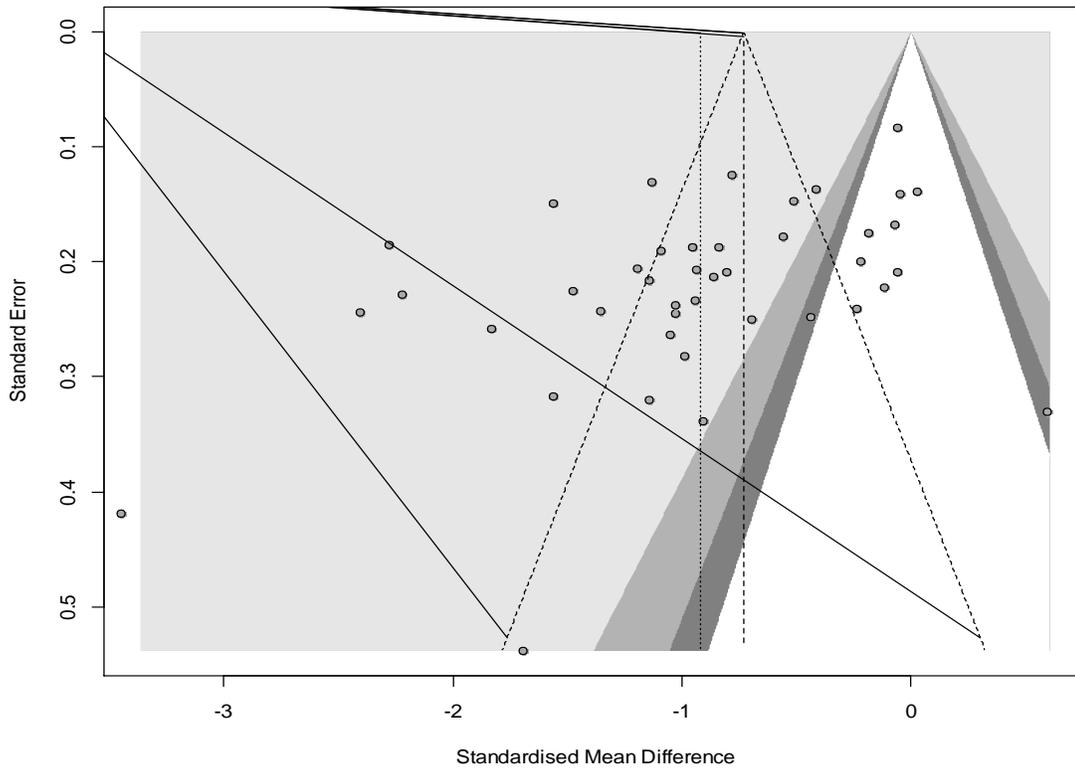
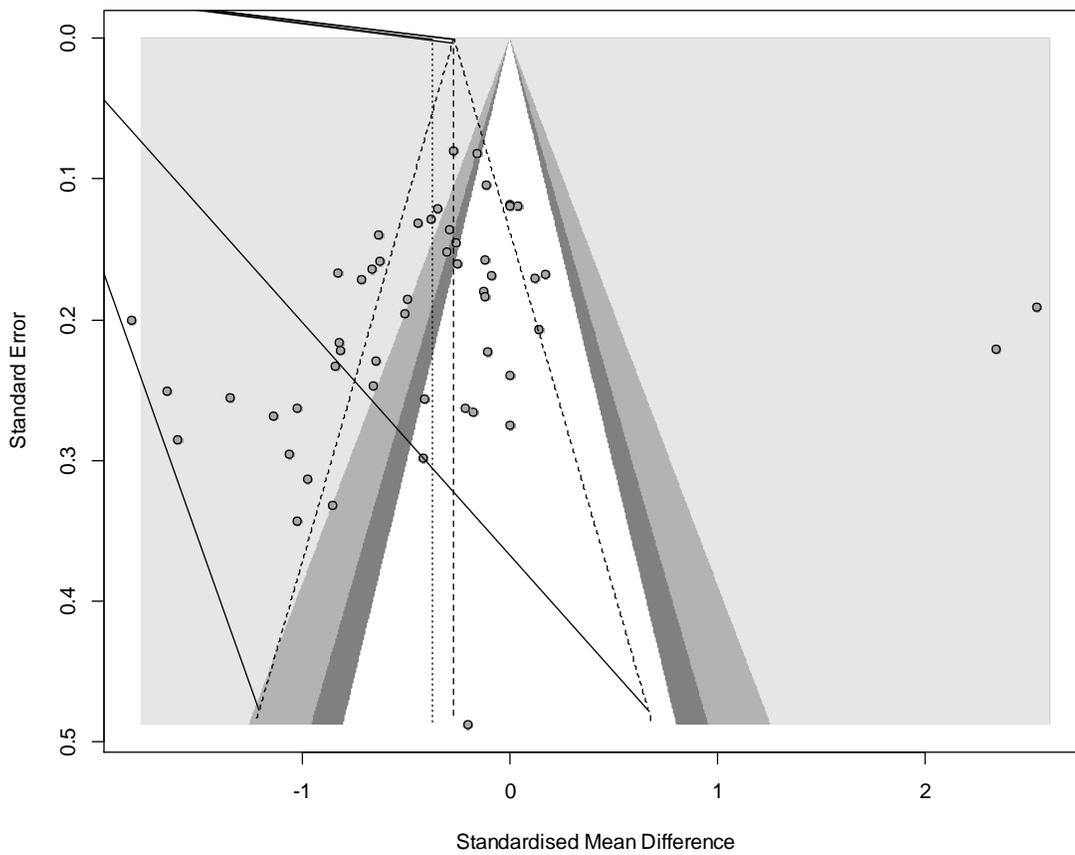


## Appendix C. Funnel Plots

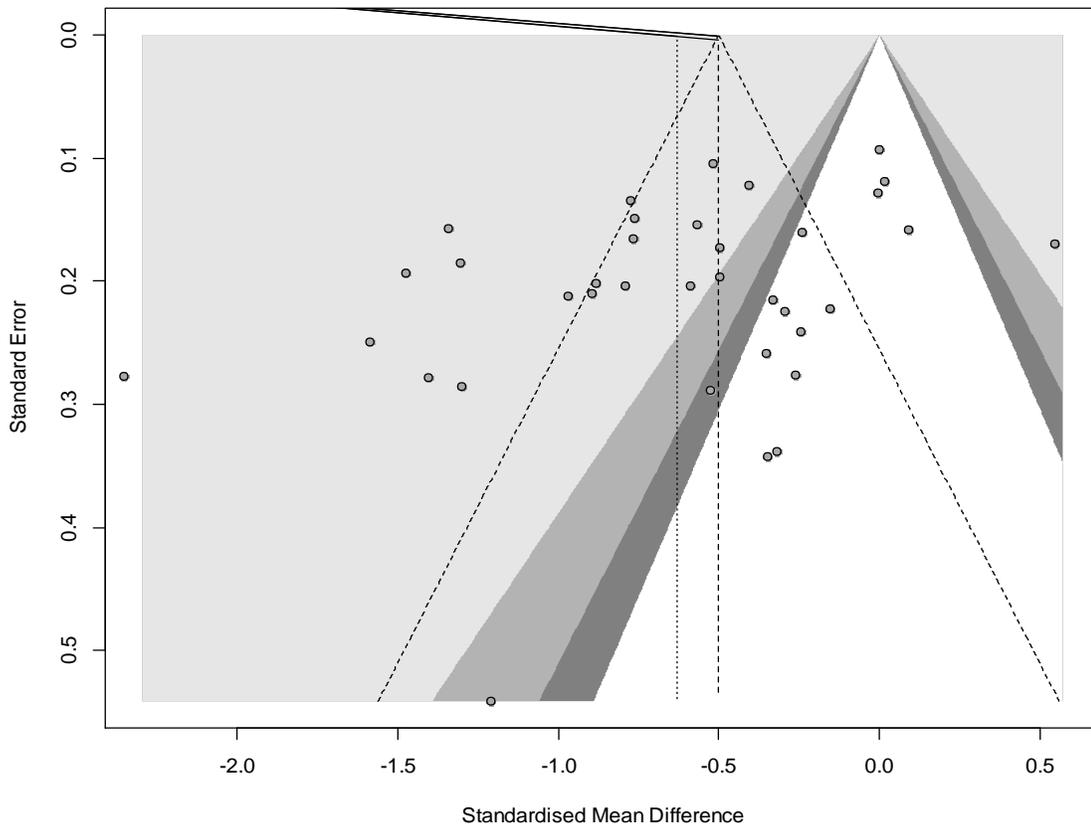
### a. Knowledge



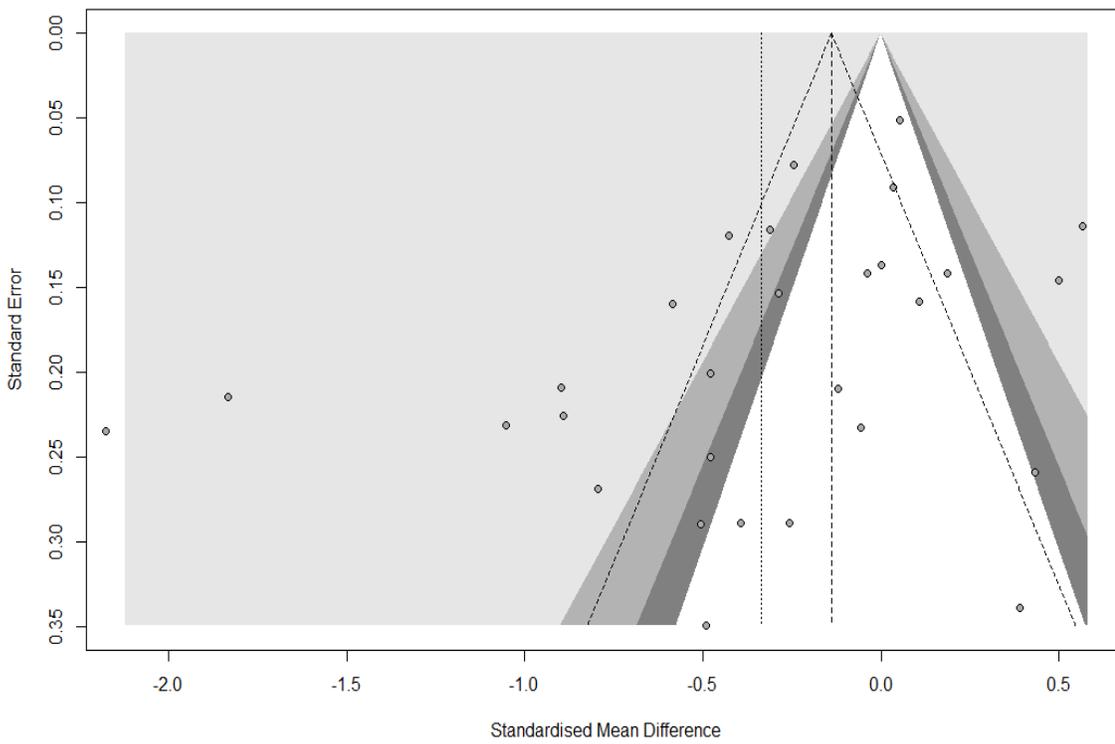
### b. Self-efficacy



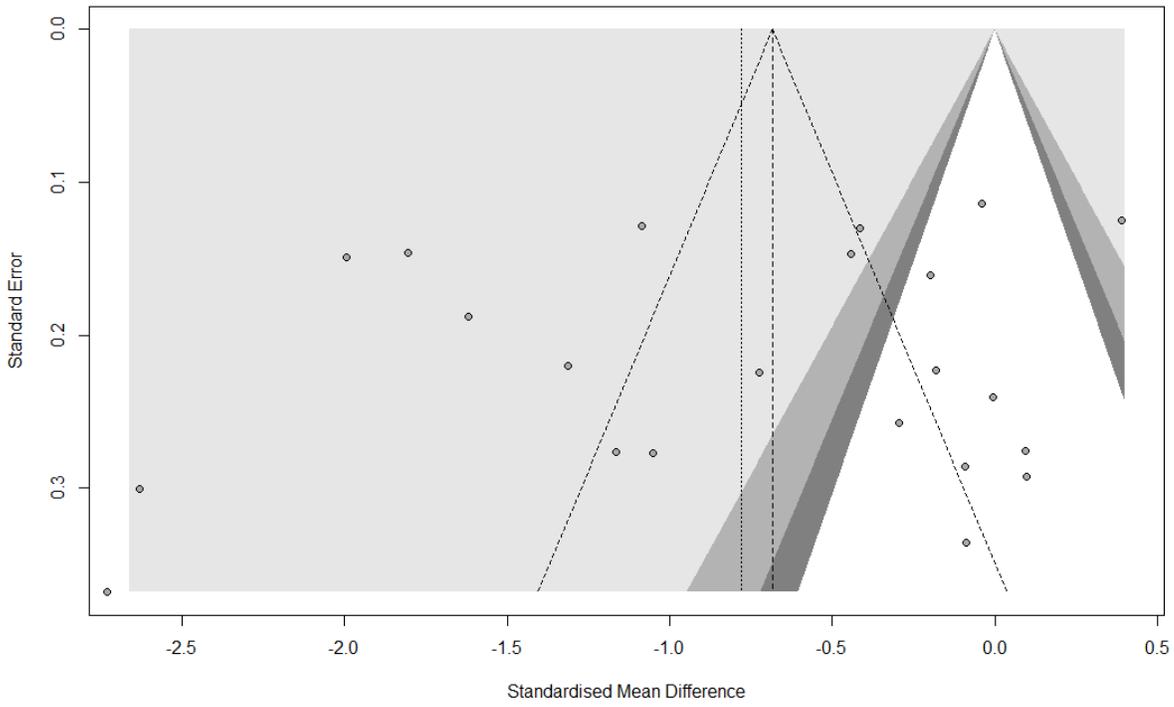
**c. Self-management behaviours**



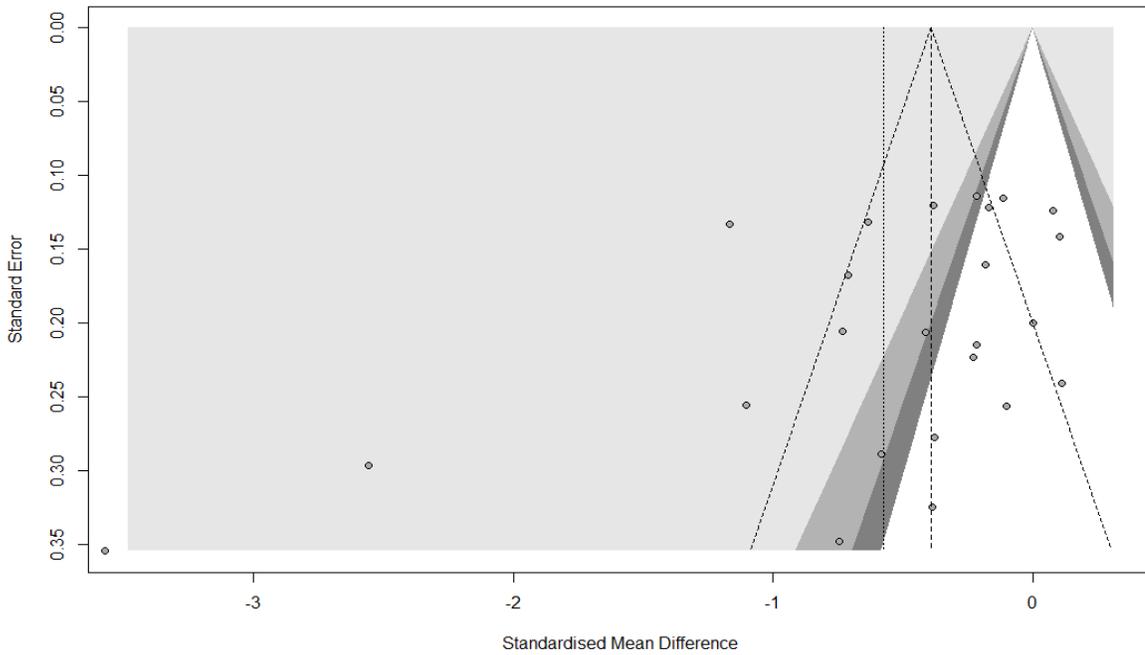
**d. Adherence**



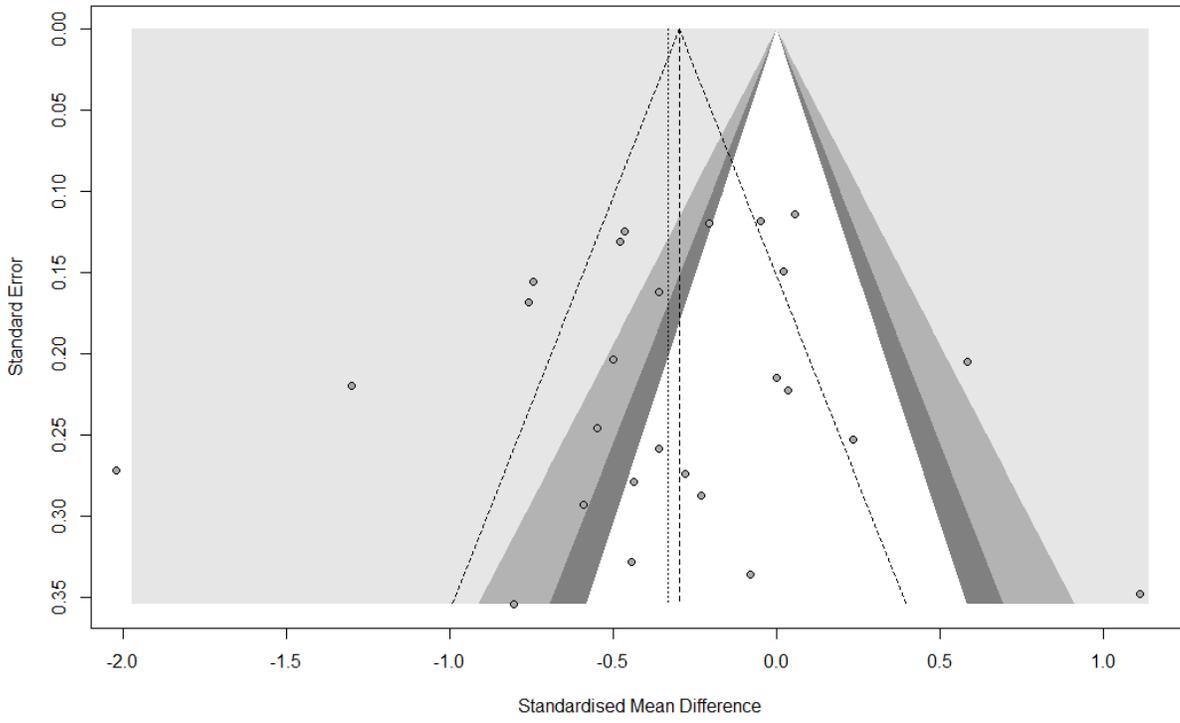
**e. Foot care**



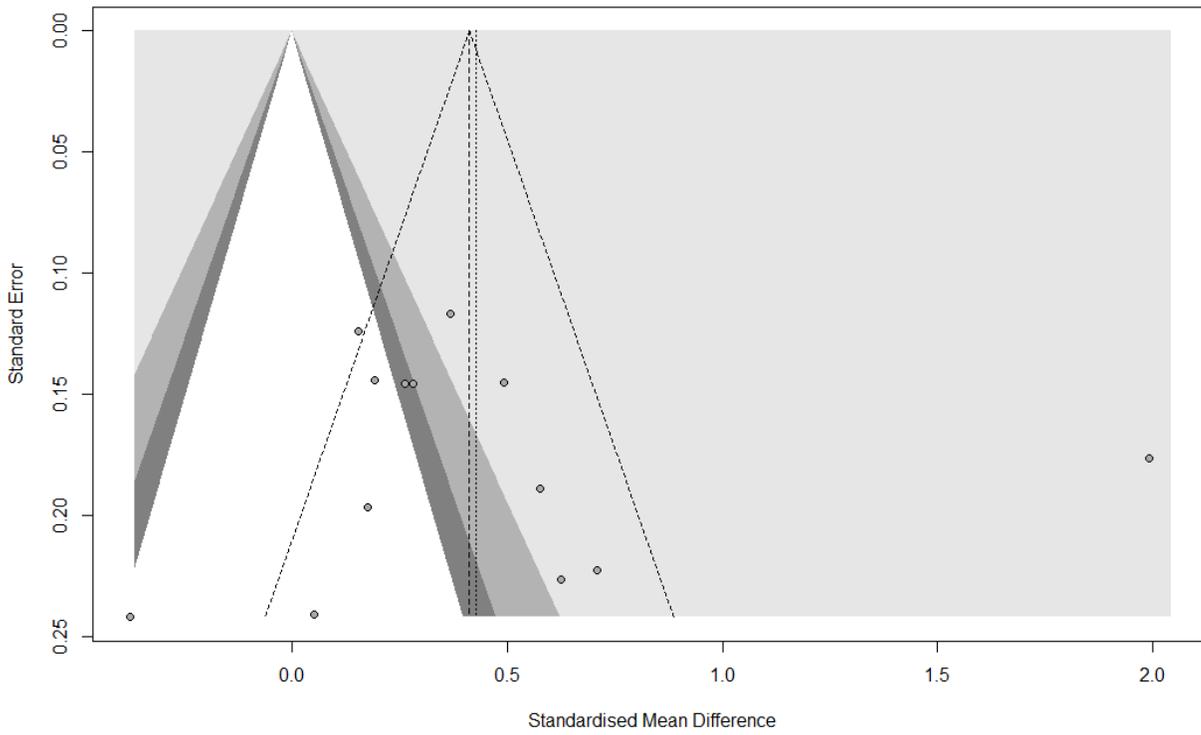
**f. Glucose Self-monitoring**



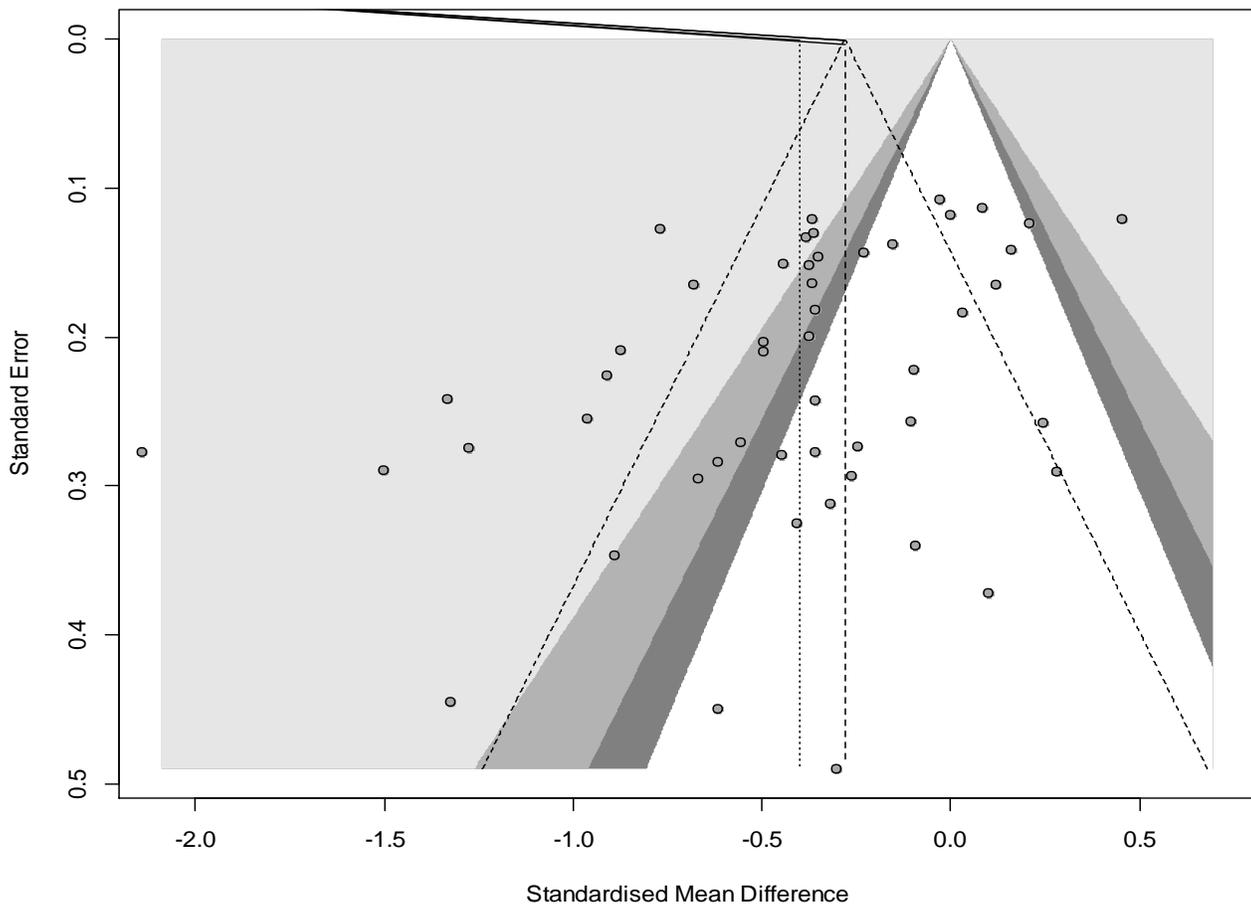
**g. Dietary habits**



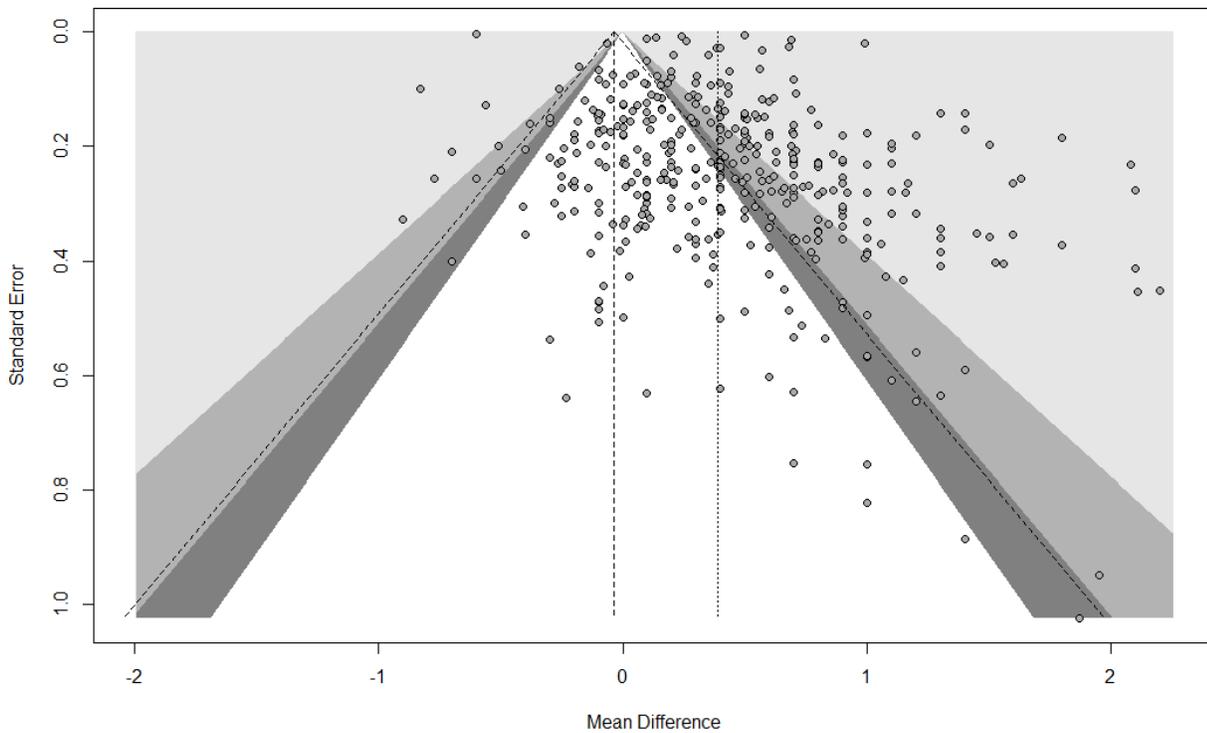
**h. Consumption of fat**



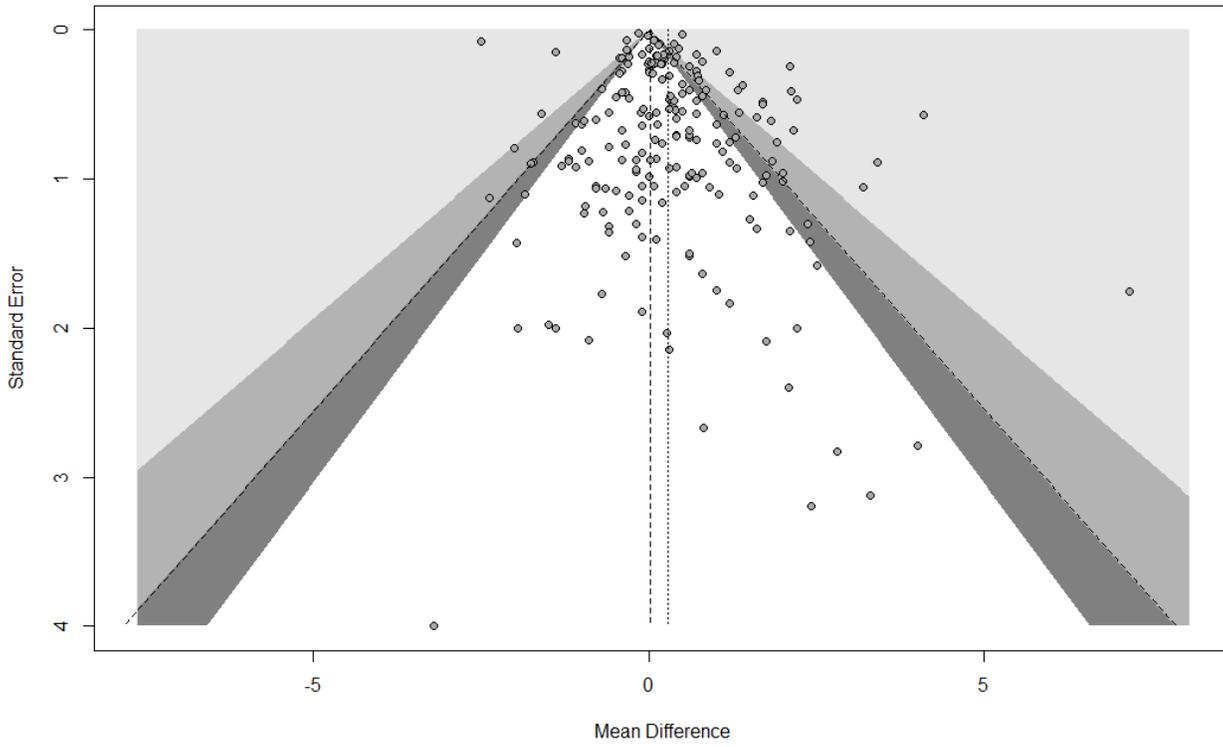
**i. Physical activity**



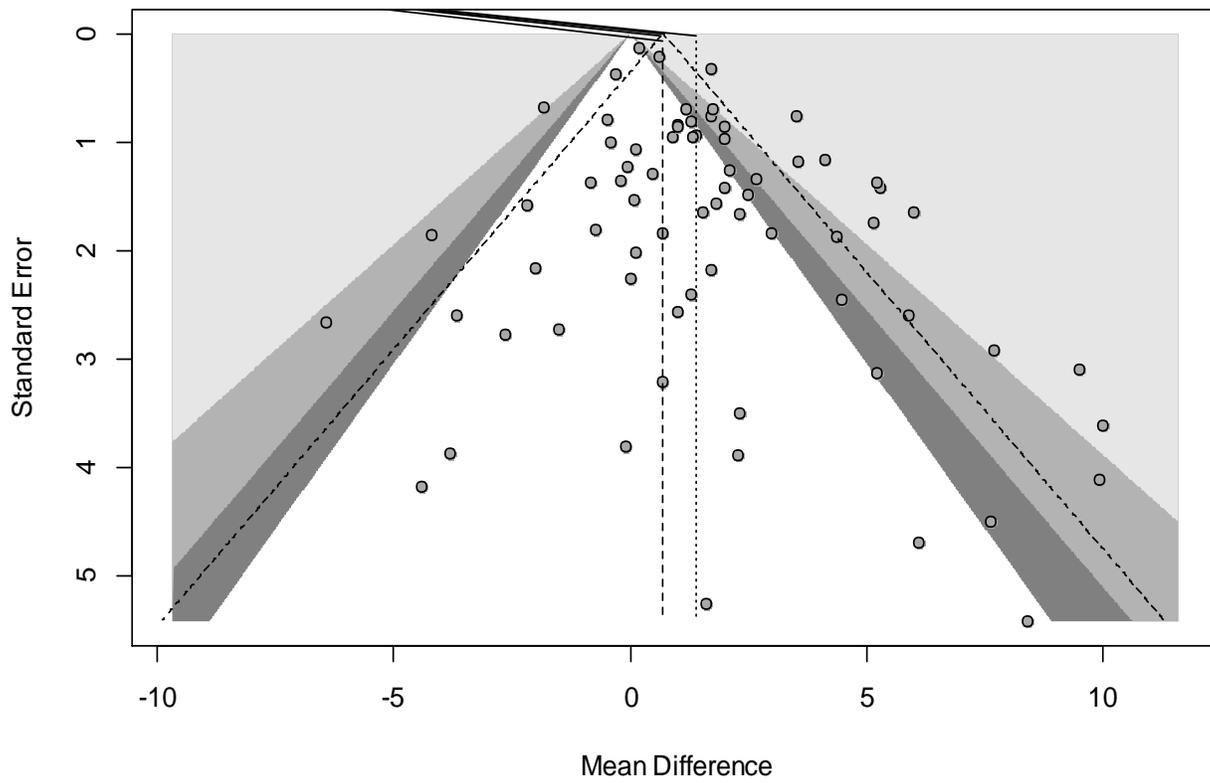
**j. Glycated haemoglobin (HbA1c)**



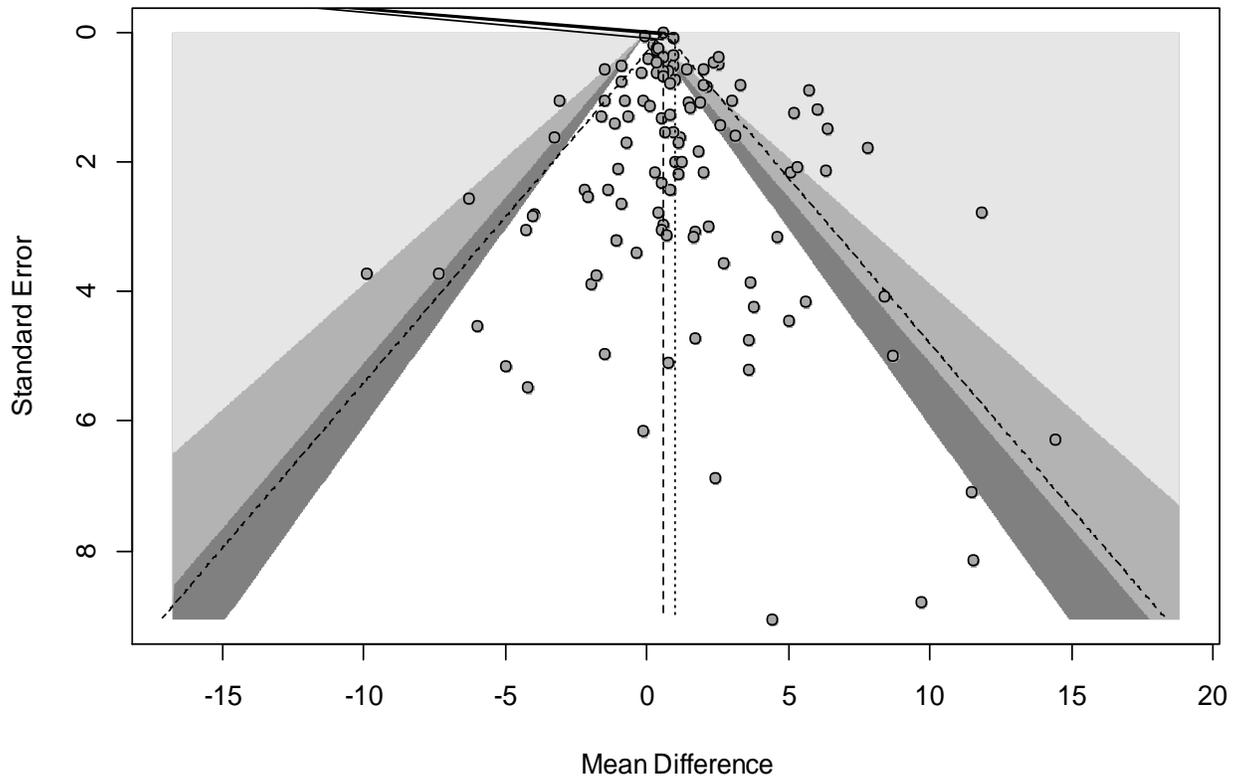
**k. Body Mass Index (BMI)**



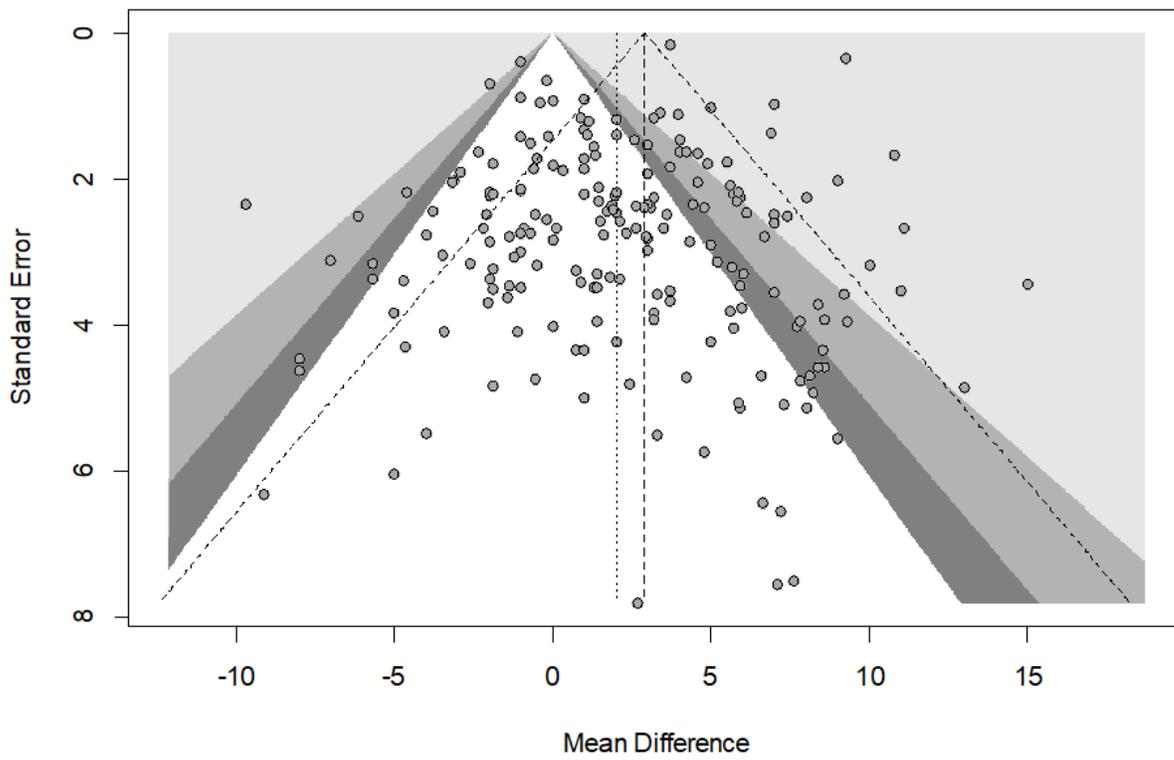
**l. Waist size**



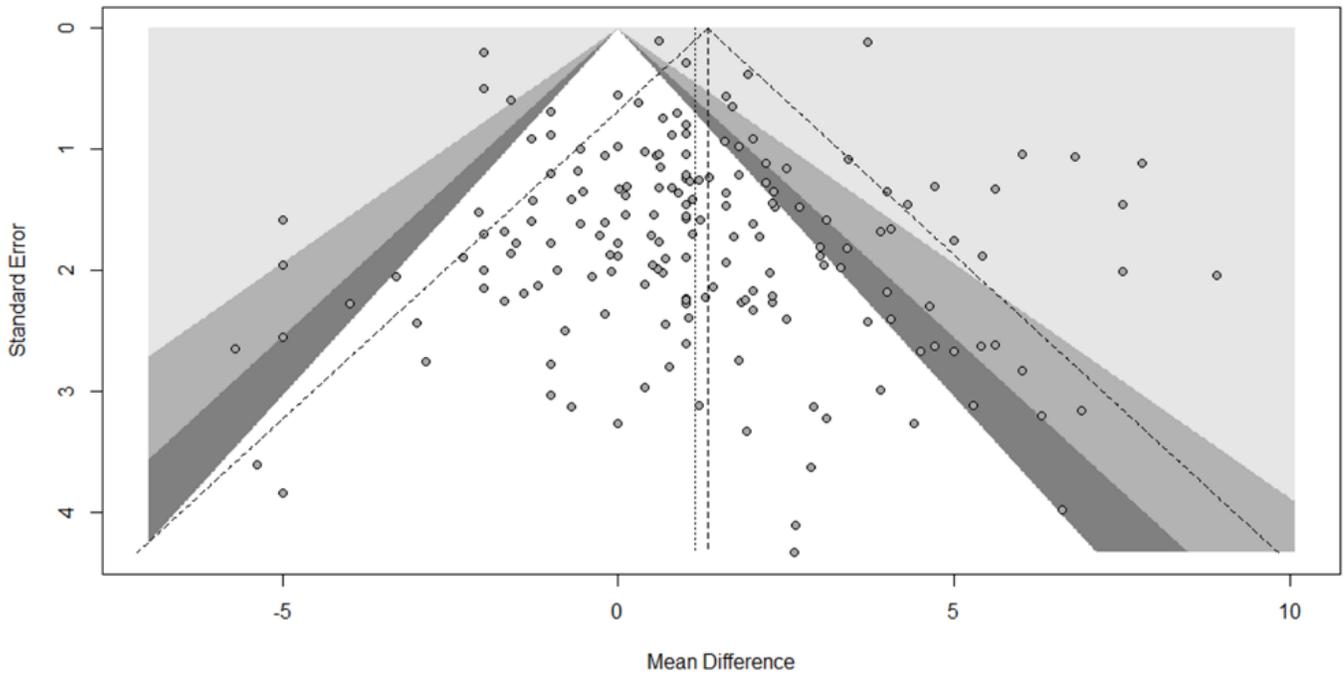
m. Weight



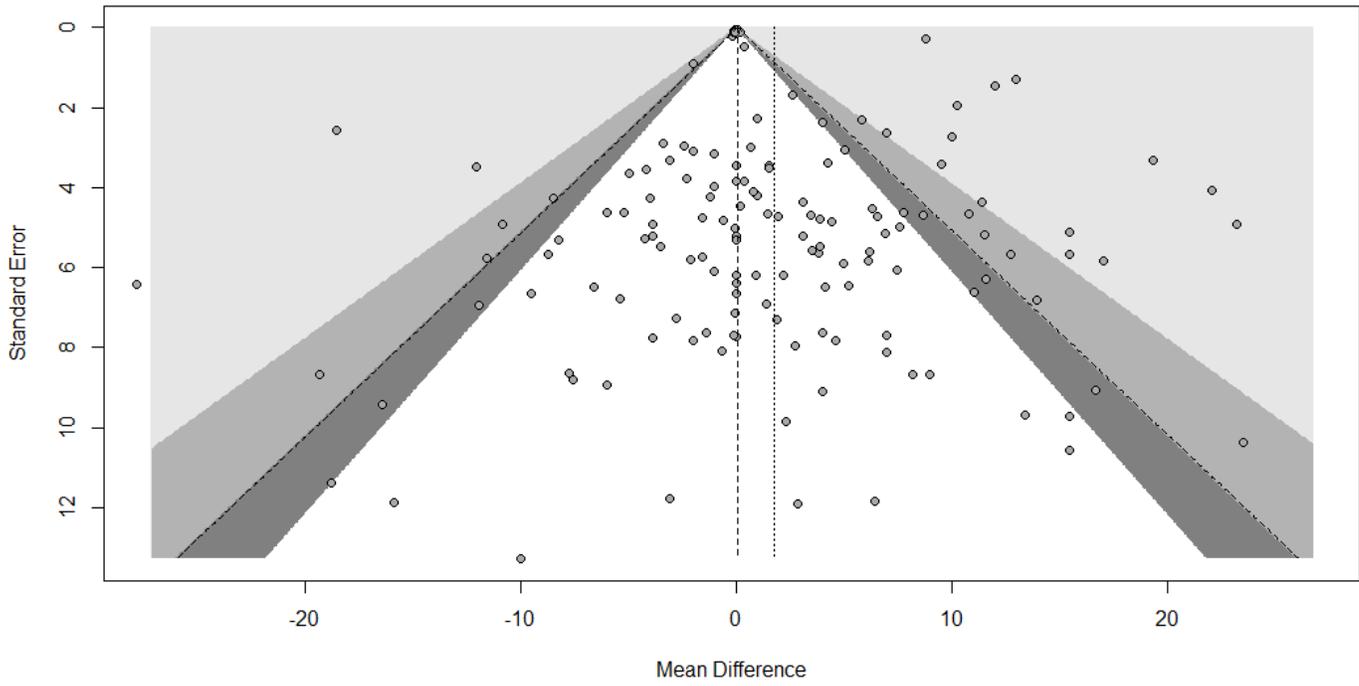
n. Systolic blood pressure



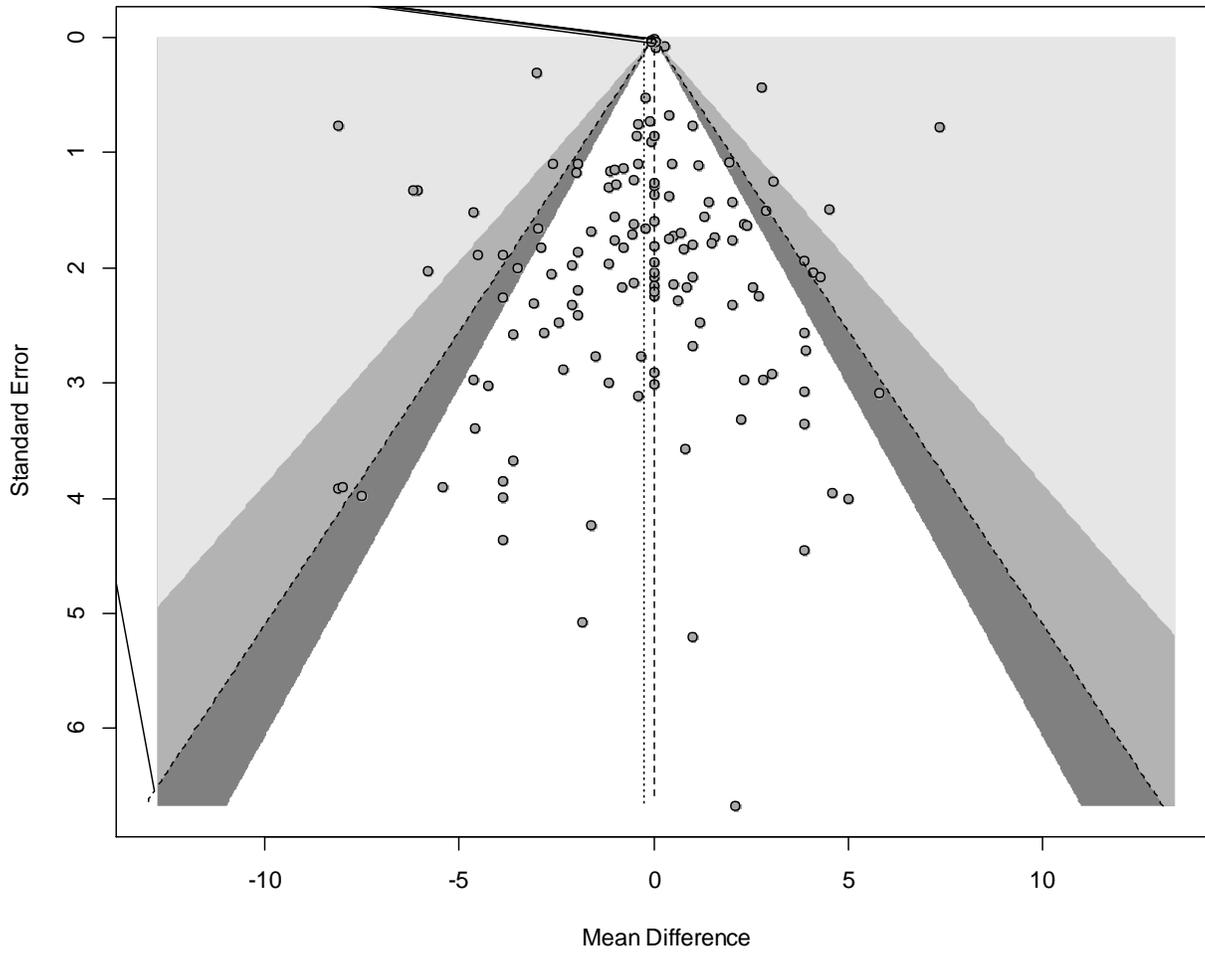
**o. Diastolic blood pressure**



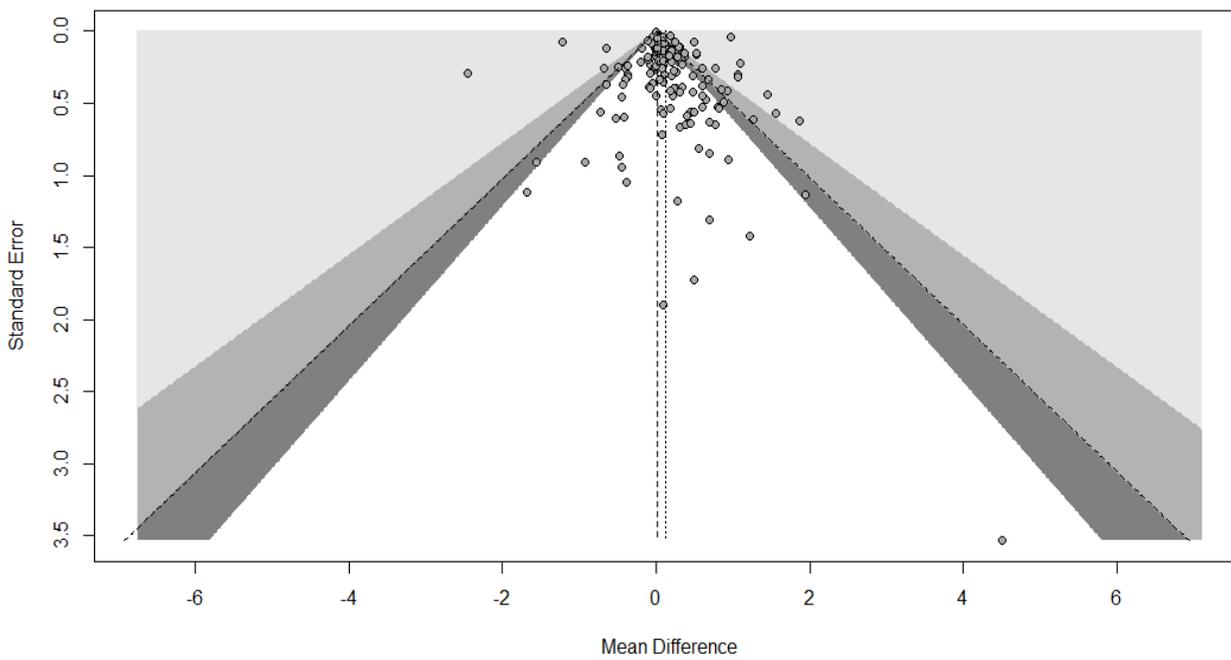
**p. LDL cholesterol**



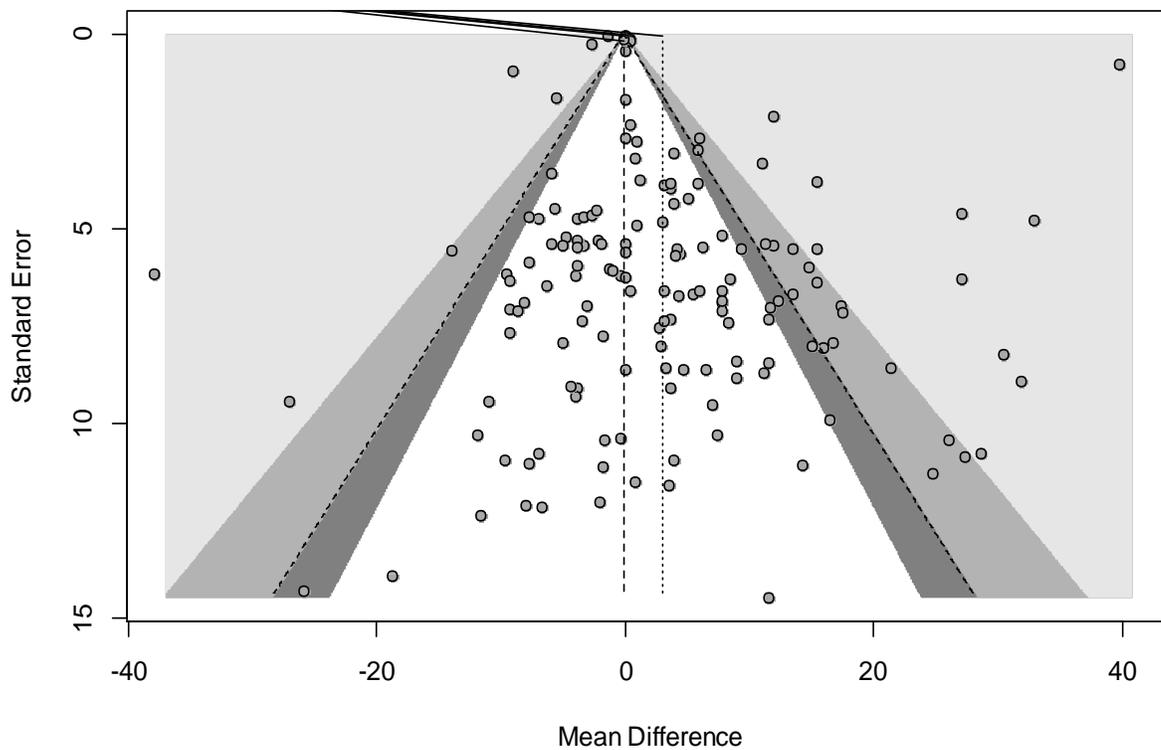
q. HDL cholesterol



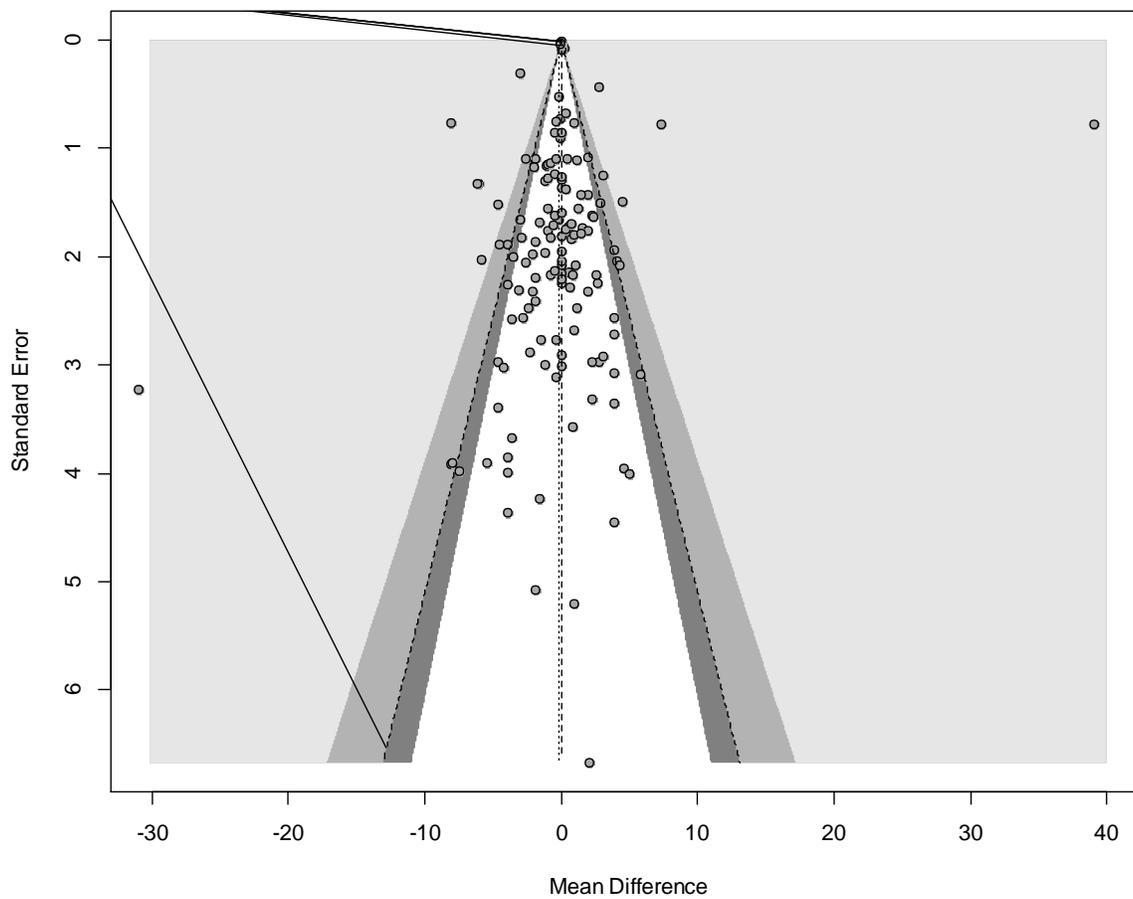
r. Triglycerides



s. Total cholesterol



t. Quality of life



u. Psychological distress

