronchitis	Respiratory system	[118,142]
	Roots, sap	raw	Topical	Otitis	Respiratory system	[117]
	Roots	Raw	Oral	Prostate inflammation	Urinary system	[43]
	Roots	Raw	Oral	Diuretic	Urinary system	[48]
***Sesamum indicum* L. (Pedaliaceae**						
	Seeds	Raw	Topical	Skin inflammations	Integumentary system	[64,79]

	Seeds	Raw	Oral	Athsma, cough	Respiratory system	[51,117,160]
	Seeds	Raw	Oral	Digestive	Gastrointestinal system	[160]
	Seeds	Decoction	Oral, topical	Rheumatism	Muscoskeletal system	[102]
	Seeds	Ointment, oil	Topical	Burns, wounds care	Integumentary system	[118]
	Seeds	Raw	Oral	Aphrodisiac	reproductive system	[117]
***Sinapis alba* L. (Brassicaceae**						
	Seeds	Infusion	Oral	Cold, cough	Respiratory system	[40,139]
	Seeds	Infusion	Oral	Heart diseases	Cardiovascular system	[40]
	Seeds	N.R.	Topical	Rheumatism	Muscoskeletal system	[40,57,102]
	Seeds	N.R.	Topical	Infections	Integumentary system	[51]
***Solanum lycopersicum* L. (Solanaceae**						
	Fruits	Raw	Topical	Antivaricose, haemorroids	Cardiovascular system	[52]
	Fruits	Raw	Oral	Cholagogue	Gastrointestinal system	[52]
	Fruits	Raw	Oral	Constipation	Gastrointestinal system	[48]
	Fruits	Raw, decoction	Topical	Warts, corns, pimples, wounds, swelling, insect bites, rhagades, to remove thorns, calluses	Integumentary system	[43,46,48,52,53,57,58-60,69,91,103,105,124,129,134,143,169]
	Leaves	Infusion	Oral	Anti rheumatic	Muscoskeletal system	[57,143]
	Fruits	Raw	Oral	Diuretic	Urinary system	[93]
	Aerial parts	Infusion	Oral	Kidney stones	Urinary system	[44,57,77,96,134,171]
	Leaves	Infusion	Oral	Urinary tract diseases	Urinary system	[103]
	Fruits	Raw	Oral	General Health	other	[57,163]
	Leaves	Decoction	Oral	Hypotensive	Cardiovascular system	[57]
	Leaves	Infusion	Oral	Laxative	Gastrointestinal system	[57]

***Solanum melongena* L. (Solanaceae**						
	Fruits	Macerate	Oral	High cholesterol	Cardiovascular system	[43,48,52]
	Fruits	Raw	Topical	Anti varicose	Cardiovascular system	[52]
	Fruits	Decoction	Oral	Cholagogic	Gastrointestinal system	[52,138]
	Fruits	Raw	Topical	Eschariotic	Gastrointestinal system	[168]
	Fruits	Boiled	Topical	Haemorroids	Gastrointestinal system	[134]
	Fruits	Raw	Oral	Laxative	Gastrointestinal system	[69]
	Fruits, Seeds	Raw	Topical	Corns, warts, burns	Integumentary system	[48,51,52,107,118,129,143]
	Fruits	Decoction	Oral	Kidney stones	Urinary system	[52]
	Fruits	N,R.	Oral	anemia	Cardiovascular system	[110]
***Solanum tuberosum* L. (Solanaceae**						
	Tubers	N.R:	Oral	Diabetes		[110]
	Tubers	Raw	Topical	Haemorroids	Gastrointestinal system	[43,48,90]
	Tubers	Boiled	Oral	Diarrhoea	Gastrointestinal system	[10,84]
	Tubers	Boiled	Oral	Stomach ulcer	Gastrointestinal system	[64]
	Tubers	Raw	Topical	Burns, chillblains, warts, herpes zoster, insect bites, bruises, paronychia	Integumentary system	[33,36,39,42,43,47,48,53,54,58,62,64,69,70,77,89–91,93,99,100,108,109,127,129,134,138,155,156]
	Tubers	Raw	Topical	Rheumatism	Muscoskeletal system	[138]
	Tubers	Raw	Topical	Headache	Nervous system	[43,53,59,80,81,91,93,109,113,134,155,176]
	Tubers	Raw	Topical	Fever, Antipyretic (Feet	Other	[77,78,105]
	Tubers	Boiled	Inhalation	Cold	Respiratory system	[53]
	Leaves, tubers	Decoction	Oral	Cough, pharingitis	Respiratory system	[47,63,64,106,108,111,155]
	Tubers	Raw	Topical	Eyes irritation	Sensorial system	[43,47,70,76,81,90,91,93,100,129,137,138,143,156,157,176]

	Tubers	Raw	Topical	Toothache	Teeth	[47,55,129,138]
Sicyos angulatus L. **(Cucurbitaceae**						
	Fruit	Decoction	Oral	Yellow jaundice	Other	[51,97]
Spinacia oleracea **L. (Amaranthaceae**						
	Leaves, seeds	Decoction	Oral	Anaemia	Cardiovascular system	[48,87,110]
	Leaves	Cooked	Oral	Galactagogue	Endocrine system	[64,79]
	Leaves	Cooked	Oral	Laxative	Gastrointestinal system	[57,64,107]
	Leaves	Cooked	Oral	Diuretic	Urinary system	[64,79]
	Leaves	Infusion	Oral	Diabetes	Endocrine system	[140]
	Leaves	Raw	Oral	Laxative	Gastrointestinal system	[57]
	Leaves	Juice	Oral	Face mask	Integumentary system	[57]
	Leaves	Infusion, mash	Oral	Gastrointestinal diseases	Gastrointestinal system	[118]
Vicia faba **L. (Fabaceae**						
	Seeds	Raw	Oral	Heartburn	Gastrointestinal system	[97]
	Seeds	Flour	Topical	Thyroid problems	Endocrine system	[55]
	Seeds	Fried	Oral	Galactofugue	Endocrine system	[44,107]
	Seeds	Decoction, raw	Oral	Diarrhoea	Gastrointestinal system	[152]
	Seeds	Decoction, raw	Oral	Gastritis	Gastrointestinal system	[75,124,169]
	Leaves	Poultice	Topical	Antihaemorrhoidal	Gastrointestinal system	[44]
	Seeds	Raw	Oral	Purgative	Gastrointestinal system	[69]
	Seeds, Leaves	Raw	Topical	Warts, vulnerary, burns, to remove thorns	Integumentary system	[43,48,55,88]
	Seeds	Raw	Topical	Contusion, sprains	Muscoskeletal system	[88,97]
	Fruits	Decoction	Oral	Sedative	Nervous system	[103]
	Seeds	Raw	Oral	Cough	Respiratory system	[37]

	Flowers, fruits	Decoction	Oral	Urinary diseases	Urinary system	[65,103,124]
	Seeds	Powder, mask	Topical	Ulcer, hair loss and dandruff	Integumentary system	[130]
	Leaves	Raw	Oral	Athetosis	Nervous system	[118]
	Fruits	Decoction	Oral	Gastrovascular disorders	Gastrointestinal system	[118]
	Seeds, Fruits	Raw	Oral	Depilatory	Gastrointestinal system	[110]
	Seeds, Fruits	Raw	Oral	Diuretic	Urinary system	[110]
	Leaves	Raw, cooked	Oral	Alzheimer's diseases	Nervous system	[142]
***Zingiber officinale* Roscoe (Zingiberaceae**						
	Rhizome	Decoction	Oral	Peripheric vascular diseases	Cardiovascular system	[139]
	Rhizome	Decoction	Oral	Diabetes	Endocrine system	[177]
	Rhizome	Decoction	Oral	Carminative	Gastrointestinal system	[51,139,160]
	Rhizome	Decoction	Oral	Dyspepsia	Gastrointestinal system	[51,139]
	Rhizome	Decoction, maceration	Oral	Gastrointestinal disorders, vomiting, ulcer, intestinal parasites	Gastrointestinal system	[130]
	Rhizome	Infusion	Oral	digestive	Gastrointestinal system	[117]
	Rhizome	Decoction	Topical	Kibe	Integumentary system	[139]
	Rhizome	Powder and mask	Topical	Hair loss and dandruff	Integumentary system	[130]
	Rhizome	Decoction	Oral, topical	Rheumatism	Muscoskeletal system	[102,160]
	Rhizome	powder	Oral	Muscoskeletal diseases	Muscoskeletal system	[163]
	Rhizome	Decoction	Oral	Headache	Nervous system	[130,160]
	Rhizome	Decoction, maceration	Oral	Nervous disorders, insomnia	Nervous system	[130]

Rhizome	Decoction, maceration, powder and mask	Oral	Fever	other	[130]
Rhizome	Decoction, maceration, powder and mask	Oral	Cancer	other	[130]
Rhizome	Decoction, maceration, powder and mask	Oral	Sexual disorders	reproductive system	[130]
Rhizome	Powder , in oil	Oral/ topical	Gynecological diseaes, aphrodisiac	reproductive system	[114,163]
Rhizome	Decoction	Oral	Cold	Respiratory system	[16,114,130]
Rhizome	Infusion	Oral	Asthma, bronchitis	Respiratory system	[114,117]
Rhizome	Powder and mask	Topical	Eyes diseases	Sensorial system	[130]
Rhizome	Raw, decoction	Oral	Diuretic, depurative	Urinary system	[41,114]
Rhizome	decoction	Oral	Bladder diseases	Urinary system	[130]