

Safety Criteria for Early Mobilization in ICU

Number		Name		Sex		Date		PASS <input type="checkbox"/>	FAIL <input type="checkbox"/>
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System	Screening Item
Cardiovascular	<div style="display: flex; justify-content: space-between;"> <div style="width: 60%;"> <input type="checkbox"/> SBP < 90mmHg or SBP > 180mmHg <input type="checkbox"/> MBP < 60mmHg or MBP > 110mmHg <input type="checkbox"/> HR < 50bpm or HR > 130bpm <input type="checkbox"/> New or symptomatic arrhythmia, MI <input type="checkbox"/> PTE (discuss with MD to determine suitability) <input type="checkbox"/> DVT (may mobilize as tolerated immediately after LMWH is given) <input type="checkbox"/> Platelet count < 20,000/uL </div> <div style="width: 35%; border-left: 1px dotted black; padding-left: 5px;"> < Vasoactive agent > : new vasoactive agent, use of three or more agents or frequent increases <input type="checkbox"/> Dopamine <input type="checkbox"/> Norepinephrine <input type="checkbox"/> Vasopressin <input type="checkbox"/> Epinephrine <input type="checkbox"/> Other : </div> </div>
Respiratory	<input type="checkbox"/> RR ≤ 5 or RR ≥ 40breaths/min <input type="checkbox"/> SpO ₂ ≤ 88% <input type="checkbox"/> FiO ₂ ≥ 0.6 <input type="checkbox"/> PEEP > 10mmHg <input type="checkbox"/> Airway is not adequately secured
Neurologic	<input type="checkbox"/> Severe agitation, stress state <input type="checkbox"/> Attention required for increased intraocular pressure <input type="checkbox"/> ICP ≥ 20mmHg <input type="checkbox"/> Unstable spinal injury or lesion <input type="checkbox"/> CSF leakage or lumbar drain
Other	<input type="checkbox"/> BT ≥ 38°C <input type="checkbox"/> Active or uncontrolled bleeding <input type="checkbox"/> Unstable fracture <input type="checkbox"/> Open abdomen

*the cited values are not absolute criteria for withholding mobilization or chest physiotherapy. It may be modified according to the medical condition of the critically ill patient.

Stop Criteria

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| <input type="checkbox"/> Abnormalities in the above-mentioned vital signs occur. (If it is not stabilized even after stopping mobilization.)
<input type="checkbox"/> Changes in consciousness
<input type="checkbox"/> Ventilator asynchrony
<input type="checkbox"/> Bleeding
<input type="checkbox"/> Distress reported by patient or observed by clinician | <input type="checkbox"/> New/symptomatic arrhythmia
<input type="checkbox"/> Fall
<input type="checkbox"/> Medical device removal or malfunction |
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Safety Fail Event : *(comment field)*