

## Supplementary Material

**Table S1.** Full list of named edible aquatic insects. The species without genus name will not put into the table.

Order	Family	Species	Countries	References
Ephemeroptera	Baetidae	<i>Baetis</i> sp.	Mexico	[1]
		<i>Cloeon dipterum</i>	Japan	[2,3]
		<i>C. kimminsi</i>	India	[4]
	Caenidae	<i>Caenis kungu</i>	Malawi	[5,6]
	Ephemerellidae	<i>Teleganopsis jinghongensis</i>	China	[7,8]
		<i>Ephemera danica</i>	India	[4,9]
		<i>Ephemera</i> sp.	Mexico	[1]
		<i>Ephemera</i> sp.	India	[4]
		<i>Sinephemera strigata</i>	Japan	[10]
		<i>Plethogenesia</i> sp.	Papua New Guinea	[5]
		<i>Povilla adusta</i>	Kenya, Malawi, Tanzania, Uganda	[5,11,12]
	Palingeniidae			
Odonata	Aeschnidae	<i>Aeschna</i> sp.	Mexico	[1]
		<i>A. mixta</i>	India	[13]
		<i>Aeschna</i> sp.	Thailand	[14]
		<i>Anax guttatus</i>	Indonesia, Laos, Thailand	[15,16]
		<i>An. parthenope</i>	China, Japan	[17]
		<i>Anax</i> sp.	Madagascar, Mexico, Indonesia	[1,6,18]
		<i>Coryphaeschna adnexa</i>	Ecuador	[19]
		<i>Rhionaeschna brevifrons</i>	Ecuador	[19]
		<i>R. multicolor</i>	Mexico, USA	[1,6]
		<i>R. marchali</i>	Ecuador	[19]
		<i>R. peralta</i>	Ecuador	[19]
	Calopterygidae	<i>Hetaerina</i> sp.	Venezuela	[20]
		<i>Mnesarete</i> sp.	Venezuela	[20]
		<i>Argia</i> sp.	Venezuela	[20]
		<i>Ceriagrion</i> sp.	Thailand, Laos, Myanmar, Vietnam	[14,21,22]
		<i>Enallagma</i> sp.	India	[9]
		<i>Anotogaster sieboldii</i>	Japan	[17]
		<i>Cordulegaster</i> sp.	India	[23]
	Corduliidae	<i>Epophthalmia elegans</i>	China	[24]
		<i>E. vittigera</i>	Thailand	[6,14,21]
		<i>Lauromacromia dubitalis</i>	Venezuela	[20]
		<i>Macromia</i> sp.	Thailand	[17]

Order	Family	Species	Countries	References
	Gomphidae	<i>Agriogomphus</i> sp.	Venezuela	[20]
		<i>Davidius nanus</i>	Japan	[17]
		<i>Gomphus cuneatus</i>	China	[7,8]
		<i>G. vulgatissimus</i>	Italy	[25]
		<i>Ictinogomphus rapax</i>	India, China	[4,9,24]
		<i>Progomphus</i> sp.	Venezuela	[20]
		<i>Sinictinogomphus clavatus</i>	China	[26]
		<i>Stylurus</i> sp.	India	[9]
		<i>Zonophora</i> sp.	Venezuela	[20]
	Lestidae	<i>Lestes praemorsus</i>	China	[8]
	Libellulidae	<i>Acisoma panorpoides</i>	India	[6,23]
		<i>Brachythemis contaminata</i>	India	[4,9]
		<i>Brechmorhoga</i> sp.	Venezuela	[20]
		<i>Cratilla lineata</i>	Indonesia	[16]
		<i>Crocothemis servilia</i>	China, Indonesia, South Korea	[8,16,17,27]
		<i>Crocothemis</i> sp.	Laos, Myanmar, Thailand, Vietnam	[22]
		<i>Dasythemis</i> sp.	Venezuela	[20]
		<i>Diplacodes</i> sp.	India	[9]
		<i>Diplacodes trivialis</i>	India	[4]
		<i>Libellula carolina</i>	India	[13]
		<i>L. pulchella</i>	Thailand	[6]
		<i>Neurothemis fluctuans</i>	India	[13]
		<i>Neurothemis</i> sp.	Indonesia	[6]
		<i>N. ramburii</i>	Indonesia	[16]
		<i>Orthetrum albistylum</i>	China	[28]
		<i>O. glaucum</i>	Indonesia	[16]
		<i>O. japonicum</i>	Japan	[17]
		<i>O. pruinosum</i>	China	[24]
		<i>O. sabina</i>	Indonesia	[16]
		<i>Orthetrum</i> sp.	Malaysia, Sabah	[29]
		<i>O. triangulare</i>	China, Japan	[17,28]
		<i>Pachydiplax</i> sp.	India	[9]
		<i>Pantala flavescens</i>	China, Indonesia	[16,17,30]
		<i>Potamarcha obscura</i>	Indonesia	[16]
		<i>Rhyothemis</i> sp.	Thailand	[6,14,21]
		<i>Sympetrum darwinianum</i>	Japan	[2]

Order	Family	Species	Countries	References
		<i>S. eroticum</i>	Japan	[2]
		<i>S. frequens</i>	Japan	[17]
		<i>S. infuscatum</i>	Japan	[2]
		<i>S. pedemontanum</i>	Japan	[17]
		<i>Sympetrum</i> sp.	India	[9]
		<i>S. speciosum</i>	China	[31]
		<i>S. uniforme</i>	China	[28]
		<i>Tramea transmarina</i>	Indonesia	[15]
		<i>Trithemis arteriosa</i>	D.R.Congo	[32]
		<i>T. aurora</i>	Indonesia	[16]
		<i>Trithemis</i> sp.	Madagascar	[18]
		<i>Urothemis</i> sp.	India	[9]
	Macromiidae	<i>Macroma</i> sp.	Thailand	[6]
	Megapodagrionidae	<i>Oxystigma</i> sp.	Venezuela	[20]
Plecoptera	Nemouridae	<i>Nemoura</i> sp.	India	[4]
	Perlidae	<i>Kamimuria tibialis</i>	Japan	[2,3]
		<i>Oyamia gibba</i>	Japan	[17]
		<i>Paragnetina tinctipennis</i>	Japan	[2,3]
		<i>Perla tibialis</i>	Japan	[2]
	Perlodidae	<i>Isoperla</i> sp.	USA	[6]
		<i>Perlodes frisonana</i>	Japan	[17]
	Pteronarcyidae	<i>Pteronarcys californica</i>	USA	[33]
		<i>P. dorsata</i>	India, USA	[4,34]
		<i>P. princeps</i>	USA	[34]
		<i>P. reticulata</i>	Japan	[17]
Hemiptera	Aphelocheiridae	<i>Aphelocheirus vitattus</i>	Japan	[35]
	Belostomatidae	<i>Abedus dilatatus</i>	Mexico	[1]
		<i>Ab. ovatus</i>	Mexico	[6]
		<i>Abedus</i> sp.	Mexico	[1,6]
		<i>Belostoma micantulum</i>	Venezuela	[20]
		<i>Belostoma</i> sp.	D.R. Congo, Mexico	[1,6]
		<i>Diplonychus japonicas</i>	Japan	[17]
		<i>D. rusticus</i>	Thailand	[36]
		<i>Diplonychus</i> sp.	Thailand	[21]
		<i>Hydrocyrius punctatus</i>	Madagascar	[18]
		<i>Lethocerus americanus</i>	USA	[6]
		<i>L. cordofanus</i>	Cameroon, Zambebian region	[32,37]
		<i>Le. deyrollei</i>	China, Japan	[2,28]
		<i>Le. indicus</i>	China, India, Laos, Malaysia, Mali,	[4,6,7,9,17,21,22,38]

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			Myanmar, Singapore, Sri Lanka; Thailand, Vietnam	
		<i>Lethocerus</i> sp.	Mexico, Republic of Congo	[6,17]
		<i>Le. europdeum</i>	Thailand	[17]
		<i>Limnogeton fieberi</i>	Togo	[39]
		<i>Macrocheraia grandis</i>	India	[23]
		<i>Sphaerodema molestum</i>	Thailand	[6]
		<i>Sp. rustica</i>	China, Indonesia, Thailand	[6,7]
		<i>Sp. molestum</i>	Thailand	[6]
	Corixidae	<i>Corisella edulis</i>	Mexico	[1,6]
		<i>Co. texcocana</i>	Mexico	[1,40–42]
		<i>Co. mercenaria</i>	Mexico	[1,6,40,41]
		<i>Corixa esculenta</i>	Egypt	[17]
		<i>Cor. femorale</i>	Mexico	[17]
		<i>Graptocorixa abdominalis</i>	Mexico	[1,40,41]
		<i>Gr. bimaculata</i>	Mexico	[40–42]
		<i>Graptocorixa</i> sp.	Mexico	[43]
		<i>Hesperocorixa distantii</i>	Japan	[17]
		<i>H. laevignata</i>	Mexico	[44]
		<i>Krizousacorixa azteca</i>	Mexico	[1,6,40,41]
		<i>K. femorata</i>	Mexico	[1,6,40,41]
		<i>Micronecta sedula</i>	China	[28]
		<i>Sigara substriata</i>	China	[28]
	Gerridae	<i>Cylindrostethus scrutator</i>	Thailand	[14]
		<i>Gerris</i> sp.	India	[6,45]
		<i>Ge. spinole</i>	India	[6]
	Naucoridae	<i>Ambrysus stali</i>	Venezuela	[20]
		<i>Am. usingeri</i>	Venezuela	[20]
		<i>Heleocoris naucoroides</i>	Madagascar	[18]
		<i>Limnocorus cf. minutus</i>	Venezuela	[20]
	Nepidae	<i>Laccotrephes griseus</i>	Thailand	[6]
		<i>La. japonensis</i>	Japan	[2]
		<i>La. robustus</i>	Indonesia	[15]
		<i>La. ruber</i>	Laos, Thailand	[14,21,22]

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	Notonectidae	<i>Laccotrephes</i> sp.	Madagascar	[18]
		<i>La. flavovenosa</i>	Japan, South Korea	[17]
		<i>La. maculatus</i>	India	[27]
		<i>Nepa</i> sp.	Madagascar	Decary, 1937
		<i>Nepa</i> sp.	Thailand	[6]
		<i>Ranatra chinensis</i>	Japan, Laos, Thailand	Nonaka, 1999 [2,17]
		<i>Ra. longipes</i>	Thailand	[14,21]
		<i>Ranatra</i> sp.	India	[23]
		<i>Ra. unicolor</i>	Japan	[2]
		<i>Ra. varipes</i>	Thailand	[14,21]
		<i>Sphaerocoris</i> sp.	Malawi	Shaxon et al., 1985
		<i>Anisops barbata</i>	Thailand	[14,21]
		<i>Ani. bouvieri</i>	Thailand	[14,21]
		<i>Ani. nasutus</i>	China	[28]
		<i>Anisops</i> sp.	India, Laos, Myanmar, Vietnam	[22,23]
		<i>Enithares sinica</i>	China	[28]
		<i>Notonecta chinensis</i>	China	[28]
		<i>No. fasciata</i>	Mexico	[44]
		<i>Notonecta</i> sp.	Myanmar	[6]
		<i>Notonecta</i> sp.	Mexico	[1,43]
		<i>No. undulata</i>	Thailand	[21]
		<i>No. unifasciata</i>	Mexico	[1,6]
Megalopectera	Corydalidae	<i>Acanthacorydalis asiatica</i>	China	[46]
		<i>Ac. fruhstorferi</i>	China	[46]
		<i>Ac. orientalis</i>	China	[7,8]
		<i>Ac. sinensis</i>	China	[46]
		<i>Ac. unimaculata</i>	China	[46]
		<i>Ac. yunnanensis</i>	China	[46]
		<i>Corydalus armatus</i>	Peru	[47]
		<i>Cs. cornutus</i>	Mexico	[43]
		<i>Corydalus</i> sp.	Colombia, Venezuela	[1,6,20,48]
		<i>Cs. peruvianus</i>	Peru	[47]
		<i>Neoneuromus ignobilis</i>	China	[46]
		<i>Ne. maclachlani</i>	China	[46]
		<i>Parachauliodes japonicas</i>	Japan	[17]
		<i>Protohermes grandis</i>	Japan	[2,49]
		<i>Pr. xanthodes</i>	China	[50]
Coleoptera	Dytiscidae	<i>Acilius</i> sp.	China	[51]
		<i>Agabus fulvipennis</i>	China	[51]
		<i>Copelatus</i> sp.	Thailand	[14,21]

Order	Family	Species	Countries	References
		<i>Cybister bengalensis</i>	China	[6,51]
		<i>Cy. brevis</i>	Japan	[2]
		<i>Cy. cinctus</i>	Madagascar	[18]
		<i>Cy. confusus</i>	India	[45]
		<i>Cy. desjardinsii</i>	Madagascar	[18]
		<i>Cy. distinctus</i>	Senegal, Sierra Leone, D.R.Congo	[51]
		<i>Cy. ellipticus</i>	USA	[51]
		<i>Cy. explanatus</i>	Mexico, USA	[6,51,52]
		<i>Cy. fimbriolatus</i>	China, Mexico	[43,51]
		<i>Cy. flavocinctus</i>	China, Mexico	[1,51,52]
		<i>Cy. guerini</i>	China, Indonesia	[6,51]
		<i>Cy. hova</i>	Madagascar	[53]
		<i>Cy. insignis</i>	Gabon	[51]
		<i>Cy. japonicas</i>	China, Japan, North Korea, South Korea	[2,6,51,54–56]
		<i>Cy. lewisianus</i>	China, Laos, Myanmar, Sri Lanka, Thailand, Vietnam	[21,22,38,51]
		<i>Cy. limbatus</i>	China, Laos, Thailand	[6,14,21,22,51,56]
		<i>Cy. occidentalis</i>	Cameroon, China, Mexico	[51,52]
		<i>Cy. operosus</i>	Madagascar	[18]
		<i>Cy. owas</i>	Madagascar	[53]
		<i>Cy. posticus</i>	India	[45]
		<i>Cy. rugosus</i>	Laos, Myanmar, Thailand, Vietnam	[14,21,22]
		<i>Cy. singulatus</i>	China, Japan	[51]
		<i>Cybister</i> sp.	Benin, Cambodia, Malaysia, Sabah, Togo	[29,39,51,57]
		<i>Cybister</i> sp.	Benin, Togo	[57]
		<i>Cybister</i> sp.	Mexico	[52]
		<i>Cybister</i> sp.	Vietnam, Laos, Thailand, Cambodia, Myanmar, Malaysia, Sabah	[6,51]
		<i>Cy. sticticus</i>	China	[17]
		<i>Cy. sugillatus</i>	China, Japan	[6,51]
		<i>Cy. tripunctatus</i> <i>asiaticus</i>	India, Thailand	[14,21]

Order	Family	Species	Countries	References
		<i>Cy. tripunctatus</i>	China, India, Indonesia, Japan, North Korea, South Korea, Sri Lanka, Thailand	[6,15,54,58]
		<i>Cy. ventralis</i>	China	[17]
		<i>Cy. vulneratus</i>	Africa, Madagascar	[18,51]
		<i>Cypris</i> sp.	Thailand	[17,59]
		<i>Dytiscus circumflex</i>	Africa	[51]
		<i>Dy. habilis</i>	China, Japan, Mexico	[51,52]
		<i>Dy. marginalis</i>	China, Japan, Turkey	[6,51,60]
		<i>Dy. marginicollis</i>	Mexico	[52]
		<i>Dytiscus</i> sp.	Cameroon, India	[4,51]
		<i>Dy. validus</i>	China; Japan	[51]
		<i>Eretes sticticus</i>	China, India, Kenya, Laos, Malaysia, Myanmar, Sri Lanka, Thailand; Vietnam	[4,6,14,21,22,51,52]
		<i>Hydraticus rhantoides</i>	Thailand	[14,21]
		<i>Laccophilus apicalis</i>	Mexico	[51]
		<i>Lac. fasciatus</i>	Mexico	[52]
		<i>Lac. pulicarius</i>	Thailand	[14,21]
		<i>Laccophilus</i> sp.	India	[23]
		<i>Laccophilus</i> sp.	Mexico	[61]
		<i>Megadytes giganteus</i>	Mexico	[52]
		<i>M. gigantean</i>	Mexico	[51]
		<i>Megadytus</i> sp.	Mexico	[1,61]
		<i>Platambus guttulus</i>	China	[51]
		<i>Rhantaticus congestus</i>	Thailand	[14,21]
		<i>Rh. atricolor</i>	Mexico	[1,51,61]
		<i>Rh. consimilis</i>	Madagascar, Mexico	[51,52]
		<i>Rh. latus</i>	Madagascar	[51]
		<i>Rh. pulverosus</i>	Japan	[2]
		<i>Rhantus</i> sp.	Mexico	[6,51,61]
		<i>Rh. suturalis</i>	Japan	[2]
		<i>Thermonectus basilaris</i>	Mexico	[52]
		<i>Th. marmoratus</i>	Mexico	[52]
		<i>Thermonetus</i> sp.	Mexico	[61]
	Elmidae	<i>Austrelmis chilensis</i>	Chile, Peru	[6,51]
		<i>Au. condimentarius</i>	Chile, Peru, Mexico	[6,51]

Order	Family	Species	Countries	References
	Gyrinidae	<i>Aulonogyrus strigosus</i>	Australia	[55]
		<i>Dineutes marginatus</i>	Japan	[2]
		<i>Di. orientalis</i>	Japan	[17]
		<i>Dineutes</i> sp.	Madagascar	[18]
		<i>Gyrinus curtus</i>	Japan	[2]
		<i>Gy. japonicas</i>	Japan	[2]
		<i>Gy. parvus</i>	Mexico	[52]
		<i>Gy. plicatus</i>	Mexico	[52]
		<i>Macrogyrus</i>	Australia	[62]
		<i>viridisulcatus</i>		
		<i>Porrorhynchus</i>	Japan	[2]
		<i>marginatus</i>		
	Haliplidae	<i>Haliplus punctatus</i>	Mexico	[52]
		<i>Haliplus</i> sp.	Mexico	[61]
		<i>Peltodytes mexicanus</i>	Mexico	[52]
		<i>Pe. ovalis</i>	Mexico	[52]
		<i>Hololepta guidonis</i>	Mexico	[51]
		<i>Hololepta</i> sp.	Mexico	[6]
	Hydrophilidae	<i>Berosus</i> sp.	Mexico	[52]
		<i>Dibolocelus</i> sp.	Mexico	[43,61]
		<i>Hydrobiomorpha</i>	Thailand	[21]
		<i>spenicollis</i>		
		<i>Hy. spenicollis</i>	Thailand	[14]
		<i>Hydrochara</i> sp.	Thailand	[36]
		<i>Hydrophilus acuminatus</i>	China, India, Japan, Mali, North Korea, South Korea	[6,7,17,51,54]
		<i>Hyd. affinis</i>	Japan, Laos	[3,36]
		<i>Hyd. bilineatus</i>	China, Japan, Laos, Myanmar, Thailand, Vietnam	[6,21,22]
		<i>Hyd. cavisternum</i>	China, Japan, Laos, Thailand, Vietnam	[22,51,63]
		<i>Hyd. hastatus</i>	Cambodia, China, Japan, Laos, Myanmar, Thailand, Vietnam	[6,51]
		<i>Hyd. marginatus</i>	Senegal	[51]
		<i>Hyd. olivaceus</i>	India, Sri Thailand	[6,63]
		<i>Hyd. pallidipalpes</i>	China, India	[6,51]
		<i>Hyd. piceus</i>	Turkey	[60]
		<i>Hyd. picicornis</i>	Philippines	[6]
		<i>Hyd. senegalensis</i>	Senegal	[51]



Order	Family	Species	Countries	References
		<i>Hydrophilus</i> sp.	Benin, Togo	[39,43,52]
		<i>Hydrophilus</i> sp.	China	[55]
		<i>Hydrophilus</i> sp.	Thailand, India	[4,6]
		<i>Sternolophus rufipes</i>	Japan, Thailand	[3,14,21]
		<i>Sternolophus</i> sp.	Madagascar	[18]
		<i>Tropisternus collaris</i>	Japan	[51]
		<i>Tr. mexicanus</i>	Mexico, Panama	[51,52]
		<i>Tropisternus</i> sp.	Mexico	[61]
		<i>Tr. sublaevis</i>	Mexico	[51,52]
		<i>Tr. tinctus</i>	Mexico	[6,52]
	Noteridae	<i>Suphisellus</i> sp.	Mexico	[51,52]
Diptera	Chaoboridae	<i>Chaoborus anomalus</i>	Uganda	[64,65]
		<i>Ch. edulis</i>	Kenya, Malawi, Tanzania, Uganda	[6,17,66]
		<i>Ch. pallidipes</i>	Uganda	[66]
		<i>Chaoborus</i> sp.	East African lakes	[12,66]
		<i>Procladius umbrosus</i>	Uganda	[64]
		<i>Tanypus guttatipennis</i>	Uganda	[64]
	Chironomidae	<i>Chironomus</i> sp.	Kenya, Tanzania, Uganda	[12]
	Ephydriidae	<i>Ephydra cinerea</i>	USA	[6]
		<i>Ep. hians</i>	Mexico, USA	[1,67]
		<i>Ep. macellaria</i>	USA	[6]
		<i>Mosillus tibialis</i>	Mexico	[68]
	Rhagionidae	<i>Atherix</i> sp.	Nearctic	[6]
	Simuliidae	<i>Simulium aureohirtum</i>	Thailand	[17]
		<i>Si. rubrithorax</i>	Brazil, Venezuela	[6,17,69]
		<i>Simulium</i> sp.	Sri Lanka	[17]
	Stratiomyidae	<i>Chrysochlorina</i> sp.	Colombia, Venezuela	[6,48]
	Syrphidae	<i>Copestylum anna</i>	Mexico	[1]
		<i>Copestylum haagii</i>	Mexico	[6]
		<i>Eristalis</i> sp.	Mexico	[1]
		<i>Eristalis tenax</i>	Japan	[3,17]
		<i>Antocha spinifera</i>	Japan	[17]
	Tipulidae	<i>Holorusia hespera</i>	USA	[6]
		<i>Ho. rubiginosa</i>	N. Am.	[6]
		<i>Tipula derbyi</i>	USA	[6]
		<i>Ti. paludosa</i>	China	[7]
		<i>Ti. quaylii</i>	USA	[6]
		<i>Ti. simplex</i>	USA	[6]

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Trichoptera	Calamoceratidae	<i>Phylloicus</i> sp.	Venezuela	[20]
	Hydropsychidae	<i>Cheumatopsyche</i>	Japan	[49]
		<i>brevilineata</i>		
		<i>Hydropsyche ulmeri</i>	Japan	[17]
		<i>Leptonema</i> sp.	Colombia, Mexico, Venezuela	[6,20,48]
	Leptoceridae	<i>Macrostemum radiatum</i>	Japan	[17]
		<i>Oecetis disjuncta</i>	Mexico	[43]
		<i>Triplectides</i> sp.	Venezuela	[20]
	Limnephilidae	<i>Allophylax</i> sp.	Japan	[35]
	Odontoceridae	<i>Marilia</i> sp.	Venezuela	[20]
	Phryganeidae	<i>Eubasilissa regina</i>	Japan	[17]
		<i>Phryganea japonica</i>	Japan	[17]
		<i>Semblis melaleuca</i>	Japan	[17]
	Rhyacophilidae	<i>Rhyacophila nigrocephala</i>	Japan	[17]
	Stenopsychidae	<i>Parastenopsyche sauteri</i>	Japan	[49]
		<i>Stenopsyche griseipennis</i>	Japan	[6]
		<i>St. marmorata</i>	Japan	[6]
		<i>St. sauteri</i>	Japan	[49]

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