

Supplementary Material

Table S1: The chemical composition (% of total weight) of refined flour (RF), whole flour with large bran fraction (WFL), and whole flour with small bran fraction (WFS).

Flour components (% of total weight)	RF	WFL	WFS
Starch	70.6	58.5	59.2
Moisture	13.9	13.2	12.1
Proteins	10.0	11.4	11.5
Total fiber	3.6	13.0	13.2
Lipids	1.3	2.0	2.1
Ash	0.6	1.9	1.9