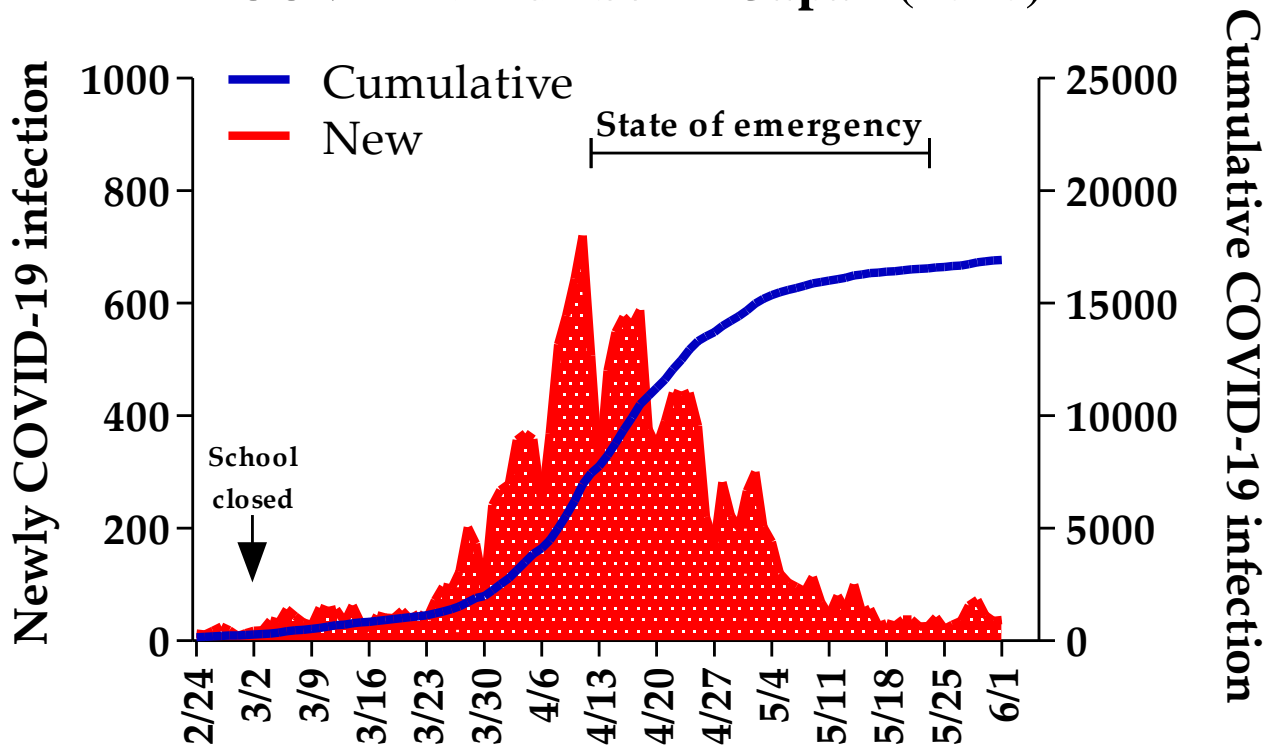


COVID-19 number in Japan (2020)



Supplementary Figure S1. The number of individuals infected with the severe acute respiratory syndrome coronavirus 2 in Japan from February 24 to June 1, 2020.

The data used were compiled by the Japan Broadcasting Corporation.

FQ1. As part of your children's food allergy treatment are there any causative foods that your physician has instructed your children to eat at home?	(1) Yes ⇒ Go to FQ2 (2) No ⇒ Go to Q1
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FQ2. During the declaration of the first state of emergency, has your child made progress with their food allergy treatment involving the intake of causative foods that were instructed by your physician compared to before the spread of COVID-19?	(1) Full progress as planned ⇒ Go to FQ2-1 (2) Middle progress not as planned ⇒ Go to FQ2-1 (3) Low progress not as planned ⇒ Go to FQ2-2 (4) Little progress ⇒ Go to FQ2-2 (5) Stop of the treatment ⇒ Go to FQ2-2
FQ2-1. Please tell us why your child has made progress.	
FQ2-2. Please tell us why your child has not made progress, or why they have ceased treatment.	

Q1. During the declaration of the first state of emergency, did you experience any anxiety as to whether you would be able to have normal consultations at the hospital (outpatient or emergency)?	(1) None (2) Not really (3) Some (4) A lot (5) Quite a lot
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Q2. During the declaration of the first state of emergency, did you worry that by going to the hospital, your family could become infected with COVID-19?	(1) None (2) Not really (3) Some (4) A lot (5) Quite a lot
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Q3. During the declaration of the first state of emergency, have you ever worried about the opinions of others and thought about postponing or cancelling a scheduled outpatient appointment/test/inpatient treatment?	(1) None (2) Not really (3) Some (4) A lot (5) Quite a lot
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Q4. During the declaration of the first state of emergency, have you ever experienced anxiety that due to allergies, a COVID-19 infection could become worse?	(1) None (2) Not really (3) Some (4) A lot (5) Quite a lot
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Supplementary Figure S2. Questionnaire assessing progress of food allergy treatment (FQ1 and 2) and parents' anxiety about visiting hospital, ambulatory care, and SARS-CoV-2 infection (Q1-Q4) in the first state of emergency

