Supplementary Table S3. Marginal predicted probabilities of low emotional well-being by measurement wave and fish × vegetable scenarios

Stratum (wave)	Scenario	Risk %, 95% CI	Δ p.p. vs 00, 95% CI
1	00 None	43.0 (35.0–51.0)	0.0 (0.0–0.0)
	10 Vegetables only	28.1 (19.3–36.9)	-14.9 (-25.1–-4.6)
	01 Fish only	32.2 (25.7–38.6)	-10.8 (-18.6–-2.9)
	11 Both	36.7 (29.9–43.4)	-6.3 (-14.8–2.2)
2	00 None	40.2 (32.8–47.5)	0.0 (0.0–0.0)
	10 Vegetables only	25.9 (18.1–33.6)	-14.3 (-24.2–-4.4)
	01 Fish only	29.7 (25.1–34.4)	-10.4 (-18.1–-2.7)
	11 Both	34.0 (28.0–40.1)	-6.1 (-14.4–2.1)
3	00 None	38.0 (30.1–45.9)	0.0 (0.0–0.0)
	10 Vegetables only	24.0 (15.9–32.1)	-14.0 (-23.6–-4.4)
	01 Fish only	27.7 (22.6–32.9)	-10.2 (-17.9–-2.6)
	11 Both	31.9 (26.2–37.7)	-6.0 (-14.3–2.2)

Note. Δ p.p. = absolute difference versus scenario 00, in percentage points; CI = confidence interval.