

Table S1. Linear regression of left atrium area index (cm²/m²) in men, analyzed in three subgroups depending on heart rate.

| Variable | Heart Rate < 65 <i>n</i> = 4574 | | Heart Rate 65–75 <i>n</i> = 3017 | | Heart Rate ≥ 75 <i>n</i> = 3133 | |
|------------------------------|------------------------------------|----------------|-------------------------------------|----------------|------------------------------------|----------------|
| | Δ LA area index (95% CI) | <i>p</i> Value | Δ LA Area Index (95% CI) | <i>p</i> Value | Δ LA Area Index (95% CI) | <i>p</i> Value |
| Age (years) * | 0.05 (0.03;0.07) | <0.001 | 0.06 (0.04;0.09) | <0.001 | 0.06 (0.03;0.08) | <0.001 |
| Smoking | | | | | | |
| Former | -0.34 (-0.47; -0.21) | <0.001 | -0.44 (-0.61; -0.27) | <0.001 | -0.53 (-0.74; -0.33) | <0.001 |
| Current | -0.93 (-1.13; -0.74) | <0.001 | -0.83 (-1.06; -0.60) | <0.001 | -1.29 (-1.54; -1.04) | <0.001 |
| Pulse pressure (mmHg) * | 0.03 (0.02; 0.03) | <0.001 | 0.02 (0.02; 0.03) | <0.001 | 0.03 (0.02; 0.03) | <0.001 |
| HbA1c (mmol/mol) * | -0.02 (-0.03; -0.01) | <0.001 | -0.02 (-0.03; -0.01) | 0.003 | -0.01 (-0.02; 0.00) | 0.100 |
| Total cholesterol (mmol/L) * | -0.09 (-0.15; -0.03) | 0.004 | -0.09 (-0.17; -0.13) | 0.022 | -0.14 (-0.23; -0.06) | 0.001 |

* By 1 unit increment.