

The questionnaire used in this study.

Anonymous questionnaire on knowledge, attitudes, and behaviors regarding hearing health.

Participant n°: _____ Date: _____

(Please write X in front of the proper answer)

Age Gender: ☐ M ☐ F

Do you smoke? ☐ Yes ☐ No Are you single? ☐ Yes ☐ No

Do you have children? ☐ Yes ☐ No If yes, how many? _____

Educational level:

☐ Primary School ☐ High School

☐ Middle School ☐ University Degree

<u>Knowledge</u>	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>
1. The ear is the organ of hearing.			
2. Cotton swabs are the safest way to clean your ears.			
3. The removal of the earwax plug must be performed by the doctor.			
4. Scuba diving is dangerous for hearing.			
5. Some medicines can cause hearing damage.			
6. Otitis media is an ear disease.			
7. Otitis media can have neurological consequences.			
8. Hearing loss only affects older people.			
9. The audiometric test evaluates hearing ability.			
10. The unit of sound measurement is the decibel (dB).			
11. The risk threshold for hearing is about 80dB.			
12. The limit values for noise pollution are defined by the DPCM * of 14 November 1997.			

<u>Attitudes</u>	<u>Agree</u>	<u>Uncertain</u>	<u>Disagree</u>
1. It is uncomfortable to wear earplugs.			
2. It is important to go for a morning run.			
3. It is nice to go clubbing with friends.			
4. Loud music gives the right energy.			
5. It is nice to have the TV on during meals.			
6. Earphones are more comfortable than speakers.			
7. In summer it is best to dry your hair in the sun.			
8. It is important to always have a sanitizer with you.			
9. Reading the package insert of the medicines is useless.			
10. It is useful to have your teeth cleaned every six months.			

<u>BEHAVIORS</u>	<u>YES</u>	<u>OFTEN</u>	<u>SOMETIME</u>	<u>NEVER</u>
1. Do you use cotton buds to clean your ears?				

2. Do you use ear sprays to clean your ears?				
3. Dry your ears with a clean towel after the bath?				
4. Do you swim in the pool or in the sea even if it is cold?				
5. Do you use earplugs?				
6. During a conversation, do you turn the volume down on the TV or radio?				
7. Do you happen to see fireworks shows up close?				
8. During events, do you go to quiet places to rest from high sound levels?				
9. Do you happen to stand near the speakers during a party?				
10. Do you turn up the audio volume with earphones?				
11. Do you fall asleep listening to music with earphones?				
12. In the last year, have you had a hearing check-up?				