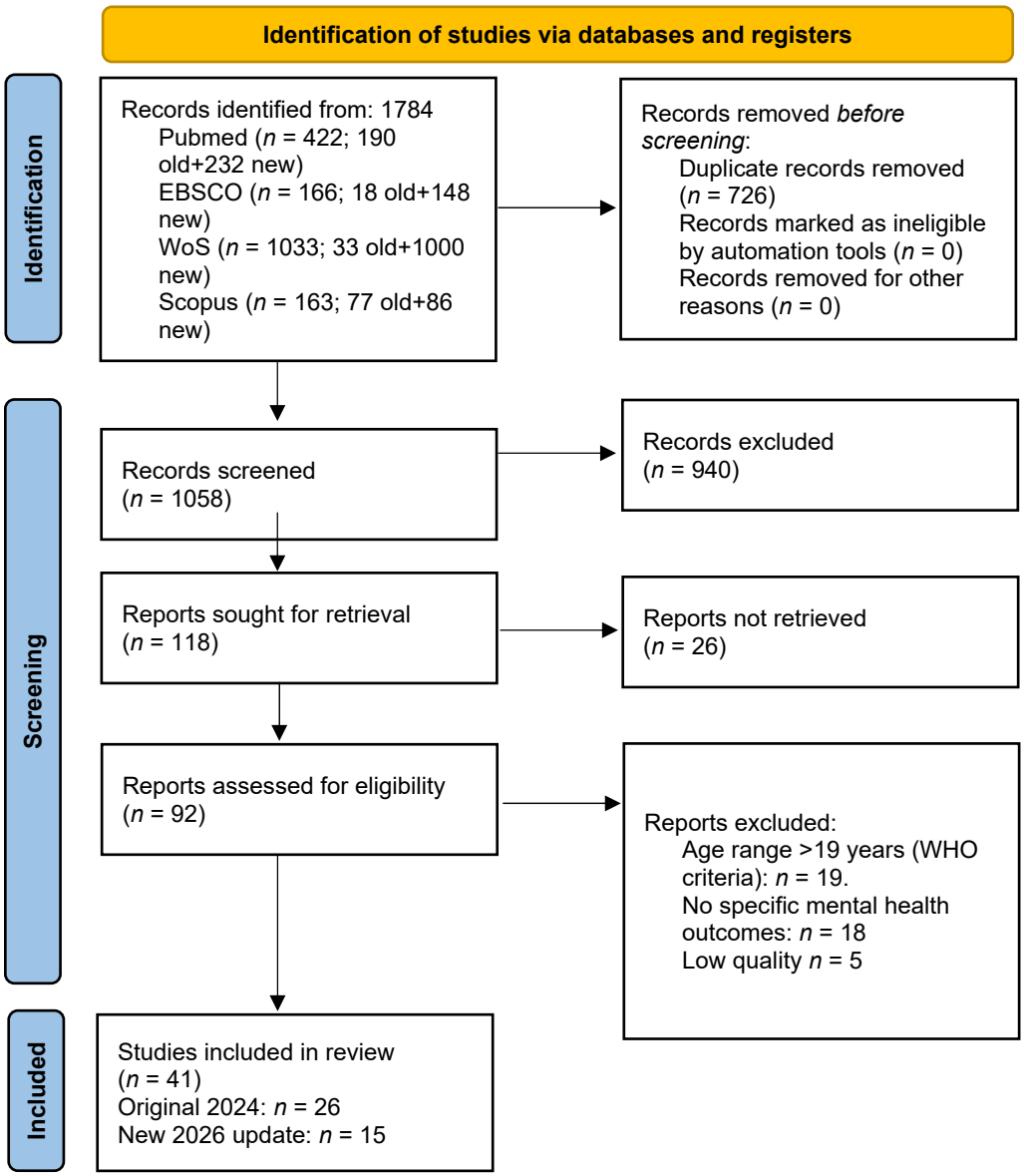

Identification of studies via databases and registers
Identification
Records identified from: 1784
Pubmed (n = 422; 190 old+232 new)
EBSCO (n = 166; 18 old+148 new)
WoS (n = 1033; 33 old+1000 new)
Scopus (n = 163; 77 old+86 new)
Records removed before screening:
Duplicate records removed (n = 726)
Records marked as ineligible by automation tools (n = 0)
Records removed for other reasons (n = 0)
Screening
Records screened (n = 1058)
Records excluded (n = 940)
Reports sought for retrieval (n = 118)
Reports not retrieved (n = 26)
Reports assessed for eligibility (n = 92)
Reports excluded:
Age range >19 years (WHO criteria): n = 19.
No specific mental health outcomes: n = 18
Low quality n = 5
Included
Studies included in review (n = 41)
Original 2024: n = 26
New 2026 update: n = 15