

**Table S9.** Evolution of mobility and disability parameters.

	Oswestry Index - AVG(SD)			FFDI- AVG(SD)		
	T1-T2	T2-T3	T1-T3	T1-T2	T2-T3	T1-T3
G1 Group	33.63±9.38	23.46±9.56	16.17±7.98	24.61±2.06	15.61±0.49	8.22±0.85
G2 Group	38.63±7.29	31.07±7.57	24.12±7.15	23.61±1.05	21.12±1.22	19.61±1.81