

Supplementary Results Figure S1

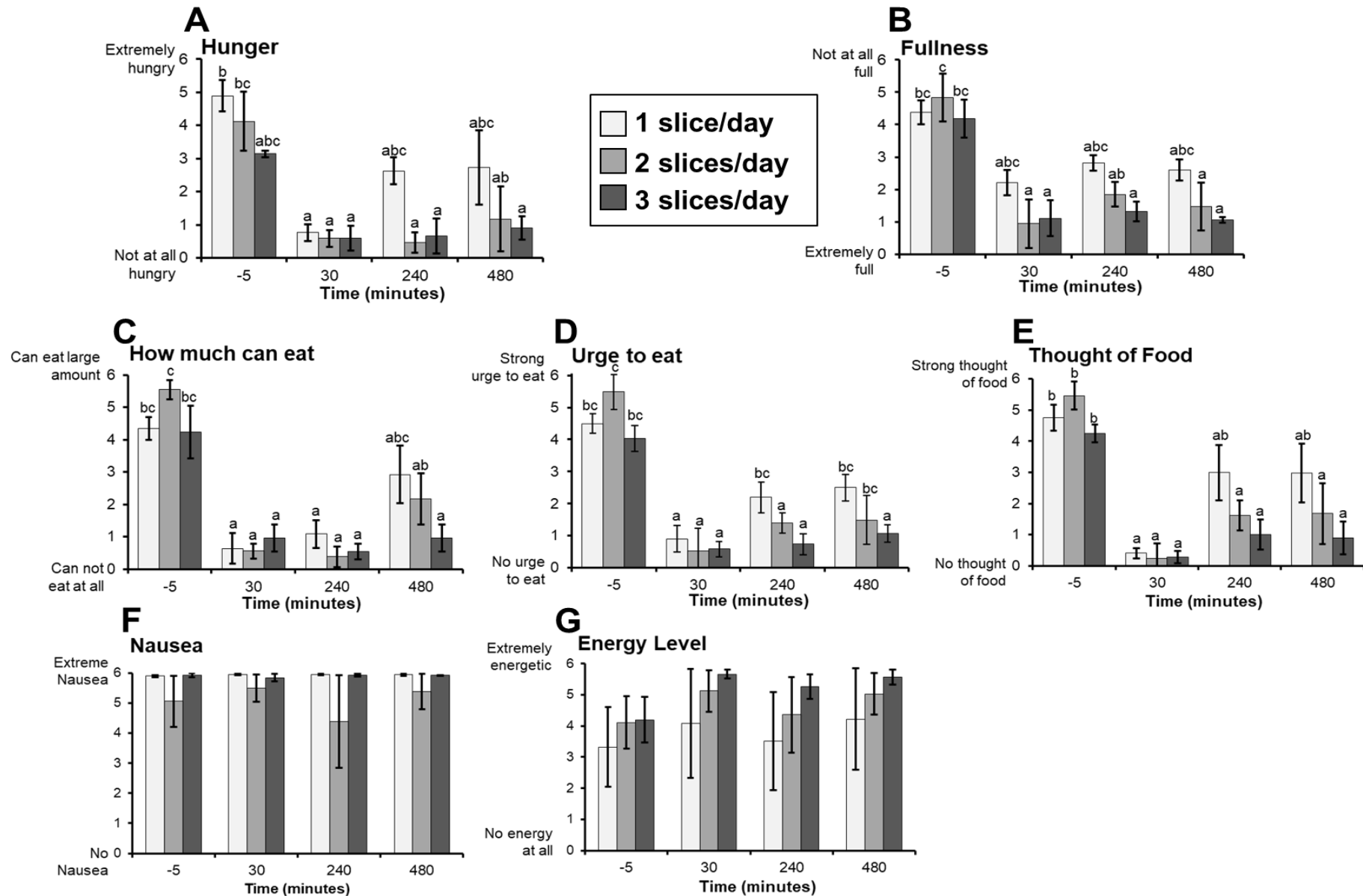


Figure S1. VAS scores were used to assess soy bread satiety. A to G, VAS scores were used to assess satiety over 8 hours and across three doses. Satiety was represented as bar graphs (mean \pm SD). Superscript letters represent the mean separation using one way ANOVA analysis and Tukey's post hoc test when significant differences ($p \leq 0.05$) were observed. *Significant differences ($p \leq 0.05$) between soy bread and ideal bread using a paired t-test.