

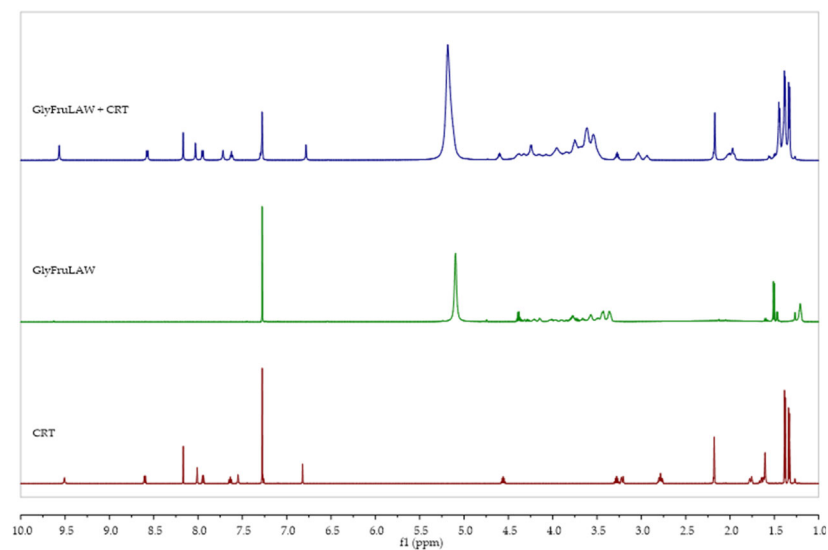


Figure S1: ^1H NMR spectra of Gly, Fru, LA, Gly-Fru-LA-W 2:1:2:3.4, CRT and Gly-Fru-LA-W 2:1:2:3.4-CRT.

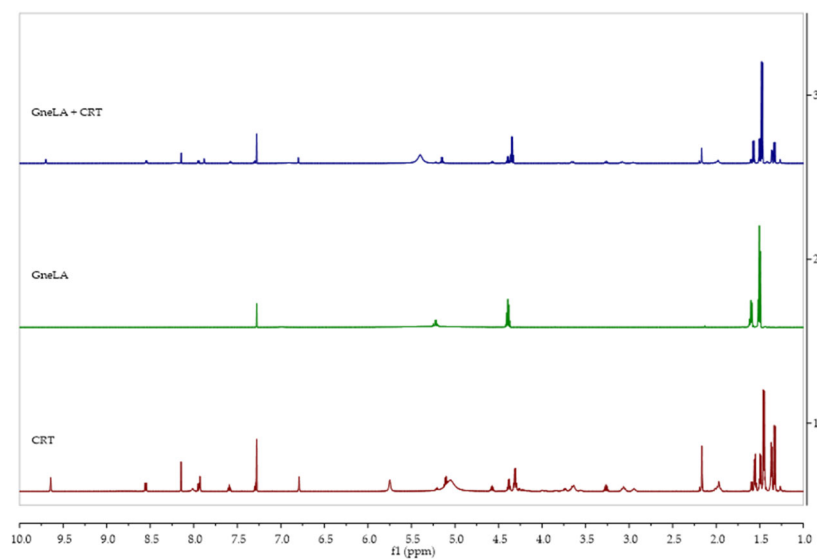


Figure S2: ^1H NMR spectra of Gly, LA, Gly-LA 1:3, CRT and Gly-LA 1:3-CRT.

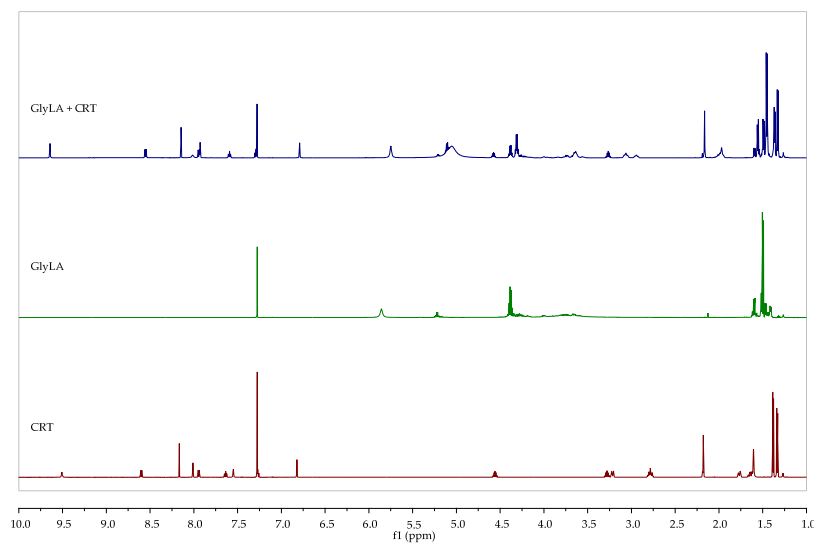


Figure S3: ^1H NMR spectra of Gne, LA, Gne-LA 1:9, CRT and Gne-LA 1:9-CRT.