

Supplementary Material (S1)

Table S1. Raw data used to fit the response surface design model according to Table 1, RSD (%), and Grubbs distance for the three repetitions. Numbers in bold represent the excluded outliers and criteria of exclusion. When the RSD criteria (>20%) was used, the selected outlier was identified through the highest Grubbs' distance (underlined values)

| α -amylase activity (CU/g) | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|-------------|------------|------------------|-------|--------------|-------------|-------------|-------------|------------|------------------|-----------------|--------------|-------------|------|-------------|------------|------------------|-------|--------------|
| Brown rice | | | | | | Milled rice | | | | | | Germinated rice | | | | | | | | |
| Raw data | | | RSD (%) | Grubbs' distance | | | Raw data | | | RSD (%) | Grubbs' distance | | | Raw data | | | RSD (%) | Grubbs' distance | | |
| R1 | R2 | R3 | | R1 | R2 | R3 | R1 | R2 | R3 | | R1 | R2 | R3 | R1 | R2 | R3 | | R1 | R2 | R3 |
| 3.31 | 2.81 | 3.73 | 14% | 0.053 | 1.026 | 0.972 | 4.04 | 3.05 | 2.39 | 26% | <u>1.058</u> | 0.130 | 0.929 | 1.19 | 1.37 | 1.22 | 8% | 0.748 | 1.136 | 0.388 |
| 1.36 | 1.73 | 2.14 | 23% | 0.983 | 0.033 | <u>1.016</u> | 1.42 | 1.85 | 1.99 | 17% | 1.121 | 0.321 | 0.800 | 1.52 | 1.30 | 1.46 | 8% | 0.822 | 1.113 | 0.291 |
| 3.15 | 2.70 | 2.72 | 9% | 1.153 | 0.633 | 0.520 | 2.42 | 2.90 | 2.59 | 9% | 0.891 | 1.082 | 0.191 | 1.04 | 1.49 | 1.77 | 26% | <u>1.068</u> | 0.153 | 0.915 |
| 18.4 | 23.5 | 21.3 | 12% | 1.040 | 0.955 | 0.085 | 18.0 | 19.6 | 23.3 | 13% | 0.842 | 0.263 | 1.105 | 2.34 | 3.27 | 3.09 | 17% | 1.136 | 0.748 | 0.388 |
| 73.2 | 65.0 | 69.7 | 6% | 0.951 | 1.043 | 0.092 | 72.1 | 71.2 | 94.7 | 17% | 0.542 | 0.612 | 1.154 | 1.87 | 2.03 | 1.73 | 8% | 0.032 | 1.016 | 0.983 |
| 87.6 | 65.1 | 68.8 | 16% | 1.141 | 0.726 | 0.415 | 88.5 | 74.8 | 79.9 | 9% | 1.076 | 0.901 | 0.175 | 1.90 | 1.87 | 1.89 | 1% | 0.887 | 1.084 | 0.196 |
| 17.5 | 21.5 | 16.1 | 15% | 0.305 | 1.117 | 0.812 | 18.8 | 29.0 | 23.0 | 22% | 0.932 | <u>1.057</u> | 0.125 | 1.52 | 1.69 | 0.98 | 26% | 0.330 | 0.793 | <u>1.123</u> |
| 17.0 | 13.2 | 16.7 | 13% | 0.653 | 1.151 | 0.498 | 17.1 | 13.2 | 19.6 | 19% | 0.149 | 1.066 | 0.917 | 3.84 | 3.93 | 3.83 | 1% | 0.525 | 1.153 | 0.628 |
| 19.3 | 22.8 | 22.0 | 8% | 1.127 | 0.781 | 0.346 | 18.8 | 20.6 | 13.3 | 22% | 0.319 | 0.802 | <u>1.121</u> | 3.72 | 3.39 | 3.21 | 8% | 1.080 | 0.187 | 0.893 |
| 14.4 | 14.4 | 13.6 | 3% | 0.591 | 0.563 | 1.155 | 3.12 | 3.13 | 3.08 | 1% | 0.377 | 0.757 | 1.134 | 1.80 | 2.42 | 2.25 | 15% | 1.117 | 0.812 | 0.305 |

| GABA (mg/100g) | | | | | | | | | | | | | | | | | | | | |
|----------------|-----|-----|---------|------------------|-------|-------------|----------|-----|-----|---------|------------------|-----------------|-------|----------|-----|-----|---------|------------------|-------|-------|
| Brown rice | | | | | | Milled rice | | | | | | Germinated rice | | | | | | | | |
| Raw data | | | RSD (%) | Grubbs' distance | | | Raw data | | | RSD (%) | Grubbs' distance | | | Raw data | | | RSD (%) | Grubbs' distance | | |
| R1 | R2 | R3 | | R1 | R2 | R3 | R1 | R2 | R3 | | R1 | R2 | R3 | R1 | R2 | R3 | | R1 | R2 | R3 |
| 141 | 143 | 131 | 4% | 0.394 | 0.743 | 1.137 | 146 | 175 | 169 | 9% | 1.132 | 0.762 | 0.370 | 51 | 48 | 53 | 5% | 0.315 | 1.120 | 0.804 |
| 181 | 205 | 191 | 6% | 0.939 | 1.052 | 0.113 | 185 | 181 | 178 | 2% | 1.052 | 0.113 | 0.938 | 212 | 212 | 214 | 1% | 0.450 | 0.696 | 1.146 |
| 188 | 206 | 147 | 17% | 0.256 | 0.847 | 1.103 | 186 | 155 | 162 | 10% | 1.123 | 0.793 | 0.331 | 125 | 106 | 117 | 8% | 0.944 | 1.048 | 0.104 |
| 183 | 189 | 195 | 3% | 0.959 | 0.077 | 1.036 | 169 | 166 | 163 | 2% | 0.963 | 0.070 | 1.033 | 239 | 211 | 228 | 6% | 0.928 | 1.059 | 0.132 |
| 251 | 253 | 264 | 3% | 0.725 | 0.416 | 1.141 | 244 | 205 | 206 | 10% | 1.154 | 0.613 | 0.541 | 181 | 178 | 177 | 1% | 1.104 | 0.260 | 0.844 |
| 233 | 267 | 263 | 7% | 1.148 | 0.684 | 0.463 | 224 | 211 | 215 | 3% | 1.100 | 0.855 | 0.245 | 171 | 188 | 172 | 5% | 0.631 | 1.153 | 0.522 |
| 155 | 153 | 158 | 2% | 0.020 | 1.010 | 0.990 | 221 | 206 | 210 | 4% | 1.122 | 0.797 | 0.325 | 207 | 202 | 198 | 2% | 1.072 | 0.164 | 0.908 |
| 142 | 173 | 161 | 10% | 1.066 | 0.918 | 0.148 | 230 | 198 | 198 | 9% | 1.155 | 0.560 | 0.594 | 254 | 247 | 252 | 2% | 0.787 | 1.125 | 0.338 |
| 213 | 207 | 203 | 2% | 1.055 | 0.122 | 0.934 | 196 | 199 | 197 | 1% | 0.883 | 1.086 | 0.203 | 167 | 166 | 167 | 1% | 0.643 | 1.152 | 0.509 |
| 132 | 130 | 139 | 4% | 0.359 | 0.771 | 1.130 | 195 | 187 | 196 | 3% | 0.422 | 1.142 | 0.720 | 247 | 256 | 237 | 4% | 0.038 | 0.980 | 1.018 |

| Starch (g/100g) | | | | | | | | | | | | | | | | | | |
|-----------------|-------------|------|------------------|-------|--------------|-------------|-------------|------|------------------|---------|--------------|-----------------|-------|------|------------------|-------------|---------|--|
| Brown rice | | | | | | Milled rice | | | | | | Germinated rice | | | | | | |
| Raw data | | | Grubbs' distance | | | Raw data | | | Grubbs' distance | | | Raw data | | | Grubbs' distance | | | |
| R1 | R2 | R3 | RSD (%) | R1 | R2 | R3 | R1 | R2 | R3 | RSD (%) | R1 | R2 | R3 | R1 | R2 | R3 | RSD (%) | |
| 65.9 | 66.0 | 66.8 | 1% | 0.718 | 0.425 | 1.142 | 65.3 | 64.5 | 66.5 | 2% | 0.130 | 0.929 | 1.059 | 73.8 | 70.3 | 71.6 | 2% | |
| 67.5 | 67.3 | 67.5 | 0% | 0.327 | 1.123 | 0.795 | 61.8 | 62.2 | 62.2 | 0% | 1.155 | 0.582 | 0.573 | 71.4 | 72.3 | 72.5 | 1% | |
| 62.0 | 63.6 | 62.7 | 1% | 0.988 | 1.011 | 0.023 | 65.8 | 65.5 | 65.0 | 1% | 0.963 | 0.071 | 1.033 | 72.8 | 64.7 | 65.2 | 7% | |
| 59.0 | 58.8 | 59.0 | 0% | 0.639 | 1.152 | 0.514 | 58.4 | 58.9 | 58.2 | 1% | 0.349 | 1.128 | 0.779 | 64.8 | 63.2 | 63.4 | 1% | |
| 56.0 | 55.9 | 56.0 | 0% | 0.456 | 1.147 | 0.691 | 55.9 | 55.4 | 56.0 | 1% | 0.377 | 1.134 | 0.757 | 63.5 | 62.9 | 61.7 | 2% | |
| 56.0 | 55.8 | 56.0 | 0% | 0.670 | 1.149 | 0.480 | 56.1 | 55.5 | 55.5 | 1% | 1.146 | 0.452 | 0.694 | 61.6 | 63.5 | 62.9 | 2% | |
| 65.5 | 65.0 | 65.5 | 0% | 0.581 | 1.155 | 0.574 | 58.6 | 59.2 | 58.9 | 1% | 0.925 | 1.061 | 0.136 | 61.0 | 61.6 | 58.9 | 2% | |
| 52.5 | 52.6 | 53.0 | 0% | 0.622 | 0.531 | 1.154 | 63.4 | 61.9 | 63.4 | 1% | 0.526 | 1.153 | 0.627 | 58.7 | 58.7 | 61.2 | 2% | |
| 59.3 | 59.0 | 58.7 | 0% | 0.980 | 0.038 | 1.019 | 67.3 | 66.7 | 67.5 | 1% | 0.386 | 1.135 | 0.750 | 61.6 | 61.6 | 62.0 | 0% | |
| 65.8 | 66.0 | 66.2 | 0% | 1.067 | 0.152 | 0.915 | 59.6 | 59.5 | 58.8 | 1% | 0.660 | 0.491 | 1.151 | 58.0 | 58.1 | 58.3 | % | |
| | | | | | | | | | | | | | | | 0.948 | 0.097 | 1.045 | |