

**Table S5.** Composition of the lipase and  $\alpha$ -amylase enzyme kits.

Type of Kit	Components	Amount
<b>Lipase</b> (Abnova, Taipé, Taiwan)	Assay Buffer – pH 8.5	15 mL
	Color reagent – DTNB [5,5-dithio-bis-(2-nitrobenzoic acid)]	530 mg
	BALB Reagent (dimercaptopropanol tributylate)	1.0 mL
	Calibrator	2.0 mL (equivalent to 735 U/L)
<b><math>\alpha</math>-Amylase</b> (Biovision, Milpitas, US)	Assay Buffer	55 mL
	Substrate Mixing	5 mL
	Amylase positive control (lyophilized)	1 vial
	Nitrophenol Standard (2nM)	150 $\mu$ L